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CANADIAN UNIVERSITY APPOINTS NDUKA OTIONO AS DIRECTOR

By Dele Akintilo

Nduka Otiono has been officially appointed as the next Director of Carleton University's Institute of African Studies, Canada's leading Institute of African Studies. The appointment will take effect on July 1, 2022, and will be a three-year term.



Otiono's work and contribution to the university. Otiono was first appointed as Assistant Professor at Carleton University, Ottawa, Canada, in 2014. He became the first

appointee when the university newly established the Institute of African Studies. He is an Associate Professor at the Institute of African Studies. ■ *Nduka Otiono, see page 25*

Canada invites Nigerians, others to fill existing one million vacancies amid manpower shortage



in sectors of the country's economy.

In a report published by Statistics Canada recently, the government said the labour shortage is at an all-time high of one million.

Canada has an ageing population with decreasing birth rates and immigration is a way by which employers of labour are using to fill the existing vacancies and aid economic growth.

Below are some strategies the Canadian government is using to fill the available vacancies:

BY DELE AKINTILO

The government of Canada has announced a grave shortage of manpower and invited Nigerians and nationals of other countries to fill existing vacancies

International Students
 In a bid to make it easier for foreign students to stay in Canada and acquire local work experience, the
 ■ *Invites, see page 25*

R. KELLY BAGS 30-YEAR JAIL TERM
 See Page 17

UNIVERSITY OF ALBERTA EXEMPTS NIGERIAN STUDENTS FROM WRITING ENGLISH PROFICIENCY TEST
 See Page 4

CORPSE OF MISSING NIGERIAN FOUND IN OKANAGAN LAKE
 See Page 6

FRANCIA MARQUEZ BECOMES FIRST BLACK COLOMBIAN ELECTED VICE PRESIDENT
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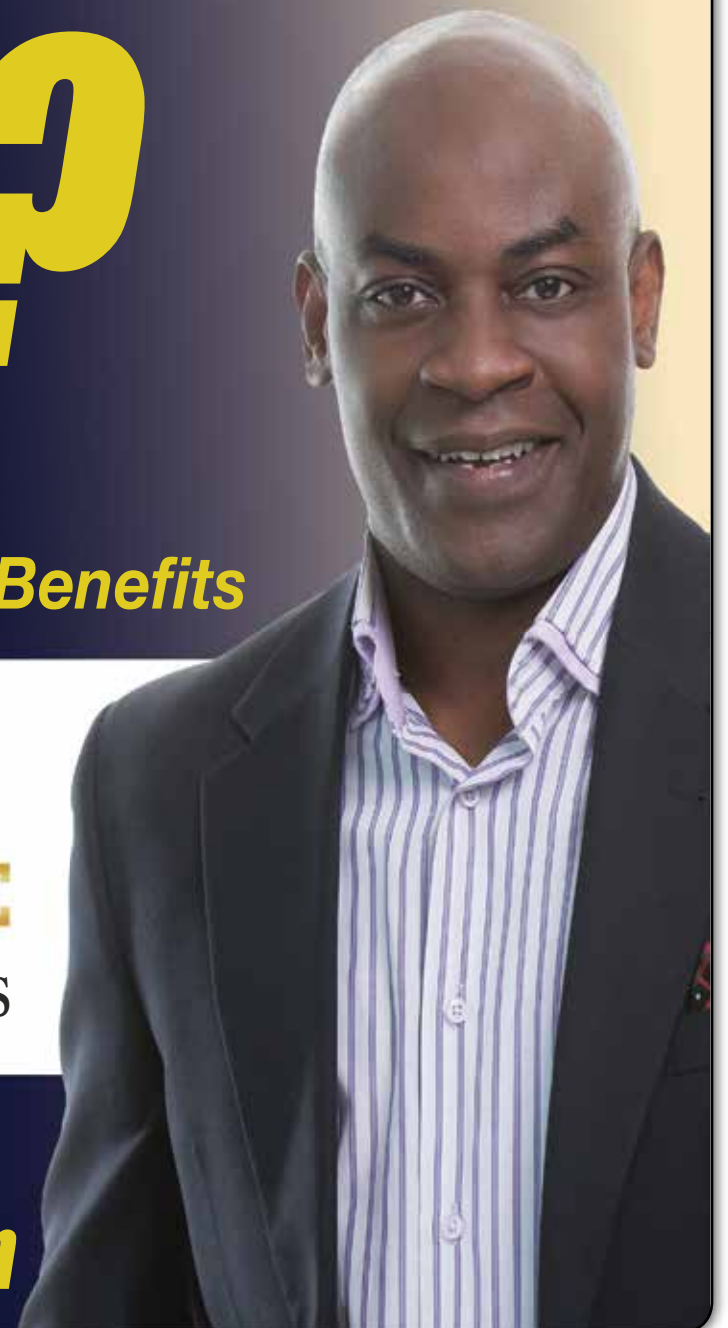


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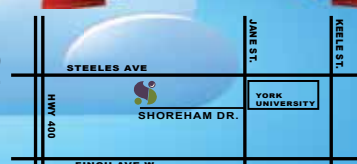
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Addressing The Rising Menace Of Violent Extremism

The House of Commons public safety committee has strongly recommended that the Prime Minister Justin Trudeau-led federal government has to exert more efforts to counter the growing inimical threat of ideologically motivated violent extremism in Canada, including strengthening terrorist financing laws to counter it.

It's germane to clarify that the committee report came after Canada saw a number of ideologically motivated violent extremist attacks in recent years — a phenomenon that experts told the committee was on the rise and fueled by pandemic lockdowns that prompted people to spend more time online. Many of the experts who appeared before the committee warned of the role of digital platforms in allowing extremist content to spread.

Though these violent extremist attacks have been brewing up

over the years, the recent surge has become a major source of worry and if not tamed — we fear that it could degenerate into a pandemic. It's on this note that we are pitching tent with the committee report. As succinctly stated by the committee, the government at all levels must begin to clampdown on the menace with a view to eradicating it before it becomes a full-blown anomaly.

Remarkably, the committee, in its 32 wide-ranging recommendations, said the nation needs a national, multi-pronged strategy to address this type of violence. It strongly recommended the federal government work with provinces to prevent what it described as a rising threat in Canada and to take steps to hold online companies more accountable for extremist or hateful content circulating on their platforms. This, we believe is a well thought out recommendation that

should be swiftly acted upon.

Also, it recommended that the government fund research to dig into how extremist organizations were trying to recruit members of the military and police forces. It also called on the government to strengthen the ability of the Canadian Armed Forces and federal law enforcement “in order to hold personnel of these agencies accountable when they are found to be supporting violent extremist movements.”

As part of measures to curtail the ill, the committee recommended that the government “study the feasibility of a regulatory structure to hold platforms accountable for enforcing their terms of service,” adding that could include the creation of a federal digital safety commissioner. The safety committee urged the government to go after bots — and improve the transparency of the algorithms used by social media platforms.

An excerpt of the paper said “The Government of Canada [should] work with domestic and international partners to identify and remove online bots amplifying extremist content and encourage online platforms to provide contributor and content authentication mechanisms ... that enable users to filter content on that basis”.

More so, the com-

mittee asked the government to work with platforms “to encourage algorithmic transparency and phraseology for better content moderation decisions.” It also recommended that the government “both acknowledge and protect against the threats posed by violent extremism, including grievance-driven violent extremism, to Canada’s critical infrastructure”. It called for the government to ensure that police and prosecutors have the resources to investigate and prosecute attacks on critical infrastructure and personnel — and that it also adequately fund and modernize the powers of Canada’s security intelligence community.

Furthermore, it sued for more government money for different groups, including front-line organizations that serve communities, and for research and training. It, however, called for several steps to choke off the flow of funds to violent extremist groups, recommending the government “invest in its capacity to prosecute the financing of [violent extremism], while ensuring that terrorist financing laws are properly adapted to capture this threat.”

In its pragmatic recommendations, it beckoned on the government to conduct research on the role crowdfunding platforms and cryptocurrencies

play in financing violent extremism, while ensuring that Canada’s terrorist and money laundering watchdog, the Financial Transactions and Reports Analysis Centre of Canada (FINTRAC) has the power and resources it needs to monitor suspicious transactions on crowdfunding and cryptocurrency platforms.

We strongly believe that these recommendations are not only pragmatic but timely. Without mincing words, if these recommendations are strictly adhered to, to the latter, the issue of violent extremism will become history in no distant time. Concerted efforts must be made without ado, to begin the implementation of these recommendations so as to weed the society, especially the online space of evil elements.

Again, we call on governments at all levels to join hands with the federal government in tackling this identified rising menace. Moreso, we believe that every fight must be fought by both the government and the citizenry and so, we call on all residents in the nation to play their role in the battle against this sinister. While the government will be at the forefront of the fight, the maximum cooperation of everyone in the society will be needed to get rid of the society of such elements. We all must act now.

University of Alberta exempts Nigerian students from writing English proficiency test

By N.Ugoh

University of Alberta has exempted Nigerian students from the list of countries required to write an English Language proficiency test as one of its admission requirements.

This follows the submission of one Olumuyiwa Igbalajobi, a Nigerian postdoctoral research fellow in Canada, who wrote a letter to the university

to request an exemption of Nigerian students from the list.

On May 22, Mr Igbalajobi emailed and tweeted at the official Twitter handle of the university, calling its attention to a list of selected universities from Nigeria that meet the English language requirement of the university.

Igbalajobi added that “the official language in Nigeria is English which automatically translates to the fact that all aca-

demical programs from elementary to tertiary education are taught in English, hence Nigerian students should be exempted from the test entirely and not some select schools”.

Following his submission, University of Alberta noted that Igbalajobi’s email raised a major issue of discrepancies between ELP exempted countries as listed across universities in Canada. The university eventually approved the request.

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HEALTH AND WELLNESS

Do you know how to take care of your feet?



(NC) With summertime comes the chance to spend more time outdoors getting active. For many of us that also means being on our feet for lon-

ger periods of time – whether we're hiking, cycling or tending our garden. With this uptick in activity, feet deserve a little extra care.

HERE ARE SOME TIPS TO GIVE YOUR FEET THE HELP THEY DESERVE:

Practice proper foot hygiene

When is the last time you actually scrubbed your feet? Many people think normal shower runoff sufficiently cleans their feet, but that's not always the case. Next time you're in the shower, give your feet the attention they need with a sponge or loofah and some dedicated soap time.

AVOID WEARING

TIGHT-FITTING SHOES

While you might be tempted to sport a pair of chic heels or sandals that don't fit quite right, wearing ill-fitting shoes can cause a host of serious problems. From general foot pain to bunions, tight-fitting shoes are not worth the damage. When trying on a new shoe, ensure your toes do not feel pinched, and stay away from footwear that require a "break-in period."

GIVE YOURSELF A FOOT MASSAGE

Not only will regular massages or reflexology sessions help to ease stress, but they are also good for your health and the health of your feet. They boost circulation, which supports healing and keeps your muscles and tissues healthy. They're a good reason to treat yourself and kick your feet up this weekend.

GET FITTED WITH ORTHOTICS

Without the right cushioning and support, your feet and shoes may not help absorb the everyday shock of

repeatedly hitting the ground, which gives you tired, achy feet and fatigued lower body muscles. Getting customized orthotics that are matched for unique geometry of your feet, like Dr. Scholl's Custom Fit Orthotics, can make a big difference. They're actually clinically proven to provide immediate and all-day relief of five lower body pains.

You can find more information or get fitted for orthotics where available at a local kiosk. They'll be rolling out across the country in the next few months.

Tips for supporting your immune system



(NC) The immune system is a powerful thing – helping us stay healthy as we come across germs throughout each day. Fortunately there are some things you can do to support the essential functioning of the immune system, including eating nutrient-rich foods and adopting healthy lifestyle behaviours.

Here are some nutrients shown to be good for your immune system, and where to find them:

FOLATE

The body uses folate to make DNA and genetic material, and you can find it in foods including asparagus, broccoli, kidney beans and avocados.

SELENIUM

This nutrient helps prevent cell damage to keep your body's tissues healthy. It's in crimini and portabella mushrooms, brazil nuts, halibut, ham and turkey.

B12

This vitamin helps nerve and blood cells stay healthy. You can get it from protein-rich salmon, tuna, beef, chicken, eggs, milk and nutritional yeast.

ZINC

Zinc supports the immune system to do what it does best – fight off invading bacteria and viruses. It's found in mushrooms, lobster, beef, pork, swiss cheese and nuts.

4 questions to ask your doctor if considering medical cannabis

(NC) You might have heard about taking medical cannabis to help relieve pain or manage the symptoms of chronic conditions like arthritis. Talking to your doctor is the most important first step when considering medical cannabis as an option.

To help you have a meaningful conversation about whether it's right for you, here are four questions you should ask:

1. COULD MEDICAL CANNABIS ACTUALLY BENEFIT ME?

Medical cannabis can be a safe option for pain, but it is not a cure-all, nor is it effective or advisable for everyone, says Dr. Sian Bevan, chief science officer at the Arthritis Society. So, speak with your doctor about whether it's well-suited to your specific situation and condition.

B6

This vitamin is required for enzymes to work properly, and it helps the body use and store energy. Foods such as shiitake mushrooms, bananas, squash, chickpeas and tuna contain this one.

2. ARE THERE ANY RISKS SPECIFIC TO ME IN USING MEDICAL CANNABIS FOR ARTHRITIS?

As with the potential benefits, the risks of using medical cannabis are unique to your condition. Your doctor can address specific concerns based on your health history.

3. ARE THERE ANY KNOWN INTERACTIONS BETWEEN MEDICAL CANNABIS AND OTHER MEDICATIONS I AM TAKING?

Your physician and pharmacist are aware of all the medications you're taking, so they can best advise if there may be any interactions. Be sure to also tell them about any over-the-counter products or vitamins you use.

4. WHAT METHODS OF DELIVERY, SUCH

While you might be aware of the health benefits of green vegetables, nuts and high-quality protein, you might be surprised to see how often mushrooms show up on this list. And yet, they certainly pack a nutritional punch. Choosing



AS CREAMS, OILS OR EDIBLES, MIGHT BE BEST TO TRY?

The various methods of taking medical cannabis work differently, so it's best to talk to your health care provider about how they work. Smoking is never recommended. Nor is sourcing cannabis from a non-medical provider.

Finally, remember, if you start using medical cannabis, it's important you're monitored by a health care professional familiar with prescribing and monitoring patients taking the medicine.

You can find more information about arthritis and medical cannabis at arthritis.ca.

a variety of powerhouse foods like mushrooms alongside your leafy greens is a great way to get the nutrients you need and support your immune system without over-thinking it. In addition to other healthy lifestyle behaviours

such as being physically active and reducing stress, it's helpful to vary the proteins, fruits and vegetables you eat to get a wider range of benefits.

Find more tips and healthy recipes at mushrooms.ca.

Corpse of missing Nigerian found in Okanagan Lake

By N.Ugoh

The corpse of a 34-year-old Nigerian, Oluwaseun Samson Adedeji, who was declared missing some days ago has been found inside a river in Canada.

The deceased went on vacation with friends in Canada and

was declared missing on June 18.

While confirming the development, Royal Canadian Mounted Police's spokesperson, Todd Kaufmann, said Adedeji's body was pulled out of the Okanagan Lake by its Underwater Recovery Team.

He said Adedeji

jumped into the Okanagan Lake from a boat between Rattlesnake Island and Squally Point around Peachland when he went on a fishing expedition with his friends.

The spokesman said: "The Underwater Recovery Team had employed high-tech sonar to search where Mr

Adedeji was last seen almost a week ago.

"The reason we were using this technology is we were searching depths between 50 and 60 metres, and we don't dive beyond 48 metres.

"It sends out sonar signals and sends back images showing what's on the bottom."

Trudeau: Canada Will Still Allow Americans To Have Abortions



Justin Trudeau

By Dele Akintilo

The Prime Minister of Canada, Justin Trudeau has condemned the US Supreme Court's decision to abolish the constitutional right to abortion and suggested that American women can still be able to access legal and safe abortions in Canada.

In a recent tweet, Trudeau said: "My heart goes out to the millions of American women who are now set to lose their legal right to an abortion. I can't imagine the fear and anger you are feeling right now. No government, politician, or man should tell a woman what she can and cannot do with her body."

When reporters asked by him whether Canada would assist US women seeking abortions, Trudeau didn't offer a direct answer to the question and did not offer specific measures on the issue. However, he said: "Everyday Americans who find themselves in Canada access our health care system in Canada and that's certainly something that will continue."

Other details have been shared and it is

not certain how crossing the border to access abortion might contravene specific state laws in the US.

The US Supreme Court recently voted to overturn the historic abortion law known as Roe Vs Wade, which ended 50 years of federal abortion rights. This decision has effectively put an end to the constitutional right to an abortion for millions of US women and will give allowance for individual states to introduce bans.

Prior to the ruling, Canada suggested it would keep welcoming people from the US seeking abortions. In May 2022, Public Safety Minister Marco Mendicino disclosed he was having discussions with Canada Border Services Agency to ensure Americans seeking abortions can cross over to Canada for a safe abortion. However, few details of this plan were disclosed.

Some have exhibited doubt that Canada can fulfill this promise of offering a "safe haven" for women in the US affected by the recent development.

While Canada is the only country in the world with absolutely no criminal restrictions on abortion, the country has its peculiar problems with access to safe abortion, even before factoring in the potential increase in demand from the US. For example, there are relatively few abortion clinics in the country and many are operating at full capacity.

Abosede Ruth to deliver Turkish cuisine in Canada



By N. Ugoh

Abosede Ruth, a 25-year-old Nigerian, has been enrolled for four months in a culinary school in the southeastern province of Gaziantep.

She plans to open a restaurant in Canada up on completion of the eight-month training and

an eight-month internship program.

While talking about her plans, she said: "I love cooking and tasting. I want to be a big chef and I want to open a restaurant in Canada.

"I mostly like cooking dolma, kebab, pasta, pilaf and eggplant kebab. This is a marvellous place,

I love my trainers and friends. They are all very nice to me."

Chef Cengiz Özkan, one of the numerous trainers at the Culinary Arts Center Academy (MUSEM) in Gaziantep, said Ruth would gain capabilities in no fewer than 500 recipes by the end of the training program.

Cengiz said: "Initially she only knew classical Turkish meals such as kebab and döner, but now she has learned how to prepare almost all of the main local dishes" and added that she would soon start working on the international cuisine.

The Mayor of Gaziantep, Fatma Sahin, recalled that the city has joined the list in the gastronomy category of UNESCO's Creative Cities Network.

UNESCO's Creative Cities Network was launched in 2004 and it comprises 246 cities worldwide. The network aims to foster international cooperation with and between cities that are committed to investing in creativity as a major tool for sustainable urban development, social inclusion and cultural vibrancy.

Ontario NDP elects Peter Tabuns to be interim leader

By Dele Akintilo

NDP MPP Peter Tabuns (Toronto—Danforth) has been elected by the NDP's provincial council to be the party's interim leader.

"The NDP is honoured that the people of Ontario have asked us, once again, to form the Official Opposition, and I'm humbled to have an opportunity to lead the party for a time," said Tabuns.

"The Ontario NDP Caucus is energized and committed to holding the Ford government to account. It's a difficult

time for workers whose wages are falling behind. For patients waiting far too long for care. For our parents in long-term care and the kids who need more help to get back on track in school. And for everyone worried about the climate crisis. We're on their side. We're going to fight to rebuild health care and long-term care for them. We're going to fight for education for them. We're going to fight to lift wages up, and bring costs down for them. And we're going to fight against Conservative cuts that would hurt them."

The provincial

council will hold another meeting to determine the rules and leadership election date.

Ontario NDP president Janelle Brady said the party is in a strong position.

"We are a diverse, multi-generational, modern social democratic party with supporters and volunteers in every region of this province. We're financially sound and more energized than ever before," said Brady.

"I want to thank Andrea Horwath for her leadership, and for guiding our party to a stronger place than we've ever been. And I want

to congratulate Peter Tabuns on his election as interim leader. The choice of a new leader and the direction of our party belongs to the tens of thousands of NDP members in Ontario — and I can confidently say the party is in good hands."

The NDP's provincial council is empowered to select an interim leader, taking into account a recommendation from the provincial executive. The provincial executive must and did consult with the NDP caucus as well as NDP committees in that process.

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Governor Matawalle: I ordered residents of Zamfara state to pick up arms to complement security forces

By N.Ugoh

Governor Bello Matawalle has disclosed that his directive to residents of Zamfara State to acquire firearms is for them to support the efforts of security forces in fighting the ongoing war against insurgency.

While speaking during the inauguration of four special committees at the Government House in Gusau, the State capital, Matawalle said in recent weeks, Zamfara has encountered terrorists



Governor Bello Matawalle

attacks in many communities, especially within Bukkuyum, Gusau and Gummi Local Government Areas of the State.

The Executive Governor stated that his administration will keep on exploring strategies to

fight the security challenges and the sufferings witnessed by the citizens in the hands of the terrorists. He added that his government recognizes the efforts of the security forces in fighting the prevailing insecurity.

However, he argued that efforts of the armed forces have been mitigated by lack of modern war hardware and adequate manpower, hence, his decision that the residents should acquire weapons to defend themselves against the terrorists.

Armenia welcomes Canada's decision to establish Embassy in Yerevan

By N.Ugoh

Canada's Foreign Minister Mélanie Joly has announced that Canada will establish Embassy in Yerevan, the Capital of Armenia.

The Minister made the announcement during a recent press conference. While making the announcement, she said: "Following the mission and report of Stéphane

Dion, Canada's Special Envoy to the European Union and Europe and Ambassador to Germany, on ways to increase Canadian support for Armenian democracy, Canada will open a full embassy with a resident ambassador in Armenia, allowing for stronger bilateral ties and increased Canadian support for Armenian democracy."

While reacting to the announcement, Ar-

menian Foreign Minister Ararat Mirzoyan said in a Twitter post that the country strongly welcome the decision of Canada to open an Embassy in Armenia with a resident Ambassador.

Mirzoyan tweeted: "This is yet another milestone in progressively developing Armenian-Canadian relations which will further reinforce our bilateral cooperation based on common values."

Marry Us, 150 Widows Beg Anambra Reps Candidate

By Stanley Ugagbe

In fulfilment of the Biblical prophecy in Isaiah 4:1, no fewer than 150 widows in Onitsha South Local Government Area of Anambra State have asked a House of Representatives candidate, Edward Ibuzo, to "marry" them.

The women made the plea when the candidate, who is currently a member of the state House of Assembly, representing the Onitsha North II, came for Thanksgiving at the Saint Jude Catholic Church, Woliwo, Onitsha.

According to Ibuzo, his mission at the Church was to thank God for being an unopposed Reps candidate under the platform of All Progressives Grand Alliance.

Speaking, the President of the widows association, Ego Augustina, said, "Ibuzo

is a man of the people, he has been taking good care of the widows in the area and he gives us free loans.

"When we heard he is here to give thanks to God for being elected unopposed to represent APGA in the Federal House of Representatives, we rushed to also honour him with this 'winning award'.

"We are pleading with him to marry us. We are not too much for him. We need protection and care and he has been doing it before now, so he should marry us.

"He will perform more than he has done at the state level because he has the heart to deliver and that is why they call him, 'Liver to Deliver'.

"Some of us are being intimidated by brothers and relations to our late husbands and nobody comes to our rescue. Ibuzo has a listening ear and has done a lot

for his constituents."

On his part, Ibuzo, who spoke earlier, said "I am here in the church to thank God for being unopposed to be the APGA candidate for the House of Representatives."

Ibuzo, who is optimistic that his achievements in the State House of Assembly will speak for him, reiterated that he is going to the Green chambers to better the lots of the people, especially the downtrodden.

He said "I believe that if elected I will achieve more than what I have achieved in the State House of Assembly. The achievements are there for all to see and I believe God that I will be there".

Ibuzo lauded the widows and pledged not to relent in fighting for their welfare adding that his mother was a widow and as such, he knows what they have been going through.

Mississauga Sports Park Receives New Name

The City of Mississauga is entering into a 25-year agreement with Mattamy Homes to rename the Churchill Meadows Sports Park. Under the new agreement, the park will be called the Mattamy Sports Park as of July 2022. As part of the signed agreement, Mattamy Homes will be given the naming rights to the 57-acre sports park.

Officially opened to the public in October 2021, the Churchill Meadows Sports Park is located at 5320 Ninth Line (north of Erin Centre Boulevard) in Ward 10 next to the Churchill Meadows Community Centre.

"I am thrilled about this substantial investment in our community and it demonstrates Mattamy Homes' tremendous partnership in building not just houses where people can live and thrive, but also building complete communities," said Ward 10 Councillor Sue McFadden, "The funds associated with this agreement will kick start construction on Phase 2 of the newly named Mattamy Sports Park, making it that much more of

an attractive destination for our residents, teams and for tournaments."

The year-round use sports park is designed for all ages and abilities and offers a variety of recreational and leisure activities. The park currently includes tournament-level sport fields with two soccer fields, a playground, spray pad, skate park, multi-purpose court, outdoor fitness equipment and trails.

"We're excited to partner with Mattamy Homes on this agreement to name our newest sports park," said Jodi Robillos, Commissioner of Community Services. "We'll be installing signage on the seasonal dome over Outdoor Field 1, updating wayfinding and park signage, the City's website and other promotional materials to reflect the park's new name. We look forward to sharing many exciting moments with residents and visitors who come to play, use and compete at the new sports park. This partnership will help us bring in more opportunities to Mississauga."

Future development (Phase 2) of the Mattamy Sports Park will see a

full-sized lit cricket pitch, another multi-purpose sports field, tennis courts and a leash-free zone.

"Supporting the communities where we do business and playing a role in providing healthy and active lifestyle opportunities for families, are important priorities for us at Mattamy Homes," says Tim Warner, Senior Vice President at Mattamy. "We are proud to be partnering with the City of Mississauga on the sports park project and look forward to continuing to be part of the community for many years to come."

For more information about the Churchill Meadows Community Centre and Mattamy Sports Park, visit mississauga.ca/recreation-and-sports/locations/churchill-meadows-community-centre-and-sports-park/.

Heading to the Mattamy Sports Park? Consider taking MiWay. Bus routes run to the Churchill Meadows Community Centre and Mattamy Sports Park seven-days a week. Bus schedules are available at miway.ca/schedules.

YOU & the LAW

Peel drug cop resigns after he exposes anonymous Crime Stoppers tipster to confidential informant

By Dele Akintilo

A Peel Regional Police drug cop has resigned after telling his confidential informant that Crime Stoppers had been called by someone to report the informant as a drug dealer — providing detailed information on how to identify the anonymous tipster.

Daniel Young, a 41-year-old detective officer with Peel's Major Drugs, Vice and Street Crime unit, recently pleaded guilty in a Brampton court to criminal breach of trust emanating from a 2018 incident.

Young served with the Peel Regional Police for 15 years and is scheduled to be sentenced in early June. According to an agreed statement of facts entered into evidence, he tendered his resignation recently.

Peter Brauti, Young's lawyer, said his client "clearly made a mistake.

Brauti said: "He's owned up to it. And it's going to have a significant impact on his life."

As stipulated by the agreed statement of facts, Young met the confidential informant years before when he became a uniformed patrol officer. The informant fed Young with "accurate and reliable information" that brought about drug seizures. During his time as an informant, Young told the man to desist from drugs and steer clear of trouble, the document says.

A tipster submitted information via Peel Region's Crime Stoppers website about Young's confidential informant (CI) on January 6, 2018, according to the agreed facts. The tipster, who

got to know the police informant through a family relationship, alleged the informant was a drug addict and drug dealer.

The court document states that "the tipster submitted the tip with the hope that the CI would be arrested and the relationship with the family member would come to an end."

According to the document, Young informed his informant about the tip and showed him a photograph of the tip sheet which included the date the information was sent in.

The agreed facts stated that "the CI deduced the identity of the tipster. The CI contacted the tipster to imply that the CI was aware that the tipster had submitted a Crime Stoppers tip about them."

The court document states that Young had informed the informant "that a tip had been made about them to encourage them to stop using and/or selling drugs."

The agreed facts stated that the Crime Stoppers tipster, who felt their identity had been shared, "immediately" made a complaint to Peel police and complained to the Office of the Independent Police Review Director, Ontario's police complaints watchdog.

In August 2018, Young was suspended after an internal investigation and was criminally charged in June 2021.

The spokesperson of Peel Regional Police said after the investigation the service examined all internal procedures for handling Crime Stoppers tips and made some changes.

The spokesperson said: "Further we have

By Tola Adeniyi

Buoyed by the spectacular achievement of Major-General Muhammadu Buhari in his rabid drive of the undisguised Fulanization Agenda, 16 countries where the pastoral Fulani could be found were emboldened to gather in Abuja recently to perfect their grand design of taking over the Nigerian space by hook or crook. The theme of their meeting, hosted by the Unitary Government headquartered in Abuja, was the Future of the Fulani in Nigeria or better put, Stairs to the complete Conquest and Subjugation of the Indigenous Nationalities of Nigeria.

Nobody has been left in doubt that President Buhari who is the Grand Patron of the ubiquitous and muscle-flexing Miyetti Allah [which has unabashedly owned up to serial blood-letting in Plateau, Benue and Taraba states] and also the preferred Chief

Negotiator for one of the world's leading Terrorist Groups, Boko Haram [Attack on Boko Haram is attack on the North—Buhari 2014] is bent on completing the ferocious Jihad of 1848 on behalf of the Caliphate.

The die is cast! Tens of large trucks carrying heavily armed terror recruits, are seen on daily basis flooding borderless Nigeria with the avowed intent to unleash unmitigated mayhem and mass massacre on defenceless indigenous peoples of Nigeria on a scale never before seen anywhere in Africa. In fact, by the time they finish the execution of their heartless and horrendous crime against humanity, the Rwanda's better-forgotten genocide would be a child's play in comparison.

In October 2018 a critical group, The G9, raised alarm about the invasion of the Southern and MiddleBelt regions of Nigeria by sponsored Okada Riders kitted with motorcycles and weapons hidden

OPINION

STOP THE INFLUX OF TERRORISTS INTO NIGERIA



Tola Adeniyi

on their covered seats [Hallmark Newspapers 18/10/2018].

An interview conducted in the University city of Ago-Iwoye by the Convener of The G9 revealed that over 1000 Okada riders were exported to that town alone by sponsors from Sokoto, Katsina, Zamfara, Kano and other areas in that core North West region of Nigeria. 'None of us could afford the cost of a bicycle talkless of brand-new motorcycles and we have no knowledge of this town. We sleep in open spaces or any unoccupied building' one of the interviewees said.

A similar scenario was exposed in an article titled 'Fulani Herdsmen and Condoned Terrorism' written by this writer and posted by News Express

May 11, 2015.

Where do we go from here? Following the alarm raised in 2018 about the massive invasion of the Middle Belt and the entire Southern regions of Nigeria by invidious Okada riders and their insidious sponsors, visits were made to all South West governors to educate them about the serious irreversible security implication of the influx and the need for them to take urgent retroactive steps.

Leading voices, including traditional rulers, in the Yoruba communities were equally spoken to. The Governors were specifically advised to take advantage of the mood of that moment when North West Governors were expelling non-indigenous Almajiris from their respective states. The so-called political leaders were too timid to take any action. Now their Guinea-worm has festooned to cancerous sore.

One is always made to wonder if there were

continued on p(25)

Ekweremadu denied bail as UK court mulls over transfer of case to Nigeria

By N.Ugoh

Senator Ike Ekweremadu and his wife recently appeared before the Uxbridge Magistrate Court in the United Kingdom over organ harvesting charges.

It should be recalled that Ekweremadu and his wife, Beatrice, were recently nabbed by the Specialist

Crime Team of the Metropolitan Police in London over an alleged conspiracy to harvest the organ of a boy.

The couple had been in custody since their apprehension and were later charged to a London court, a situation that had brewed mixed reactions from Nigerians.

The case against Ekweremadu has now been

adjourned to July 7 at Westminster Magistrate Court to enable the UK Attorney General, Suella Braverman, to determine whether the case will be tried in the UK or Nigeria.

According to information, Ekweremadu was refused bail because he is a powerful man and as such, he is considered a flight risk

and that the case involved a child and modern slavery.

Meanwhile, President of Senate Ahmad Lawan has assured that the Senate would keep engaging with the Ministry of Foreign Affairs and the Nigeria High Commissioner in London on the issue to ensure that the senator has all the necessary support.

sent out reminders to all members regarding the confidentiality of Crime Stoppers tips and the importance of compliance with directives in this regard."

Also, Peel police revealed it conducted routine audits to ensure compliance with its directives.

The court document noted that apart from a

minor red-light infraction, Young had an otherwise unstained record. The agreed facts stated that while being a highly confidential informant handler, Young's information "resulted in several arrests, takedowns and significant drug seizures; he received several internal commendations for these accomplishments."



REFLECTIONS ON RELATIONSHIPS

She is a terrible cook

Dear Agatha,

I will be getting married in a few weeks' time by God's grace, but I have a huge challenge with my wife-to-be. She hates cooking. When she does, she produces meals not edible for human consumption.

Because, I can cook very well, I don't always allow her go into the kitchen. I find cooking very enjoyable and a favourite past-time.

Now she finds it difficult to cook even when I am not at home. My friends and neighbours in the know not only think I am being a coward for ignoring this issue, but also of the opinion it would snowball into a major issue when my family members find out I am the one cooking for my wife.

I on the other hand don't see anything to it.

Please tell me if I am wrong as well as how to handle my marriage later in life.

Chido.

Dear Chido,

No matter how good you are in the kitchen or how much you enjoy cooking, it is the duty of the woman of the house to cook her husband's meals.

A time would come, especially when the children start coming, that it would be impossible for you to continue to cook everyday for the family. You can cook occasionally for them as special treats, but cooking for them all the time doesn't fall under your jurisdiction at all. That is the job of the woman especially one that has the desire to keep her home secured from outside interferences and threats from other women who know how important good food is to the well-being of the man.

The truth is that though you enjoy cooking, a time would come when you would begin to resent her attitude towards the kitchen, when you would be busy trying to meet up with your own obligations to the family, you won't even remember to go to the kitchen

to cook. Besides, there is no way you would feel right going to the kitchen to cook for your family members or friends when they come visiting while your wife sits pretty in the living room chatting with them.

Your pride as a man would not be able to withstand such scenario. After a while, even if you don't mind, your pride and ego as a man would reject it and begin to question your sanity as well as the injustice of the situation. Once you get to the point of reasoning the propriety of the situation, resentment and anger would set in; sure signs of emergence of huge fundamental problems at home.

Also, seeing the way your friends conduct their homes, how good their wives are in the kitchen, would one day instigate a hunger to be cared for by your wife, to enjoy her cooking like every man you know. Then it won't be such fun to you anymore to cook her meals; rather her attitude would become irritating, annoying and completely out of place.

Both of you should not wait to be resentful, to rebel against the idea of going into the kitchen because by then, your male ego might push you into a situation which though you would eventually regret: but would nevertheless venture into out of suppressed anger. The pains of such wait would be too much to pay. You both may not be able to handle it. When issues like that happen in marriage, often than not, love isn't always able to change the down slide, the bitterness from erupting or the pangs of pains from getting stronger.

Overtime too, your woman would feel lazy when it comes to going into the kitchen. This may not be intentional, but the mind and body have a way of getting used to old habits hence, find it absolutely difficult to make adjustments.

Therefore, before it becomes obvious to your family who would definitely make a very big deal out of this, and use

it to create tension in your marriage: this is the right time for you and your woman to deal with the issue once and for all.

Sit her down and discuss your job specifications in the home. Let her appreciate the fact that cooking doesn't fall under your jurisdiction whatsoever; that you are only doing it simply because you enjoy it, which shouldn't be misinterpreted by her as something you would continue to do after you are both married.

Underscore the need for her to learn as well as develop the interest to execute her nature assigned function. Let her know how much her effort would make you feel and how you cherish good meals, which was the reason you learnt how to cook in the first place.

Offer to teach her after you have listened to whatever reasons she has for not being able to cook. Whatever reasons or fears she may have developed along the line, even if you don't think them important or valid, still help her get over the fears. Encourage her each time she makes an effort while still gently and lovingly pointing her to whatever deficiency you may have noticed.

Man's greatest fear is that of rejection. Given her little or not culinary experience, she would naturally fear embarrassment at her effort.

Like a mother tasting the efforts of her child at cooking, set aside your taste of perfection and sense of sharp criticism, to lend a hand of unconditional support. Allow yourself to be the guinea pig of her 'kitchen practical.' Don't laugh, munch without flinching whatever is presented. Take as much as you can endure before pointing out her areas of mistake.

Go into the kitchen with her and give her practical lessons. Show her how to do it right. With time she would get the hang of it.

The best thing about this arrangement is she would not only eventually



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know how to cook as you do, but all the meals you like and the way you like them.

Sincerely, you are not helping her by cooking the meals while she does the eating. The dictates of good home management demands you both teach each other things the other doesn't know while still maintaining the balance of your roles as man and woman.

You can help cook the meals if she is indisposed while she too can help wash the car when you are not feeling up to it. This is the balance you must always work to achieve in your marriage.

Marriage is about discussing your differences with maturity, wisdom and not with anger. Being two people, with different upbringing, orientations, temperaments, attitudes and characters: there are bound to be points of tension. This is normal as you both try to find the equilibrium within which to operate.

If both of you are able to handle this matter with all the maturity as well as sincerity it deserves, it won't cause any major upset.

It is not also about who is right or wrong, but how you both can make it better and work with minimal pain.

Mutual respect, friendship, trust, loyalty, dedication, tolerance, patience, responsibility, understanding, friendship, care, selflessness as well as complete faith in God are some of the qualities you both need to make a marriage work.

Once you do what you should do at the right time, everything would fall into place.

Good luck.

AUTO

5 Reasons why your next vehicle needs to be electric

(NC) With gas prices at an all-time high and the climate crisis at a tipping point, an electric vehicle may be on your mind whether you're in the market for a new vehicle or not.

Last year, new electric vehicle registration soared in Canada according to Statistics Canada, and many auto companies continue to invest in building better and better EVs. Volvo Cars, for one, even plans to go fully electric by 2030.

Here are the top five reasons why your next vehicle should be electric:

SAVE MONEY ON GAS

Running a regular car is becoming more and more unmanageable for the wallet, but you can eliminate this costly fuel consumption with



a pure electric vehicle.

DRIVE WITH ZERO TAILPIPE EMISSIONS

Adopting EVs will help Canada reduce carbon emissions and help slow the impacts of global warming.

FREEDOM TO CHARGE ON THE GO

Whether your city driving or taking a road trip, if you plan your route you can charge along the way and plug in at home at the end of the day.

DESIGNED WITH FUN DRIVING IN MIND

New EVs are sleek and sustainable with thoughtful design considerations that make your drive smoother.

LONGER-TERM AFFORDABILITY

While the up-front cost is somewhat higher than gas-powered counterparts, EVs offer big time savings over the vehicle's lifetime. The Canadian government and some provincial governments are also offering potential car-buyers major incentives to go green on their next vehicle purchase.

Still not sure if you're ready to make the switch to pure electric? Plug-in hybrids are a great introduction to electric driving, offering fuel efficiency that leaves no room for range anxiety.

Find more information about EV or hybrid vehicles at [VolvoCars.com/en-ca/v/cars/Recharge](https://www.volvocars.com/en-ca/v/cars/Recharge)

Canada to allow parents, and grandparents with super visa to stay longer

By Dele Akintilo

Canada is set to increase the length of time parents and grandparents of Canadian citizens and Permanent Residents can stay in the country under the super visa program.

In a recent news release, the Immigration, Refugees and Citizenship Canada said from July 4, holders of super visa will be able to stay in Canada for five years, with an option to extend for two more years while in

Canada.

Prior to this development, parents and grandparents with a super visa were only permitted to visit family in Canada for not more than two years at a time. The super visa is valid for 10 years and allows multiple entries.

IRCC said international medical insurance companies will be able to offer coverage to super visa applicants. At present, applicants can only use Canadian providers.



While announcing the development, Immigration Minister Sean Fraser said: "Families are at the heart of Canadian society. The enhancements to the super visa program allow family members to reunite for longer in Canada, which helps everyday Canadian citizens and permanent residents succeed and contribute to society while affording their parents and grandparents invaluable

opportunities to spend time with their family in Canada."

The announcement came at a time when wait times for immigration applications to Canada are still a concern with a lot of people stuck and getting more impatient.

IRCC figures revealed that there were over two million immigration applications for citizenship, permanent residence and temporary residence in the inventory last month.

IRCC says while

travel restrictions and other constraints triggered by the COVID-19 pandemic have caused long delays, the war in Ukraine has contributed to the inventory backlog.

The super visa program was introduced in 2011 to make Canadian families reunite with their parents and grandparents for a long period. The length of stay under a normal visitor visa is six months or less.

According to the IRCC, around 17,000 super visas are granted every year.

First monkeypox case reported in Burlington, Milton, and Oakville

By N.Ugoh

Ottawa police have reminded drivers to renew their vehicle license plate stickers and said officers will soon begin issuing \$110 fines for expired plates.

Though the Ontario government has scrapped the license plate renewal fees and stickers for passenger vehicles, owners of vehicles must still renew their plates.

Presently, the Ottawa Police Service has 5 Automatic License Plate Recognition vehi-

cles in the fleet, which helps police discover stolen license plates, misuse of plates, unlicensed drivers and expired license plate stickers.

While talking to CTV News, Sgt. Robert Cairns said: "A lot of my officers have come in to me, voicing their concerns that people aren't renewing their plate stickers.

"I witnessed this firsthand on Friday, Saturday night of last week when I took the ALPR out and noticed that literally hundreds of people aren't renewing their vehicle stickers."

The government of Ontario cancelled the fees and stickers in March, saying the cancellation would save drivers \$120 every year. The province said vehicle owners would still need to renew their license plates.

Vehicle owners can renew their license plates through Service Ontario online, by mail or in-person. According to Cairns, the government of Ontario included a notice for continued renewal of the license plate in the envelope with the license plate sticker refunds.

Cairns said: "I sug-

gest they re-read that letter. It's very concerning that people, being very blunt, are either very lazy or ignorant as to their requirement to renew their plates."

While Cairns says he saw "hundreds" of vehicles with expired license plates, the Ottawa Police Service is not issuing fines for expired license plates for now.

Cairns said: "I could have had thousands and thousands of dollars in fines the other night. There will come a time where (drivers) will start getting stopped by Ottawa police officers and issued a \$110 fine for not having their plates renewed."

"We could actually do it right away, but I'm basically giving people another opportunity now. I'm getting more information out, I'm asking them again that they do have an obligation to renew their plates. If that falls upon deaf ears then we will start enforcing the legislation."

Ottawa police will soon commence issuing \$110 fines for expired license plates

By N.Ugoh

Halton Region Public Health has reported the region's first case of monkeypox virus. The patient is currently isolating at home and every contact has been notified by Halton public health.

While talking about monkeypox, Dr Hamidah Meghani, Halton Region Medical Officer of Health said: "While most people infected with monkeypox will have mild symptoms some people, such as children, pregnant women and those with immunodeficiencies, are at higher risk for severe disease.

"If you have symptoms of monkeypox, it is important to stay home and call your doctor to be assessed. When seeking medical care you should wear a high-quality medical mask and cover up all lesions."

Monkeypox symp-

toms include fever, headache, swollen lymph nodes, low energy, muscle aches and skin rash/lesions.

The rash usually commences between one and three days after the start of a fever while lesions can be flat or slightly pumped, filled with yellowish fluid, and can later crust, dry up and fall off.

The number of lesions on an individual range from a few to thousands. The rash seems to be concentrated on the face, palms and soles of the feet. Symptoms can appear between five and 21 days after exposure to monkeypox but normally appear in seven and 14 days.

Symptoms persist between two to four weeks and disappear without treatment and the virus can spread through respiratory secretions, direct contact with skin lesions, and/or contact with materials infected with the virus.

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How to create a budget you'll actually stick to



(NC) If it feels like your wallet is stretched thin, it may be time to take a step back and re-think your current budget. Here are four tips to develop a strong budget and help you keep more

money in your pocket next month.

1. MAKE A LIST OF ALL YOUR EXPENSES
Gather your recent bank statements and review your transactions,

either manually or with the help of budgeting software. Sort transactions into groups based on their purpose and frequency, flagging any extra-large or one-off purchases.

2. REDUCE YOUR MONTHLY BILLS

When you review the transactions, chances are that you'll find a trend of monthly payments emerging, such as mortgage payments or utility bills. To ensure you're getting the best mortgage rate possible, compare with other providers or use sites like ratehub.ca. If high energy bills are straining your budget, see if your utility offers any programs that can help you cut costs. For instance, Enbridge Gas has a free program to help eligible

customers reduce energy costs. It includes a smart thermostat, insulation and draft proofing.

3. SET SPENDING TARGETS FOR EACH CATEGORY

Once you've taken care of your recurring bills, take a look at how much you're spending on categories such as groceries or eating out. Set a spending goal that's realistic for you for the next month. At the end of the month, you can reassess as needed.

4. USE A BUDGETING

APP TO HELP YOU STAY ON TRACK

Free tools such as Mint or a paid software like YNAB can help you automatically view your expenses across categories and even suggest ways for you to trim your spending. You can link it to your bank account, so there's no need to worry about manually entering transactions.

Find more information about reducing your energy costs at enbridgegas.com/winter-proofing.

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Ibadan Association Offers COVID-19 Reliefs To Toronto Residents

...Holds Picnic In Grand Style

SAT., 11TH JUNE, 2022. TORONTO, ONT

Photos by NCNC

By NCNC Staff

As part of efforts to help Canadian communities assuage the harsh effects of the COVID-19 pandemic, the Ibadan Descendants Development Union, Canada has offered relief materials to some residents of Toronto.



THE Sociocultural and Charitable Organization has also held its annual picnic where members and invitees merried as part of efforts to foster togetherness.

Established and registered in 2006, the group, which mainly

consist of Ibadan indigenes, has a common goal of promoting their cultural heritage.

The organization has a program dubbed "Member Support Program" which looks into each individual's needs, most especially new comers to

Canada, and how they could be of support as an organization using all the resources in their capacity.

Also, their goals include visiting and donating to shelters and refugee homes from time to time.

The group also extend their charity back home in Nigeria through yearly visit to Orphanage homes, water project such as borehole donation to communities, food program such as palliative distribution, and scholarship to the less

privileged students. They can be reached through Email: connect@idducanada.org Phone: 6473301914, 6472481616, 6475738295 Or through their website: idducanada.org



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ENTERTAINMENT NEWS

16-YEAR-OLD NIGERIAN ACTRESS TO FEATURE AS LEAD CHARACTER IN 'KARATE KID' REMAKE

By N.Ugoh

Damarea Ogbuewu, a 16-year-old Nigerian-American actress has been assigned to take a lead role in the remake of the famous international movie, Karate Kid.



ACCORDING to a source, Damarea was picked to feature in the lead role after actor Jaden Smith, who played the role of Dre Parker in the 2010 version of the Chinese movie, failed to retake his role due to his father's controversial act at the 2022 Oscars Award ceremony.

All things being equal, Damarea will star as Jade Reed in the Karate Kid remake.

Also, Chinese movie legend, Jackie Chan, who acted as Jaden Smith's trainer in the most recent version of

the movie revealed in a tweet he later deleted that the production of the 2021 version of Karate Kid has started.

The sixth installment of the Karate Kid movie will be released in November 2022.



R. Kelly bags 30-year jail term

By N.Ugoh

Famous singer, R. Kelly, has been sentenced to 30 years in prison for recruiting and trapping women and teenagers for sex.

Judge Ann Donnelly gave the judgement in the Brooklyn federal court almost a year after Kelly was convicted by a New York jury.

In a tweet, the US attorney's office for the Eastern District of New York said: "The verdict is in: R. Kelly has been sentenced to 30 years."

The prosecutors had asked the court to put Kelly behind bars for a minimum of 25 years, saying he still "poses a serious danger to the public."

Last September, the disgraced superstar was found guilty on all nine charges he faced, including the most serious of racketeering.

In their sentencing memo, the prosecutors wrote: "His actions were brazen, manipulative, controlling and coercive. He has shown no remorse or respect for the law."

Kelly's lawyers requested a lighter sentence with a maximum sentence of approximately 17 years. The sentence came just after a month before jury selection is due to commence in Kelly's different, long-delayed federal trial in Chicago on August 15. In the different case, Kelly and two of his former associates are alleged to have rigged Kelly's 2008 pornography trial and covered years of sexual abuse of minors.

Also, Kelly is facing prosecution in two other state jurisdictions.

GOODBYE NAOMI JUDD DIES AT 76

By Stanley Ugagbe

American singer-songwriter and actress, Naomi Judd has died at the age of 76. Recall that in 1983, she and her daughter Wynonna formed the duo known as the Judds, which became a very successful act in country music, winning five Grammy Awards and nine Country Music Association awards.



Announcing the passing of Judd, Wynonna and sister, actress Ashley Judd, in a statement said "Today we sisters experienced a tragedy. We lost our beautiful mother to the disease of mental illness,"

"We are shattered. We are navigating profound grief and know that as we loved her, she was loved by her public. We are in unknown territory."

Records have it that the Judds strung together a long list of hit singles in the 1980s and 1990s, and in 1994 released a compilation album of 12 songs that topped the country charts, including Grammy-winning hits "Why Not Me," "Mama He's Crazy" and "Grandpa (Tell Me 'Bout the Good Old Days)."

Their songs epitomized raw emotion

of single women struggling to manage motherhood, family and romance – much of it based on their real-world experiences. It was stated that Judd was just 17 when she gave birth to her eldest daughter, Christina Ciminella, bearing the surname of her father, Michael. The daughter would later change her name to Wynonna Judd after Naomi and her husband divorced in 1972.

Remarkably, the Judds were named top vocal duo by the Academy of Country Music seven years in a row, from 1984 to 1990. They also won five

Grammy Awards for Best Country Performance by a Duo or Group from 1985 to 1992, including "Give A Little Love" and "Love Can Build a Bridge" – the latter of which earned songwriter Naomi another Grammy for Country Song of the Year.

Sadly, Naomi died a day before the Judds are to be inducted into the Country Music Hall of Fame.

It could be recalled that in 2016, Naomi revealed that she battled severe depression and anxiety since she and Wynonna stopped touring as The Judds in 2011.

She said "[Fans] see me in rhinestones, you know, with glitter in my hair, that really is who I am. But then I would come home and not leave the house for three weeks, and not get out of my pajamas, and not practice normal hygiene. It was really bad."

Judd was born to Pauline Ruth "Polly" and Charles Glen Judd on January 11, 1946 in Ashland, Kentucky.

The Nigerian Canadian Newspaper commiserates with the Judd's family over Naomi's death.

Ferrari bans Justin Bieber from buying its cars

By Stanley Ugagbe

Italian sports car brand Ferrari has blacklisted and banned Canadian pop star Justin Bieber from purchasing its cars for violating the company's code of ethics.

According to reports, Ferrari was not pleased when Bieber "misplaced" his 2011 Ferrari 458 Italia F1 Edition for two weeks after a night of partying in Los

Angeles in 2015.

Reports also said the company was not impressed with Bieber's arrest in Miami Beach while racing a rented Ferrari down a public street.

It was also gathered that Bieber was blacklisted for having his white car repainted neon blue and modified – and for later selling it in a charity auction.

News sources quoted Autoweek

to have stated that Ferrari U.S. makes owners sign a contract barring them from reselling their car in the first year and agreeing to give Ferrari the option of buying the car back.

Also, the company does not like owners to modify the appearance of their cars and Bieber not only changed the colour of his car, but then auctioned it off.

Wizkid, Tems win at BET Awards 2022

By N.Ugoh

Nigerian music superstars, Tems and Wizkid recorded impressive wins at the recent Black Entertainment Television (BET) Awards ceremony.

During the eventful night which took place at the Microsoft Theatre, Los Angeles, Tems whose real name is Temilade Openiyi collected two awards.

For the first award, Tems and Wizkid alongside Canadian sensation, Justin Bieber received an award for 'Best Collaboration for the song, 'Essence'; with the win, 'Essence' has emerged as the first African song to win a BET award and Wizkid emerges as the first Nigerian and African to win an Award outside the Best International Acts category.

Later, Tems won the Best International Act Award.

Also, Tems made history at the 2022 BET awards by becoming the first African female to win the Best International Category.

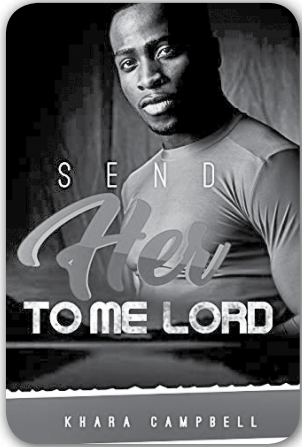
In addition to the usual honors, Diddy was given with the Lifetime Achievement Award.

VISIT www.nigeriancanadiannews.ca for the full list of winners.

BOOKS

“Let’s be reasonable and add an eighth day to the week that is devoted exclusively to reading.”
 – Lena Dunham

Send Her To Me Lord



By Khara Campbell

In the journey of life, there will always come a time when you’re forced to stop to evaluate your goals, priorities, and the people in your circle and allow things to play out. This is where thirty-six-year-old Malik finds himself. He has come to realize “doing the same thing over and over and expecting a different outcome” is truly insanity.

Fed up by how things are with him, Malik has decided to man up and get his life in order. One of the top things on his list is finding a godly wife. However, God doesn’t always bless us with the package we expect.

At this juncture, 1 John 4:18 becomes his motivation: “There is no fear in love, but perfect love casts out fear. For fear has to do with punishment, and whoever fears has not been perfected in love.”

Getting Even

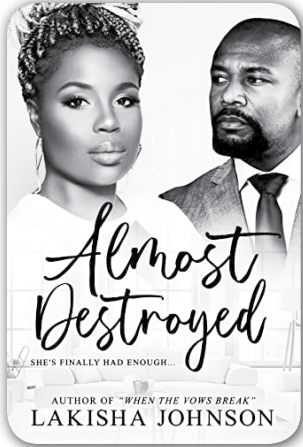


By Danesha Little

Infidelity has always been a home breaking factor, no matter how one wants to pretend about it, one will still raise eyebrows if one’s partner is not faithful. Joy Richards questions everything about her marriage after stumbling across a video of her husband having sex with another woman. She decides to also cheat on her husband as the only condition to forgive him. Unfortunately, one night with male stripper, Philip “Ian” Nichols, turns her entire life upside down.

On his part, Rashad Richards knows that he messed up when he cheated on his wife and is making efforts to bring his family back together. Sadly, things take another turn when learns that he’s not the only one fighting for his wife’s affection. You sure want to explore this.

Almost Destroyed



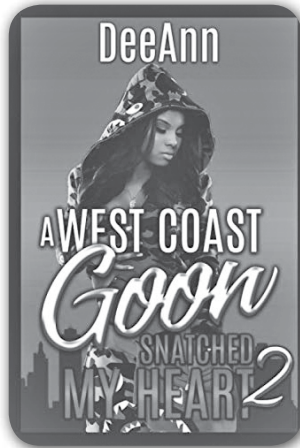
By Lakisha Johnson

In Almost Destroyed, follow Ava Gentry’s journey from heartache and brokenness to restoration and finding the strength to love herself again.

Thirteen years ago, Ava met Andre when he was the officer who responded the night she was attacked. Many years later, he’s still treating her like that scared and broken girl with no self-esteem in need of saving. Every chance he gets, he tries to destroy her with his words and actions leaving her feeling unworthy of love and respect.

Sadly, it wasn’t the first time she’s felt this way. From being abused by her grandfather to even worse foster homes; suffering has almost destroyed her identity and ability to

West coast goon snatched my heart



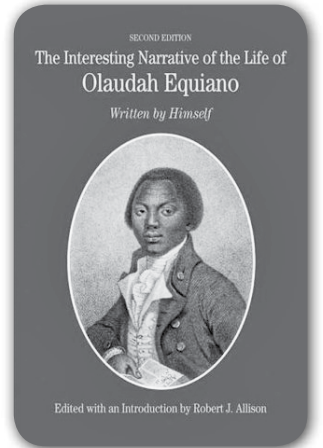
By DeeAnn

It’s a thriller that tells love tales. At the age of eighteen, stage one cancer invaded Ashley Collier’s ovaries, resulting in her inability to have children. The 28-year-old Ashley meets thirty-one-year-old Antonio Washington. The two are immediately attracted to one another, but Ashley’s past has her fighting off her feelings. Antonio maneuvers his way into her life, and they agree to take things slow. Everything is going well until the topic of children is brought up,

love herself.

Fed up by her travails, she decided to liberate herself. Standing up for herself, Andre throws her out, de-

The Interesting Narrative of the Life of Olaudah Equiano, or Gustavus Vassa, the African



It exposes some of the anomalies, lugubrious events of the 18th century. The author, Olaudah Equiano begins his memoir with reflections on his childhood in West Africa - but that discussion ends abruptly as Equiano and his sister are kidnapped, separated, and sold into bondage. Subsequent sales take Equiano across the Atlantic Ocean to Bermuda, then out to sea, and then back across the Atlantic to England.

Following the events, Equiano is able to testify to the unfathomable cruelties of eighteenth-century slavery at many stages, including the journey across the Middle Passage, life on a plantation, and

the quest for self-emancipation. Nevertheless, Equiano eventually purchases his freedom and achieves some success, but his narrative stands as a clear-eyed testimony against the institution of slavery - one that also played an important role in enlisting readers all over the world in the cause of abolition.

causing Ashley to second guess whether she should reveal her truth or not.

On the other hand, Ashley’s best friend, Kenzington Carter, a twenty-six-year-old makeup artist, meets

twenty-one-year-old Rockale “Blue” Samuels. Their feelings for one another develop over time, but neither wants to give up their free lifestyle; not realizing they’re playing the dangerous game of love.

stroying her belongings while almost destroying her. As part of efforts to put her life together, she establishes a relationship with God. Yet,

things prove harder than she ever imagined, especially when trouble won’t let go, and neither will Andre. Explore this book.

IGBO NAME BOOK: OVER 1,500 IGBO NAMES AND THEIR MEANINGS



By Chiamaka Anowai

It’s a collection of lovely Igbo names. It is a reliable resource material to finding the perfect Igbo name for your baby. From Ada to Zimchikachim. Remarkably, this book includes the cultural origin, the

literal meaning, and the spiritual significance of more than 1500 classic, contemporary, and traditional names. The book is a practical and one-of-a-kind reference for anyone searching for the most important gift they can give their child. You just need to explore it.

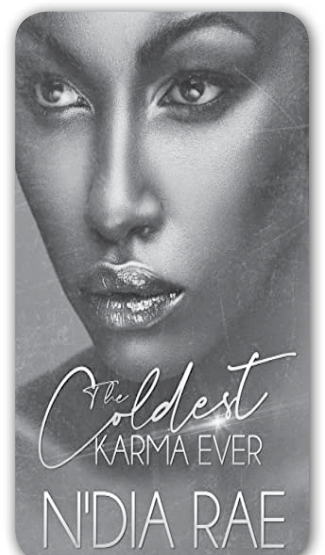
The Coldest Karma Ever

By N’Dia Rae

Life is an embodiment of surprises – both positive and negative. But sometimes, life can really be unfair and cruel. Karmina Wilson is a young girl looking for love and trying to survive in the hood. As the victim of brutal abuse from her mother and classmates she is miserable and praying for an intervention. Real drama started when she eventually caught the eye of a local street king

who changes her life for the better. But, before their relationship can truly take off, there are several hurdles to jump over that include his current girlfriend and a local crime that threatens her existence.

Things took a major twist as Karmina tries to fight for her place in the world and is met with opposition at every turn. Fed up by the injustice being done to her, she returns karma right back at them, but it comes at a cost. It’s such a riveting book.



SOURCE: AMAZON.COM
 BOOKS AVAILABLE AT THE TORONTO & MISSISSAUGA PUBLIC LIBRARIES



YOUTH CORNER

..... Oluchi Ugoh

"YOUR CHILDREN NEED YOUR PRESENCE MORE THAN YOUR PRESENTS". - JESSE JACKSON

Beautiful Summer is Finally here

Once again we thank you for supporting our page. In this issue you will find interesting information that would interest you. Our Telephone Scramble is back, it is good exercise for the brain. Enjoy solving the scramble.

To celebrate the Canada Day, we have brought you some Canadian Trivia questions to test your Canadian knowledge. In addition, we also have the Riddles and nine amazing facts about the grasshopper to keep you busy and clued to our page.

Do you know that the Library is actually a cool place to hang out? They have hundreds of free in-person programs, activities and live performances, make out the time to visit your community Library and who knows you might find more than books there – new friends. While you're there, check out some of the clubs; book clubs, con-

versation circles, robotics club, your parents would love that' etc.' and various workshops.

Do not forget that the community centres are all buzzing with activities, call the one in your community. Rediscover your community this summer!

Lastly, Naija picnics are happening now o. Lots to eat and merry. I remember my parents dragging us to about 3 picnics on one Saturday and forcing us to eat Jollof rice, BBQ Chicken, Roasted Corn and Plantain, but we would gladly settle for Burger and Hot dogs. You already know that you will be schooled on your way home. You dare not mention after the picnic that you're hungry. Ha! Naija mama would give it you finish. It is actually better to respectfully decline going if you can get away with it o.

Please, enjoy the information. Have a fun filled summer.

Canadian Trivia Questions

- | | | |
|---|---|---|
| 1. The maple leaf exists in the flag of Canada has how many corners/ points?
a) 6
b) 11 | 3. What is the largest city in Canada?
a) Vancouver
b) Toronto | 5. On which year Canadian law declare women as "Persons"?
a) 1939
b) 1929 |
| 2. How many total provinces exist in Canada?
a) 15
b) 10 | 4. Traffic flow on which side of the road in Canada?
a) Left side
b) Right side | 6. She recorded "Could I Have this Dance?" and Snowbird."
a) Celine Dion
b) Anne Murray |

Answers: Pg. 25

TELEPHONE SCRAMBLE

BY CHIMSOMAGA UGOH

- a)
- e ----- h --- --
843 78738 4 929 86
- ----- v -- --
23 3323 4 83 3 47
- --- n - o --- s --- f
86 844 65 663 735 3
- n --- ---- r s
842 6 843 68 4377
- b)
- - h - -- - o -
43 946 47 668
- e --- d --- - t
3 684 33 47 668
- v -- b --
3 6 8 4 2 2 5 3



Answers: Pg. 25

Nine amazing facts about the grasshopper

1. Grasshoppers and locusts are short-horned members of the order Orthoptera. They are jumping herbivores with shorter antennae than their family members the crickets
2. Grasshoppers Have Ears on Their Bellies, the grasshopper's auditory organs are simple structures found not on the head, but rather, on the abdomen. A pair of membranes that vibrate in response to sound waves are located one on either side of the first abdominal segment, tucked under the wings. This simple eardrum is called a tympanal organ and allows the grasshopper to hear the songs of its fellow
3. Grasshoppers rub their hind legs against their forewings to produce their trademark tunes. Special pegs on the inside of the hind leg act like a percussion instrument of sorts when they come in contact with the thickened edge of the wing. The band-winged grasshoppers crepitate or loudly snap their wings as they fly.
4. Grasshoppers Catapult Themselves Into the Air by contracting its large flexor muscles slowly, and bending its hind legs at the knee joint. A special piece of cuticle within the knee acts as a spring, storing up all the potential energy. The grasshopper then relaxes its leg muscles, allowing the spring to release its energy and fling the insect into the air.
5. Grasshoppers Can Fly
Because grasshoppers have such powerful jumping legs, people sometimes don't realize that they also have wings. Grasshoppers use their jumping ability to give them a boost into the air but most are pretty strong fliers and make good use of their wings to escape predators
6. Grasshoppers Are an Important Source of Protein
People have been consuming locusts and grasshoppers for centuries. According to the Bible, John the Baptist ate locusts and honey in the wilderness. Locusts and grasshoppers are a regular dietary component in local diets in many areas of Africa, (including Nigeria) Asia, and the Americas—and since they're packed with protein, they're an important nutritional staple as well.
7. Grasshoppers Can Devastate Food Crops
when locusts swarm, their combined feeding habits can completely defoliate a landscape, leaving farmers without crops and people without food In 1954, a swarm of Desert locusts (*Schistocerca gregaria*) consumed over 75 square miles of wild and cultivated plants in Kenya.
8. Grasshoppers "Spit" Liquid to Defend Themselves Scientists believe this behavior is a means of self-defense, and the liquid helps the insects repel predators.

QUOTE PUZZLE

THEME: CHARITY

REARRANGE THE WORDS BELOW TO COMPLETE THE QUOTES

BOTH DIFFERENT POOR PRIDE

Charity and _____ have _____ aims, yet _____ feed the _____ - *Thomas Fuller (1654-1734)*

CHANGE: INEVITABLE AND DESIREABLE

_____ is nothing _____ change.

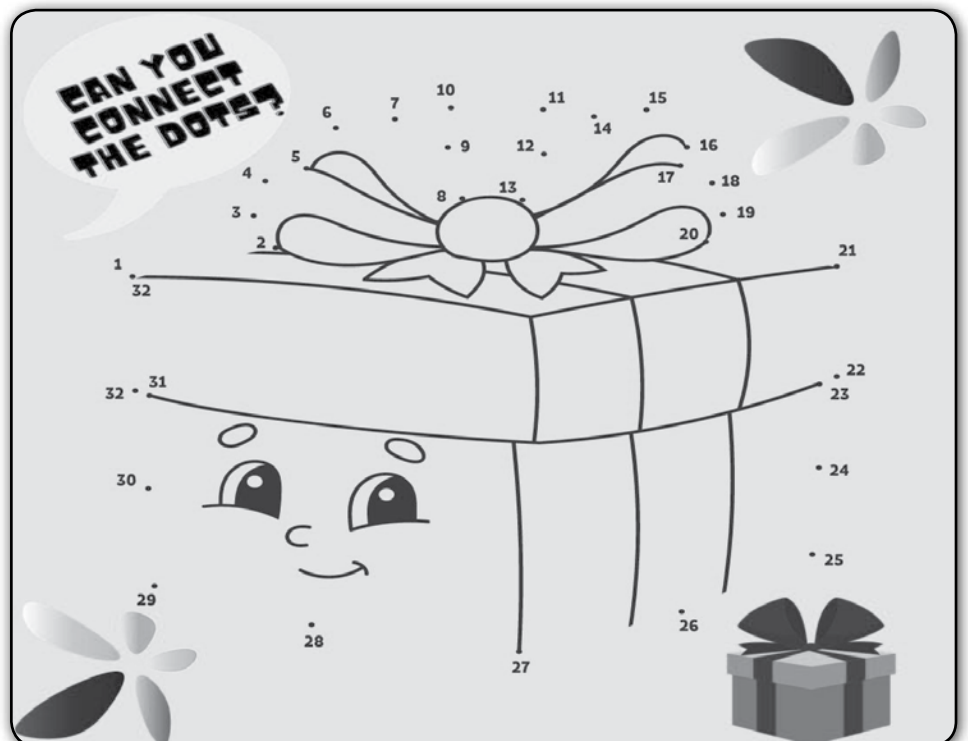
PERMANENT THERE EXCEPT (*Heraclitus: Fragment*)

Answers: Pg. 25

RIDDLES

1. **Riddle:** I can fill up a room without taking any space. What am I?
2. **Riddle:** What five-letter word becomes shorter when you add two letters to it?
3. **Riddle:** Mary has four daughters, and each of her daughters has a brother — how many children does Mary have?
4. **Riddle:** What is the laziest mountain in the world?

Answers: Pg. 25



INTERNATIONAL

Prince Charles expresses 'personal sorrow' over slavery

By Dele Akintilo

Prince Charles of Britain has expressed his "personal sorrow" over the suffering of slavery and its "enduring impact." While speaking at the opening of the Commonwealth Heads of Government Meeting in Kigali, Rwanda, the Prince of Wales, who represented Queen Elizabeth II, said that past faults need to be acknowledged for a common future.

He said "To unlock the power of our common future, we must also acknowledge the wrongs which have shaped our past. Many of those wrongs belong to an earlier age with different, and in some ways, lesser values." The prince made it known he wants to acknowledge "that the roots of our contemporary association run deep into the most painful period of our history."

"I cannot describe the depths of my personal sorrow at the suffering of so many, as I continue to deepen my own understanding of slavery's enduring impact," he added. During the Transatlantic Slave Trade, British merchant backed by the state transported and enslaved over 3 million people from Africa, a policy which was not abolished until 1807. While speaking on the relationship between commonwealth countries' and the UK's monarchy, the prince said their constitutional link with the Buckingham Palace is "a matter for each member country to decide."

He said: "The Commonwealth contains within it countries that have had constitutional relationships with my family, some that continue to do so, and increasingly those that have had none.

"I want to say clearly, as I have said before, that each member's constitutional arrangement, as republic or monarchy, is purely a matter for each member country to decide. The benefit of long life brings me the experience that arrangements such as these can change, calmly and without rancour.

"As I said in Barbados last November, we should never forget the things which do not change: the close and trusted partnership between Commonwealth members; our common values and shared goals; and, perhaps most importantly, the strong and enduring connections between the peoples of the Commonwealth which strengthen us all."

Bissau Mayor Luis Ntachama suspended by government for alleged corruption

By Stanley Ugagbe

Barely a year into the coveted office, the government of Guinea-Bissau has suspended the mayor of the capital Bissau for alleged corruption in a land sale and failure to pay employee pensions.

It is important to note that Mayor Luis Ntachama had been in office since April 2021. The embattled Luis is a member of the Social Renewal Party (PRS), a formation belonging to the presidential coalition whose leaders are in friction with the camp of the head of state Umaro Sissoco Embaló.

According to an order by the Minister of Territorial Administration, Fernando Gomes, the embattled Ntachama is accused of "deliberate acts of corruption in the distribution of public land, the non-payment of pensions to municipal workers" and "the unfair suspension" of municipal employees.

The minister said the government decided to "suspend him from (his) duties as of today, 21 June 2022". Ntachama wasn't alone in this setback as he was suspended along with two of his collaborators, his first deputy and the secretary-general of the municipal institution. Ntachama was replaced by Fernando Mendes, a member of a party belonging to the presidential camp.

Francia Marquez becomes first Black Colombian elected vice president

By Stanley Ugagbe

For the first time in the history of Columbia, a black woman, Francia Marquez has been elected as the Vice President of the Nation.

THE environmental activist and lawyer, won the just concluded runoff election as the running mate to President-elect, Gustavo Petro, who becomes the country's first progressives leftist leader.

Reports have it that Marquez, a single mother of two, first became an activist at the age of 13 when the construction of a dam threatened her community. And since then, she has not looked back in her activism.

In a post-victory speech, Marquez said "We've taken a very important step, after 214 years we've achieved a government of the people ... of those with calloused hands, of those on foot, of the nobodies".

It was reported that racism is rife in Colombia and during the campaign, both celebrities and social media users attacked Marquez over her racial background and lower-class roots.

In a twitter post, the 40-year-old wrote "I come from a region that has been historically abandoned".

"My task is to guarantee the rights of these excluded and marginalized territories, to guarantee rights for Afro-descendant and Indigenous



populations."

The history maker also vowed to bring equality for women.

She added that "Today, most Colombians still do not have dignified conditions".

Marquez was born into a poor family in the southwestern department of Cauca — a region ravaged by violence linked to armed groups battling over drug trafficking and illegal mining resources.

It's important to note that in the left-wing primaries earlier this year, Marquez finished second behind Petro, who duly named her his running mate.

Marquez made headlines on the campaign trail with her feminist, environmentalist and leftist speeches and for her "tasty living" proposal, an idea that is popular

amongst the black community struggling for peace and a life in harmony with nature.

She had in her post-election victory, added that "We women are going to eradicate the patriarchy in our country, let's be for the rights of the diverse LGBTIQ+ community, let's be for the rights of our Mother Earth".

She also vowed to work for reconciliation with the armed groups responsible for a spike in violence this year, reversing a decline that followed the 2016 peace deal between the state and the Revolutionary Armed Forces of Colombia (FARC).

Marquez said, "Let's reconcile this nation, let's make peace decisively, without fear, with love and happiness. Let's be for dignity, for social justice".

91 Years After His Execution, Black US Teen Cleared Of Murder

By Stanley Ugagbe

In what has left tongues wagging on the credibility of the judicial system, an African-American teen executed in 1931 for the murder of a white woman has been exonerated by a Pennsylvania court, after decades of lobbying by his only surviving sister.

Reports have it that 16-year-old Alexander McClay Williams was convicted by a white jury in just four hours, and remains the youngest person ever put to death in the eastern US state.

Sadly, a county judge has dismissed the case and declared Williams was innocent, 91 years later.

Reacting to the judgement, Williams' sister, Susie Williams-Carter, who was quoted by the Philadelphia Inquirer, said "I'm just happy that it finally turned out the way it should have in the beginning".

The 92-year-old added that "We just wanted it overturned because we knew he was innocent, and now we want everyone else to know it, too".

In a statement obtained by newsmen, Delaware County District Attorney Jack Stollsteimer confirmed that the case has been dismissed after years of litigation.

According to the statement, the decision "is an acknowledgement that the charges against him should never have been brought".

Reports had it that on October 3, 1930, the estranged ex-husband of Vida Robare, a white matron at the Glen Mills School for Boys, a detention center for young offenders, found Robare's body.

The district attorney's statement said she had been "brutally murdered" in her cottage, which was on the school's grounds. The ex-husband, Fred Robare, also worked at the school.

Williams, who was serving an indefinite term at Glenn Mills, was charged with the crime.

The statement said after he was interrogated five times without the presence of a lawyer or a parent, he

signed three confessions — "despite the lack of eyewitnesses or direct evidence implicating him".

When he was finally appointed a lawyer, it was William H. Ridley, the first African-American member of the county bar.

The statement continued that "Ridley was given \$10 by the Court for expenses (approximately \$173 today), and had only 74 days to establish a defense, without the assistance of investigators, experts, or resources".

"The Commonwealth had assembled a 15-member team to handle the trial, which lasted less than two days. The defendant faced an all-white jury, which found him guilty in less than four hours. No appeal was ever filed".

The case is the latest recognition of historic racial injustices in the US legal system, which convicted and, in several cases executed innocent Americans, many of them Black, in the century following the 1861-1865 Civil War.

INTERNATIONAL

Dominican Republic Minister killed in his office by childhood friend

By N.Ugoh

Police officials have said that the Dominican Republic's Minister of Environment and Natural Resources, Orlando Jorge Mera, has been shot dead inside his office by a man who is his childhood and personal friend.

THE 55-year-old Minister was holding a meeting when he was attacked, shot and killed, with the police saying no fewer than six shots were heard.

A presidential spokesman who identified the murderer as Miguel Cruz described him as the Minister's childhood friend. The spokesman said: "He is now in custody. The motive for the shooting remains unclear."

Mera's family also released a statement shortly after the incident and said he was shot multiple times by a man he was friends with since childhood.

"Our family forgives the person who did this. One of Orlando's greatest legacies was to not hold grudges," the statement added.



Mera was the son of former President Salvador Jorge-Blanco and a founding member of the ruling Modern Revolutionary Party (PRM). He served in incumbent President Luis Abinader's administration since its inauguration in July 2020.

President Abinader expressed his sincere condolences to Mera's family and revealed he deeply regretted the death of his good friend in a tweet.

Mera is survived by his wife who is the Dominican ambassador to Brazil, and two sons.

Elon Musk's \$44bn deal approved by the board of Twitter

By N.ugoh

The board of directors of Twitter has unanimously approved the completion of the platform's takeover by the founder of Tesla, Elon Musk.

It should be recalled that the South-African-born billionaire offered \$44billion to the board to finalize the deal in April.

The board made its decision known to the shareholders of the microblogging site through a document filed with the United States Securities and Exchange Commission (SEC).

The board members told shareholders to accept the deal as investors' decision was a major factor delaying the completion of the deal.



Another factor delaying the deal was the disagreement over the percentage of bot or inorganic accounts existing on Twitter, as Musk exhibited doubt about the 5 percent reported by the board.

The world's wealthiest man felt that the number of spam accounts was higher than the Twitter management made everyone believe, saying the company must back its claim with facts.

He said if the bot accounts are discovered to be higher, he would reduce the amount he offered to acquire the company based on the percentage discovered.

Also, Musk accused the management of Twitter of hiding the followers' data from him.

However, Twitter has agreed to give him access to the users' database and plans to hold a shareholders' meeting in July or early August to make a decision on Musk's offer.

Embattled Ex-Premier of Virgin Island Andrew Fahie Released On Bail

By Stanley Ugagbe

After forty-six days in police custody, the embattled former Premier of the Virgin Islands, Andrew Fahie has been released.

According to multiple sources, Fahie posted a one-million-dollar (\$1,000,000 US) bail in Florida with a Nebbia Proffer condition attached to half of the funds.

It was gathered that the affidavit document named Albion Hodge,

former politician and well-known businessman, as the source of the \$500,000 corporate surety bond in place for the former Premier. Hodge is Fahie's childhood friend.

Also, the condition of the bail requires Fahie to wear an ankle monitor and his defence attorney can only visit him at his daughters' apartment in southwest Miami-Dade County. His family is also required to surrender their passports to

authorities.

The condition of bail also included that the embattled Fahie cannot be found within close distance to any transportation centres including bus stops.

It could be recalled that the former Premier was nabbed in the United States on charges of drug smuggling and money laundering. Reports said the trial is expected to begin in the middle of next month.

Malawi vice president stripped of powers over corruption scandal

By Stanley Ugagbe

The President of Malawi, Lazarus Chakwera has relieved his Vice President Saulos Chilima of all delegated powers after the latter was named in a massive corruption scandal in government contracts already implicating several senior officials.

In a televised address, Chakwera said "I have decided to withdraw all delegated functions" from Vice President Saulos Chilima.

It was gathered that the announcement follows a new report by the Anti-Corruption Bureau (ACB), which is investigating British-Malawian businessman Zuneth Sattar on suspicion of corruption, fraud and money laundering.

Reports also have it that several ministers and former ministers have already been arrested in connection with the case.

Chakwera said "The office found that a total of 53 public officials and former public officials allegedly received money from Mr Sattar in the eight months between March and October 2021".

Also, the Malawi's number one suspended his chief of staff and the country's police chief.

"In addition, the Bureau found that 31 other people from the private sector, the media, civil society and the legal profession also received money from Mr Sattar," bringing the total to 84 people suspected of being involved, he added.

Reports have it that the police and military had awarded 16 contracts worth \$150 million to five companies owned by Mr Sattar between 2017 and 2021.

Binance founder reacts as Bitcoin investors lose \$43.3bn

By Dele Akintilo

The founder of one of the biggest cryptocurrency exchange platforms, Binance, Changpeng Zhao, has reacted to the loss of investment by holders of Bitcoin and others after the digital asset dropped below \$19,000 recently.

In the last 24 hours, the value of Bitcoin has dropped by -11.90 percent, trading at \$18,092, its lowest value in the last two years.

This drop has sent a shock wave across the cryptocurrency market with holders of Bitcoin holders expressing fears over the possible loss of investment.

As a result of the dip, Bitcoin holders have been withdrawing their investment and this has forced the BTC's market capitalization to drop from \$390.39 billion to \$345.03 billion.

In a recent Twitter post, Zhao disclosed he has encountered three bearish markets and has waited till the bulls returned.

He talked about how the value of his Bitcoin investment dropped from \$20,000 to \$3000 in 2017. He tweeted: "I dunno. It's my 3rd cycle. 2013 ATH \$1k, then low of \$200 for a year. 2017 ATH \$20k, then low of \$3k for a year. 2021 ATH \$68k, low of \$20k."

"I am not a good TA, but do you see a trend? I bought some #BTC in 2014, at an average cost of about \$600, just before it went to \$200. The rest is history."

SPORTS



Donovan Bailey, others appointed to Order of Canada

By N.Ugoh

Canada's iconic Olympic athlete, Donovan Bailey has been appointed an Officer of Order of Canada. Bailey was appointed alongside 84 appointees from the worlds of film, music, science, politics, business, academics, sport and culture.

The Order of Canada is one of the biggest civilian honours, and it recognizes Canadians that have made special contributions to the nation.

Bailey immigrated to Canada from Jamaica when he was 12 years and he was the first Canadian to legitimately break the 10-second barrier when he won a gold medal at the 1996 Olympics in Atlanta.

At the time, his 9.84 seconds set a world record, which he held for two years and 11 months. Bailey still holds the Canadian 100m record till date.

Also, Bailey won gold in the men's 4x100m relay team at the 1996 Olympics with Bruny Surin, Glenroy Gilbert and Robert Esmie.

Bailey raced against the 200m Olympic champion Michael Johnson over 150m in 1997 at Toronto's Skydome to determine the World's Fastest Man. The race was won by Bailey in 14.99 seconds as Johnson pulled up halfway.

Bailey retired from track and field in 2001 to establish his company, helping amateur athletes who needed promotion themselves onto the scene. He was inducted into the Canadian Sports Hall of Fame in 2004.

FG reverses its decision to suspend Nigeria's basketball teams from international competitions

By N.Ugoh

The Nigerian Government has reversed the suspension it initially placed on Nigeria's basketball teams from competing in international tournaments.

The Permanent Secretary of the Ministry of Youth and Sports Development, Ismaila Abubakar, disclosed this at a recent news conference in Abuja.

He said the decision is based on a letter of appeal from the Nigeria Basketball Federation (NBBF), signed by Mister Musa Kida.

It should be recalled that President Muhammadu Buhari approved the immediate withdrawal of Nigeria from international basketball competitions for two years on May 12. The Minister of Youth and Sports Development, Sunday Dare, disclosed this while talking to newsmen in Abuja.

The Minister based the decision on the persistent crisis that has plagued and almost crippled the development of basketball in Nigeria.

Samuel Eto'o pleads guilty to tax fraud to avoid prison time

By Bunmi Akintilo

A court in Barcelona has announced that former Cameroon footballer, Samuel Eto'o has agreed on a deal with Spanish prosecutors to avoid being jailed for tax fraud he committed while he was playing for Barcelona.

ETO'O played for Barcelona from 2004 to 2009 and has received a fine and a 22-month suspended sentence but won't serve any time, as it is customary in Spain for prison terms of below two years for non-violent crimes.

After Eto'o agreed with the government, he will pay a fine of 1.8 million

euros (\$1.9 million).

The four-time African footballer of the year and Jose Maria Mesalles (his former representative, who was sentenced to 12 months and a fine for the part he played) will reimburse Spanish tax authorities for the amount defrauded (3.9

million Euros).

Prosecutors accused Eto'o of failure to declare income from the transfer of image rights between 2006 and 2009.

According to them, the image rights of Eto'o was transferred by him to a company based in Hungary which declared his earnings in that country, a country with one of the lowest tax rate in Europe.

A second Spanish company declared them in Spain at the corporate tax rate, a rate lower than the income tax that should have been paid.

The prosecution maintained that Eto'o was the "real holder" of the image rights and added that the transfer was fraudulent and only designed to pay less tax.



Qatar Gov't Bans Sex During World Cup For Unmarried Players, Fans

By Stanley Ugagbe

It will not be business as usual for sex explorers and fun-seekers as the Qatar government has banned sex-outside-marriage by players and fans during the forthcoming 2022 World Cup Tournament and prescribed seven years' imprisonment for anyone who is found guilty of the directive.

It is imperative to note that the country prohibits anyone from having sex outside of marriage, and World Cup fans are by no means exempted from this.

Also, the nation has a strict "no drinking in public" law; moreover, the country prohibits anyone from being publicly intoxicated.

It was also gathered that public affection between men and women is a crime, and one is not to wear excessively revealing clothing in public.

Even though the World Cup is football's global celebration, the rules in Qatar could be very strict and will be upheld during this year's edition of the tournament.

Harping on the development, a police source said "sex is not the order of the day, unless you come as a couple."

"There will certainly be no one-night stands at this tournament. There will be no partying at all, really. Everyone has to keep a cool head,

unless they want to risk going to jail. For the first time in the history of the World Cup, sex is banned. Fans need to be prepared."

However, the Emir of Qatar, Sheikh Tamim Bin Hamad Al-Thani had some weeks back, explained that "everyone is welcome" at the tournament. "We don't prevent anyone from coming to Doha with different backgrounds, different beliefs, Qatar is a very welcoming country.

"We have millions of people who come to visit our country and the World Cup is a great opportunity for people from different parts of the world to come and discover our culture."

SPORTS

Taiwo Awoniyi to join Nottingham Forest in club-record deal worth £17.5m deal

By Marcel Chukwuka

Newly promoted English Premier League club, Nottingham Forest, are closing in on the club-record signing that will secure the transfer of Super Eagles striker, Taiwo Awoniyi back to the club.

AWONIYI plays for Union Berlin in the Bundesliga and is ready to move to the Premier League in a deal which will cost Forest around £17.5million.

The 24-year-old striker joined Liverpool in 2015 and was on loan at six different clubs without having any breakthrough at Anfield. He scored 15 goals to help Union Berlin achieve above their target in the Bundesliga last season.

Reports have also emerged that Liverpool are entitled to a percentage of any transfer fee, as part of his transfer to Union for nearly £6m last summer.

Awoniyi was part of the Nigerian squad that crashed out



at the second round stage of the AFCON which took place earlier this year in Cameroon. The 2013 U-17 World Cup winner is

expected help to Steve Cooper's side avoid an immediate relegation to the Championship when he completes the transfer.



Lia Thomas banned from competing in the women's division due to a new FINA policy

By Marcel Chukwuka

FINA has voted to modify the rules governing transgender athletes by prohibiting every woman that was born male and transitioned after 12 years from competing in the women's division in all world swimming competitions organized by the governing body.

The vote has not closed as the new policy was approved with 71.4% of approval which means that the American swimmer Lia Thomas will no longer compete in the women's category, in a case that has sparked

controversy due to the controversial nature of this transgender athlete.

In the 24-page policy documents, there is also a proposal that is being developed to create an "open category", which is neither male nor female, which has six months study period in order to ensure that every individual can compete in this sport.

The process to reach the recent vote came after a series of hearings held by FINA in which, owing to the International Olympic Committee's recommendation, three groups were heard, one put together by athletes,

another by medical and scientific specialists, and the last one by the legal and human rights group.

Lia Thomas' case is special because she was the first transgender woman to win an NCAA national swimming competition. She won the 500-meter freestyle last March.

In the petition of IOC to FINA and other sports, the focus was asked to shift from verifying the testosterone levels produced by each person and focusing on the scientific evidence to back the fact that no competitive disadvantage exists among athletes.



Thomas Partey marries Muslim wife, changes name to Yakubu

By Stanley Ugagbe

Ghanaian midfielder, Thomas Partey has disclosed that he would be converting to Islam, and thus would change his sur name.

The Arsenal star said he will now be using the surname Yakubu, for his wife Sara Bella. But, he will continue to be known by his previous name in football.

The footballer, who was born a Christian in the eastern province of the Ghana, said "I grew up with Muslims so at the end of the day it's the same thing. I'm already married and my Muslim name is Yakubu".

In a video, the 28-year-old went on to say "I have a girl I love, I know my side chicks will leave me but it's no problem".

Recall that the midfielder was seen posing with a Muslim cleric earlier this year in March, which first sparked rumours of his conversion. He was also rumoured to be dating Moroccan Sara Bella for a long time. He, however, clarified that he will continue to use his first name Thomas on the back of his club and national team jerseys.

Remarkably, the midfielder has been instrumental for Mikel Arteta's Arsenal side since his £45 million transfer from Atletico Madrid in 2020. Though his first season was laced with injuries, the Ghanaian came alive in his second season at the Emirates. In fact, he was the mainstay in the Gunners midfield. He averaged 51 passes per game with a staggering completion rate of 86%.

Partey played an integral part in helping the Gunners finish fifth in the Premier League.

Chris Boucher makes sensational return to Raptors

By Stanley Ugagbe

Agent Sam Permut has disclosed that the Toronto Raptors have reached an agreement to bring back Chris Boucher on a three-year contract worth a reported \$35.25M.

It was reported that Toronto is using Boucher's Bird rights to re-sign him to a deal worth a little more than the full mid-level exception.

It's imperative to state that after going undrafted out of Oregon in 2017 at age 24, Boucher has slowly emerged as one of the best player development stories in the NBA.

Remarkably, Boucher was the G League MVP and Defensive Player of the Year in 2018-19 with the Raptors 905, Toronto's affiliate, then emerged as a rotation regular in 2019-20, averaging 6.6 PPG, 4.5 RPG and 1.0 BPG in just 13.2 MPG (62 games).

According to reports, his development led to a two-year, \$13.5M deal in 2020, which he easily outperformed the last couple of seasons. The man of the moment averaged 13.6 PPG, 6.7 RPG and 1.9 BPG on .514/.383/.788 shooting in 2020-21 (60 games, 24.2 MPG).

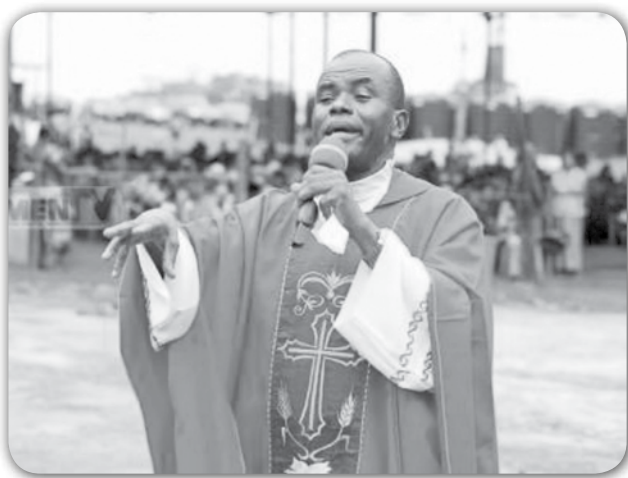
In an Instagram post, the elated Boucher wrote "Toronto is Home" and "Toronto, I'm Back!"

It's imperative to clarify that he is an athletic, energetic big man who can block shots and limited opponents to 43.9% shooting this past season.

Boucher averaged 9.4 points and 6.2 rebounds per game last season, and 11.2 points and 5.8 rebounds in six playoff games against the Philadelphia 76ers.

RELIGION

Fr Mbaka Needs a Break before he does further harm to himself and the Church in Nigeria



Father Mbaka

By Stan Ilo

Father Mbaka, a Charismatic Catholic priest of Enugu diocese in Eastern Nigeria who started the Adoration Ministry has been in the news in the last few years for many wrong reasons.

His political prophecies have created a lot of problems and confusion in the church and the Nigerian state and undermined the credibility and reputation of the Catholic Church. In this theological and pastoral commentary, Fr Stan Chu Ilo, shows the theological, pastoral, and canonical grounds for suspending the min-

istry of Fr Mbaka, while commending the local ordinary, Bishop Onaga for making the right call.

The episode also demonstrates that Fr Mbaka has violated core theological, canonical, and pastoral principles that the Catholic Church has offered to guide popular piety. Fr Mbaka is invited to take a break, to retool, rethink, and reflect with a spirit of humility on his vocation as a Catholic priest, and discern with his bishop how to carry out this vocation through any ministry or assignment that the Church will offer to him when the canonical process on the Adoration Ministry is completed.

Joshua You Are Growing Old!

"When Joshua was an old man, the Lord said to him, "You are growing old, and much land remains to be conquered. 2 This is the territory that remains: all the regions of the Philistines and the Geshurites, 3 and the larger territory of the Canaanites, extending from the stream of Sihor on the border of Egypt, northward to the boundary of Ekron. It includes the territory of the five Philistine rulers of Gaza, Ashdod, Ashkelon, Gath, and Ekron. " Joshua 13:1-4

We all desire to grow. When we were young we couldn't wait to grow older. Mothers who just have their first baby celebrate every step that shows their baby is growing, especially when the growth is healthy. In this age of cameras on the phone, they take pictures and videos of such growth and post it on WhatsApp groups and other social platforms. They remember the first day they pronounced Daddy or Mummy! I still have on my wall the first day my granddaughter was taken to daycare. Natural growth is automatic for all living things.

So we're eager to grow from toddler to teenager, to college, then to secure a job, then marriage, child bearing. Then before we know it we celebrate 40,50, 60 and suddenly the eagerness for growth ceases, and we realize we are winding down! Some have died, some have already written their wills, death is telling us I am

coming for you!

Reading the Bible, especially the Pentateuch, it was God that came to announce that time is up. He did to Aaron, Moses and more. In today's scripture, he came to Joshua. But he wants Joshua to maximize the few years left vis-a-vis the work at hand.

In this age of make-up especially for women, we are quick to tell one another "you are looking young." The men are not left out they dye their hair to deceive themselves about their age- yet the bible says "you are growing old!"

Go past Joshua- Read the text again, put your names there - Dele Dada - you are growing old, and the land of Canada, the continent of North America, the territory of the 10/40 window, the territories (continents) of Africa, Europe, Asia, South America are yet to be conquered!

God was telling Joshua, you have done well but you are growing old and much land remains to be conquered?

What the Holy Spirit is asking you today is what have you done with your age! You are growing old. What is your input to humanity, to Christianity, to your nation?

Many years ago, our church invited a foremost bible teacher of our time, Bro Gbile Akanni, to our church in CAC Bethel Efurun, Warri. Among his teaching then was the reference to Joshua 11: 22. "There was none of the



Pastor Amos Dele Dada

Anakims left in the land of the children of Israel: only in Gaza, in Gath, and in Ashdod, there remained" He explained the danger of the remaining unconquered land- Gaza, Gath and Ashdod. Remember in the 90s with Yasser Arafat the Gaza Strip war was phenomenally severe! Yet till today, the Israelites are still battling with the Gaza situation! That Gath - produced Goliath, and Ashdod represents their love for idol worship! That teaching was in 1996! Today it is still as relevant if not more relevant.

Let us do some Life Applications: Take the issue of Nigeria for instance. We learnt the first missionary landed in Nigeria 1872 in Badagry area. The church has spread in the coastal regions, South West, South East, South-South South Middle Belt. But we have the North West, North East, North Central unconquered and today they have produced Boko Haram, Bandits, Kidnappers, and Terrorists! This land the growing Nigerian Joshua did not conquer is now spreading its base to recover the land already conquered- that is the implication of terrorists

invading churches in Owo, a city in Ondo State in recent times .

"Joshua you are growing old" what does it mean to grow? It means to mature. It means to learn how to take responsibility. We have over the years produced a church that is growing only in age but not in value. We have produced a church with abnormal growth. Produced self-centred, self-seeking, self-glorifying Christianity. Responsibility malnourished. Like a child suffering from kwashiorkor, our chest bones are evidence that we are dying of a lack of spiritual vital resources.

God was telling Joshua it is not too late! It is a wake-up alert. Do something with your remaining years. If you don't do something you will eventually die but the territories you fail to conquer will be a problem for the next generation.

Conclusion: You are the Joshua generation! Irrespective of your spiritual age, you are not on earth only to acquire food, cars, houses or degrees. You are on earth to become a child of God and win territories (souls) to God. God was not only commending Joshua for a great job he was warning him on two levels, but you are also about to exit this world, and you still have so much to accomplish for me. Identify your spiritual, physical, financial, and academic territories that you need to conquer and go for it- Says the Spirit of the Lord. Don't waste your age.



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WHEN SOMEONE
FALLS INTO THE
WATER.

AFRICAN PROVERBS

continued from p(8)
STOP THE INFLUX OF TERRORISTS...

no representatives of the Middle Belt and Southern peoples in the Unitary Government in Abuja where all decisions inimical to the safety, security, economic well-being of their people were being taken. What are all the Ministers in Abuja doing? Are they blind to the daily slaughtering of their people in Sokoto, Zamfara, Kebbi, Katsina, Taraba, Benue, Plateau, Kogi, the entire Eastern, Western and South-South regions? Are there no policemen from these terrorized sections of the country? Are all the soldiers and security personnel from only one section of the country? Are all the peoples of Nigeria under a spell that they watch in seeming helplessness as the beautiful lands of their forefathers are being daily assaulted and plundered?

It has been said a million times that dictators don't emerge overnight. It is in fact the docility and timidity of collaborators and executors of tyrannical acts of dictators that breed tyranny. No one man however powerful, wicked, cunning and controlling can make himself a god unless permitted by cowardly, self-serving, hugely corrupt sycophants.

All the leaders of Nigerian space, I mean those who still consider themselves men and women of honour, who are proud and determined to answer to their parents' names should stand-up to be counted. Governors must immediately call themselves to action and combine to STOP the ceaseless influx of terrorists into Nigeria. And similar efforts must be expended to rein in all those deposited in the bushes and forests waiting for signals from their sponsors to start killing off innocent people across the land. Governor El-Rufai and Sheik Gumi said they know the locations of these terrorists and kidnappers, they even have their phone numbers....

Ministers and all members of the National Assembly who are not party to the ruinous Agenda of Fulanization must rise up and STOP this calamitous Agenda. They cannot continue to be blinded and deafened by the unprecedented looting of the national treasury going on all over the country.

Traditional rulers should stop lamenting. Go back to your ancestors and do what they did to preserve the sacred stools you now sit on. If they had been cowards and bribable, the thrones you inherited would have ceased to exist.

The dethroned and dehumanized Hausa Bakwai and Hausa Christians Foundation should buck up and re-read their histories.

They should immediately join hands with the 'Indigenous Nationalities Restoration Congress' and free themselves from age-long enslavement and oppression. No people are ever held down forever. The Roman Empire collapsed. The Ottoman Empire exploded. The British Empire now lives in its shadow and will soon become history especially with certain exit of Scotland, the Wales and Northern Ireland from the United Kingdom. If Trans-Atlantic Slave Trade/Slavery could end in spite of the Anglo-American savagery, if the inglorious Apartheid could collapse, if Cecil Rhodes could kiss the dust in Rhodesia, there is certainly light at the end of the tunnel.

One really wonders why the nomadic Fulani dotted across West Africa could ever imagine or dream of giving the Hausa treatment to the rest of Nigeria of Year 2022! None of the better known 7 Nomadic Communities in the world; the *Kochi* people of southern and eastern Afghanistan, the *Bedouin* people of Negev desert, the *Sami* people of Scandinavia with sprinkles in Russia, the *Maasai* of Kenya and Tanzania, the *Mongols* living in China's northern border with Russia and Mongolia, the roaming *Gaddi* people of India, or the *Pikers,* the Irish travellers ostracized and scorned as criminals and worse, would ever get it into their skulls that they could conquer or displace the indigenous peoples of the countries where they are graciously sheltered. They are sensible enough, despite their wild, habitually uncultured and violent traits to know that it would be suicidal for them to plunge into such gamble.

It is sad that for the next twelve months governance would take flight from Nigeria and flesh-eating commercial politics would take the front seat; Nigerians should not allow themselves to continue to be kicked in the ass by soulless politicians who have impoverished them to the bone.

Nigerians should call the bluff of these mercenary politicians who cannot walk the streets of their communities without heavy security escort. No Nigerian political office holder from top to bottom can travel by road from Abuja to their towns and villages unless they are shielded by heavy weaponry. Is that a life? Is that the true representation of the constituents?

Our President, General Muhammadu Buhari, should be reminded that we have had Fulani Heads of State before. Gentle-

man Shehu Shagari was Fulani. And there was Tafawa Balewa before him. There was Fulani General Buhari as Military head of state even though tainted with draconian extremism. There was the unforgettable and decent Patriot named Umaru Musa Yar'Adua. None of them carried Fulani Agenda on their lapel. It is my prayer that history should be kind to Buhari but he must from today 'with immediate effect' begin to dismantle the web that brought the Fulani from all over West Africa to descend on Nigeria and forcibly take over the country.

It is worth emphasizing that nobody heard of or talked of the nomadic Fulani ethnic group 23 years ago. For centuries they hid themselves under the umbrella of the Hausa nation calling themselves Hausa-Fulani, a nomenclature that defined no specific identity. They also hid under the highly developed Hausa language, hardly speaking or projecting their Fulfulde language until a Khalifa arrived the scene and started unbridled imposition and domination with nauseating arrogance, shameless nepotism and in-your-face impunity.

I don't think our President is happy that it is during his 'reign' that the Naira was reduced to toilet paper. With all the atrocities laid at General Abacha's feet, he stabilized the Nigerian economy throughout his four-and-a-half-year maximum rule. He did not borrow from IMF or World Bank and the Naira stabilized at N99 to a Dollar. Not the downward slipping Naira at 600+ to a Dollar courtesy Emezie, the Caliphate's faithful servant.

On a final note, Nigerian political office holders should remember that their action or inaction today would come to haunt them forever while taking into account that once they are out of office they become as vulnerable as the common men they have bedraggled. Twenty-year-old pounded yam may turn out to be steaming hot....

I pray that the time will not come when politicians will be pelted with stones and rocks or even be killed or burnt alive by angry citizens of this country. People may forgive injuries done to them but they never forget and are likely to revenge whenever the opportunity is available.

By the way, what did Jesus say about the SWORD? "But now if you have a purse, take it, and also a bag; and if you don't have a sword, sell your cloak and buy one" [Luke 22:36-38]

COVER STORY

NDUKA OTIONO

Continued from Page 1

Studies whose work spanned creative writing, cultural studies, postcolonial studies, and performance and literature in Africa. He has had a series of publications that include his recent publications: the co-edited volume of essays, Polyvocal Bob Dylan: Music, Performance, Literature (Palgrave Macmillan 2019) and DisPlace: The Poetry of Nduka Otiono (Wilfrid Laurier University Press, 2021).

Otiono is an experienced writer that has au-

thored quite a lot of literary works like The Night Hides with a Knife (a collection of short stories), which won the ANA/Spectrum Prize; Voices in the Rainbow (a collection of poems), shortlisted for the ANA/Cadbury Poetry Prize; and Love in a Time of Nightmares (a collection of poems), which won him the James Patrick Folinsbee Memorial Scholarship award in Creative Writing.

While reacting to the development, Otiono says he accepts the appointment and the call to serve as the new Director of the Institute of African

Studies at Carleton University with humility. He further disclosed that he never thought he would be appointed director seven years after joining the unit as the first full-time faculty member on tenure track in 2014 as the previous directors were all selected from outside of the institute.

Otiono expressed his willingness to embrace the duty and indulge the cooperation of the local and international community and partners for the important support required to improve the institute.

COVER STORY

INVITES

Continued from Page 1

government approved the extension of Post-Graduation Work Permits (PGWPs). This makes it possible for international students with expiring PGWPs to seek an additional year and a half (18 months) extension.

As Express Entry draws were put on hold last September, a lot of international students became worried that their status would expire before they could file for Permanent Residency.

Extending the status of holders of PGWP will permit international

students in Canada to explore more opportunities, fill in vacancies, and become eligible for Canadian permanent residency.

Express Entry Draws

This is Canada's major system to attract foreign talent and manage immigration applications. After putting Express Entry draws on hold in 2021, the federal government announced that the draws would resume in July.

Besides the resumption of Express Entry draws, the government

also announced that it is currently in the process of approving Bill C-19.

Bill C-19 gives the immigration minister control over who is selected in the Express Entry draws. Instead of selecting candidates solely on their Comprehensive Ranking Score (CRS), the minister can choose candidates based on their ability to meet Canada's economic needs.

This means that the draws can be restricted by the immigration minister to specific occupations or industries, irrespective of CRS score.

ANSWERS FROM P(19)

CANADIAN TRIVIA QUESTIONS

- The maple leaf exists in the flag of Canada has how many corners/points?
a) 11
b) 10
- How many total provinces exist in Canada?
a) 10
b) 11
- What is the largest city in Canada?
a) Toronto
b) Montreal
- Traffic flow on which side of the road in Canada?
a) Right side
b) Left side
- On which year Canadian law declare women as "Persons"?
a) 1929
b) 1982
- She recorded "Could I Have this Dance?" and Snowbird."
a) Anne Murray
b) Celine Dion

TELEPHONE SCRAMBLE ANSWERS

- The sureth way to be deceived is to think oneself cleverer than the others
- HE WHO IS NOT ENVIED IS NOT ENVIABLE

RIDDLES

- Light.
- Shorter. (Short + 'er')
- Five, each daughter has the same brother.
- Mountain Ever-rest.

QUOTE PUZZLE

Theme: Charity
Charity and Pride have different aims, yet both feed the poor
Theme: CHANGE: INEVITABLE AND DESIREABLE
There is nothing permanent except change.

HOW TO AGE GRACEFULLY, FROM THE INSIDE OUT



(NC) Aging gracefully isn't about trying to look like your younger self again — it's about living your best life and having the physical and mental health to enjoy it. You can get better with age by taking a proactive approach to your diet and lifestyle. Here are some tips to help you along:

DON'T SNOOZE ON GOOD SLEEP

Restorative sleep is crucial for tip top health. It also plays a role in your skin's health. Aim to get around eight hours of uninterrupted sleep each night. Getting enough sleep has been proven to lower the risk of heart disease and stroke, reduce stress, reduce inflammation in the body and improve focus and concentration.

DRINK MORE WATER

In addition to being proven to help keep skin healthier and reduce signs of aging, staying hydrated can also improve your energy levels and brain function.

INCREASE FIBRE INTAKE

Fibre is a major player in so many of our body's systems, and getting enough can actually help keep you youthful. According to a recent study in the Journals of Gerontology, older people who ate fibre-rich diets were 80 per cent more likely to live longer and stay healthier than those who didn't. Some top food sources of fibre include flax seeds, apples, artichokes, broccoli, raspberries, and sweet potatoes.

SUPPLEMENT WITH COLLAGEN AND SILICON

Healthy skin begins beneath the surface. Collagen and silicon provide the building blocks for healthy, firmer skin. However, both naturally decline in our bodies as we age. Look for high-quality supplements, especially Canadian brands that guarantee transparency, purity and potency. CanPrev Beauty's Collagen, for example, is clinically proven to give smoother and firmer skin in 28 days. It includes bioactive collagen peptides clinically proven to stimulate skin collagen production.

Find more tips at canprevbeauty.ca.

ACTIVITIES YOU CAN ENJOY AT THE COTTAGE THIS SUMMER

(NC) There's nothing quite like time at the cottage or cabin. While many of us enjoy disconnecting from the hustle and bustle of everyday life, others have a harder time slowing down. Whether it's your first time taking part in this classic Canadian experience, or you're feeling a bit bored with your annual traditions, here are some relaxing pursuits to try.

BIRDWATCHING

If you've ever admired the hummingbird at your feeder or listened to the chirping outside your window, you know that bird watching can be a rewarding pastime. The hobby is easy to adopt and totally scalable to your level of interest. Start with a budget-friendly pair of binoculars and a library-loaned field guide on local birds. Take a seat or go for a hike and keep your eyes and ears peeled. Note the locations, behaviour and appearance of any birds you spot to help you identify them. Local and online communities are around to help you learn more tips as you get involved with the hobby.

WHITTILING

A classic hobby that's making a comeback, whittling is a calming way to use your hands and get out of your head. Choose any fresh, dry piece of wood from the ground around the cabin and use a sharp pocket knife to gently peel or carve it. Start by carefully shaving off layers of wood or trying out designs like a simple bear shape. Remember to take your time and push



the blade softly away from you. This activity is also an opportunity to teach children about knife skills and safety using a sturdy vegetable peeler rather than a knife.

PHOTOGRAPHY

As a place where families often get to spend rare time together, the cottage is a great spot to practice your photography skills. You have plenty of subjects to snap, whether for portraits, group shots or action. Plus, the picturesque scenery offers fantastic opportunities for creative still life and landscape shots. Photography is also a great skill for the younger cottager who might be bristling at the forced family time or can't put down the phone — it gives them an outlet to focus on, learn and share with their friends back home.

You can find the right photography and video gear for your level or sign up for a class to boost your skills at Henry.com.



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