



**AFROMARTS**  
AFRICAN CARIBBEAN GROCERIES

spend \$100 or more, get FREE YAM

8 REXDALE BLVD, TORONTO  
(ISLINGTON/REXDALE BEHIND THE CASHMONEY)  
TEL: 647.343.0288

YOU DESERVE BETTER

Higher Standards Agents... Higher Results! Buy • Sell • Lease

**Sunday (Sunny) Adodo**  
Sales Representative  
Cell: 647-200-7359

HomeLife Woodbine Realty Inc., Brokerage  
Each Office Independently Owned & Operated

680 Rexdale Blvd., Unit 202, Toronto ON M9W 0B5  
Off: 416-741-4443 sadodo@rogers.com  
Fax: 416-679-0443 www.sundayadodo.com



... TO INFORM | EDUCATE | EMPOWER | ENTERTAIN

**NCNC** SINCE 2000

# NIGERIAN

CANADIAN NEWSPAPER CANADA

Vol 16 • Issue 2 • FEBRUARY 2021 • "THE THIRD EYE OF THE COMMUNITY" • Tel: 416-318-3506 • publisher@nigeriancanadiannews.ca • www.nigeriancanadiannews.ca • CDN\$1 • US\$1 • ₦200

## NGOZI OKONJO-IWEALA: I AM HONOURLED TO BE SELECTED AS THE NEXT DIRECTOR-GENERAL OF WTO

By Dele Akintilo

Nigeria's former Minister of Finance, Ngozi Okonjo-Iweala, has been confirmed as World Trade Organization's next Director-General, thereby becoming the seventh Director-General of the organization.

Okonjo-Iweala's appointment was confirmed by the WTO on its Twitter handle. While confirming the appointment, the WTO tweeted: "BREAKING: Ngozi Okonjo-Iweala from Nigeria is appointed as the next WTO Director-General."

"Dr. Okonjo-Iweala makes history as the first

woman and the first African to lead the WTO.

"Her term starts on the 1st of March 2021.

"More details soon. #WTODG"

In her reaction to WTO General Council's decision to confirm her appointment, Okonjo-Iweala said: "I am honoured to have been selected by WTO members as WTO Director-General.

"A strong WTO is vital if we are to recover fully and rapidly from the devastation wrought by the COVID-19 pandemic. I look forward to working with members to shape and implement the policy responses we need to get the global economy going again. Our organization

faces a great many challenges but working together we can collectively make the WTO stronger, more agile and better adapted to the realities of today."

The General Council's decision was made after months of uncertainty that sprang up when the United States first refused to support Dr Okonjo-Iweala but supported behind Yoo Myung-hee of the Republic of Korea.

But following Ms Yoo's recent decision to step down, the administration of newly elected US President Joe Biden dropped the United States' objection and declared support for the candidacy of Dr Okonjo-Iweala.



Celebrating the

# BLACK HISTORY MONTH

"Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world."

—Harriet Tubman

## NIGERIAN-BORN PROFESSOR, TEMITOPE ORIOLA, APPOINTED AS SPECIAL ADVISOR TO REVIEW ALBERTA'S POLICE ACT

By Dele Akintilo

Alberta's Minister of Justice has appointed Nigerian-born Professor, Temitope Oriola, as special advisor on police act review in the province.

Reports by authorities revealed that Temitope Oriola's term as special advisor will be six months. This is to enable the erudite Professor guide the government of Alberta by providing independent recommendations that will develop the criminal justice structure of the province.

Temitope Oriola happens to be an Associate Professor of Criminology in University of Alberta.

It should be recalled that Alberta appointed Nigerian-born Canadian, Kaycee Madu, as the province's Minister of Justice and Solicitor General in August 2020.

Madu was saddled with the responsibility of ameliorat-



ing the police act and laws of provincial election finance advised by the select special democratic accountability committee upon his appointment.

The government of Alberta said the police act review was set in motion in September 2020, since when it has carried out 13 engagement sessions that around 200 organizations that represented health and social services sectors, law enforcement, municipalities and indigenous communities.

The government said Oriola's appointment was made after almost 15,000 Albertans taking part in a public survey that bordered on several topics connected to law enforcement, like the role of police in the community, processes for handling complaints from the public and officer discipline.

In a statement, Madu lauded Oriola's appointment and said that he would feed the body from the knowledge and wealth of experience of Oriola.

CONTINUES ON P.6 →

Create time to be with your child

**PASTOR TAIWO ODUBIYI** P.9 ▶

**YOUTH CORNER**  
By Oluchi Ugoh  
See page 16

MEET OUR NEW AUTHOR

**100% Guaranteed Answer to your prayers** P.14 ▶

BY DR. HOPE MCDOWELL GIBSON

She fears I would become like her father

P.19 ▶ **Columnist, AGATHA EDO**

# THE LAW OFFICE OF PIUS L. OKORONKWO



BARRISTER, SOLICITOR AND NOTARY PUBLIC

**Dr. Pius L. Okoronkwo**  
LL.B., BL, LL.M. (Dalhousie, Canada),  
Ph.D. (Osgoode, Canada)

### AREAS OF PRACTICE

- Criminal Law
- Family Law
- Civil Litigation
- Corporate and Commercial Law
- Immigration and Refugee Law
- International Economic Law and Investment
- Estate and Trust Law

Your Legal Problems Solved with Competence and Professionalism

Tel: 647-831-7487 • Fax: 416-650-0168  
1183 Finch Ave. W, Suite 603, Toronto, ON M3J 2G2

## CLI COLLEGE

OF Business, Health and Technology  
*Your Future. Your Passion. Your Success*



### OFFERS

- Personal Support Worker (PSW) Program
- Developmental Service Worker (DSW) Program
- Legal Office Administration (HOA) Program
- Health Office Administration

REGISTER TODAY  
416-747-5152

Suite 208, 2300 Sheppard Ave West, Toronto, ON M9M

### CLI HIGH SCHOOL

Get One Step Closer to Achieving Your Ontario Secondary School Diploma (OSSD)!

#### OFFERS

- Math
- English
- Physics
- Biology
- Chemistry

REGISTER TODAY  
416-747-5152

## FISDES MEDICAL CENTRE

**DR. AYOKUNLE FAGBEMIGUN**  
MD., C.C.F.P.

Family Medical Practice / Walk-in Clinic



1525 Albion Road,  
SUITE 210, Etobicoke,  
ON M9V 5G5  
(Albion Rd. & Finch Ave. West)

- New Clinic
- Accepting New Patients
- We accept Walk-in Patients
- Convenient Location

Opening Hours:  
Monday-Friday: 9am-6pm

Tel: 416-401-8888  
Fax: 416-743-9797  
info@fisdesmedical.ca  
www.fisdesmedical.ca



# RAZA

keep talking



DOWNLOAD  
THE APP  
AND GET  
FREE

\$2

CALL DIRECT\*  
RECHARGE\*  
INTL. MOBILE TOP UP\*



\*Eligible for first-time downloads only. 1800-550-3501

# Injured?

NO WIN - NO FEE

Car Accidents - Slip and Fall - Denied Benefits

**L4M** ODETOYINBOS **LAWYER 4 ME** ALLP

PERSONAL INJURY LAWYERS

Call today! **905-487-6333**  
Visit our web site at **www.lawyer4me.com**



## SURE FOUNDATION CHAPEL

(For other foundation can no man lay than that is laid, which is Jesus Christ 1 Cor.3:11)

The Lord Is Waiting For You To Address All Your Foundational Problems Today As You Worship With Us. Don't Be Left Out.

You Shall Be Established On A New Foundation

**WHEN: EVERY SUNDAY**  
Hour Of Worship:  
**10:00AM - 12:30PM**

**TUESDAY:**  
TELE - CONFERENCE on (416) 639-2426, CODE: 7880#

**TIME: 7:00PM**  
**LOCATION: 71 Milvan Dr, North York, ON M9L 1Y8**

*Some Are Be Expectant As You Come.*

TELE - CONFERENCE on (416) 639-2426

FOR PRAYER AND COUNSELLING: 647-721-6870 • 647-701-6871 • 647-693-2611  
Jesus Is Lord

## Tax & Consulting Services

for Individuals and Businesses

100% Remote/Online Tax Filing Services

- ✓ Personal Tax Returns
- ✓ Business Tax Returns
- ✓ GST/HST Returns
- ✓ Payroll Services
- ✓ Online Bookkeeping
- ✓ Consulting
- ✓ QuickBooks Online Software Setup & Training

Blueross Business Services Inc.

- Remote/Online Tax Filing
- File from the comfort of your home
- Visit our website or call us to start
- Website: www.bluerossservices.ca

Talk to an Expert  
**(647-272-7187)**



Email: info@bluerossservices.ca | www.bluerossservices.ca | Tel: 647-272-7187

**Shoreham Dental**  
FAMILY DENTAL CARE For A Brighter, Whiter Smile

**Dr. Nosente Bollo-Kamara and Associates**

171 Main Street N, Unit 1, Brampton, ON L6X 0H4

4732 Jane Street, Toronto ON M3N 2L2  
(Next to Smart Choice)

**905-459-7778**

**416-661-6117**

**www.shorehamdental.ca**



**Publisher:**  
Ngozi Ugoh

admin@nigeriancanadiannews.ca  
publisher@nigeriancanadiannews.ca  
ncnewsoffice@gmail.com  
www.nigeriancanadiannews.ca

**Tel: 416-318-3506**

**Youth:**  
Dima Ugoh

admin@nigeriancanadiannews.ca

**Advertising Executive:**  
Ogo Anozie

admin@nigeriancanadiannews.ca

**Contributors**

Pastor Taiwo Odubiyi (PhD.)  
Oluchi Ugoh  
Divine Chimsom Ugoh  
Dima Ugoh  
Nicole Anozie  
Oluchi Ugoh  
Pastor Amos Dada  
Tunde Ajibode  
D. Forrester  
Marcel Chukwu  
Dele Akintilo  
Stanley Ugagbe  
Kolapo (Kola) Abdul  
Ernest Nnamdi Onuorah, MBA, FRM, CRISC  
Agatha Edo

**Graphics & Layout**

Mevlana Media Solutions Inc.  
Tel: 416-789-9933  
computertrusting@gmail.com

**AWARD WINNING  
NEWSPAPER**

Tel: 416-318-3506

**E-mails:**

publisher@nigeriancanadiannews.ca  
admin@nigeriancanadiannews.ca  
ncnewsoffice@gmail.com

\* Member Of The National Ethnic Press & Media Council Of Canada, Inc. The Nigerian Canadian News and The African Canadian News are published monthly by The Nigerian Canadian Business & Resources Directory.

Views expressed in newspaper do not necessarily reflect the opinion of the publisher. All rights reserved. No part of the newspapers may be reproduced in any form without the written

## Combating Human Trafficking In Ontario

Without mincing words, the Ontario government's introduction of the Combating Human Trafficking Act, new legislation and amendments to existing legislation to build upon the province's \$307 million Anti-Human Trafficking Strategy is unarguably a crucial step in the right direction.

This is because human trafficking is one of the fastest-growing crimes worldwide. Ontario is a hub for human trafficking, with the most police-reported incidents of human trafficking in the country occurring within the province in 2019, accounting for approximately 55 per cent of all police-reported incidents of human trafficking nationally. The average age of recruitment into sex trafficking

is approximately 13 years old, reports say. Over 70 per cent of human trafficking victims identified by police are under the age of 25.

According to the government, the proposed changes include two new acts - the Anti-Human Trafficking Strategy Act, 2021 and the Accommodation Sector Registration of Guests Act, 2021 - as well as amendments to the Child, Youth and Family Services Act, 2017 and the Prevention of and Remedies for Human Trafficking Act, 2017.

We have always expressed deep concern over the skyrocketing reports emanating from the police over this heinous act. We are hopeful that the proposed changes will better protect victims, support sur-

vivors and increase tools to crack down on offenders.

We strongly pitch tent with the government on these thematic areas: supporting a long-term provincial response to human trafficking and emphasizing that all Ontarians have a role to play in combating human trafficking; strengthening the ability of children's aid societies and law enforcement to protect exploited children; supporting more survivors and the people who support them in obtaining restraining orders against traffickers, with specific consideration for Indigenous survivors; increasing the government's ability to collect non-personal data to better understand the impact of the strategy and respond to human trafficking; providing law enforcement with more tools to locate victims and charge traffickers by: increasing penalties for traffickers who interfere with a child in the care of a children's aid society; clarifying how and when police services can access information from hotel guest registries to help deter trafficking and identify and locate victims, while establishing regulation making authority to include other types of accommodation providers; requiring

companies that advertise sexual services to have a dedicated contact to support investigations into suspected human trafficking.

There are strong indications that the above spelt out regulations, if fully implemented, will help in taming the monster of human trafficking. We wish to re-echo the words of Premier Doug Ford "Our government is taking deliberate steps to put an end to human trafficking and protect victims and potential victims of this terrible crime," urging him to do everything within the law to honour his words to ensure that the monster is not only tamed, but defeated.

Need we remind the public that fighting human trafficking takes cooperation and collaboration across sectors. Everyone is strongly undeterred to partner with the government in this fight. We have always emphasized that a society that wants to thrive must not condone crimes that affect humanity. Crimes, of whatever degree have grave impact on where they thrive and so should not be tolerated. Concerted efforts must be geared not just by the government but also the citizens to curb the deteriorating ailment.

IN another development, the emergence of Ngozi Okonjo-Iweala on the 15th of February as the Director-General of the World Trade Organization is a clear indication that the world is making progress on the war against racial discrimination. Her emergence also showed that equity and fairness are beginning to play out.

As a people-oriented paper, we have always emphasized that excellence and leadership capabilities should supersede every other criterion in choosing people into positions. Our crusade has always been that irrespective of colour or background, there is only one race - the human race. So people should be given equal opportunities and level grounds to compete and contribute their quota to the society.

This is a major call to all nations, government and non-governmental bodies, groups and individuals to place priority on excellence. We strongly believe that if everyone is given equal opportunity to compete and contribute their quota, if everyone is given equal level ground to thrive, the society will be a better place and most of the issues emanating from racial discrimination, gender inequality will be a thing of the past.

## Too much on your plate? Save time with these 4 tips



(NC) The demands on our time are constantly shifting. Between work, family and home life, we do our best to balance things, but sometimes we just can't quite clear our plates and can even end up with a helping of guilt too. Lighten your load with these time-saving tips:

**STREAMLINE MORNING ROUTINES.**

Even with more work from home and the kids in virtual class-

rooms, some morning tasks don't change. Lay out your outfit before going to bed (even if it's just a videochat-ready top and sweatpants) and get the kids to do the same. Set the breakfast table and plan the menu the night before. Pack lunches, even with the kids at home - this will save you time and clean up hassle during the day.

**COMMIT TO A CORE CHORE A DAY.**

Consider tackling one or two chores each

day versus cleaning the entire house in one session. This can feel less daunting. Also, double down on delegating chores to those you live with - and mean it. Resist doing it all yourself and ask for help.

**SHARE THE MEAL PLANNING.**

Stick to a weekly menu of staple meals that are quick to prepare, regardless of what the week might throw at you. Get your partner, kids or roommate involved so everyone's

favourites can be included and then have them share in the meal preparation and cooking. Not only does this take some of the load off you, it also encourages quality time together in the process.

**SAVE TIME WITH DISHWASHING.**

Surprisingly, the dishwasher is designed to be more efficient than the way most of us handwash our dishes, which can save you over 30 minutes a day. In fact, running a dishwasher half full wastes less water and energy compared to handwashing those same dishes. An Energy Star-certified dishwasher uses 15 litres of water every cycle, while a running faucet uses 15 litres every two minutes. This helps to take a load off the planet, so no need to feel guilty about running a half load. A bonus is it can be a lot faster to empty a half-full dishwasher than a full one.

*Find more tips and information at cascade.takeahalfloadoff.ca/en. www.newsCanada.com*

## The COVID-19 vaccine and arthritis



(NC) With vaccines against COVID-19 beginning to roll out to more people across the country, there is light at the end of the pandemic tunnel.

If you're among the six million Canadians with arthritis, you may have questions about the vaccines being approved for use in Canada.

"The Arthritis Society is continually speaking with experts and updating our communications to ensure we can give people the most current information and answers they need," says Trish Barbato, president and CEO of the Arthritis Society.

The timeline for vaccinations, and how people will be prioritized to receive the vaccine, is being set by health officials in each province, so it could differ across the country.

The recommendations for individuals who are immu-

nosuppressed or who have an autoimmune disease have been changing. If you have an inflammatory form of arthritis, such as rheumatoid arthritis, you should speak with your doctor about the risks and benefits of receiving the vaccine.

Visit your provincial or territorial COVID-19 website for the latest information, as these vaccination programs are new and recommendations could change.

While you wait for the vaccine, it's important to continue following public health guidelines, including maintaining physical distance, wearing a mask when you cannot do so and practicing good hygiene. And, as always, consult your doctor about any change in your health or any questions about your medications.

*Find more information at arthritis.ca/covid19.*

**5. MASSAGE THERAPY AND ACUPUNCTURE**

These treatments are helpful for some people. Consult your

physician before trying them for yourself and use a registered practitioner if you do.

*Find more ideas at arthritis.ca.*

## 5 ways you can manage pain without drugs

(NC) For anyone living with a chronic condition, medication can make a world of difference to ease your symptoms. But according to the Arthritis Society, there's also a lot you can do to manage pain without drugs.



**1. PHYSICAL ACTIVITY**

Regular physical activity can help relieve arthritis symptoms, reduce pain, and improve your overall health. Exercise can also strengthen your muscles, which is crucial to supporting your joints. Stay as active as your health allows. Some physi-

cal activity is always better than none.

**2. MEDITATION**

While meditation can't take away pain, research shows it can help you approach and manage it in a healthy way.

**3. HEAT AND COLD THERAPY**

The use of gentle

heat may help relax muscles and stimulate circulation, thereby decreasing pain. Cold therapy - in the form of frozen gel packs or ice - can reduce inflammation and swelling during a flare-up. After using heat or cold, gently move the arthritic joint to reduce stiffness.

**4. REST**

While physical activity can be beneficial, listening to your body and resting when you notice pain, swelling or increased heat around an affected joint can reduce the length of a flareup.

## Nigerian Canadian News Supports Sickle Cell Awareness

Know your Sickle Cell Status. Get tested today



NIGERIAN CANADIAN NEWSPAPER, CANADA  
Your Best Community Newspaper  
Thank You For Your Support

**Our Services:**

-Brochures -Business Cards -Directories  
-Posters -Magazines -Calendars -Bulletin  
416-318-3506 • publisher@nigeriancanadiannews.ca

A MAN DOESN'T GO FAR FROM WHERE HIS CORN IS ROASTING.

NIGERIA



## Nigerian-Canadian company to begin gold exportation in June

By N.Ugoh

The Nigerian-Canadian company that is currently mining gold in Osun State, southwestern Nigeria will start exporting gold in June 2020.

This information was made available by Minister of Mines and Steel Development, Mr Olamilekan Adegbite, in Abuja.

While speaking at a forum organised by the News Agency of Nigeria (NAN), Adegbite said the Segilola Gold Project was a strategic investment for economic diversification in Nigeria.

He described the Nigerian-Canadian firm as a 'poster child' and the number one foreign investor to carry out genuine and serious business in Nigeria.

Adegbite disclosed that the firm was supposed to have commenced gold exportation in the first quarter of 2021 but that the date was postponed as a result of coronavirus disease.

He said: "The company will start exporting gold from Nigeria in June."

According to the Honourable Minister, the project is being carried by Segilola Resource Operating Ltd., a fully licensed operator and Canadian company that is located in Iperindo, Osun state.

Adegbite said that the company was listed and quoted on the Toronto Stock Exchange in Canada and that the company was making a positive impact that is borne out of its urge to comply with the government's economic diversification agenda.

He said: "Mining is a bit capital intensive. So, we need to attract serious players, people who can put in the money and then of course, begin to make money after some investment because it has gestation period."

"Mining is not like trading where you put in your money today and then realise profit tomorrow."

"When you do exploration, it can take a year to three years, then you discover the mineral and then start the exploitation before money begins to roll in."

## Canada extends Post-Graduate Work Permit

By N.Ugoh

In most cases, International students in Canada rely on the highly revered post-graduate work permit (PGWP) to get jobs after their graduation, as experience in the long run help them earn essential points in Canada's Express Entry path to permanent residence.

However, since the advent of COVID-19 pandemic, holders of PGWPs have been encountering inability to find jobs or being asked to leave jobs in Canada, as such, many graduates have watched their time-dependent permits expire without having the opportunity to utilise them.

Canada's Minister

of Immigration, Refugees, and Citizenship has announced a short-term policy that will permit students under this category to apply for a new permit that will be valid for another 18 months.

Though the labour market is still unpredictable, the policy is a step in the right direction and offers international students who are already in Canada and have laboured to get Canadian experience an extended lifeline.

International students contribute over \$21 billion annually to the economy of Canada and they leverage on their education as a stepping stone to acquiring permanent residence in Canada.

## Nigerian-born Professor, Temitope Oriola, appointed as special advisor to review Alberta's police act

continued from p(1)

He said, "With a body of research and published articles on law enforcement issues, Dr Oriola brings specialized experience and knowledge to reforming policing in Alberta."

"Dr. Oriola's academic expertise and lived experience will also help us shape the ongoing engagement with diverse and radi-

calized communities and ensure that our work to modernize policing in Alberta continues to be inclusive."

While talking about his appointment, Professor Temitope Oriola said he hopes to deploy his criminology expertise and as a person of color to embed "law enforcement practices that rarely rely on force and police organizations that are trusted

by all the communities they serve."

He added that his aim was to create a structure for the state police on how excessive use of force can be reduced while safety of officers is ensured.

Professor Oriola is the president of Canadian Association of African Studies. He is also a two-time Carnegie fellow and receiver of Governor General's Academic Gold Medal.

"This will provide a socio-legal framework to reduce excessive use of force, ensure officer safety and enhance trust in and legitimacy of police organizations."

Professor Oriola is the president of Canadian Association of African Studies. He is also a two-time Carnegie fellow and receiver of Governor General's Academic Gold Medal.

## When should you start your child's RESP savings account?

(NC) As a parent, if you're simply focused on getting through this strange and challenging school year, you're not alone. But while virtual and modified in-person classes may take up a lot of headspace, neglecting long-term plans is a costly mistake. This includes post-secondary planning.

When it comes to making sure your child has a solid education that doesn't put them into a ton of debt, starting early with their Registered Education Savings Plan is the best option. Here, Ryan Weiss, vice-president, group customer product and experience, for Canada Life, explains why it's important to make an RESP a priority now:



### 1. ACCESS TO FREE MONEY.

Only available through an RESP, the Canadian education savings grant kicks in a 20% matching contribution, equal to \$1 for every \$5 you put in, for up to \$500 a year to a maximum of \$7,200.

If money is tight, the Canada Learning Bond, aimed at lower-income families, provides an initial \$500 lump sum just for opening an RESP - no contributions needed. You might also qualify for a provincial grant.

### 3. PREPARE FOR AN UNPREDICTABLE FUTURE.

COVID-19 is proof that life is uncertain. If you're banking on your teen working for the summer to save up for school, consider the challenges of this past year that saw many student-level jobs cut. Putting aside money now will help take care of the surprises later.

adds money to your savings. The best part? Grants, bonds and any investment income grow tax-free until withdrawn as education payments, which are taxable to the student. Since students often have low or no other income, these payments could even be tax-free.

### 4. IT'S EASIER THAN YOU MAY THINK.

Thanks to online banking, you can do anything from paying bills to renewing your mortgage online. Now, when a company offers a Canada Life RESP in their employee benefits plan, those employees can open an RESP as easily as setting up an online bill payment, without touching pen to paper.

THE AXE FORGETS BUT THE TREE REMEMBERS.

## MCMMASTER ELIMINATES TUITION BARRIER FOR FOSTER KIDS



Today, the Child Welfare Political Action Committee Canada (Child Welfare PAC) is proud to announce that McMaster University will eliminate tuition fees for current or former Canada Crown Wards for study towards a first degree or graduate degree.

In recognition that current and former foster children are some of the most vulnerable in society, McMaster will be making places available for up to 20 students from these groups and accepting applications regardless of the age of applicants if they meet the eligibility requirements below.

"McMaster understands that education levels the playing field," said Jane Kovarikova, Founder of the Child Welfare PAC, which advocates for improving post-secondary access for former foster kids. "People raised in foster care are uniquely vulnerable and have not had a fair chance in life."

Foster kids are typically evicted from care at age 18 making hardship all too common. It can take years

to achieve stability, so tuition support without arbitrary age limits further reduces barriers allowing former foster kids the opportunity to improve their lives.

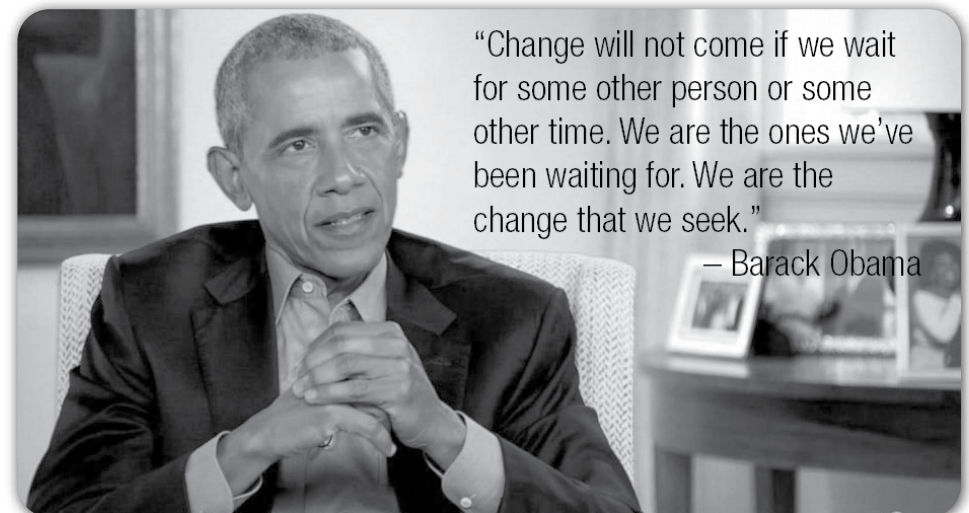
"Increasing learning opportunities and removing barriers to education for students is core to McMaster's Access Strategy," says David Farrar, McMaster President and Vice-Chancellor. "We are very pleased to launch this program at McMaster. It will not only help to remove financial barriers for Crown Ward students but will enrich our campus by introducing new and diverse voices to our community."

This effort supports McMaster's Access Strategy, launched in 2019, which assists students from a variety of underrepresented groups access university education. McMaster has developed programs and supports to help academically qualified students from underrepresented groups in the Hamilton and surrounding communities to access university education at the undergraduate level.

The Child Welfare PAC advocates for barrier-free post-secondary access for those raised in care. McMaster joins a growing list of trailblazing schools that are addressing tuition barriers for current and former youth-in-care. Over the last year, Child Welfare PAC has helped facilitate similar initiatives in Ontario, Nova Scotia, and Newfoundland. The Ontario goal is that all 45 postsecondary schools will eventually join the movement to ensure those raised in care have bright futures.

"Students raised in foster care face systemic barriers in life," said Donna Skelly, MPP for Flamborough-Glanbrook. "I applaud the Child Welfare PAC and McMaster University for opening up opportunities for vulnerable young people to receive a quality education."

"Congratulations to McMaster University for being the first university in the GTHA to address tuition barriers for current and former Crown Wards," said Sandy Shaw, MPP for Hamilton West-Ancaster-Dundas. "Equitable access to education is life changing and this is a significant step forward. MPP Taylor and I are proud to have worked with Child Welfare PAC and are thrilled to see that McMaster University is once again leading the way."



## Former Canadian Prime Minister William Lyon Mackenzie King's headstone defaced in Toronto



The granite headstone situated at the grave of former Canadian Prime Minister, William Lyon Mackenzie King in Toronto has been defaced.

Toronto police said they are currently investigating the case and made it known that the offence was considered to be mischief over \$5,000. No suspect has been arrested for the vandalism that took place at Mount Pleasant Cemetery recently.

While defacing the headstone, a chiselled

out King's name off the granite monument and his ceramic image on a Parks Canada historical plaque was scratched off.

While talking about the damage, Rick Cowan, Assistant Vice-President of marketing and communications for the Mount Pleasant Group said: "Looking at the damage that was done, it would appear that it was deliberate on the granite."

"Whoever did this would have had to have come prepared to do that dam-

age." Security officers detected the damage to the headstone, which is also known as a ledger grave marker, and the Mount Pleasant Group informed the police and Parks Canada.

King, who lived between 1874 and 1950, was a three-time Prime Minister— from December 1921 to June 1926, September 1926 to August 1930 and October 1935 to November 1948.

# YOU & the LAW

## Without a mask, you risk a fine



Wearing a mask has been compulsory in indoor public places since July. The government has announced that people who break this rule could now be fined.

### BETWEEN \$ 1,000 AND \$ 6,000 IN FINES

Police officers can now issue tickets to people who do not wear a mask or to those who wear an ill-fitting mask that does not cover their nose and mouth. The visor cannot replace the mask.

If you are pinched without a mask or your mask does not fit properly, fines can range from \$ 1,000 to \$ 6,000.

Until now, it was the businesses that had to ensure that people wore a mask in their establishments.

### WHAT IS AN INDOOR PUBLIC PLACE?

Only indoor or partially covered public places are affected by this measure. You will therefore need to wear a properly fitted mask that covers your nose and mouth to access:

- shops and shopping centers (e.g. grocery stores, convenience stores, bakeries)
- restaurants and bars
- service companies (e.g. pharmacies)
- private professional practices
- places where municipal or government services are provided
- personal care businesses (e.g. hairdressers, beauty treatments)
- places of worship
- entertainment venues (e.g. cinemas, performance halls, museums)
- venues used to host events, such as conventions and conferences
- places where sports or recreational activities are practiced
- common areas of a tourist accommodation establishment, including an elevator
- educational institutions from the 5th grade
- train or bus stations, river stations, metro stations or airports.

[www.educaloi.gc.ca](http://www.educaloi.gc.ca)

## Free hours of family mediation for ex-spouses without dependent children

### FOR FORMER SPOUSES, MARRIED OR NOT

This new service is available both for couples who were married or in a civil union, and for de facto spouses. Mediation can allow former married or civil union spouses to agree on the division of the assets of the family patrimony or of the matrimonial regime.

For their part, former de facto spouses can negotiate to share, among other things, the goods they have bought together.

### A FREE AND EFFICIENT PROGRAM

With this program, ex-spouses without dependent children will now also be able to benefit from

3 hours of free mediation. The Quebec government pays the fees of the accredited mediator. Until now, this program was only offered to ex-spouses with dependent children.

Family mediation is often an effective solution that avoids going to court. The mediator is a neutral person who helps the

ex-spouses reach a fair agreement on their disagreements. He makes sure that the ex-spouses each have the opportunity to express their wishes and needs.

*Resources to go further*

To find an accredited mediator, go to the website of the *Ministère de la Justice du Québec*

## 3 self-care rituals to create a feel-good routine

(NC) We can all use more quality time for ourselves. Here are three easy self-care practices for any day of the week.

\* Try incorporating yoga into your daily routine. Doing something active for your mind and your body has a multitude of health and wellness benefits, from relieving stress and anxiety to increasing strength and flexibility.

\* Making choices to create a healthy work-life balance is another way to care for yourself and your wellbeing. Learn to set limits by saying no when work time demands are too high. Shorten your to-

do list and delegate or cut any extra tasks. By setting limits and boundaries, you can improve your relationship with yourself and your loved ones.

\* Winding down before bed is a great time to transform your daily skin routine into a self-care ritual. When applying a serum or moisturizer, try using a facial roller to turn this nightly routine into a relaxing massage, says Chanel Cruz, a Shoppers beauty pro. This simple step can help ease muscle tension, decrease puffiness, and stimulate blood flow. Always roll upwards and in one direction under



the jawline, under and along the cheekbone and upwards on the forehead.

*Find more information and skincare ideas at [shoppersdrugmart.ca](http://shoppersdrugmart.ca).*

## What is 211? Helpline offers families support

(NC) We all know to dial 9-1-1 in an emergency. But now there's another three-digit number you can dial for help finding any kind of non-emergency support you might need. 211 is a free, confidential service that connects people to social and community supports available seven days a week.

Whether you're looking for seniors' programs, groups for new parents, after-school programs, counselling or mental health support, employment programs, food banks, housing help, legal information, or countless other topics -- the real person you speak to on

the line can direct you to the best resources for your unique situation. They'll listen and ask questions to fully understand your situation, but you don't have to give your name or any personal details.

According to caller surveys completed in Ontario, over 95 per cent of callers would call again or recommend 211 to a friend or family member.

As part of its COVID-19 response, the Government of Canada provided funding to United Way Centraide Canada to expand the service nationwide.

Some provinces with existing service saw a dramatic rise in calls in



the first wave of the pandemic, and many callers had never needed to access supports before. The shutdowns had presented them with new challenges, such as isolation, anxiety, and financial strain.

As information, programs and services changed rapidly, 211 navigators helped callers find the right support.

If you need non-emergency help, just dial 2-1-1.

## REFLECTIONS ON RELATIONSHIPS

### Create time to be with your child

By: Pastor Taiwo Iredele Odubiyi

WhatsApp: +1 410 8187482

CREATE TIME OUT OF YOUR BUSY SCHEDULE TO BE WITH YOUR CHILD

In my novel TO LOVE AGAIN, Pete was a busy man, yet he made himself available for his almost five-year old son, Joe.

The duo usually spent Saturday morning at home except when he had to go out and most of the time, he took Joe with him, even to the gym which was two Saturdays in a month. He also tried to create time out of his busy schedule to visit his parents and the parents of his late wife who died three years earlier while having their second child.

In the afternoons, he took Joe along with him to



Pastor Taiwo Odubiyi

choir rehearsals at Glory to Glory Church where he

was the music director. Some Saturdays, he took him to the park and from there, they would go to church.

And so, if you are a parent, don't send your children away from you. It's your responsibility to raise them up for the Lord. Create time for them, listen to them, talk with them, and let them feel your love.

Even if your children attend Sunday School in

church and have given their lives to Jesus, this does not relieve you of your personal duties.

Luke 18:15-16

Now they were bringing even infants to Him that He might touch them. And when the disciples saw it, they rebuked them.

But Jesus called them to Him, saying, "Let the children come to Me, and do not hinder them, for to such belongs the kingdom

of God."

Deuteronomy 6:6-7

These words I am commanding you today must be kept in mind,

and you must teach them to your children and speak of them as you sit in your house, as you walk along the road, as you lie down, and as you get up.

*I pray this year brings everything that will make you smile in Jesus name.*

## Does Quran Allow Muslims to Beat Women?

As-salamu alaykum brothers and sisters in Islam.

First of all, thank you for your wonderful site. May God bless you, in sha' Allah. I'd like some explanation of surat 4, verse 34, and also the part that means "beat them (lightly)." Does the Quran allow us to beat women?

Please, I'd like to know more about it. Thank you very much. As-salamu alaykum. The verse in question, says what means: (... As to those women on whose part ye fear disloyalty and ill-conduct, admonish them [first]. [Next], refuse to share their beds, [And last] beat them [lightly]; but if they return to obedience, seek not against them Means (of annoyance): For Allah is Most High, Great [Above you all].) (Surat An-Nisaa' 4:34)

-Rany

Salam Rany,

Thank you, brother, for your question. It shows how you care for deepening the understanding of Islam in your heart, and we're honored you chose us to offer you this support. We hope this answer will provide you with a logical explanation from many angles of the issue.

FIRST, LET'S REMEMBER THAT DOMESTIC VIOLENCE IS A UNIVERSAL ISSUE.

Despite the universality of domestic violence, Muslim men involved in wife

abuse have attracted more attention than others. Their stories are highlighted in the media, giving the impression that this is an inherent part of Islam supported by the Quran, which of course is *not* true.

"How does anyone of you beat his wife as he beats the stallion camel and then embrace (sleep with) her?" This question was asked by the Prophet Muhammad (peace be upon him) more than 1,400 years ago. It is applicable today to all people of all faiths and cultures, considering the rates of domestic violence all over the world.

So before we elaborate, let us begin by agreeing on some important points:

THERE IS A DISTINCTION BETWEEN ISLAM AND THE BEHAVIOR OF INDIVIDUAL MUSLIMS.

As in any law, creed, or faith, it is unfair to hold each and every Muslim as an official representative of the faith, perceiving his or her behavior as a reflection of Islamic teachings and assuming it is supported by the Quran. Individual behavior is nothing but a reflection of a human individual, who could be right or wrong, gentle or violent, pious or otherwise. If some individuals who happen to be Muslims misbehave, then this is their personal problem of bad manners or misinterpretation of the rules of their faith. It is not fair to allow their aggression to tarnish

the image of a major world religion and all its millions of followers.

ISLAM HONORS AND RESPECTS WOMEN.

In fact, abundant evidence in the Quran and Sunnah assert the rights of women in words and deeds, giving them rights that promote and preserve their human dignity in all aspects of life and worship, so it is not logical that such a humane religion would encourage physical or psychological abuse of any sort against Muslims of either gender and of any age, race, or social status, much less against women.

MARRIAGE IN ISLAM IS A SACRED BOND.

In Islam, the marriage of a man and a woman is not just a financial and physical arrangement of living together, but a sacred contract, a gift from Allah, to lead a happy, enjoyable life and continue the human race. The relationship between the spouses as described in the Quran reflects equal rights and responsibilities, and it should be based on tranquility, love, and mercy. It is the duty of *both* husband and wife to be a source of comfort and tranquility for each other. Allah says what means:

{And among His Signs is this, that He created for you mates from among yourselves, that ye may dwell in tranquility with them, and He has put love and mercy between your

[hearts]: verily in that are Signs for those who reflect.} (Ar-Rum 30:21)

The Quran urges husbands to treat their wives with kindness. In the event of a family dispute, the Quran asks the husband to treat his wife kindly and not to overlook her positive aspects. Allah says what means:

{Live with them on a footing of kindness and equity. If ye take a dislike to them it may be that ye dislike a thing, and Allah brings about through it a great deal of good.} (An-Nisaa 4:19)

Islam is also against emotional abuse, not just physical abuse.

Emotional abuse includes name calling, belittling, using threat of divorce as a weapon to manipulate the other, threatening with a real weapon (even with no intention of using it). Even frequent teasing, though it might start as fun, may become a type of abuse if it takes the form of sarcasm or demeaning remarks.

The Prophet (peace and blessings be upon him) advised us to control our anger, not to call each other names, not to use vulgar language, and not to point a weapon at another person. This advice was general for all, but it should be taken even more seriously within a marriage.

Considering these

main points, let's now take a closer look at the particular verse you mentioned.

This verse has been greatly misconceived. Many people take it to allow wife beating, but this is not a correct interpretation of the verse. Islam is a whole system, so you cannot isolate one point without considering all other related issues. When the setting is not taken into account, it distorts and falsifies the original meaning. We should also keep in mind that the original Arabic wording of the Quran is the only authentic source of meaning. If one relies on the translation alone, one is likely to misunderstand it.

The Arabic verb *daraba* is better understood as "hit" rather than "beat"

(which means repeated hard hitting, usually with something). The one verse in the Quran that mentions this—Surah 4:34—has to be read in its entirety and understood in Arabic.

Islam actually prohibits men from hitting women, except in one very limited case when the wife is continuously rebellious

and disobedient—when she disobeys one request—and only as a last resort after all else fails. The husband should first admonish her, then abandon her bed if she continues to be rebellious, and only if those steps have failed then he *may* hit, *not* beat, her. The earliest commentators understood that the hitting was to be light enough not to leave a mark and should be done with nothing bigger than a *miswak* (tooth stick).

Also, Muslims are instructed to follow the exemplary model of Prophet Muhammad (peace be upon him), who was known to have never hit his wives, servants, or even an animal. Consequently, a Muslim husband does not have the right to beat his wife!

What is the definition of "rebellious" and "disobedient"?

In Islam, while men and women have equal rights, those rights are not always identical. Islam intends the spouses to be complementary, not in rivalry, so there is a clear set of rights and responsibilities for each within the contract that rules the relationship.

*continued on p(24)*



CAREER HEIGHT

Staying Motivated During Tough Times

By Ernest Nnamdi Onuorah, MBA, FRM, CRISC

We tend to take things for granted when everything is going well. The longer things go well, the less resilient we become. So, when disaster strikes, we switch to panic mode. This is the fragility that makes us all human. I still remember with some sadness, the rise in gas thefts in the wake of the world financial crisis which led to the deaths of some gas station attendants.

Today and over the past annus horribilis, we are still counting and feeling the cost of this never-ending nightmare of COVID-19 pandemic. Every day, we are bombarded with news and updates of the daily scary statistics of the mounting death toll and the rising unemployment and economic desolation that COVID-19 has wrought across the world.

Many sad stories have been shared across social media platforms of the untold hardships and losses that people have endured. Luckily, many stories of hope and love and human kindness to strangers have also surfaced and have been celebrated as well.

A recent poll conducted

by The Centre for Addiction and Mental Health (CAMH), in July 2020, about 4 months into the lockdown, found that 7 out of 10 Ontarians believe that there will be a 'serious mental health crisis' as a result of the pandemic.

In a wider 6-month's study on the social and economic impacts of the COVID-19 in Canada released in October 2020 by Statistics Canada, revealed a much more dire situation. Understandably, people are more concerned about losing their jobs and have high levels of anxiety and stress as a result. In the US alone, around July 2020, 40% of adults reported symptoms of anxiety or depressive disorder, an increase from 10% compared to the same period in June 2019 before the pandemic hit.

The combined effect of government-mandated restrictions on personal movement and social interactions has deeply and negatively affected our individual and collective mental and physical well-being. Part of the fallout of the pandemic is that we have become increasingly, and painfully, isolated from each other.

Working remotely was fun at the beginning of the lockdown because of the

work life balance it offered, including spending precious time with the family, as well as the expectation that it would only be a temporary situation.

However, as the remote working gradually became the new normal, it became a new source of hardship for people all over the world and the accompanying isolation, and the inevitable feeling of cabin fever, began taking a huge toll on employees and their families.

It is no wonder that employees find it hard to stay motivated given the prevailing conditions. To make matters worse, working hours have extended and blurred into personal time. Ironically, people wistfully remember how the once dreaded commute afforded them a clean break from the office that enabled a reset and respite from the demands of the office.

Additionally, by virtue of working from home, obligations to family members also takes away focus on the job. The isolation is harder on single people and worse on single parents who have young children because of the strain from juggling taking care of the children and working.

In a rare moment of vulnerability, one of my for-

mer colleagues, a senior executive, opened up during a meeting about her ongoing challenges managing both her work and her role as a single parent to a young child. She had lost the services of the child's daycare due to the pandemic closures and was finding it hard to focus and stay motivated to work at the same level she did prior to the pandemic.

She also said she felt some guilt from neglecting her child during the day while she worked. The longer hours did not help either. It was hard for her and for all of us. It is still hard for her but she has adjusted her schedule and blocked time off on her calendar every day to spend with her child. That way she was able to regain her focus and motivation to continue with her work. This special moment from one of our leaders helped all of us within the group to open up and share our challenges as well.

We then came up with these 5 strategies that can be helpful in regaining and staying motivated and enhancing overall resilience:

1. Maintain Balance and Perspective: You can discuss flexible work options with your manager so as to make out time for the impor-

tant people in your life. This is imperative to maintain your physical and mental health. Additionally, depending on your religion, the calming effect of engaging in thoughtful communion with a higher divine power is usually helpful and prevents despondency and depression. It reduces stress because you trust that the divine power is in your corner and will help pull you through the turbulent times. Meditation is also good. I have been told by practitioners that meditation is a stress-buster. As you meditate, remind yourself of the things for which you are grateful. Practicing gratitude boosts your sense of well-being and even your immune system, according to health experts.

2. Keep in Touch: Technology has enabled us to communicate with anyone anywhere and at anytime. Make use of it. Texting is not the same as a call, though. Virtual video or phone calls with friends and family could provide a lift from the hassles of the day. You can also arrange movie watch parties with your social circle. Also calling each other to conduct welfare checks boosts both your mental health and that of the person you called. It is an opportunity to share your



Ernest Nnamdi Onuorah

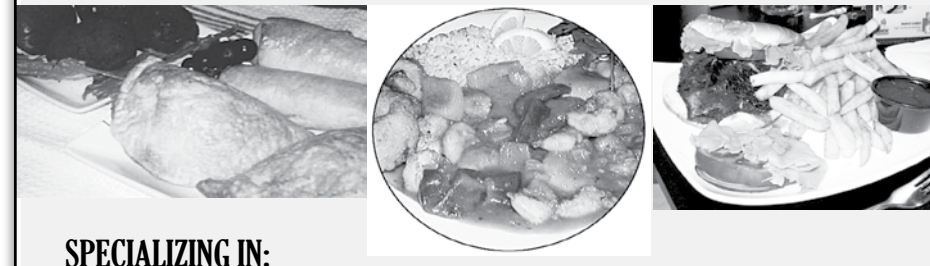
worries with a trusted partner, family member or friend.

A friend called me from England after a long time and it did us both a world of good. We were able to catch up on our lives. Through me, he became aware of our high school alumni WhatsApp group and was able to reconnect with many of our classmates.

3. Create Fun Family Activities: One great activity is experimenting with food recipes. My family and I have made different delicacies from trying different recipes that we would not ordinarily have been inclined to do because of the tiredness from the daily grind and commute. Usually, the weekends feel so short and harried so there is really not much enthusiasm in spending more time than necessary in the kitchen. Doing this together strengthens the

continued on p.(23)

Lola's Catering We Cater To All Occasions



SPECIALIZING IN:

- Meat/Beef Pastries • Sausage Roll
- Fish Roll • Puff-Puff • Buns-Scotch Egg
- Chin-Chin • Moin - Moin - Akara
- Jollof Rice • Fried Rice • Rice & Beans
- Fried Yam Etc...

Call us today for all your party needs

Tel: 647-427-4773

Tel: 416-522-8625

1822 Jane St. (Jane & Queen Dr.)

AFRICAN CARIBBEAN GROCERIES INC.

WE CARRY: African Foods. Yams, Garri, Beans, Semovita, Fufu, Palm-Oil, Pepper, Plantain, Spices, Fish Maggi etc.

Meat & Fish \* Spices \* Vegetables and more



Also Carry: Beauty & Hair Products Shea Butter, African Black Soap etc

63 Dundas St. West Mississauga, ON L5B 1H7 Tel: 905-281-9515

5 simple tax tips for 2021

(NC) In a normal year, taxes can be complicated. This year due to the COVID-19 pandemic, filing taxes will be different and potentially more confusing for many of us who experienced a change in income or employment terms, or received government financial support and benefits.

To help you navigate the filing process, here are five essential tax tips for this year.

TAKE NOTE OF KEY DATES AND STAY AHEAD.

Its important to file your taxes on time to avoid any penalties or interruption of benefits. If you owe, you'll need to be even more



vigilant as the CRA can charge you penalties of five per cent on that amount, plus an additional one per cent for each month you fail to file, for a maximum of 12 months.

Stay organized.

Before you sit down to file or seek help from a tax expert, gather any

forms, slips and receipts that may be needed. Keeping your receipts organized and doing so in advance can help make filing your taxes easier. There's also the option of taking photos of receipts and adding them to an online folder or storing it in your email that you can reference anytime, so you can stay organized and

LAURI MEAT MARKET  
BIGGEST SUPPLIERS OF FRESH MEAT PRODUCTS  
Burnt Goat Wholesalers - Half or Whole

Beef, Goat, Sheep, Chicken, Tripe

Now Open on SUNDAY 10AM - 4PM

1696 Jane St. Toronto, Ont.

A TO Z AFRICAN & WEST INDIAN MARKET

A to Z Foods Wholesale & Retail

Nigerian Movies

Tel: 647-436-2550  
Cell: 416-880-6796

We Specialize in African Foods  
Rice, Beans, Yam, Gari, Plantain, Elubo, Stockfish etc.

West Indian Foods  
Hallah Meat & Fish  
Cosmetics & Hair Supplies  
All Types of Diapers

1040 Albion Rd, Etobicoke (Albion & Islington intersection)  
ON M9V 1A7

AFRICAN QUEEN CARIBBEAN GROCERIES

8975 McLaughlin Rd., Unit 7, Brampton, On. L6Y 0Z6

Bringing African & The Caribbean Groceries Right to your door

Specializing in a variety of African and Caribbean Groceries with a variety of fresh and frozen meats, dry and frozen fish, meat cutting services, African and Caribbean Health and Beauty Products and much more.

Call Us: 905-455-2776

clutter free, suggests Lisa Gittens, senior tax expert at H&R Block.

Don't leave money on the table.

Tax credits can be a big help if you're looking to reduce the amount of taxes owed or to maximize your refund. Do your research or seek help from a tax expert so you can claim all the credits that apply to you, including any new ones that were introduced due to the pandemic. For example, if you had to work from home due

to COVID-19, you may be able to claim eligible home office expenses even if you didn't save any receipts.

Take advantage of free tax calculators.

Using a calculator can help simplify the tax process and make it easy to figure out how much tax you may need to pay, or if the CRA owes you, says Gittens. It also helps you navigate any tax implications from changes in your employment circumstances or from benefits received

in relation to the pandemic. And if you end up owing, you can start putting money aside to pay that tax bill when the time comes.

ASK FOR HELP.

If you're concerned about preparing your own return, ask for a hand. A trained tax expert will always point you in the right direction and answer any questions you may have.

Find more information and a free tax calculator at hrblock.ca.

SONA 220 VOLTS

www.220v.com

We Carry Brand Name 220v/50Hz Exports Model Restaurant and Household Products



Unlocked Phone Dual SIM



Heavy Duty Restaurant Range



Deep Fryer



Commercial Oven



Generator



Freezer



Gas and Electric Stoves

FREEZERS, REFRIGERATORS, TELEVISIONS  
WATER PUMPING MACHINE, MOBILE PHONES,  
AIR CONDITIONERS, WASHERS & DRYERS,  
VACUUM CLEANERS, TRANSFORMERS  
AND MUCH MORE



LED TVs

TEL: 416-646-0495

5707 Steeles Avenue West, Toronto, Ont. M9L 1S7

# AFROMARTS

say yes to:  
healthy, clean & affordable shopping experience

## AFRICAN CARIBBEAN GROCERIES

TEL: 647.343.0288

FRESH AFRICAN YAM | FRESH GOAT | FRESH FISH | FRESH OXTAIL | PALM OIL  
PER EXCELLENCE RICE | IJEBU GARI | HONEY BEANS | CHICKEN | WHITE GARI | SMOKED FISH  
MACKEREL | OLA OLA | DAIRY PRODUCTS SPICES | BEANS | FUFU | GARI and many more



spend \$100 or more, get  
**FREE YAM**

8 REXDALE BLVD, TORONTO (ISLINGTON/REXDALE, BEHIND THE CASHMONEY)

## In Memoriam



### Catherine Houeto, Nee Ebu

February 25<sup>th</sup>, 1963 to February 22<sup>nd</sup>, 2011

In loving memory of a dear friend, mother, grandmother,  
aunt who has been sadly missed for ten years.  
Forever in our hearts and with love always.

Friend - Ngosi Ugoh

## THIS SPACE IS AVAILABLE FOR YOUR BRAND

Contact: 416.318.3506  
Email: publisher@nigeriancanadiannews.ca

# MOSAIC

Tel: 416-917-2790 • 416-744-1078  
Fax: 416-748-8957

## WHOLESALE

(A DIVISION OF FILAD ENTERPRISES)

### HIGH QUALITY AFRICAN PRODUCTS AT WHOLESALE PRICE

- Mosaic Food Products
- African Movies / Music (CDS / DVD)
- Mini Food Products

RETAILERS & DISTRIBUTORS OF GROCERY,  
COSMETICS, AFRICAN MOVIES & MUSIC



## MOSAIC MEATS

### High Quality African Meats

- Full Goat
- Fresh Fish
- Cow/Goat Tripe
- Cow Skin
- Cow Foot
- Oxtail
- Hard Chicken
- Smoked Meats & Fish
- African Groceries



mosaicafrikanfoods.com  
mosaicfoods@hotmail.com

416-745-1044  
62 EDDYSTONE AVE, NORTH YORK, ON M3N 1H4

**Womanc Arise TALK SHOW**

Women discussing life changing Issues!

REV. VICKI OLU-DAVID

EVERY TUE @ 12PM EST  
Dates: Mar. 2nd, 9th, 16th, 23rd & 30th

**ALSO MINISTERING**

**LIVE**  
ON FACEBOOK AND YOUTUBE @ REVEALEDWORDNETWORK

FOR MORE INFO  
+1 (905)-242-7818  
WWW.TOTALWOMANEXPERIENCE.ORG  
INSTAGRAM: @TWEINTERNATIONAL @REVOLUANDVICKIDAVID  
RHOMI CENTRE, Unit 6-377 Mackenzie Avenue, Ajax, ON

**100% Guaranteed Answer To Your Prayers**

This Book Has Powerful Prayers That Will Change Every Circumstance In Your Life! You Will Be Praying Scriptural Prayer Points Covering Every Area Of Your Life Such As:

- Financial Breakthrough & Promotion
- Prayers For Divine Favour, Blessings & Happiness
- Health & Healing
- Prayers For Immigration Breakthrough
- Prayers For Successful Marriage & Many More.

You will receive breakthroughs, favour and blessings in your life. Let 100% Guaranteed Answer To Your Prayers book change the very trajectory of your life by praying back God's words to Him.

Get Your Copy Today By: Visiting Our Website at: [www.hopeacrossnations.ca](http://www.hopeacrossnations.ca)

**NEW BOOK RELEASE**

DR. HOPE MCDOWELL-GIBSON

... SPM ...

**SATURDAY PRAYER MOUNTAIN**

Rev. Olu David Rev. Vicki-Olu David

EVERY SATURDAY @ 11AM EST!

GRAB YOUR TESTIMONIES BY FORCE!

**HEALING AND DELIVERANCE SESSIONS!**

Dates: Mar. 6th, 13th, 20th and 27th

**LIVE**  
REVEALED WORD NETWORK

INSTAGRAM: @REVEALEDWORDBROADCAST @REVOLUANDVICKIDAVID  
YOUTUBE: -REVEALEDWORDBROADCAST -ROYALHOUSEOFMERCYINTERNATIONAL  
FACEBOOK: -GLORY DAVID -REV OLU AND VICKI DAVID -REVEALED WORD NETWORK  
[www.rhoministries.com](http://www.rhoministries.com)

RHOMI CENTRE, Unit 6-377 Mackenzie Avenue. Ajax, ON

Feb. 28, 2021

*Happy Birthday, Boss*

*You are a symbol of loyalty and dedication. Our warmest wishes for personal happiness and professional success.*

Team NTC

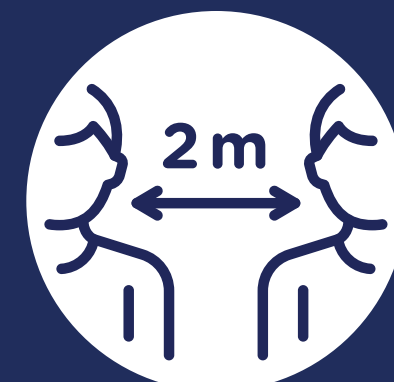
# Let's continue to protect ourselves!



Cough into your sleeve



Wash your hands



Keep your distance



Cover your face

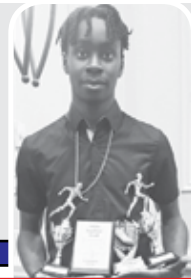
Mandatory for people age 10 and over on public transit and in most enclosed and partially enclosed public places.

[Quebec.ca/coronavirus](http://Quebec.ca/coronavirus)

1 877 644-4545

Votre gouvernement

Québec



# YOUTH CORNER

Oluchi Ugoh

"YOUR CHILDREN NEED YOUR PRESENCE MORE THAN YOUR PRESENTS". – JESSE JACKSON

January came quickly and we're already at the end of February, time waits for no man. If you have anything you want to achieve this year, write them down. Set a short and long term goals and make them achievable. Forgive yourself if you make mistakes and carry on. Again, thank you for your encouragement and contributions to this page. **Stay safe & healthy.** For comments, email: [publisher@nigeriancanadiannews.ca](mailto:publisher@nigeriancanadiannews.ca)

## A story on loyalty and trust

Penguin, Reindeer and Fox were great friends. One day, Penguin and Reindeer found a load of fruit, and decided to keep it a secret. On the way, they met Fox, who seeing them so happy, asked them why. They told him they couldn't say, because it was a secret, but Fox asked them to trust him, so they told him about the fruit. When they arrived at the village, Fox forgot about his promise, and told everyone. When Penguin and Reindeer returned to the place where they had found the fruit, the animals of the village had already been there and eaten it all. That same day, Penguin and Reindeer found

another place full of food, and the same thing happened again with Fox. Angered by these betrayals, they decided to teach Fox a lesson. The next day they told Fox that they had found a lake so full of fish that no effort was needed to catch them. Fox again told everyone in the village about this. The next day, Fox came by, covered in cuts and bruises. After telling all the animals about the lake full of fish, everyone, including even the polar bears, had gone there. But, not finding anything, they felt deceived, and had given Fox a good beating. Fox learned that keeping people's trust is very important, and that to get it in the first place you have to earn it with loyalty and always keeping your word.

Penguin and Reindeer devised another trick for Fox but, as he was no longer a bigmouth, he did not betray them, and Penguin and Reindeer regained their faith in Fox, thus forgiving him.

Story by: Pedro Pablo Sacristán

## Interesting facts about animals

- Why do pigs like rolling around in mud?**  
Rolling around in the mud helps to keep pigs from overheating when it gets too hot outside. Some pig farmers now use water sprinklers instead of mud to keep pigs cool in warm months. Mud, however, tends to keep pigs cooler longer because the water in mud evaporates more slowly than water.
- Why do birds fly in a V-shape?**  
First, it conserves their energy. Each bird flies slightly above the bird in front of him, resulting in a reduction of wind resistance. The birds take turns being in the front, falling back when they get tired. In this way, the geese can fly for a long time before they must stop for rest.
- Why do frogs croak loudly at night?**  
Frogs croak loudly at night to attract females because they want to mate. Another reason for the croaks is to warn other frogs or toads to stay away, many other animals in nature have a mating call, each sounding differently why do humans have palm lines?  
The lines on our palms are known as palmar flexion creases and when you clench your hand, they provide an avenue for the hand's skin to fold without bunching up and making it difficult to grab onto items.
- Why is dog man's best friend?**  
Dogs are very loyal, they provide us with a sense of emotional wellbeing and offer unconditional love, which is why they're also great company and comfort for people who live alone. We can learn so many things from a dog's behavior, personality, and resilience, and most importantly, they show a willingness to provide their family members with unconditional love, loyalty, and companionship down to their very last breath.

## The French Corner – Bonjour

By Farida Audu

### Match The Correct Months In French

- Winter: Sun, Spring: Summer, Snow: Fall, Wind: Rain
- été: pluie, hiver, automne, soleil, printemps, neige, vent

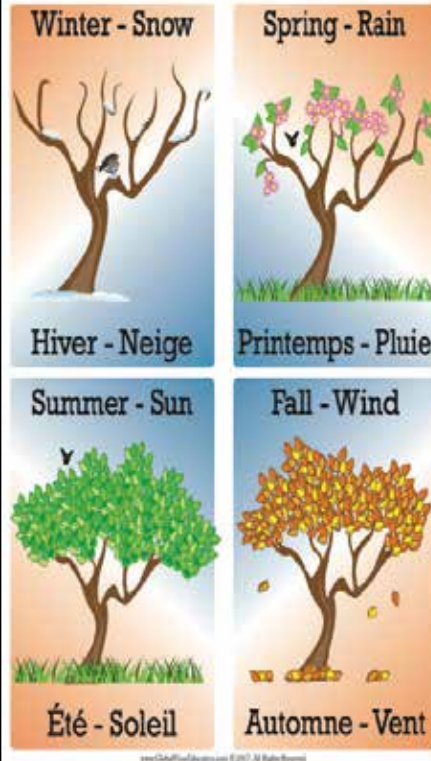
NOTE: Months in French always starts with lower case except when used in starting a sentence.

ANSWERS ON PG. 24

### FRENCH VOCABULARIES

What is the weather?	Quel temps fait-il?
It is cold today.	Il fait froid aujourd'hui.
It is hot.	Il fait chaud.
It is nice.	Il fait beau.
It is sunny today.	Il fait du soleil aujourd'hui.
It is windy.	Il fait du vent.
It is fresh/cool now.	Il fait frais maintenant.
It is mild today.	Il fait doux aujourd'hui.
It is raining now.	Il pleut maintenant.
It is snowing outside.	Il neige dehors.

### Seasons / les saisons



**FRENCH IDIOM**  
It's raining like a pissing cow.  
*Il pleut comme une vache qui pisse.*

### Reminder tips on learning or improving your French

- Watch French programs (News) at least 20-30 minutes daily.
- Read French books/newspapers/journals daily.
- Listen to French music daily.
- Make effort communicating in French language

### Quotable Quote

"The only, absolute and best friend that a man has, in this selfish world, the only one that will not betray or deny him, is his DOG."

### WhatsApp Abbreviations

- gj: good job
- XoXo: kisses/hugs
- L8R: later
- IMHO: In my humble opinion
- ctn: Can't talk now
- IMU: I miss you
- hw: Home work
- cul: See you later

## Global Vous Education

Always ready to make you bilingual

We Offer:

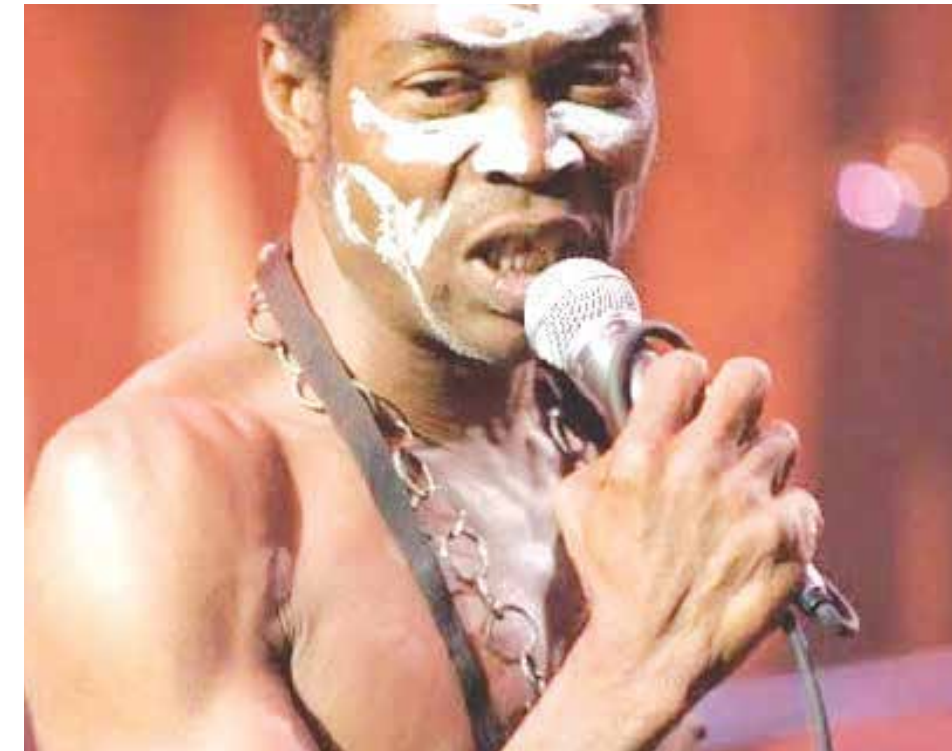
- Online French Classes, Ages 5 - 12
- French Circle Time In-Class for Youngsters for Daycares and Schools
- Bilingual Posters, CO's and Books

[www.globalvouseducation.com](http://www.globalvouseducation.com)  
Tel: 647-838-8794 or 905-581-9216  
Email: [faudu@globalvouseducation.com](mailto:faudu@globalvouseducation.com)

Farida A. Audu

## ENTERTAINMENT by N. Ugoh

# Fela Anikulapo Kuti nominated alongside Mary J. Blige and Jay-Z for 2021 Rock & Roll Hall of fame



Fela

By N.Ugoh

Late pioneer of Afrobeat, Fela Anikulapo Kuti has been nominated for this year's Rock and Roll Hall of Fame. The Afrobeat legend was recently announced as one of the nominees alongside other big guns like Mary J. Blige, Jay-Z, Kate Bush, Devo, Foo Fighters, The Go-Go's, Iron Maiden, Chaka Khan, Carole King, LL Cool J, New York Dolls, Rage Against the Machine, Todd Rundgren, Dionne Warwick and Tina Turner. In a statement issued, the Chairman of the Rock & Roll Hall of Fame Foundation, John Skyles said, "This remarkable ballot reflects the diversity and depth of the artists and

music the Rock & Roll Hall of Fame celebrates.

"These Nominees have left an indelible impact on the sonic landscape of the world and influenced countless artists that have followed them."

If Fela Kuti is inducted into the Hall of Fame, he will be the first Nigerian artist in the Rock and Roll hall of fame.

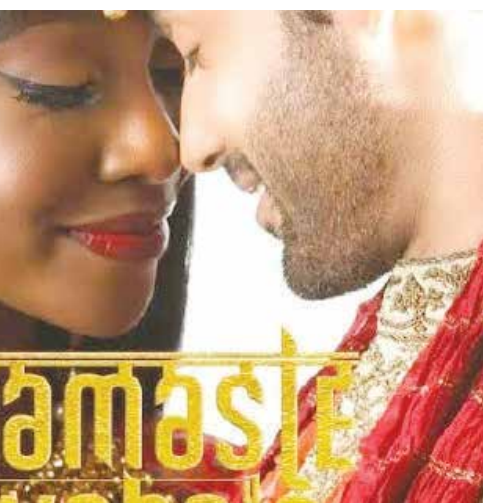
Fela will forever be remembered as an influential musician who was bold to voice his opinions on issues affecting Nigeria through his music.

Lovers of Fela's music can cast their votes for him through April 30 2021, on Hall's website as those inducted will be announced in May while the ceremony will take place in Cleveland this fall.

## Ruslaan Mumtaz's inter-racial romance, Namaste Wahala, to be released on Netflix on Valentine's Day

By N.Ugoh

Namaste Wahala, starring Bollywood actor, Ruslaan Mumtaz and Nollywood actor, Ini Dima-Okojie in the lead role dropped its official trailer recently. The clip showcases an Indian investment banker, Raj (Ruslaan Mumtaz) and a Nigerian lawyer, Didi (Ini Dima-Okojie). The duo fell in love at first sight as crossing the hurdle of impressing their parents awaits them. The way and manner by which the lovers surmounted racial barrier and stamped the fact that love is universal form the rest of the story. Namaste Wahala is written, produced and directed by Hamisha Daryani Ahuja, a debutante who also starred in the film. While sharing the movie's snippet on her Instagram page, Hamisha wrote that



she was happy to present her maiden project on Netflix.

She wrote: "I am so excited to present to you the official trailer of Namaste Wahala. It is an honor to have @naitjaonetflix debut my baby and maiden project to the world. I am so excited for you to experience the magic and look forward to all your feedback. Have a great Valentine's Day!"

The film which featured Richard Mofe-Damijo and Sujata Sehgal in major roles, will premiere on February 14.

# Omotola Jalade Ekeinde responds to report of having love affair with Oshiomhole

By N.Ugoh



Omotola Ekeinde

Popular Nigerian actress, Omotola Jalade Ekeinde has responded to the report that she is having an affair with the former national chairman of the All Progressives Congress (APC), Adams Oshiomhole.

A blogger, Gistlover, had reported that the Omotola and the politician are romantically connected.

In a statement posted on her Instagram page recently, the actress debunked the claims by the blogger.

The statement read: "I ordinarily don't do this but after thinking about it thoroughly and seeking advice I have decided to! So this Blog ran this story and people started coming to my page. I've always known there are people who are sick and will tell you stories that have Never happened but to publish that on a platform as big as Instagram? You must be held accountable.

"I have demanded they FINISH and PROVE THIS STORY ... problem is, this blog is hiding under anonymity! (faceless blogging) There are more credible blogs out there ... follow blogs with accountability.

"Can everyone who loves me and what I

have stood for all these years pls 1. Report this page 2. Report this page 3. Report this page And to those of you who are addicted to cheap gossip. If you're not interested in damaging ppl unnecessarily then demand a proof of this Story! I'm giving this 24hrs! Thanks."

Omotola's response came barely 24 hours after Gistlover had posted a photo of the actress and Oshiomhole with a caption which read: "Today is sabbath day so we go keep am holy, we go just dey post pictures, maybe tomorrow when no be Holy day, we go give details, abi how una see am? i come in peace."

## Nigerian firm targets \$25b revenue, competes with Amazon Prime, Netflix

By Bunmi Akintilo

A Nigerian business which operates in the United States and other countries aiming to rake in \$25b yearly revenue from the entertainment industry by propelling Afro content to world's major economies, thereby competing with Netflix, a famous streaming service provider, which currently rakes in over \$25b annually, and Amazon.

Lucky Igbokwe, a Nigerian businessman, said the acquisition of a premium streaming service provider, KeduTV LLC, for around \$1.1m in a bid to expand Afro content worldwide could majorly impact the economy of the nation and added that digital media smart devices, LiveTV, Video-on-Demand for Afrobeat Music, Lifestyle and entertainment were being provided by the platform.

In an Entertainment & Media Outlook released in 2019, PwC noted that the industry could hit \$10.5b by the end

of 2023 in Nigeria.

It should be recalled that contribution from the industry aided to the growth of Nigeria's Gross Domestic Product, propelling it to the biggest in Africa.

The platform aims to outperform providers of streaming services like Amazon Prime, Netflix, Hulu and HBO Max.

Igbokwe revealed further that KeduTV Channel and Kbox were presently owned and controlled by KeduTV LLC and had gained the rights to stream major African entertainment award shows.

Igbokwe said Africa's rich culture and distinctive growing infrastructure needed to be experienced and stressed the need to showcase Africa's entertainment industry globally and with major competitors in the world.

The KBox is a product that is supported by KeduTV LLC and it could be used on any analog TV that enables it as a smart streaming television.

## Canadian actor Christopher Plummer dies

By N.Ugoh

Christopher Plummer, the legendary Canadian actor best known for the role he played in The Sound of Music, has died. He died at the age of 91.

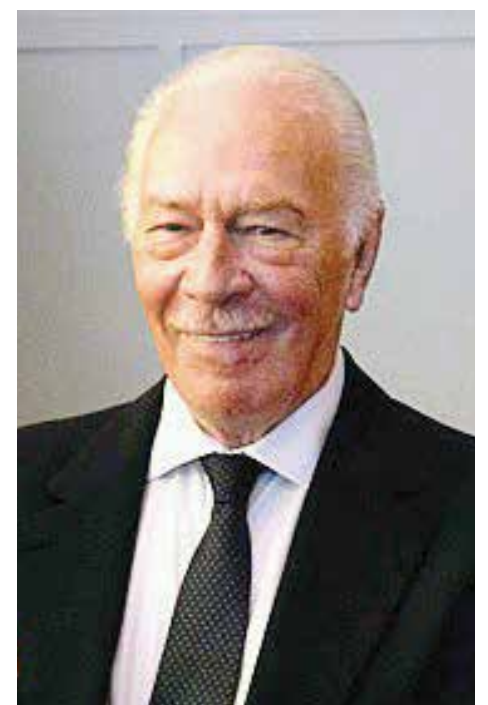
In 2012, he won an Oscar for the film Beginners. He was nominated for The Last Station and All the Money in the World in 2010 and 2018 respectively.

He replaced Kevin Spacey, whose performance as billionaire J Paul Getty was removed in 'All the Money in the World'. His other films include 'Knives Out' and 'The Man Who Would Be King.'

He was an indelibly villainous Klingon in the sixth Star Trek film and played the role of TV anchorman Mike Wallace in 'The Insider' in 1999.

Also, he played the role of Sherlock Holmes in 'Murder By Decree' and starred with Peter Sellers in 'The Return of the Pink Panther'.

Reports revealed that Plummer died a peaceful death in his home in Connecticut in the presence of his wife Elaine Taylor.

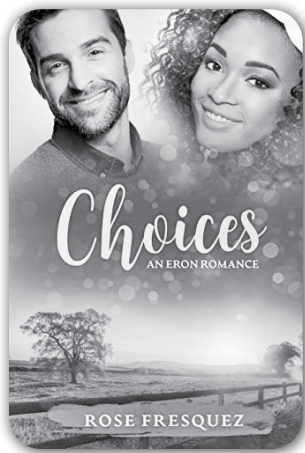


Plummer

BOOKS

*"Books are the plane, and the train, and the road. They are the destination, and the journey. They are home." – Anna Quindlen*

**CHOICES:  
A Sweet  
Small town  
Standalone  
Love Triangle  
Romance**  
by Rose Fresquez



It is a sweet, Christian romance with interracial characters. Chloe Love adores her small-town life in Colorado. She opened her new boutique and is contemplating a relationship, but unfortunately, no one in Eron is able to win her heart totally. Maybe love isn't supposed to be butterflies and she should date the nice, reliable contractor,

**Behind Closed Doors**  
by Rose Fresquez

There are people whose personality easily command attention. Couple like Jack and Grace falls into this category. Everyone likes them. He has looks and wealth, she has charm and elegance. You might not want to like them, but you do. Trust me; you'd like to get to know Grace better.



But it's difficult, because you realise Jack and Grace are never apart. While some might call this true love, others might ask why Grace never answers the phone. How she can never meet for coffee, even though she doesn't work. How she can cook such elaborate meals but

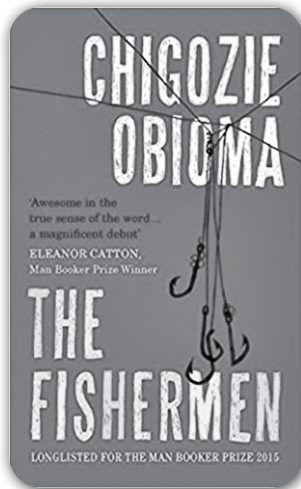
remain so slim. And why there are bars on one of the bedroom windows. These and many more are questions you will find answers to when you read the book.

who's always there for her. On the other hand, Dr. Zach Eron has never been a man to settle in one place. When Zach's grandparents leave him a house in the town named for their family, it is supposed to be just another quick stop. That is until the only doctor gets hurt and the beautiful fashion designer starts sharing stories about the grandparents he barely knew.

when Zach's unexpected time in the picturesque town has him embracing his past, and the enchanting woman who makes somewhere finally feel like home. With new dating options, Chloe is supposed to make a crucial choice. Marry the golden boy or the charming doctor who makes her weak in the knees. You need to explore this riveting read to find out. But then, what would you have her do?

Real drama started

**The Fishermen**  
by Chigozie Obioma



Seen through the prism of one family's destiny, this riveting novel is about Africa with all of its contradictions-economic, political, and religious-and the epic beauty of its own culture.

Narrated from the point of view of nine year old Benjamin, the youngest of four brothers, THE FISHERMEN is the Cain and Abel-esque story of an unforgettable childhood in 1990's Nigeria, in the small town of Akure. As typical of many young people, when their strict father has to travel to a distant city for work, the brothers take advantage of his extended absence to skip school and go fishing.

Real drama started when at the ominous, forbidden nearby river, they meet a dangerous local madman who persuades the oldest of the boys that he is destined to be killed by one

**Sulwe**  
by Chigozie Obioma



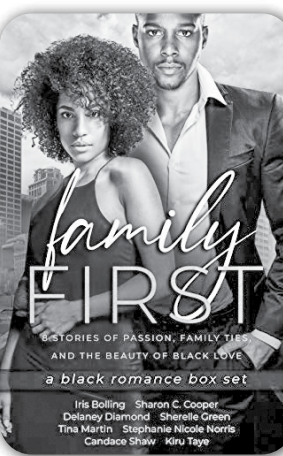
Over the years, colour has always subjected many people to racism. The story is ultimately about colorism and learning to love oneself, no matter one's skin tone. Sulwe has skin the color of midnight. She is darker than everyone in her family. She is darker than anyone in her school. Sulwe just wants to be beautiful and bright, like her mother and sister. Unexpectedly, a magical journey in the night sky opens her eyes and changes everything.

The author creates a whimsical and heartwarming story to inspire children to see their own unique beauty. Explore this riveting read.

of his siblings. Expectedly, what happens next is an almost mythic event whose impact-both tragic and redemptive-will transcend the lives and imaginations of its characters and its readers. You need to explore this dazzling and viscerally powerful book.

**Family First: A  
Black Romance  
Box Set Kindle  
Edition**

by Iris Bolling, Sharon C. Cooper, Delaney Diamond, Sherelle Green, Tina Martin, Stephanie Nicole Norris, Candace Shaw, Kiru Teye



It is a compilation of 8 family series containing 8 contemporary romance novels centred around passion, family ties, and Black love!

The series are: Invested, Love Under Contract, Love Under Contract, Unforgettable, Blessed By Malakai, Evenings With Bryson, Safe With Me, Cooking Up Love, Keeping Secrets.

The series, knitted around romance, will enthrall you and make you look forward to more series.

**She fears I would become like her father**

Dear Agatha,

*My fiancée is having a serious challenge with the Union of her parents. Her efforts to reconcile them have continued to fail since the issue started over a decade ago.*

*Her father is not only difficult but, is the kind of man who doesn't care about his family. This has etched a deep rooted fear in her heart that, I might end up hurting her, like her father did to her mother and siblings. I have severally tried to dispel this line of thought, with assurances that our relationship will not end up like that of her parents. I truly love her and wish to spend the rest of my life with her.*

*How can I be of help?  
Worried Boyfriend.*

Dear Worried Boyfriend,

Being products of the different environments we come from, the apprehension of your girlfriend isn't out of place. Her parents who should be her first teachers in the area of matrimony have nothing but unpleasant memories of the institution to bequeath her. You aren't the one who has to face and endure parents who don't have love to offer each other let alone the children they have.

For a girl to grow up with a father who isn't responsible and lacks the heart to care for his family is one of the most bitter experiences any child, especially a girl can go through. Her mother must have had a very positive influence on her else, she would have ended up doing what daughters of such men do, mortgage their bodies for financial favours.

However, that



Agatha Edo  
gataedo@yahoo.com  
agatha.edo@gmail.com

she didn't end up being promiscuous; doesn't mean she is completely free either, of those unpleasant memories from her past especially, as her father appears to be frustrating all efforts by her to mend the broken fence of her family's unity.

Had her father displayed a willingness to meet her halfway in her resolve to procure peace in their home; it would have helped her to develop more trust in relationship and marriage.

This is where you come in. This woman has deep rooted fears, a kind of psychological phobia about marriage. The example of her parents hasn't given her any assurance or reason to trust in it at all. But she is willing to give it a try by dating you which, means she is putting her entire trust into your hands. One wrong move from you would completely destroy her for life, hence her worries about your intentions for her and placement of her happiness. One thing is to end up marrying her; another is to make the marriage a haven of comfort.

The issue with her parents' marriage is the lack of determination to make it work. This is the plea she is making to you. It is always better to end a relationship than to deal with a very messy marriage, which given her antecedent she may not recover from. This is one lady you cannot afford to play

games with. Yes, there are usually no guarantees when it comes to relationships; but if premised on honesty, no matter how tough a challenge is, it won't strip it of those essential ingredients that always help it heal.

This is the part you either end the relationship so she can be free to love a man who has what it takes to deal with a woman whose views of marriage are jaundiced by her parents' examples; or stay to help her find that happiness woven into a loving relationship. It is either you are strong enough to carry her at this nascent stage, until she is confident enough to trust in what you are both building, or you are too weak to even try.

What she needs from you isn't just mere assurance but, a strong willed determination to paddle the canoe through high and low tides. Once you are truthful and transparent in your dealings with her, she will come to trust you completely as well as, experience with you the attendant magical feel of being in love. As for her father, he needs prayers because most problems we battle with along life's journey, are more spiritual than physical.

Join your woman in praying her father out of his challenge. She needs all the help she can get to settle her parents. Whether you realize it or not; the only time she can be truly happy is, when her family is at peace. Granted, it may never be but, be seen to support her in every way; this is essentially, what she is asking for, the only assurance she needs from you.

Through your own example of how a man cares for his woman, you would be teaching her father what his family expects of him.

Good luck.

PASSION

**With this Ring**

By Taiwo Odubi  
(Available on Amazon / Kindle)  
WhatsApp: +1410 8187482



Pastor Taiwo Odubi

"Let me hear your opinion." Albert said and sat back. "One, you're so unromantic." Grace told him.

He laughed. "Unromantic?" "And so annoying."

"Annoying? I thought you wanted us to get married!"

"Men can be so annoying?" She muttered under her breath, shaking her head.

"And women can be so complicated." He said.

"You haven't met a complicated woman, trust me." She told him.

"Let's get married." He held her hand and squeezed it gently before releasing it.

After some seconds of silence, she shook her head again.

"Why don't you want us to get married?" "It's not going to work. I'm sorry."

That was not what he expected her to say, he had thought she would jump at it and agree immediately. Baffled, he asked, "Why not?"

"You're asking me to marry you because of the baby?" She asked with the hope that he would say it was because he wanted to be married to her.

What was wrong with that? He wondered with a frown.

He nodded and said, "Is that a bad thing? What's the harm?"

He failed the test. She shook her head again.

He told her, "I hope you've not forgotten the discussion we had on Saturday."

"I know but that doesn't mean we should get married."

"Look, if we don't get married, you'll eventually marry another man. I don't think I want another man to raise my child for me!"

could they marry without love and being sure of God's will - two major ingredients in a successful marriage?

She spoke slowly, "I'm happy to hear that you've changed but it's not enough for me."

"Are you sure of what you're saying?" "Yes."

He sighed. He had thought she would jump at the idea of marriage. Why didn't she? The excuses she gave didn't make much sense.

He spoke again. "Look Grace, I wouldn't want my child to grow up thinking I didn't care or wondering where his father was."

"I'd try not to allow that to happen. I'd let him or her know you are not irresponsible."

"That's important but not enough. I'd like to do my part. I'd like to be a part of my child's life, Grace."

The three words she wanted to hear did not cross his lips. He didn't love her, he just wanted to be a part of his child's life, she thought. If he loved her, he would say it unless he was clueless!

"Fine." She shrugged.

They were silent for about a minute.

Then she asked, "You said you would tell me why we won't be going to Chumsey Restaurant again."

He didn't talk immediately. He finally said, "I'm not certain this is the right time to talk about that."

"Why not? What happened?"

To be continued.

This story is from the novel - With This Ring by Taiwo Iredele Odubi

To read this novel and other books by the same author, please visit: Amazon Kindle or okadabooks.com

www.pastortaiwoodubi.org

For counselling or more info: WhatsApp: +1410 8187482

**TO THE RESCUE  
SAY NO TO CORRUPTION**

- By Pastor Dele Dada



CHAPTER 9  
Paola does not know what to do with his money, he has become very wealthy. Michael continues to work as a Director in the Federal Ministry using his brother Paola as a front as an independent contractor to amass wealth for himself and his siblings. Paola was paying his brother well, this encouraged Michael to also introduce him to other ministers. Michael even introduced Paola to Mr. President. After three years Paola had become a political power broker. Paola has become so strikingly and stinking rich that you would not believe it. He has funds in Swiss Banks. Bought houses cash down in different regions of the world such as Europe, North America, Middle East. He has several companies that he uses as a ruse to camouflage. He is known as a big time contractor in the nation. He has also become king maker in the political terrain. Whoever he supports wins elections. He has

his own private jet with Caucasian pilots. He has stocks and shares in virtually all the banks and blue chip companies. He is chairman to seven of the thirty major banks in the nation. He refused to accept more because according to him "I want to be an effective chairman anytime any day in any of my companies or any bank" He refused to bring his wife to the nation. He withdrew his children from low paying colleges and put them in the Ivy League. "If you cannot spend your money on your children's education, what else will you spend it on?" This was his philosophy for putting his children in expensive colleges. His friends are governors, senators, ministers. One of the parties he co-sponsored even wanted his name to be put forward as minister, he objected. "If I declare my assets and do not capture it all it will spell doom for my future." He was quoted as saying. The truth is Paola has lost count of his assets. He

had thirty-five chieftaincy titles in a space of five years. When he returned from South Africa, two of the universities gave him honorary doctorate degrees. To say he is a national philanthropist is to be short of words. He is invited to every major event in the nation. Open every daily paper Paola will be there. One company or the other inviting him for a function or congratulating him for a function he attended.

He did not fail to invite Kenny to come over from South Africa and even asked him to manage one of his companies. Kenny refused. On two occasions he mailed first class tickets to him, Kenny refused. "Those who

live fast, die fast and leave a beautiful corpse' was his reason. Life also seems not to be fair to Kenny. Though he got another job in SA after two years of searching he was still miserably poor. One summer Kenny's wife visited him after they lost their son to leukemia. She could not believe the condition of poverty she met her husband. Knowing about the stupendous wealth of his friend Paola, because Kenny never stopped telling her. She advised him to go and meet his friend Paola and let him enrich them. Her argument made sense and seemed very logical.

"Honey, what if you were not a friend of Paola and you never knew him before and you are looking for job and Paola, a rich Nigerian entrepreneur employed you in a prestigious position with a fat salary and unimaginable fringe benefits, good SUVs, a house in GRA in the nation's capital with

uncountable domestic staff, will you not take it? Will you not praise God? After all you are not the one that encouraged him to get wealth unjustly? She asked, not really expecting any answer.

"My dear the truth remains that I know the genesis of Paola's wealth. He is one of the overnight millionaires or is it billionaires as they are called now. Wretched today billionaire tomorrow. Let me give you some reasons why I will not come near Paola's ill gotten wealth. Number one, the bible says godliness with contentment is great gain. Number two, what you are indirectly saying is that I should be part of the corruption in Nigeria. Number three, if I join him and die where will I go hell fire! Darling heaven is real. 'But the fearful, and unbelieving, the abominable, and murderers, sorcerers, and idolaters, and all liars, shall have their part in the lake which burns with

fire and brimstone; which is the second death.' Number four do you think Paola will not one day regret all this wealth? All this fast money does not last. It is like lottery you win it today. They publish your name in the papers and after few years you become very wretched again. Take this from me the poor masses of this country are daily cursing those who made them wretched and I believe God will hear their prayers. Take this from me one day there will be a revolution in Nigeria as you have seen in some nations in Africa that will normalize things unless the leaders make U-Turn. Besides I have a strong belief that God will one day judge the likes of Paola and all those who are milking Nigeria and refusing that country to make progress. Today may be tough. Our tomorrow will be better."

TO BE CONTINUED

SOURCE: AMAZON.COM  
BOOKS AVAILABLE AT THE TORONTO & MISSISSAUGA PUBLIC LIBRARIES

INTERNATIONAL NEWS

**Australia's Craig Kelly resigns from Liberal Party**

By Stanley Ugagbe

Shocked Australian Prime Minister, Scott Morrison has averred that he had no prior warning of Liberal MP Craig Kelly's decision to quit the Coalition government's ranks and immediately move to the cross-bench as an independent.

In a recent development, Kelly stunned colleagues in the Coalition party room when he revealed that he would still support the government on matters of supply and confidence but he needed to "stay true" to what he believes in and to himself.

Reports have it that Kelly, who holds the NSW seat of Hughes in southern Sydney, has been an increasingly controversial figure during the coronavirus pandemic through his promotion of disproven treatments for the virus through his social media.



pic: theguardian.com

he announced it to the party room".

In his words, Morrison averred that he had set out some "very clear standards" recently following Kelly's public clash with Labor MP Tanya Plibersek over treatments for COVID-19.

"He no longer felt that he could meet those commitments, but I can tell you, my standards don't change," the PM said.

Analysts are of the view that Kelly's move to the crossbench has the potential to embolden rebel Nationals MPs who are seeking amendments to an energy bill, which would expand the Clean Energy Finance Corporation's remit to coal, nuclear and carbon capture and storage.

"He's made his decision today and by his own explanation, he has said that his actions were slowing the government down and he believed the best way for him to proceed was to remove himself from the party room."

Kelly, in a letter to the PM, said he had resigned with the "heaviest of hearts" adding that he hoped Morrison would go on to be "one of Australia's greatest and longest-serving prime ministers".

Local reports have it that he had been under pressure from Liberals not to cross the floor. As of his resignation, there are 61 Liberals, 16 Nationals, 68 Labor MPs, one Green, one Katter's Australia Party MP, one Centre Alliance MP and four independents, including Mr Kelly, reports say.

**Armenia's prime minister asked to resign**

By N.Ugoh

Again, the Prime Minister of Armenia, Nikol Pashinyan has been asked to resign his position. This call was made by citizens in a recent protest.

Recall that series of protest have rocking the nation, demanding an abrupt end to the PM's reign.

According to local reports, in what was the most recent protest, Police cordons guarded the government buildings near Republic Square and accompanied Prime Minister Nikol Pashinyan when he walked from one building to another as demonstrators shouted "traitor!"

The demonstrations revive a wave of protests against Pashinyan that arose in November after he signed a cease-fire with Azerbaijan that ceded territory occupied by Armenian forces. The deal ended a six-week war over the separatist Nagorno-Karabakh territory in which thousands died, reports say.



Armenian Prime Minister Nikol Pashinyan

Local reports have it that he had been under pressure from Liberals not to cross the floor. As of his resignation, there are 61 Liberals, 16 Nationals, 68 Labor MPs, one Green, one Katter's Australia Party MP, one Centre Alliance MP and four independents, including Mr Kelly, reports say.

Local reports have it that he had been under pressure from Liberals not to cross the floor. As of his resignation, there are 61 Liberals, 16 Nationals, 68 Labor MPs, one Green, one Katter's Australia Party MP, one Centre Alliance MP and four independents, including Mr Kelly, reports say.

**CHAN 2021: Morocco beats Mali to make history**

By Stanley Ugagbe

Morocco's U-20 team has made history after they defeated Mali to retain the 2021 African Nations Championship (CHAN) hosted by Cameroon.

Soffiane Bouftini header opened the score at 69th minute after a superb corner cross.

Ten minutes later, Ayoub El Kaabi netted in another header to finalize the scores against the Malian team.

According to local reports, Kenyan referee Peter Waweru who officiated the match had a hard time calming down the tense game that was stopped on many occasions following numerous disagreements amongst players of both teams.

In view of this development, Morocco is now the first team to retain the title and also join the Democratic Republic of Congo in winning the cup twice.

The national team began the competition

in Group C, alongside Togo, Rwanda, and Uganda.

Morocco's first two performances — a 1-0 win against Togo and a 0-0 draw versus Rwanda — were unconvincing and planted doubts in many fans.

But like Portugal in the 2016 EURO, in the third game, the Moroccan team appeared to finally regain the offensive prowess that characterized it in the 2018 CHAN. It thrashed Uganda with a 5-2 score, finishing the group stage at the top.

They proceeded to beat Zambia 3-1 in the quarter-finals and in the semi-finals, the Moroccan team eliminated the tournament's hosts, Cameroon, with a dominating 4-0 score, sending a strong message to their opponents in the final.

Moroccan striker Soufiane Rahimi, who netted five goals, is the 2021 CHAN topscorer.

**Kenya's Debra Mallowah emerges Coca-Cola's VP for East, Central Africa franchise**

By Stanley Ugagbe

In a development that has reverberated positively in the public domain, Kenya's Debra Mallowah has been appointed as the new Vice president for Coca-Cola's East and Central African franchise.

According to local reports, the role based

in the Kenyan capital, Nairobi, will see Mallowah oversee the development and implementation of business strategies across the East and Central African franchise for the global soft-drinks company.

Remarkings on the development, President of Coca-Cola Africa operating unit, Bruno

Pietracchi, described Mallowah as "a highly accomplished leader" with a wealth of experience gained within leading multinational entities.

Records have it that Mallowah has held senior leadership positions in fast-moving consumer goods, including the beverage industry, manufacturing and tech companies.

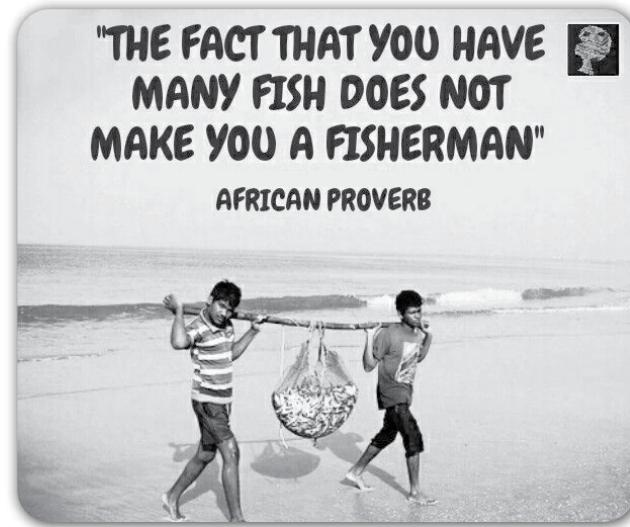
Speaking on the appointment, Debra averred that "a lot has changed around the environment we operate in especially in the last year driven by the ongoing pandemic, but there are many growth opportunities for the Coca-Cola business and that is my focus".

Local reports have it that Mallowah joins

Coca-Cola from Safaricom Plc. of the Vodafone Group, where she was Business Development Officer and played a crucial role in developing a blueprint for entry into geographical territories and expanding the business to new growth areas.

Her LinkedIn page shows that she worked as General Manager for GSK (GlaxoSmithKline) between 2016 and 2019. Prior to that, she was Vice President in charge of "Personal Care" at Unilever Africa.

It also disclosed that between 2010 and 2013, Mallowah was Group Marketing and Innovation Director with Diageo East Africa.



AFRICAN PROVERB

**India: Dead end as prime accused in Odisha gangrape arrested after 22 years**

By Stanley Ugagbe

For Bibekananda Biswal, it is time to pay for the grave consequences of a heinous past act. In what has formed a public debacle, twenty-two years after a gangrape case rocked the Odisha government in India, leading to the resignation of then Chief Minister J B Patnaik in 1999, the Odisha police have arrested the prime accused from Maharashtra.

It would be recalled that the victim, then 29, the estranged wife of an IFS officer, was travelling with a friend from Cuttack to Bhubaneswar on January 9, 1999, when their car was waylaid and she was gangraped allegedly by three men.

Expectedly, the development had created a political uproar when the victim accused Patnaik and former advocate

general Indrajit Ray of having played a role in the incident, leading to the CM's resignation. The allegations, however, are not part of the FIR.

Reports had it that seventeen days after the incident, two of the accused, Pradip Sahu and Direndra Mohanty, were arrested while the prime accused, Bibekananda Biswal alias Biban, managed to evade arrest for more than two decades.

In a recent move, Bhubaneswar-Cuttack Police Commissioner Sudhanshu Sarangi said Biban was arrested by the twin city Commissionerate Police from Aamby Valley in Lonavla, where he had been working as a plumber.

Sarangi said "We launched Operation Silent Viper to track and arrest the accused. Our teams got active in Maharashtra after we received a tip-off about his where-

abouts. He was working at Idyllic Resorts under a false identity of Jalandhar Swain".

It would also be recalled that in 2002, the Khurda District and Sessions court convicted Sahu and Mohanty, the other two accused in the case, and sentenced them to life imprisonment. Also, in February 2020, Sahu, who complained of chest pain, died while undergoing treatment at a Bhubaneswar hospital.

It was gathered that while there had been no leads in the case after the CBI took over the investigation in 1999 following orders from the Orissa High Court, three months ago, the Bhubaneswar Commissionerate Police reopened the case.

The commissioner said "I had met one of the convicts in the case at Choudhury jail and it had come to my notice that the prime accused in the

case is still on the run. So we reopened the file, studied it and launched the operation to nab the accused. The convict informed us that Biswal (Biban) was called BK and then we got a tip-off that the accused was in Maharashtra".

"The accused had even managed to obtain an Aadhaar card and open a bank account in Maharashtra. We have also learnt that he had been in touch with his family. They even attempted to obtain his death certificate in a bid to permanently close the case against him," added Sarangi.

Reacting to the arrest, the victim said, "All these years, I felt dead inside. Every day was a struggle, knowing that my perpetrator was free. Justice was denied all these years. I want him (Biban) to be sentenced to death," she said.

**Uganda: Bobi Wine withdraws election challenge**

By N.Ugoh

Opposition leader in the recently held Uganda presidential election, Bobi Wine has withdrawn a court case challenging the results that handed victory to incumbent Yoweri Museveni, alleging bias by Supreme Court justices hearing the case.

In a news conference, Bobi Wine said "We have decided to withdraw from their court".

The 39-year-old, whose real name is Robert Kyagulanyi, had rejected the results of the January election, noting that he believed victory was stolen from him.

A popstar and lawmaker, was asking the court to overturn



pic: vatnews.com

the results on several grounds including widespread use of violence.

Recall that Museveni, a former guerrilla leader who has led the East African country since 1986, was declared winner of the Jan. 14 election with 59% of the vote, while Wine was given 35%.

"The courts are not independent, it is clear these people (judges) are working for Mr. Museveni".

**Again! Mahama loses review application in Ghana's presidential election petition**

By N.Ugoh

A review application by Former Ghana's President John, Mahama seeking to have the Chairperson of the Electoral Commission (EC), Mrs Jean Adukwai Mensa, testify in the 2020 presidential election petition has been dismissed by the nation's apex court for the second time.

According to local reports, the review application filed by Mahama (petitioner) was urging the court to change its earlier ruling on February 16, this year, not to allow him to reopen his case to enable his lawyers subpoena the Chairperson of the EC, to

testify in court.

But in a recent unanimous ruling, a nine-member review panel of the apex court, held that the application for review failed to meet the criteria for review as set out in Rule 54 of the Supreme Court rules, 1996 (C.I 16):

The court ruled that the former President, in the review, failed to demonstrate any exceptional circumstances that had occasioned a miscarriage of justice to him (Mahama), neither did he introduce any new matter that could convince the court to change its ruling.

Recall that Mahama lost the election to the incumbent president.

**Myanmar military, Russian officials sanctioned by EU**

By Stanley Ugagbe

Foreign ministers of the European Union have agreed to impose sanctions on Myanmar's military over its recent coup and withhold some development aid, as well as blacklist Russian officials for the jailing of Kremlin critic Alexey Navalny.

Josep Borrell, who is the bloc's foreign policy chief, averred that the EU would not curb trade ties with Myanmar as that could hit the general population.

He said "We took the political agreement to apply sanctions targeting the military responsible for the coup and their economic interests".

"All direct financial support from our development system to the government reform programmes is withheld." Reports have it that

the military on February 1 arrested civilian leader Aung San Suu Kyi in a coup that has drawn widespread international condemnation. It has since launched an increasingly bloody crackdown on pro-democracy demonstrators who have taken to the streets en masse to denounce the takeover.

In view of the development, the United Kingdom, Canada, New Zealand, and the United States have all announced targeted sanctions on Myanmar's military leaders, including Senior General Min Aung Hlaing.

Meanwhile, despite the growing backlash, the military – known locally as Tatmadaw – has ignored calls for a return to civilian rule, saying it will hold new elections and hand over power to a winner.

**Two US Attorneys Resign**

By Stanley Ugagbe

United States Attorney Ryan K. Patrick has resigned his position as chief law enforcement officer for the Southern District of Texas (SDTX).

Announcing his resignation, Patrick said "It has been the honor of a lifetime to serve our nation and our state as United States Attorney".

"The Southern District is staffed with amazing career men and women who wake up every day ready to represent the United States, and I consider it a high honor that I was able to do the same alongside them for the past three years."

Patrick was the 23rd presidentially-appointed U.S. Attorney for the Southern District of Texas (SDTX). He was responsible for prosecuting and defending the interests of the United States in one of the largest districts in the country - covering 44,000 square miles and representing nearly nine million people. He oversaw over 450 employees, including approximately 210 Assistant U.S. Attorneys who cover the seven offices across the



pic: southerndistricttx.gov

district. In a similar development, another US Attorney Ron Parsons has stepped down. According to reports, Parsons' resignation as the chief law enforcement officer for the District of South Dakota was expected and comes with part of the regular transition of appointed officials when a new President takes office.

It would be recalled that Parsons was nominated by President Donald Trump in September 2017 and started serving in his position in January 2018 following confirmation by the U.S. Senate.

Parsons plans to return to private practice in Sioux Falls.

SPORTS

# Tiger Woods is fine and recovering in hospital after car crash



By Dele Akitilo

Golf legend, Tiger Woods was involved in car accident in California recently and was taken to a hospital, where he went through surgery over numerous leg injuries. An official statement has been issued from the official account of Woods. The statement provided an update on health status of Woods after his surgery at Harbor-UCLA Medical Center.

The statement read: "We thank everyone for the overwhelming support and messages during this tough time. "As previously communicated, Tiger was involved in a single-car accident earlier this morning in California. He has undergone a long surgical procedure on his lower right leg and ankle after being brought to the hospital." "He is currently awake, responsive,

and recovering in his hospital room. "Thank you to the wonderful doctors and hospital staff at Harbor UCLA Medical Center, the Los Angeles County Sheriff's Department, and the Fire Department. Your support and assistance has been outstanding. "There are no further updates at this time and we continue to thank you for your well-wishes and privacy for him and his family."

The Managing Director, Chief Medical Officer & Interim CEO at Harbor-UCLA Medical Center, Anish Majajan said: "Mr. Woods suffered significant orthopedic injuries to his right lower extremity that were treated during emergency surgery by Orthopaedic trauma specialists at Harbor-UCLA Medical Center, a level 1 trauma center.

"Comminuted open fractures affecting both the upper and lower portions of the tibia and fibula bones were stabilized by inserting a rod into the tibia. Additional injuries to the bones of the foot and ankle were stabilized with a combination of screws and pins. Trauma to the muscle and soft-tissue of the leg required surgical release of the covering of the muscle to relieve pressure due to swelling."

# African Union and FIFA commit to build on positive results and to accelerate collaboration

By Tunde Ajibode

Two years to the day of signing a Memorandum of Understanding between the two organisations, African Union (AU) Chairperson Félix Tshisekedi and FIFA President Gianni Infantino have discussed an action plan that will accelerate several aspects of the agreement aimed at contributing for the benefit of African society, and, in particular, younger generations. "I was delighted to speak with AU Chairperson who is a passionate football fan, and as FIFA and the AU have been working together for some time now, I am sure that under Félix Tshisekedi's leadership our organisations will

find ways to reinforce our joint efforts in many areas such as our 'Football for Schools' education project, the fight against match manipulation and any form of corruption, as well as safety and security at football matches across the continent," the FIFA President said. "We are encouraged by FIFA's willingness to engage with Africa, and to use football as a force for good across the continent, and by working as close partners with the AU to ensure that we are playing our part in the continued development of the sport across the African continent," the AU Chairperson and President of the Democratic Republic of the Congo said.

Speaking by video-conference prior to the FIFA Club World Cup final, the two leaders discussed a range of initiatives from the role that football through education can play in developing life skills for children, be that respecting rules and showing respect to match officials, or by encouraging teamwork and cooperation in order to succeed. It was agreed that both AU and FIFA shared a mutual vision for education through football, and further discussions to identify opportunities are now being planned for a face-to-face meeting between both leaders in Kinshasa in the near future. The call provided the FIFA President with the

opportunity to follow-up on previous discussions with H.E. Félix Tshisekedi's predecessor, H.E. Cyril Ramaphosa, and to assure the new AU Chairperson that FIFA and football remain totally committed to maintaining the close co-operation and teamwork that has been built up between both organisations in the past two years. The FIFA President also outlined the FIFA COVID-19 Relief Plan, while also stressing the important investment made to support the 54 African member associations through FIFA Forward, which has already delivered close to 300 projects across the continent since Gianni Infantino's first election in 2016.

# Waldrum signs agreement with NFF, to be officially unveiled in Nigeria



By Tunde Ajibode

New Head Coach of the Women's National Team of Nigeria of Nigeria (Super Falcons), Randy Waldrum, on Wednesday signed his contract with the Nigeria Football Federation, as he started his work with the nine-time African champions. The simple ceremony took place at the Super Falcons' Emir Hotels abode in Antalya, Turkey.

President of the NFF, Amaju Melvin Pinnick, affirmed the belief of the football-governing body in the ability of the 64-year old American to propel the Super Falcons to a higher level in women football's global ranking. "We believe that Mr Waldrum is the right man to take the Super Falcons from where the team presently is to that higher level that we want it to be. We have been champions of Africa on nine occasions and it is time that we

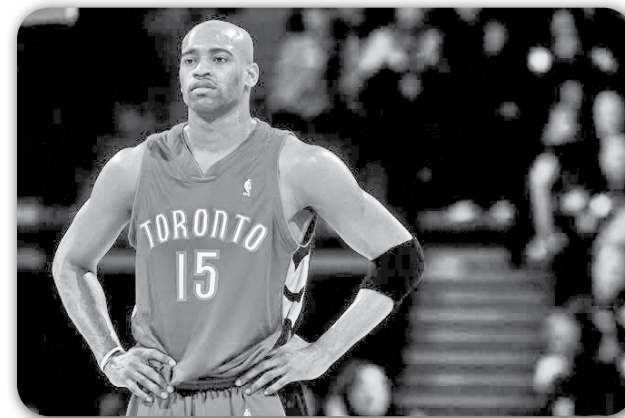
move up to competing stoutly for honours at global level."

General Secretary of the NFF, Dr Mohammed Sanusi signed on behalf of the NFF, with NFF Executive Member Suleiman Yahaya-Kwande, Chairman of the Women's Football Committee, Hon. Ayo Hulayat Omidiran and Technical Director, Mr Augustine Eguavoen also present.

The Turkish Women's Cup Tournament, also known as the Alanya Gold City Cup, is Waldrum's first run-out with the reigning African champions.

While disclosing that Waldrum would be officially unveiled at a ceremony as soon as he is in Nigeria, Pinnick also charged the General Secretary to endeavour to invite credible businessmen to have sessions with players of the Super Falcons any time they are in camp, with a view to guiding the players on how to invest wisely.

# Ex-Toronto Raptor, Vince Gives back To Canada



Vince Gives

By Stanley Ugagbe

The list of people giving back to society has again increased as Basketball legend Vince Carter, who got his start in the NBA with the Toronto Raptors, is showing his appreciation for Canada with a new scholarship opportunity.

It would be recalled that the Raptors on the basketball map in 1998. It would also be recalled that Carter finished his professional basketball career with the Atlanta Hawks last year, retiring after a record 22 seasons. Although he's played for eight teams during his career, he's never forgotten where it began.

According to reports, applications are currently open for a new scholarship created by Carter in partnership with the Paris Media Group, which will send five kids who can't afford a private education to J. Addison School in Markham, north of Toronto.

Delineating on why Carter, who is an American decided to launch the program in Canada, Paris Dryden of Paris Media Group, told CTV News "That's where his NBA career began"

"He loved the atmosphere of Toronto and in Canada. He thrived here."

Reports said the scholarship is \$25,000 per student, and to apply, you need to be between 16 and 18 years old and headed into Grade 11 or 12 this fall.

A release said "While the programs are open to all, Vince Carter strongly encourages the

Black community, Indigenous community, people of colour and young women to apply"

"Statistics show that there are lower numbers of minorities and women within the named employment sectors, executive positions associated with the noted program fields but more noticeably in the STEM sector."

While stating that the deadline for applications is March 28, it was said that applicants must be passionate about a subject, but it could be anything from sports or music to science or math. They need to provide evidence of community service and a 500-word essay.

While students don't need to be athletes, J. Addison does have an elite girls basketball team, with some students already there on scholarship.

"Scholarships are very important because it gives them an opportunity to get into the school, get a great education, and also get access to a good university," Lee Venditti, principal of J. Addison School, told CTV News.

Remarking on the development, Chris Francis, who coaches the girls' basketball team, averred that it is "life-changing" for some of the students to receive scholarships.

"A lot of these kids are coming from disadvantaged neighbourhoods. These kids need a scholarship to ascend."

Carter said students from anywhere in the world can apply for the scholarships.

# Ontario Makes Fresh Move To Combat Human Trafficking

By Stanley Ugagbe

As part of efforts to combat human trafficking, the Ontario government has introduced a new legislation and amendments to existing legislation to build upon the province's \$307 million Anti-Human Trafficking Strategy.

According to the government, this proposed legislation reinforces Ontario's commitment to fight human trafficking and demonstrates continued leadership in responding to this pervasive crime.

Premier Doug Ford said "Our government is taking deliberate steps to put an end to human trafficking and protect victims and potential victims of this terrible crime"

"This tough new legislation builds on our Anti-Human Trafficking Strategy we introduced nearly a year ago, giving law enforcement additional tools to help prevent and deter human trafficking."

The proposed changes include two new acts - the Anti-Human Trafficking Strategy Act, 2021 and the Accommodation Sector Registration

of Guests Act, 2021 - as well as amendments to the Child, Youth and Family Services Act, 2017 and the Prevention of and Remedies for Human Trafficking Act, 2017. Together, the proposed changes would support the government's response to human trafficking by:

- Supporting a long-term provincial response to human trafficking and emphasizing that all Ontarians have a role to play in combatting human trafficking;
- Strengthening the ability of children's aid societies and law enforcement to protect exploited children;

- Supporting more survivors and the people who support them in obtaining restraining orders against traffickers, with specific consideration for Indigenous survivors;

- Increasing the government's ability to collect non-personal data to better understand the impact of the strategy and respond to human trafficking;

- Providing law enforcement with more tools to locate victims and charge traffickers by:

- Increasing penalties for traffickers who interfere with a child in the care of a children's aid society;
- Clarifying how and when police services can access information from hotel guest registries to help deter trafficking and identify and locate victims, while establishing regulation making authority to include other types of accommodation providers.

- Requiring companies that advertise sexual services to have a dedicated contact to support investigations into suspected human trafficking.

Speaking on the development, Solicitor General Sylvia Jones said "Our government voiced its commitment to tackling human trafficking early on in our mandate and we worked with a wide spectrum of stakeholders to establish a comprehensive \$307 million Anti-Human Trafficking Strategy"

"These legislative changes, if passed, will reinforce the strategy's key objectives of supporting survivors, protecting children and youth, raising awareness among parents

and community partners as well as dismantling criminal networks."

Associate Minister of Children and Women's Issues, Jill Dunlop averred that "Human trafficking is happening in both urban centres and small communities across Ontario,"

"This proposed legislation further supports our cross-government approach, as well as our work with partners across jurisdictions and various sectors, to combat human trafficking. This includes providing tools to improve the ability to identify and appropriately respond to suspected instances and connect survivors to supportive services."

and community partners as well as dismantling criminal networks."

Associate Minister of Children and Women's Issues, Jill Dunlop averred that "Human trafficking is happening in both urban centres and small communities across Ontario,"

"This proposed legislation further supports our cross-government approach, as well as our work with partners across jurisdictions and various sectors, to combat human trafficking. This includes providing tools to improve the ability to identify and appropriately respond to suspected instances and connect survivors to supportive services."

Also remarking, Attorney General Doug Downey said "Our government continues to support the work of police and prosecutors to target the criminal networks that prey on and profit from young and vulnerable people in our communities,"

"We are proposing legislative reforms to better protect victims and support them in their efforts to obtain restraining orders against traffickers."

## continued from p(10) STAYING MOTIVATED...

bond of family and helps keep you positive minded and energized.

4. Exercise Often: With the closure of gyms, it is harder to maintain the routine of physical exercise. However, if you have space in your home, you can maintain this habit with simple exercises at home. Where there is not much space, you could improvise by using a corner of the home as the exercise spot. You don't need the whole array of gym equipment, either. You could buy a single piece of equipment, if you can afford it, such as treadmill or elliptical trainer. Even a simple daily walk around your neighbourhood, while taking the safety protocols, can be a boost. You will come back refreshed and ready to take on the next task at work.

Yoga is another form of exercise that is very easy to practice at home. Some of my former colleagues had a yoga club in the office and met every day around noon. They swear by it. So, exercise is definitely a healthy option as long as you keep

to a regime that suits your lifestyle and physical condition.

Gardening is another great activity that helps with mental and physical health. Depending on the time of the year, you could grow plants and vegetables outdoors and indoors with small plants. You could even go all the way with hydroponics to grow fresh vegetables for you and your family.

Medical health practitioners recommend creating and maintaining a schedule with a predictable daily routine. Routines help keep the family organized and reduce chaos from having to adjust to the ever-changing government directives, including school and community lockdowns and restrictions on movement, as they respond to the rise and ebb of COVID-19 infections. Additional benefit is that it tells the brain what comes next during the day which can help reduce the stress and anxiety. Including exercise as part of your daily or weekly routine with family does wonders to the mental and physical

well-being. The most important thing, however, is to carve out time in your day to do some exercise no matter how light or short it is.

5. Learn Something New: Take the opportunity to learn something new whenever time permits. This will help keep you from thinking dark thoughts or dwelling on the dire circumstances around you. There are many benefits to doing this activity. It could be a source of new skills that can be translated into a business; a way to upskill to protect your job; or just a way to keep your brain active. The outcome is a net positive situation for your mental health.

The excitement of discovery through learning will help pull you out of the mire of sad feelings in those down days that sneak up on you with the daily barrage of pandemic news. You could also ask to be included in some special projects at work where you will learn a new skill and also strengthen your social network at work. These activities are

all helpful in drawing you of yourself to avoid feeling isolated which could trigger depression, anxiety and stress rubbing of the motivation you need to focus and deliver on your work accountabilities.

Motivation is a state of mind. It needs nurturing on a consistent basis. However, there will be a day or two where we just don't feel like getting out of bed. This feeling is natural and may emanate from a mental health issue brought on by isolation, precarious work conditions or even the thought of facing an obnoxious work colleague. Fatigue and burnout can also keep us chained to the bed.

At such moments it is hard to muster the willpower to undertake some or none of these activities. Do not despair because consistency is not about doing the same thing every day but getting your self up and doing it even after you miss a day or two. Just remind yourself to take it one step at a time, one day at a time.

**Just never ever give up.**

**continued from p(9)**  
**DOES QURAN ALLOW.**

Islam stresses the importance of respecting contracts, most of all the marriage contract, which is described in the Quran as “ *mithaqan ghalthan*” (a firm pledge).

Furthermore, there is no tyranny in an Islamic marriage. We are all told to conduct our affairs by mutual consultation, as the Quran states what means:

**{And those who respond to their Lord and keep up prayer, and their rule is to take counsel among themselves, and who spend out of what We have given them.}** (As-Shura 42:38)

So in marriage, the man is named responsible for protecting, decision-making, and breadwinning; in return he has a right to have a quiet, orderly home and a loving wife to come home to who doesn't make his life difficult with constant bad temper, nagging, or aggressive attitude.

The woman is named skilled homemaker, loving mother, and faithful counselor; in return she has a right to be provided for fully by a caring, faithful, protective husband who honors her and respects her individuality. Both should be equally

supportive, loving, and caring. Both merit respect and support from their partner.

As in any other contract, signing means that both parties agree to the terms and intend to adhere to the rules. So failing to fulfill one's responsibilities is a breach of the contract and merits limiting or temporarily withholding a corresponding right until that one gets back within the boundaries of the contract, or else the contract is nullified.

So, for example, a wife who repeatedly and intentionally refuses to consult her husband and does things that damage the well-being of the family, or one who fails to do what they had agreed upon after consultation for no logical reason other than rebellion, or one who intentionally does what her husband hates just to make him angry, is certainly a type of woman who should be disciplined in order to preserve the peace and harmony of the Muslim home and the family members within it. This is, of course, assuming that the husband is continuously fulfilling his responsibility towards his wife and family but is not getting his fair rights in return, and that all other peaceful methods of resolving the dispute have failed.

Commenting on this issue, Dr. Muzammil H.

Siddiqi, former president of the Islamic Society of North America, states:

While it is important that a wife recognizes the authority of her husband as the head of the household, the husband should also use his authority with respect and kindness towards his wife. If there arises any disagreement or dispute between them, then it should be resolved in a peaceful manner. Spouses should seek the counsel of their elders and other respectable family members and friends to patch up the rift and solve the differences.

However, in some cases a husband may use some light disciplinary action in order to correct the moral infraction of his wife, but this is only applicable in *extreme* cases and it should be resorted to if one is sure it would improve the situation. However, if there is a fear that it might worsen the relationship or may wreak havoc on him or the family, then he should avoid it completely.

The Quran is very clear on this issue. Allah Almighty says:

**{Men are the protectors and maintainers of women, because Allah has given the one more strength than the other, and because they support them from their means. Therefore the righteous women are devoutly obedient and guard**

**in the husband's absence what Allah would have them to guard. As to those women on whose part you fear disloyalty and ill-conduct, admonish them (first), (next), refuse to share their beds, (and last) hit them (lightly); but if they return to obedience, seek not against them means (of annoyance); for Allah is most High and Great (above you all). If you fear a breach between them twain, appoint (two) arbiters, one from his family and the other from hers. If they wish for peace, Allah will cause their reconciliation; for Allah has full knowledge and is acquainted with all things.}** (An-Nisaa 4:34-35)

It is important to read the section fully. One should not take part of the verse and use it to justify one's own misconduct. **This verse neither permits violence nor condones it.** It guides us to ways to handle delicate family situations with care and wisdom.

Dr. Jamal Badawi, professor at Saint Mary's University in Halifax, Nova Scotia, Canada, and a cross-appointed faculty member in the Departments of Religious Studies and Management, adds this:

view that it is no more than a light touch by *siwak* or toothbrush.

Generally, the Prophet (peace and blessings be upon him) used to discourage his followers from taking even this measure. He never hit any female, and he used to say that the best of men are those who do not hit their wives. In one hadith he expressed his extreme repulsion from this behavior and said, «How does anyone of you beat his wife as he beats the stallion camel and then embrace (sleep with) her?» (Al-Bukhari, English Translation, vol. 8, Hadith 68, pp. 42-43).

It is also important to note that even this “light strike” mentioned in the verse is not to be used to correct some minor problem, but it is permissible to resort to only in a situation of some *serious moral misconduct* when admonishing the wife fails, and avoiding sleeping with her would not help. If this disciplinary action can correct a situation and save the marriage, then one should use it.

Dr. Jamal Badawi, professor at Saint Mary's University in Halifax, Nova Scotia, Canada, and a cross-appointed faculty member in the Departments of Religious Studies and Management, adds this:

If the problem relates to the wife's behavior, the husband may exhort her and appeal for reason. In most cases, this measure is likely to be

sufficient. In cases where the problem persists, the husband may express his displeasure in another peaceful manner, by sleeping in a separate bed from hers. There are cases, however, in which a wife persists in bad habits and shows contempt of her husband and disregard for her marital obligations. Instead of divorce, the husband may resort to another measure that may save the marriage, at least in some cases. Such a measure is more accurately described as a gentle tap on the body, but *never on the face*, making it more of a symbolic measure than a punitive one.

The permissibility of such symbolic expression of the seriousness of continued refractoriness does not imply its desirability. In several hadiths, the Prophet (peace and blessings be upon him) discouraged this measure. Here are some of his sayings in this regard:

“Do not beat the female servants of Allah.”

“Some [women] visited my family complaining about their husbands [beating them]. These [husbands] are not the best of you.”

I hope this answer has addressed your concerns. Please let us know if you need more information, and please stay in touch. May Allah guide us all to what's best.

*Thank you and Salam.*  
*Onislam.net*

**answers from p(16)**  
**WORD PAIRS**

(6) (sell, tell) : (sail, tail) : (sick, tick)

(7) (win, winner) : (thin, thinner) : (sin, sinner)

(8) (right, might) : (rice, mice) : (rust, must)

(9) (hit, hat) : (pit, pat) : (sit, sat)

(10) (land, band) : (lead, bead) : (lent, bent)

**answers from p(16)**  
**COMPLETE THE....**

(i) 4 + 3 = 7, 2 + 3 = 5; 7 + 3 = 10, 5 + 3 = 8; 10 + 3 = 13, 8 + 3 = 11  
(ii) 5 + 10 = 15, 10 + 10 = 20; 25 + 10 = 35, 30 + 10 = 40  
(iii) 46 - 4 = 42, 28 - 4 = 24; 42 - 4 = 38, 24 - 4 = 20; 38 - 4 = 34, 20 - 4 = 16  
(iv) 11 + 3 = 14, 12 + 3 = 15; 14 + 3 = 17, 15 + 3 = 18, 17 + 3 = 20, 18 + 3 = 21, 20 + 3 = 23

**answers from p(16)**  
**QUANTITATIVE....**

(i) 50 (ii) 4 (iii) 6 (iv) 99 (v) 3

**answers from p(16)**  
**MATCH**

Soldier Guns  
Pilot Aero plane  
Doctor Stethoscope  
Jeweler Precious - stone  
Gardener Garden shears

**answers from p(16)**  
**ORGANS....**

Stomach - digest food  
Kidneys - filter waste  
Lungs - breathe  
Heart - Pumps blood  
Small Intestines - absorbs nutrients  
Liver - cleans the blood

**answers from p(16)**  
**PUZZLES....**

f	a	c	t	a	m	e	a	c	h
k	n	o	w	a	i	t	a	i	l

tame, fact, each know, tail, wait

s	n	o	w	h	e	n	e	c	k
g	r	i	n	e	s	t	u	r	n

neck, when, snow turn, grin, nest

b	a	n	d	u	c	k	n	e	e
s	h	o	p	u	m	p	a	r	t

knee, duck, band, part, shop, take

w	e	e	k	e	e	p	e	e	p
p	u	m	p	a	c	k	i	t	e

keep, week, peep pump, kite, pack

r	u	s	t	r	e	e	d	g	e
f	l	o	w	h	e	n	a	m	e

edge, rust, tree when, flow, name

**RELIGION**

**Deal with your pride!**

**By Pastor Amos Dada PhD; P.Eng**

“Pride leads to disgrace, but with humility comes wisdom. 3 Honesty guides good people; dishonesty destroys teacher-ous people. 4 Riches won't help on the day of judgment, but right living can save you from death” Prov 11:2-4

The great Teacher, the Lord Jesus gave a teaching so that you will not suffer disgrace. “When Jesus noticed that all who had come to the dinner were trying to sit in the seats of honor near the head of the table, he gave them this advice: 8 “When you are invited to a wedding feast, don't sit in the seat of honor. What if someone who is more distinguished than you has also been invited? 9 The host will come and say, ‘Give this person your seat.’ Then you will be embarrassed, and you will have to take whatever seat is left at the foot of the table!10 “Instead, take the lowest place at the foot of the table. Then when the host sees you, he will come and say, ‘Friend, we have a

better place for you!’ Then you will be honored in front of all the other guests. 11 For those who exalt themselves will be humbled, and those who humble themselves will be exalted.” Lk 14: 8-11.

What is pride? The meaning of pride is “an unreasonable feeling of superiority as to one's talents, beauty, wealth, race, skin colour, rank, and so forth; to look down on others, to feel one deserves or is entitled to certain things due to their hard-work; disdainful behavior or treatment; insolence or arrogance of demeanor; haughty bearing.

The Holy Spirit is not saying you should be worthless, a nonentity and refuse to develop yourself. The Holy Spirit is warning you about how you conduct and display your worth so that it does not bring shame, reproach and disgrace to you.

Why must you jettison pride? The bible says it is an off shoot of the world system. It is rooted in the love of the world. It is from Satan. “Do not love the world or anything in the

world.If anyone loves the world, love for the Father is not in them.16 For everything in the world—the lust of the flesh, the lust of the eyes, and the pride of life—comes not from the Father but from the world. 17 The world and its desires pass away.” 1 Jn 2:15-17.

The danger of pride is that you are not acknowledging that God made you, you think you are self made. That is why he puts down the proud. In the Bible King Herod gave a speech, people applauded him and he failed to ascribe the honour to God. An Angel slapped him and he instantly brought forth worms. Be careful of pride. Act 12:21-23. Pride is tantamount to sharing God's glory or not giving Him the credit for what He has given you. He detests pride and you should too.

Since we all have the tendency to be proud which potentially leads to disgrace, the Holy Spirit is giving us some tips to avoid pride:

1. Be genuinely born again. When you give your



**Pastor Amos Dada**  
**amos.dada@gmail.com**

life to Christ the old nature - of pride inherited from Satan is technically removed. 2 Cor 5:17

2. Listen to the Holy Spirit and obey him. In the story and illustration Jesus shared above, naturally when you get to such an event, “something” will tell you “Dele Dada sit in the lower place” but, another “voice” will say “with all your attainment you cannot sit in the lower place”. You are wrong! Subdue that flesh. Obey the Holy Spirit (the something) you will not be disgraced.

3. Train and discipline your spirit to be humble. If Jesus learnt humility and you are a child of God you can learn it. Phil 2:5-9. Our flesh is boastful, proud, put

it under control. You can.

4. Make it a prayer point. Let's face it we all have something we always want to show off. If you always want to show off your beauty, your race, your faith, cars, house, intellectual prowess to make you feel better and demean others, it is a Satanic spirit. That is why he was thrown out of heaven. Ask God to deal with that satanic spirit. You cannot do it in the flesh.

5. Have an accountability partner. When you know you have the spirit of pride and you have been disgraced a couple of times, or people disdain you and you know it and you genuinely want to get rid of it- be accountable to someone who can help you. Your spouse, genuine friend, parent, mentor, pastor or church or community leader. Ask the person to be praying for you and correct you. Don't argue with them. Don't blame the people correcting you. Take their corrections When Nathan corrected King David about his inappropriate, promiscuous and murder-

ous behaviour he came down from his high horse repented and today he is heroic king in Israel. 2 King 12:1-14. Compare him with King Asa when corrected by Hanani the seer who was wroth with the seer and God struck him with disease. 2 Chr 16:7-12.

Conclusion: Ronald Reagan, recalling an occasion when he was governor of California and made a speech in Mexico City: “After I had finished speaking, I sat down to a rather unenthusiastic applause, and I was a little embarrassed. The speaker who followed me spoke in Spanish-which I didn't understand-and he was being applauded about every paragraph. To hide my embarrassment, I started clapping before everyone else and longer than anyone else until our ambassador leaned over and said, ‘I wouldn't do that if I were you. He's interpreting your speech.”

The truth is people know your worth and will respect, acknowledge, applaud, recognize, value, honour and celebrate you, don't push it. Shalom!

**Everyone is looking for you!!**

**By Fr. Stan Chu Ilo**



**Fr. Stan Chu Ilo**

“Everyone is looking for you”, this was how Simon and the other disciples who were searching for Jesus expressed their desire to Jesus when they found him at prayer in a deserted place, early in the morning. This expression, “everyone is looking for you” seems to me upon deeper reflection to be a key to understanding the identity of Jesus, his mission and what he offers to people. The Gospel passage offers us a few pointers to why people were looking for Jesus in the Gospel.

The passage gives us a glimpse into the daily schedule of Jesus. He rises up early in the morning to pray privately; then he goes to worship with the community in the synagogue, and then in the afternoon he spends a substantial time visiting with the families of his close companions particularly those who were facing difficulties like Simon, whose mother-in-law was sick. Jesus heals Simon's mother-in-law, and continues in the evening most likely into

mission.

Everyone was looking for him because in Jesus's mission and life they found the fulfilment of the desires of their hearts. Everyone was looking for Jesus because they saw in him the fulfilment of the promise of God to be with God's people. In Jesus, God has visited God's people. God is restoring God's people, and restoring people's lives and creation through Jesus. Through his daily activities we see clearly his divine identity and mission. This realization invites us to come to Jesus like those who came to him in the Gospel today in order that we may find in him healing, help, comfort and grace.

There are three important points for our meditation. First, there is an invitation for us to come to Jesus. Jesus has something for everyone who comes to him. Notice that all the people who came to Jesus in the Gospel today left with a new experience. All those who are searching for Jesus in the Gospel, found him. God is never too far from us; God is always available

to us. Those who found Jesus were those who were looking for him and they always left with a new experience of grace, restoration, healing and strength. Our encounter with God and God's encounter with us, is always transformative. When we come to Jesus, he offers to us created and limited beings, something that we cannot offer to ourselves or bring about in our lives simply through our human effort.

Second, we all can relate to the experience of Job in the first reading in these days of the pandemic and in our own dark days of tears and pains. There are times in life when we feel like Job, that we “have been assigned months of misery, and troubled nights” and we feel like Job that “I shall not see happiness again.” The answer to the misery of Job is found in the responsorial psalm, where we are invited to “praise the Lord who heals the broken heart-ed.” But how can I praise God, one would say, in the midst of the losses that I face? When we think of the losses in our lives within the last one

year—deaths of so many, lost jobs, lost relationships, loss of one's inner peace, social bonds, freedom, and even our failed plans and dreams—one would wonder how we could praise God.

However, this is where faith comes in against the logic of unbelief and despair. The Gospel today is an invitation to believe that there is a God who has power to heal; whose wisdom is without limit, and who bandages the wounds of life if we can only make that leap of faith in total trust.

Faith frees us from the despair of Job when in the face of our many troubles we begin to doubt God and ourselves. Faith makes you lighter because it is an invitation to bring whatever it is that weighs you down in prayer to God. Faith is dynamic movement from within, enabled by God's grace that should give us the courage to work every day to change the contradictions of our present life and our world with courage.

And that takes me to the last message which is St Paul's message on

his own commitment to preaching the Gospel. Like Jesus, he also affirms that he has totally given his life to this mission and has become “all things to all to save at least some.” Brothers and sisters, we all have a role to play in healing the world. Like St Paul, we can share in the Gospel by committing ourselves to the mission that God has given us. Our times call for greater commitment to the mission of Jesus of healing the broken hearted, and bringing life to those who are sick in mind, body, and soul. The only way Jesus can take away our infirmities and bear our sins today is through each and every one of us—we are the hands, heart, and body of Christ in the world. Let us be about the task of healing the world in this time of suffering, despair and pain.

© Stan Chu Ilo  
Fr. Stan Chu Ilo is a Catholic priest and research professor of African studies and world Christianity at DePaul University, Chicago, U.S.A, and a native of Adu Achi in Oji River LGA, Enugu-Nigeria.

# Gilgal Food Industry Market

Where Africa meets the West

- Gari
- Yam flour
- Beans
- Cabin Biscuits
- Lucozade
- Glucose
- Custard
- Indomie
- Palm-oil and much more

*Beauty And Hair products*

**Authentic Spices**  
 •Osu,  
 •Ehuru, •Akpala-ta  
 •Fio-Fio •Smart Fufu  
 •Nri-oka

**All local Nigerian spices**  
 •Smoked  
 •Catfish •Stock  
 Cod fish •Ukwa, raw  
 and roasted •Achicha Ede  
 •Ukpaka •Akidi  
 •Okpei etc.



**For all your Nigerian and African food, Wholesale and Retail, visit us @ 5601 Steeles Avenue West, North York, Unit 4 Tel.:647 693 7534/ 647 693 7536.**

## DAVISOL

AFRICAN, CARIBBEAN AND TROPICAL FOODS STORE & SERVICES

**We sell African & Caribbean food items**  
 •Bread •Garri •Palm oil •Chicken •Smoked Fish  
 •Pounded Yam •Spices •Beans •Egusi •Ogbona  
 •Pepper •Custard •Indomie •Plantain •Goat •Beef  
 •Goat head •Cow foot •Turkey, etc.  
**Butcher Services also available.**



**351 Nash Rd N,  
 Unit 7, Hamilton,  
 ON L8H 7P4  
 905.393.2475**

**Lots of Parking**

## ENNY AFRICAN FOODS

WHOLESALE & RETAIL  
 2030 WESTON RD., TORONTO, ONT. ☎ 647-562-7379

**WE CARRY:**  
 Yam, Plantain, Beans, Rice, Semolina, Pounded Yam, Gari, Elubo, Palm-oil, Nido, Peak Milk, Vegetable Oil etc.

Meat, Fish (Frozen & Dry Fish), Chicken, Turkey, Cow-foot, Gizzard, Ponmo, Stock Fish, Stripe, Spices etc.

Fruits and Vegetables - Ugwu, Bitter Leaf, Ewedu, Okazi, Tomatoes, Pepper, Okro, Onions, BEAUTY SUPPLIES and more.

**2<sup>ND</sup> LOCATION OPENING SOON**  
 2050 STEELES AVE., W. UNIT 5. TORONTO. ONT.

**SHOP ONLINE AT:** [www.ennyafricanfoods.com](http://www.ennyafricanfoods.com)  
 We offer delivery services within GTA region  
 7 DAYS RETURN - Sealed goods with original receipt  
**SECURE PAYMENT - 100% secure payment**



## NEW WORLD FOOD MARKET

164 Oakdale Rd. Toronto



**FOR ALL YOUR WHOLESALE AFRICAN FOODS.**  
 DELIVERY AVAILABLE We Carry All African Major Brands.  
 Wholesale Only.  
 Cash & Carry.  
 Best Prices In Town.  
**416-836-2652**



**By Appointment ONLY PLEASE.**

# THIS SPACE IS AVAILABLE FOR YOUR BRAND

Contact: 416.318.3506  
 Email: [publisher@nigeriancanadiannews.ca](mailto:publisher@nigeriancanadiannews.ca)

## Dr. Victor Obasuyi

Optometry Professional Corporation  
(Formerly Dr. J.George Sewell & Associates)



We Cherish  
Your Eyes.  
The Windows  
To Your Soul.

- Comprehensive Eye Examination
- Contact Lens • Glasses
- Laser • Surgery
- Consultation • Visual Field

Contact Lens Glasses  
Laser Surgery Consultation Visual Field

1333 Neilson Rd. Suite 215, Scarborough M1B 4Y9  
Tel: 416-283-4345, Fax: 416-283-7112

## 2 Campuses to serve you better (TORONTO & BRAMPTON)



**Dominion** COLLEGE  
Business  
Health  
Technology

**VOCATIONAL COURSES OFFERED:**  
Personal Support Worker (PSW) & Certificate  
Developmental Service Worker (DSW) Diploma

**TECHNOLOGY:**  
BASIC COMPUTER CLASS (CERTIFICATE)  
COMPUTER INFRASTRUCTURE (WINDOW SERVER & VMWARE) (CERTIFICATE)

**OTHER NON-VOCATIONAL COURSES:**  
IV THERAPY & PHLEBOTOMY (CERTIFICATE)  
PHYSICAL EXAMINATION & HEALTH ASSESSMENTS FOR NURSES (CERTIFICATE)  
UNDERSTANDING, MANAGEMENT AGGRESSIVE MALADAPTIVE BEHAVIOR (UMAME)  
MENTAL HEALTH & ADDICTION (CERTIFICATE)  
CNO/PPN & RN EXAM PREPARATORY (PASS YOUR CNO WITHOUT SWEAT)

**NON-VOCATIONAL COURSE:**  
GENERAL EDUCATIONAL DEVELOPMENT (GED) (GRADE 12 DIPLOMA EQUIVALENT)  
RESTORATIVE CARE AIDE (CERTIFICATE)  
PALLIATIVE CARE FOR SUPPORT WORKER (CERTIFICATE)

**BUSINESS CLASSES:**  
BUSINESS ANALYST (CERTIFICATE)  
OFFICE ADMINISTRATIVE ASSISTANT (CERTIFICATE)  
PROJECT MANAGEMENT (CERTIFICATE)

**NOW Offering Diploma in MENTAL HEALTH & ADDICTION COURSE**



**Need Certification in:**  
CPR & First Aid  
Safe Management  
Crisis Prevention & Intervention  
Safe Medication Administration  
Others

**Toronto Campus**  
1290 Finch Avenue West  
Unit 11, Toronto, ON,  
M3J 3K2  
Tel: 647-352-7228  
Cell: 647-409-0768  
Fax: 647-352-7229

**Enroll TODAY !!!**

**Brampton Campus**  
121-2 Automatic Road  
Brampton, ON L6S 6K8  
Tel: 905-791-9108  
Cell: 647-502-0768  
Fax: 905-790-9109

info@dominioncollege.com / www.dominioncollege.com

# ADVERTISE YOUR BRAND HERE

For more info:

**Tel: 416-318-3506**

**[publisher@nigeriancanadiannews.ca](mailto:publisher@nigeriancanadiannews.ca)**