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# GHANAIAN-CANADI **WINS GILLER PRIZE FOR FICTION FOR T** SECOND TIME

By Sandra Beagan

si Edugyan has won the \$100,000 Scotiabank Giller Prize for a second time. She won it in 2011 for the fictional novel Half-Blood Blues, which centres around a mixed race jazz bass player who is abducted by Nazis during WWII.

This time she won the award for the fictional novel Washington Black, which follows the life of a man who escapes from slavery in the US.

Accepting her award at

the Toronto Ritz-Carlton, Edugyan told the crowd, "I wasn't expecting to win, so I didn't prepare a speech."

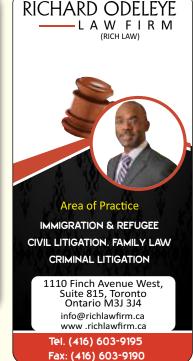
She said that winning the award for this

novel felt all the more meaningful amid a climate in which truth is "under siege."

The novel was also shortlisted for the Rogers Writers' Trust Fiction Prize aware and the Man Booker Prize.



Published by Patrick Crean Editions, the novel follows continued on p(23)





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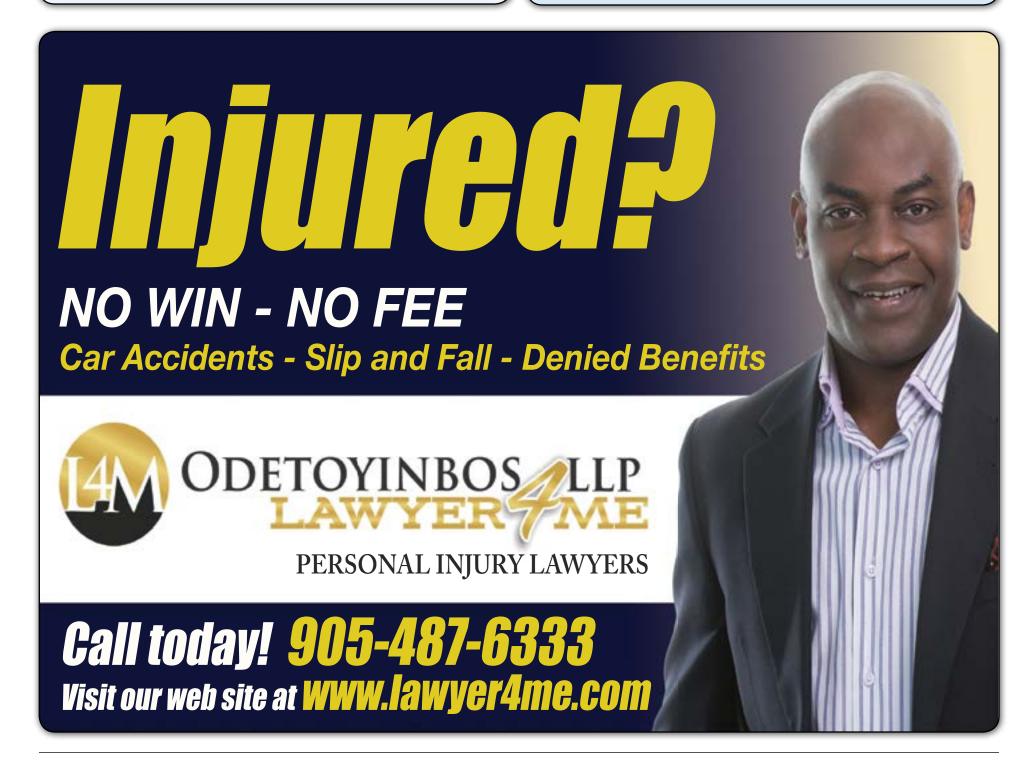
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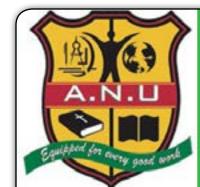
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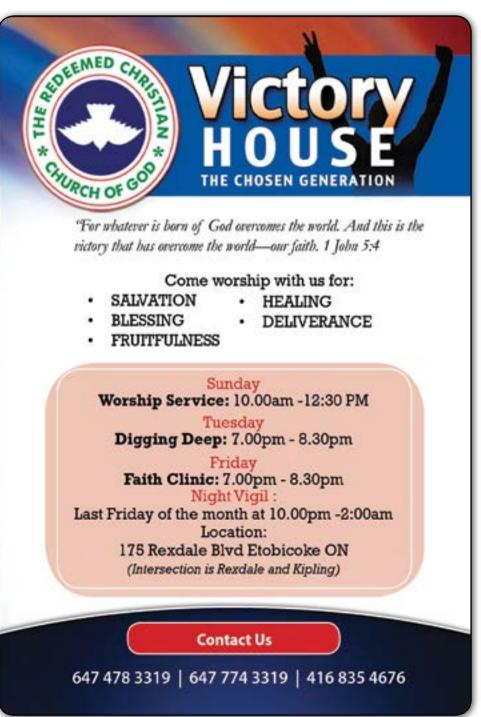
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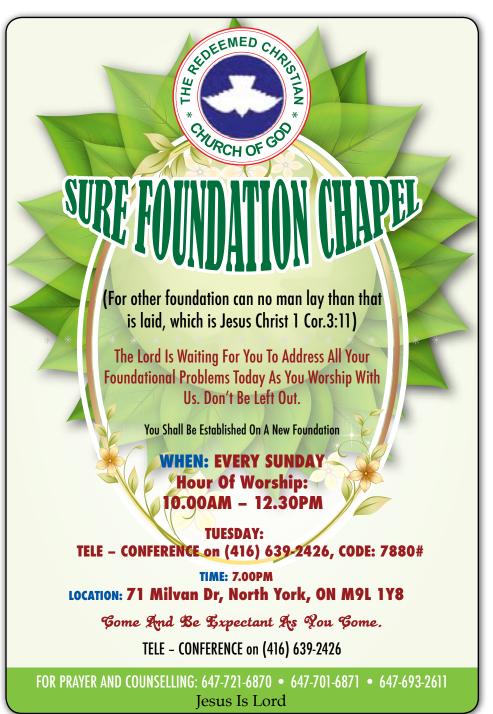
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**NEWS RELEASE** 

# PREMIER DOUG FORD ANNOUNCES GREWAL STEPPED **CHANGES TO CABINET**

**NOVEMBER 5, 2018** 

Premier Doug Ford mier Ford announced his ongoing responsi-Honourable Elizabeth to ministerial assign- House Leader. Dowdeswell, Lieuten- ments within the cabiant Governor of On- net. tario, to share his rection of Jim Wilson as Minister of Economic estry. Minister of Economic Development, Job Cre-Development, Job Cre- ation and Trade on Sylvia Jones, MPP for ation and Trade.

meeting with the Lieu- sponsibility for this Community Safety and

— tenant Governor, Pre- portfolio in addition to Correctional Services.

The Honourable for Renfrew-Nipissingommended changes to Todd Smith, MPP for Pembroke, is appointthe Executive Council Bay of Quinte, who ed Minister of Natural following the resigna- has been serving as Resources and For-

an interim basis, will Dufferin-Caledon, is for Bruce-Grey-Owen Following his assume full-time re- appointed Minister of Sound, is appointed to

The Honourable

today met with the the following changes bilities as Government Jeff Yurek, MPP for Elgin-Middlesex-Lon-The Honourable don, is appointed Min-John Yakabuski, MPP ister of Transportation. The Honourable

Michael Tibollo, MPP for Vaughan-Woodbridge, is appointed Minister of Tourism, The Honourable Culture and Sport.

politics was announced Bill Walker, MPP on his Facebook page. nouncing his retirement continued on p(45)

reads thus:

Raj Grewal has resigned from federal politics and he cited "personal and medical reasons" as factors influencing his decision to back out from federal politics. The decision to quit ing as your MP has been the greatest priv-

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ilege of my life. This The Facebook post an- has been a decision continued on p(45)

**10 THINGS YOU NEED TO KNOW ABOUT** 

**CANADA'S NEW VERTICAL \$10** As you may have forth by a Black Minister ultimately The vertical \$10 is

will soon be making its way into your wallet. Its vertical orientation and portrait of social iustice defender Viola your attention.

\$10 bill as it gradually enters circulation:

time a Canadian bank note woman appears on Portrait subject Viola Desmond, a successful Black Nova Scotia fought against racial to appear on a regular bank note. She was and social justice.

lenges against racial list of five Canadian segregation brought women. The Finance polymer

It's vertical

a regular bank note selected after the Bank Canada. It's intended to it in the same way. discrimination, is the portrait subject nomifirst Canadian woman nated by Canadians.

known legal chal- ry council to a short

This is the first **human** vertical note issued by and social justice mer notes are more the Bank of Canada. In The back of the new secure, last longer Desmond likely caught keeping with the Bank's \$10 note features the (about 3.5 times) and innovative approach to Canadian Museum for they're even recyclable! design, this sets it apart Human Rights in Win-Here's a quick from current polymer nipeg, Manitoba—the and easy list of the notes and allows for a first museum in the mean you need top 10 things to know more prominent image world dedicated solely a vertical wallet about Canada's new of the portrait subject. to human rights. The This may be the first

launched an extensive represent the ongoing public consultation to journey toward recognominate an iconic woman for a new bank

It was a suc- As with all Bank of ahead of counterfeiting chosen for her coura- cessful consultation Canada notes, security threats and keep pace geous stand for equality We received A LOT of is paramount, and the with advances in technominations. Canadi- vertical \$10 includes nology. ans definitely wanted several enhanced sefeatures to have their say on curity features. These Follow the Bank on an icon of human who should appear on include transparent ar- Twitter (@bankofcanarights and freedoms the next bank note. eas, raised ink on the da) for the latest news In November 1946, The six-week consul- front of the note, de- about Canadian bank she defiantly refused tation produced more tailed metallic images notes. to leave a whites-only than 26,000 nomi- and symbols, and the area of a movie theatre nations and 461 eli- colour-shifting eagle The Bank of Canada and was subsequently gible nominees. These feather. The bold fea- Museum is on Facejailed, convicted and choices were then tures on this note are book! Follow, like and fined. Her court case whittled down by an easy to check and difwas one of the first independent adviso- ficult to counterfeit.

doms for Indigenous peoples in Canada.

Yes,

heard, a new \$10 note woman in Canada. made the final decision. printed on a polymer substrate, as all Cana-It has a theme: dian bank notes have rights been since 2011. Poly-

note also includes a vertical bank note in It's the first time depiction of an eagle Canada, but you won't Canadians decided who feather, a symbol of have to handle it dif-It's the first should be featured on a truth, power and free-ferently. It's the same dom for many First size as other bank Viola Desmond was Nations peoples in notes and you can use

> It's going to be nizing rights and free- around for a while This is the new regular \$10 note you'll see in circulation for years It has some bold to come. The Bank is**new security features** sues new notes to stay

share the latest information about Canada's upcoming \$10 bank **a** note and much more: note @BoCMuseum.

www.toronto.citynews.ca

gence of new retail stores at Toronto Premium Outlets, the Friday between 10 ers are has increased it opens on Saturday above 40.

The new open-

TPO's 140,000 square a.m. and 7 p.m. foot expansion which also included presentoptimum-service restaurant, Madison's Restaurant and Bar on the northwestern area of the holding across

from Starbucks. ly opened stores in- official website.

clude Zadig et Voltaire, Gucci, Bluenotes, Aritzia, Geox and Cultures la

TPO is open to customers on Monday to number new retail- a.m. and 9 p.m. while between 9:30 a.m. and 9 p.m. and on ings were borne out of Sunday between 11

Though these hours may be adjusted with ing TPO's' number 1 the holiday season around the corner.

Visit TPO's official website to get updates on holiday hours. You can also view TPO's Some of these new- full directory on the



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# CANADA'S RESTITUTION, A WELCOME DEVELOPMENT

move merous distresses cies as an excuse for tions will not look becoming the wail-Lby Canada's of nations, violence denying others their back and say once ers, mourning for Prime Minister, Jus- and resulting hun- existential rights. It again "we apolo- the redundancy of tin Trudeau, to ren- ger and death, in is notable to under- gize". der apologies for Yemen, Africa, Ven- stand the political sending back Jew- ezuela and many dynamics which neish asylum seekers other people run- cessitated Trudeau's during the height ning away from in- apologetic remarks, NOT CHAMPAGNE of WWII has reso- justice, is Canada's being a Liberal govnated a glimmer of moral obligation still ernment, which in cal space is hitting ing prevails. The hope, relief and a not eluded? sign that govern-The best restituments can stand tion is not repeating and take responsithe past mistakes. bilities. Of course, Today's Canada isn't the pains and disyet devoid of the comfort, injury and shadows of her past. death caused by the past actions cannot be atoned, the first process of healing is a reminder that Canada has come of age, taking the position of a father fig-

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> future apologies. Every institution, community all through the provinces of our beloved country can restitute for the past but must be aware of the actions they take so

the considering the nu- nationalistic tenden- that future genera- poverty. The hailers

Nigeria's politiessence is also a up towards a new political tool, how- dispensation come ever, we must never 2019 and while downplay the posi- we've seen campaigns in the past action to us. For if shifting away from it is hidden to us by issues to frivolities and babblings, Nigerians must ask what exactly are they bringing to the table. A philosopher once stated that that politicians can build houses in the ocean when canvassing for votes and this is evidently true in the 19 years of Nigeria's democratic experience. Although, the process of party primaries in the country lives much to be desirable, yet there has to be a collec- from the political

Nigerian poli-'champagnes' of the other side futur- sweetening concert istically. If indeed, experience to the policies we can be hail and dance tosafe from making gether with them to quo.

electorates to hold

a government that promises so much but offers little. CAMPAIGNS, The reality on the ground is disheartening, as vote buyreceivers of the tokens mortgage their future on a plate of porridge. Karl Marx once pointed out that the collective effort of the masses will be the most potent tool to topple the bourgeoisie class. Where the oppressed class is yet to have a collective consciousness, 'class consciousness", the elites will continue to wax strong and subject them to more pen-

Where there are gainers among the masses, who seem satisfied with the droplets of crunches elites, the road to liberation is far away. According to late Stephen Biko, "the greatest weapon in out the champagnes and so many will be drunk by its glisterthe political agenda delight of the teem- ing look and rescind doesn't push our ing audience who to fate - a perpetual slip into the status

- Jim Rohn

"Learn to be thankful for what you already have, while you pursue all that you want."

## **HEALTHY LIVING**

HEALTH IS WEALTH, TAKE CARE OF YOURS

# FRUIT IS NOT FORBIDDEN BUT SOME CHOICES ARE **BETTER THAN OTHERS**

tes, chances are Lsomeone has said that you are not allowed to eat fruit. This is not true: people with diabetes can eat fruit as part of their healthy eating plan. But, because fruit is a carbohydrate, it will affect your blood sugar and you cannot eat unlimited amounts.

Certain fruits may cause your blood sugars to spike at a quicker pace than others. The tricky part about eating with diabetes is that everyone responds to food differently. While one person may be able to eat apples without any issue, someone else may find that apples cause their blood blood sugars before and after eating fruit can help you to determine which fruits

are best for you. Other ways to keep blood sugars controlled while enjoying fruit is to think about the context in which you eat it. You'll have a better chance at keeping vour blood sugars controlled if you avoid juice altogether. limit your fruit servings to no more than two-tothree per day (one serving = 15 g of carbohydrate) pair your fruit with protein or include it into your meal as part of your carbohydrate choice, and avoid fruits that are very ripe. The riper a fruit is the higher its glycemic index, which means it

more than a food with a low glycemic index. In addition to juice, there are certain fruits that make my do-not-eat list. These fruits have been placed on this list either because they have a higher which results in higher

will raise your blood sugar

15 grapes are considered As the mango softens, it one serving of fruit. Odds becomes riper and its glyce- Source: verywellhealth.com

are that if you are eating grapes, you are eating way more than 15.

To avoid overeating, it's best to either count them and put them into a small bowl, or avoid temptation and choose to eat a fruit such as berries. You can eat 1 1/4 cup of strawberries for the same amount of carbohydrate as fifteen grapes.

#### 2. Cherries

Most people don't stop eating cherries at just a handful, which is why eating cherries will usually result in blood sugar spikes. Similar to grapes, one cherry contains one gram of carbohydrate. If you find that yourself snacking on probably best to avoid them

Fresh pineapple is delicious and sweet, especially when it's very ripe, which makes it a high glycemic how you slice it, the thickness and width can change the amount of carbohydrates and make it easy to

apple, stick to a 1/2 cup serving (pineapple cut into with a meal or a proteinrich food such as low-fat Greek yogurt or low-fat cottage cheese. Avoid canned pineapple that has been sweetened with sugar. If you are buying canned pineapple, purchase the no sugar added variety.

#### 4. Mango Ever eat an entire

mango in one sitting? You about 26 grams of sugar. If you do eat mango,

tains one gram of carbo- tion to 1/2 and aim to eat portions to no more than hydrate, which means that it when it's a bit more firm.

mic index-the rate at which it can increase blood sugar-

#### 5. Banana

You may have heard that bananas are too sweet. It's not that bananas are actually sweeter than other fruit choices. Rather, one medium banana contains the same amount of carbohydrate in two servings of another fruit choice, such as one small piece of fruit or 3/4 cup of blueberries.

If you do eat a banana, stick to 1/2 and place the other half in the refrigerator for a later time.

Dried Fruits, especial-

#### 6. Dried Fruits

sugars to spike. *Testing your* a big bowl of cherries, it's ly varieties that have been coated in yogurt, chocolate or sugar contains a large amount of carbohydrates for a small portion. Two tablespoons of raisins has the same amount of carbohydrate as one cup of raspberries or one small piece index food. Depending on of fruit. Replace dried fruit with fresh fruit to add volume to your meal plan and reduce the sugar content.

Unless you are experi-If you must eat pine- encing hypoglycemia, fruit juice (even 100% fruit juice) should be avoided. Think chunks) and aim to eat it about how many oranges it takes to make one cup of juice - many more than one. One eight ounce cup of orange juice contains 30 grams of carbohydrate, 30 grams of sugar and no fiber.

The body doesn't have to do a great deal of work to break down the sugar in juice, therefore it is metabolized quickly and raises blood sugars within minglycemic index or because are not alone. Depending utes. Juice can also tack on most people overeat them, on the size, an entire man- extra calories without affectgo will cost you about 30 ing your satiety and theregrams of carbohydrate and fore can prevent weight loss and even promote weight gain. Swap fruit juice for One small grape conmake sure to limit your porwhole fruit, and limit your two-to-three per day.

# THE EXERCISE THAT KEEPS BLOOD **SUGAR DOWN**

Spice up your walk betic patients overcome 2 Diabetes. This is because

instance, alternating 3 min- muscles for high-intensity utes of jogging and 1 min- exercise helps to keep the by speeding up distances ute of walking repeatedly overall sugar level balanced can significantly help dia- can work magic for Type

high sugar levels. Say, for the glucose sent to the according to Schoffro Cook.

# 7 FRUITS TO AVOID IF YOU HAVE DIABETES HOW ETHNICITY AFFECTS YOUR RISK FOR DIABETES AND HEART DISEASE

abetes Awareness Month, a time to remind people with diabetes to prioritize their health and understand 2 diabetes, as 91 per cent that diabetes can put them at risk for other conditions, such as heart disease.

two people with type 2 diabetes will die of heart disease, which includes heart attack, heart failure and lost is too many. While age, family his-

tory and weight are all risk factors, ethnicity is also an important variable when it comes to diabetes. This is especially worrisome for the nearly two million Canadians of Southeast Asian descent, who, along with people of African, Arab, Asian and Indigenous heritage, are more vulnerable to type 2 diabetes and heart disease.

New research from the

(NC) November is Di- My Heart Matters survey finds there is a knowledge deficit among Southeast Asian Canadians with type feel they are knowledgeable about their disease management but 60 per cent do not know their diabetes alone

> Fortunately, there are simple steps people with diabetes can take to protect their heart health while still enjoying many of the

significantly increases the

risk of heart attack, heart

failure and stroke.

For example, when preparing meals, Diabetes Canada recommends these

1. Limit amounts of starchy foods, like rice and roti, which can raise your

2. High-protein foods (chicken, fish, beans, lentils and paneer) should make up no more than a quarter

3. Use vegetable curries and salads to fill the other half of your meal, while limiting starchy vegetables such as potato, corn and peas.

4. Use smaller plates to control portion sizes.

There are also medications that, along with diet and exercise, have been proven to lower the risk of dying from problems related to your heart and blood vessels.

If you have type 2 diabetes, speak with your doctor about steps you can take to help manage your risk of heart disease. Learn more at www.myheartmatters.ca.

## SURPRISING HEALTH CHALLENGES AS WE GET OLDER

we can begin to experience trying a gentle laxative regular exercise through a health problems as our bodies change. Not everyone Made with natural senna, a will experience them. But some medical conditions become more common or more serious after we get a few decades under our belts. Here are some common issues that often accompany aging, and what you can do about them.

Constipation. Almost half of us suffer from this condition at least once a it used to for any physical year. It can be caused by activity you do. But being travel, disability, hospital stays, medications or other things. Since 86 percent of lead to diabetes, heart dis-Canadians prefer to relieve ease and more. To manage conditions without prescrip- your weight, try improv-

(NC) As we get older tion medication, it's worth such as Senokot tablets. plant that's known to manage and relieve constipation, the tablets work overnight for gentle relief.

Weight gain. Racking

up those birthday candles fecta for putting on extra pounds — muscle loss, less exercise and your body burns fewer calories than overweight isn't just about appearances, as it can combination of short bursts planned workouts.

Fragile bones. Bone density drops as we get older, and many seniors can even get osteoporosis, especially women who have had children. Combine this with balance issues and falling becomes more likely, and fractures. Fortunately, you can help keep your bones strong by exercising especially with weights: eating foods that are high in calcium and avoiding ex-

## **B12 CAN REDUCE CANCER RISKS BY 65 PERCENT**

Vitamin B12 prevents the inflammation ing in new supplements. can help reduce the risk of of tissues that fuels the

Sickle Cell Awareness Group of Ontario

by 65 percent. British Jour- cervix region. It is, howaily intake of nal of Obstetrics and Gyn- ever, important to check out 1000 mcg. of aecology reveals that B12 Doctor's advice before tak-



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# ASYLUM SEEKERS FROM THE NS CABINET **US TO CANADA HIGHEST MINISTER:**

By Julius Oyekunle

**T**n 2017, some 2,550 US citi- Americans applying going to meet with country. Lzens applied for for refugee status are legal bottlenecks. Tirasylum in Canada – an the children of non- oude and Gislyne ple moved again – this increase of more than residents," says Sté- fled Haiti for Brazil time with a newborn sixfold from 2016 and the largest such number since at least 1994, gration lawyer. "They Gislyne was targeted Haitian asylum seekaccording to data from are US citizens be- for her advocacy. Immigration, Refugees cause they were born and Citizenship Canada. there, but they come years later, they head-Americans were across the border with ed north after Tiroude President Trump said the third largest con- their parents because lost his job, entering he wanted to deport

seekers in 2017, after separated." Haitians and Nigerians. The vast major- edly said he wants ment announced that name used. ity are children born

to Haitian parents, ac- to find a way to end it wanted 59,000 Hai

cording to experts.

birthright citizenship, tians living legally in "Most of the although he's likely the US to leave the phane Handfield, a in 2014, in search of baby – becoming some Montreal-based immi- work and safety after of the roughly 6,000 Two and a half Canada last year.

In May, the couers who fled the US for

"We left because tingent of asylum they don't want to be the United States in people," said Tiroude, November 2017 – just who, like his wife, Trump has repeat- as the Trump govern- didn't want his last

#### was shot in the back with a nearly fourinch-long framing nail from a nail gun in Sep-Dlamini, 21, suf-

fered a collapsed lung and required emergen- be times where people

racial harassment at could be racially motithe construction job in vated given past histo-Abercrombie, NS and ries," he said. endured verbal and continued on p(45)

**FEW COUN-**

**IZING NIGE-**

By Julius Oyekunle

2019 if recent reports

said the oil and gas

industry seemed to be

under a new threat,

TRIES PATRON-

**RIA'S OIL - DPR** 

in Nova Scotia but lieves the nail gun inthere is still a lot of cident was deliberate. Shawn Wade African Nova Scotian Hynes, 43, was arrested on Sept. 27 and is scheduled to face a He made the com- charge of criminal neg-

physical abuse that in-

cluded people throw-

**ALLEGED RACIAL WORK INCIDENT** 

ace rela- ing objects at him and

tions are stapling his coat to a improving structure. Dlamini be-

ments after reporters ligence causing bodily

asked him about Nh- harm on Dec. 21.

IS OPPORTUNITY FOR DIALOGUE

By Sandra Beagan

work to do, says the

province's minister of

Affairs, Tony Ince.

lanhla Dlamini who

Minister Ince would not comment specifically on allegations that the nail gun incident was racially motivated. "But I do know that there will will feel that an in-He says he faced cident sauch as this

## CANCELS ONTARIO **FUNDING FOR FRENCH-ONLY UNIVERSITY**

By Sandra Beagan

Progres- French servative government English post-second- ernment's caused a huge backlash this month when Premier Doug Ford announced he is can-nounced the governceling the province's ment's plans to scrap "Scheer and Ford's plans to build a French the funding for the Conservatives should university and eliminating the position of Scheer, leader of the phones cannot and will French language ser- federal Conservative not be shortchanged." vices commissioner.

backlash, Ford an-decision. nounced on Nov. 23 university.

In 2017, Kathleen that French-language provincial issues." Wynne's Liberal gov- services are not afernment announced fected by any kinds of plans for the prov- changes." ince's first French-only governed "by and for by the decision. Francophones."

province.

ntario's cit, making the new me and my govern-province," he said. university, ment," Trudeau said. along with three new

feasible right now. After Ford an- cized the decision. university, Andrew know that Francoparty, "expressed his

concerns" but did not the Liberals are try-As a result of the ask Ford to reverse the ing to politicize some-"It's up to Mr. Ford to do with him. "My that the government to manage those types support for the official will take steps to bol- of things," Scheer said languages is unwaverster the French lan- at a news conference. ing," he said. "People guage in the province, "I told him as prime in the next federal also the province's atbut will not backtrack minister in 2019 I election will be voting torney general, said in on its decision to cut would absolutely work on federal issues, and a press release, "The funding for the French with premiers across people in provincial fiscal realities of our the country to ensure elections are voting on province's finances

statement, Prime Minister Jus- thanked said he looks continue to advocate university, to be lo- tin Trudeau told a news forward to building cated in southwestern conference that he was a "constructive dia-Ontario. It was to be "deeply disappointed" logue" with Franco-

"The protection There are more of official language ers. They're part of for a day of action than 700,000 Fran- minorities across our the history of Ontario. against the cuts on cophones living in the country, the protection They continue to work Dec. 1 in dozens of of the French language hard for generations to locations across the said his across our country is promote and preserve province.

The federal govary institutions, not of official languages, Melanie Joly, also criti-

She

Scheer suggested thing that has nothing guage services commis-

Ontarians.

inher- something that's ex- their beautiful culture ited a \$15 billion defi- tremely important to and language in our

minister Ford said the govern-

policy adviser respontweeted sible for francophone affairs in the premier's

> Appoint Caroline Mulroney as the minister of francophone affairs.

> • Re-create the position of French lansioner, attached to the ombudsman's office.

Mulroney, who is prohibit a new standalone French Language In his Nov. 23 University right now." Ford She added that she will for the project.

The Francophone Assembly of Ontario "They're fight- has announced plans on oil.

which he described as the renewed dislike It is indeed and global war against a bleak pic- fossil fuels and the Lture for bud- quest for renewable get implementation in and cleaner energy.

"Over the years. is anything but true. the threat against fossil With the US producing fuels had always been it's fuel and needing to on paper, but today, it buy a little from oth- is more real than ever, ers, the move to other based on some clear sources of energy is evidence I like to draw even more damaging our attention to," he to Nigeria's economy, said at the 18th edition which depends largely of the International HSE Biennial Confer-The Director, DPR, ence on the Oil and Gas Mr Mordecai Ladan, Industry in Nigeria.

continued on p(39)



# **SMART TIPS TO HELP YOU DECLUTTER YOUR LIFE**

and make your home purchases.

Tanya Otero, volunteer engagement on shorelines.

She recommends terways. finding reusable alternatives to disposable plastic for everything to get started:

(NC) The idea of from personal care living with less may products to cleaning able water bottle. Fill seem difficult but it supplies and groceries. up on fresh water from can be easier than "I'm not eliminating the tap. you think. Making a all plastic in my life,

a more enjoyable "Where I can, I'm you go. place. It can also ben-reducing the plastics self if I really need an bulk. item or if I can buy it

Otero says switchcoordinator for the ing to sustainable al-Great Canadian Shore- ternatives can also meals. line Cleanup, says that help you save money too many single use while reducing the litplastics end up as litter ter that can end up on shorelines and in wa-

1. Carry a reus-

2. Bring your change can help you but I'm much more own mug. Choose a be more productive conscious about my travel mug you love and take it wherever

3. Shop in bulk. efit the environment, that are single use and Fill a reusable bag or especially if you plan disposable. I think be- jar with snacks, pastas to use less disposable fore I buy, and ask my- and other items sold in

> 4. Buy fresh. used or package-free." Choose fresh produce over packaged frozen foods and ready-made

> > **5. Pack it.** Keep a reusable shopping bag handy in your purse, backpack or car.

Here are some tips *Find more tips online* at shorelinecleanup.ca.

# WORKING WITH THE **NEEDY WILL MAKE YOUR** PERSONAL LIFE BETTER

By Nicole Anozie

to others, you develop they provide zero care becoming a burden in a better feeling as your for the needy. level of self-gratification increases. Offer- search findings, there passionate about helping help to those in are people who are ing troubled children, need is a good thing. passionate about help- you can be of help to As a matter of fact, ing those in need but these kids by getting in many people don't don't know how to touch with call centers

According to relike to help others and go about it in a way

the needy will cess demand for labor not overburden them.

There are several ways dustry. People are too fer help self continuous properties. that accounts for ex- that the needy will fer help self-centered, as such, helped without them your life.

For those who are continued on p(39)

# **SIX CATHOLIC SCHOOL STUDENTS IN TORONTO CHARGED FOR SEX ABUSE**

arrested and charged after displaying a video of alleged sexual

By Juilius Oyekunle of the school's football dal over violent "haz-

all- Saint Michael's College Catholic school which boys Catholic school were charged with as- has high-ranking poliin Toronto have been sault, gang sexual as- ticians in both Canada sault with a weapon.

The arrests came assault by members amid a growing scan-

Six male stu-dents from a The students from chael's – a private private all-Saint Michael's College Catholic school which sault and sexual as- and the United States among its alumni.

> Videos of the locker continued on p(45)



cpu-fans, motherboards, keyboards, batteries, top cover,

base covers, memory, hard drives, etc.

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# PARLIAMENTARY SECRETARY TO THE MINISTER OF INTERNATIONAL TRADE DIVERSIFICATION OMAR ALGHABRA **OP-ED FOLLOWING HIS PARTICIPATION IN THE AFRICA INVESTMENT FORUM**

NOVEMBER 7-9. 2018. JOHANNESBURG. SOUTH AFRICA

✓a lot recently about the thriving and huge economic potenexpanding market op- tial. And the presence portunities in Asia of Canadian expertise and the significance of in Africa supports eco-North American trade nomic growth that bento Canada's prosperity. And both these statements are absolutely true. Many Canadians, however, might be surprised to learn that according to the International Monetary Fund, growing economies in the world are in Africa, including Ethiopia, Côte d'Ivoire and Senegal.

With our dynamic ture, project financing build a more peaceentrepreneurial African-Canadian com- Canada looks to Afmunity, longer term, rica, it sees not just strategic and more com- challenges but opporprehensive engagement tunities. The trade and with Africa on trade is development nexus in policies for promoting a compelling draw for Africa offers Canadian Canada, and an impor- companies the space tant pillar in our trade to develop projects in diversification strategy. support of the United The UN Conference on Nations 2030 Agenda Trade and Develop- for Sustainable Develment states that African opment Goals. And economies can expect as the fourth-largest a 20% increase in for- shareholder in the Afrieign direct investment can Development Bank, in 2018, worth \$50 billion. The opportunity to ensure good projects this presents for Canadian businesses to build on our strong peopleeconomic to-people ties is one of the many reasons I led a delegation of Canadiand at home. an investors and devel-While at the forum, opment experts to the African Investment Fo-I was proud to witness

ciency, effective energy powering women. storage, smart grids and clean electricity, are well placed to capitalize driven by Canada's on these opportunities Feminist Internation- with Sierra Leone and and can leverage inter- al Assistance Policy, Iceland, was proud to

Tanadians funds to do so. Canada is committed to helping realize the region's efits everyone.

The Africa Invest-

investors, project develsix of the 10 fastest- opers and the private sector to sign deals, provided an excellent platform for Canada to highlight its expertise in energy, infrastrucand agriculture. When Canada is well placed move forward—those that support women's ment and jobs for trillion, or 11%, to globyouth, both in Africa

rum in Johannesburg, the signing of a memo-South Africa, from No- randum of understanding between Canada's forts of many African new Development Fi- countries as they work Rapid economic nance Institute (FinDgrowth in the African ev) and the African De- ity, including Zambia, markets is expected velopment Bank. This which leads internationto double overall en- collaboration toward ergy demand and triple Africa's sustainable in- and forced marriage; electricity demand by dustrialization through Rwanda, which has 2030. Canadian com- private sector invest- over 60% female parliapanies, with their out- ments with a developstanding technological ment impact focus will innovations and repu- target climate action, equal cabinet, its first tation for energy effi- job creation and em-

This agenda is national climate finance which seeks to reduce



Investing in Women: PS Alghabra participated in a panel on women's economic empowerment to talk about what Canada is doing at home and abroad.

extreme poverty and ful, inclusive and prosperous world. Gender equality is at the heart of Canada's international assistance and its trade and investment.

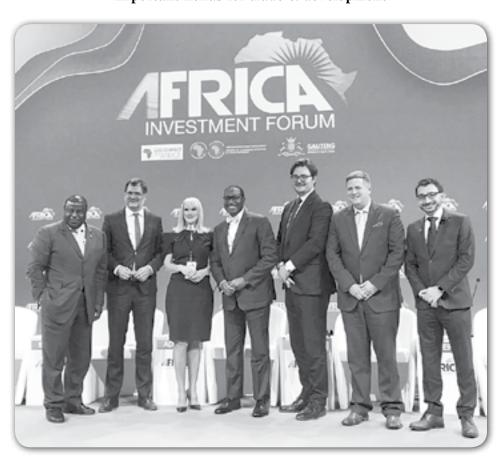
We know that empowering women, youth and small and mediumsized enterprises creates positive change and benefits the overall economy. We also know through research organizations and institutions. such as the McKinsey Global Institute, that advancing women's equality can add some US\$12 al economic growth by 2025, and that is probably a conservative esti-

Canada recognizes and encourages the eftoward gender equalal efforts on child, early mentarians; and Ethiopia. with its genderwoman president and its first woman supreme court chief justice.

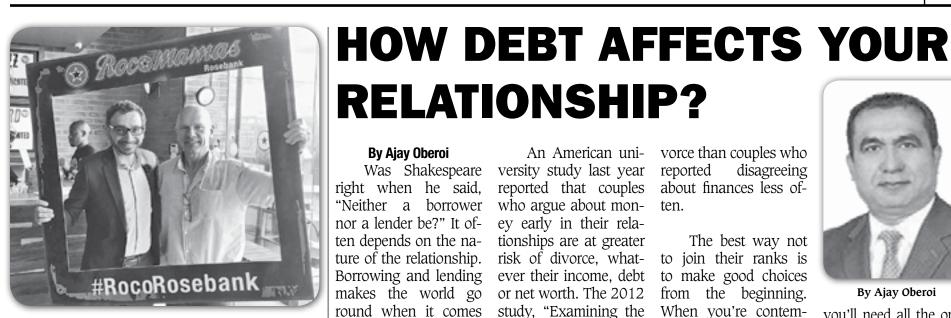
Canada, along champion the Joint Dec-



FinDev: During the Africa Investment Forum, an agreement was signed between the Africa Development Bank and FinDev Canada, creating an important nexus for trade & development



G20 Compact: Canada is looking to diversify trade with African partners, and the Compact with Africa is an important vehicle to spur investor confidence as we work towards the Sustainable Development Goals.



RocoMamas: PS Alghabra visited popular South African burger chain, RocoMamas, who are considering opening locations in Canada

their participation in trade. this year at the WTO on gender-based analysis of trade policies.

But there is more the UN's 2030 Agenda for Sustainable Develeliminating poverty and creating decent work and economic growth.

As Canada knows well, regional integraating job and wealth creation in Africa—outcomes that can only help to foster economic opportunities for women and girls. We which to strengthen African and was instrumental the rest of the continent in putting the agreement into force.

and protection agree- can continent.

laration on Trade and ments (FIPAs) with Economic Benin, Burkina Faso, Empowerment (Decem- Cameroon, Ivory Coast, ber 2017), endorsed by Guinea, Mali, Senegal over 120 World Trade and Tanzania. These Organization members agreements encourage and observers. The increased bilateral indeclaration seeks to re- vestments between our move barriers to wom- countries by helping to en's economic empow- reduce risk and by inerment and increase creasing investor confidence in our respective markets. We continue Canada sponsored the to advance FIPA negotifirst workshop under ations with a number of the declaration earlier other African countries

Like the African continent, Canada is surrounded by oceans work to do to achieve and is rich in coasts, waterways and fisheries. Healthy oceans, opment Goals, including seas and waterways promote economic, social and environmental well-being and play an important role in the global climate system. They support commution is key to acceler- nities, jobs and livelihoods, food security, human health, biodiversity, economic prosperity and ways of life.

We are excited to are proud to support be co-hosting the Susthe Africa Trade Policy tainable Blue Economy aims Conference together with Kenya at the end trade policy capacity of November in Nairobi. The conference in advancing the Af- provides a unique oprican Continental Free portunity for business Trade Area negotiation and government leadprocess. Seven African ers from around the countries have already world to come together ratified this historic and collaborate on how agreement, and Canada to best build and profit stands ready to support from the blue economy.

build a vibrant econo-To further help my, and trade diversifi-Canadian companies cation is the engine that compete and succeed in drives growth. From these benefits. this thriving region, the Cape Breton to Cape Canadian government Town, we embrace this | will deduct the in- Find out more at canhas negotiated foreign truth whether we are in investment promotion Canada or on the Afri-

# **RELATIONSHIP?** An American uni- vorce than couples who

money were longer and

right when he said, reported that couples about finances less of-"Neither a borrower who argue about mon-ten. nor a lender be?" It of- ev early in their relaten depends on the nature of the relationship. Borrowing and lending ever their income, debt to make good choices makes the world go or net worth. The 2012 from the beginning. round when it comes study, "Examining the When you're contemto national economies, Relationship between corporations, or small Financial Issues and ship commitment, talk business, but it's a very Divorce," also said different story when it that arguments about money. comes to your spouse.

Debt can have a more acrimonious than among the most common causes of divorce.

tionships are at greater

devastating effect on a arguments about other what you think money relationship. It's often topics. Another univer- is and its role in socicited as the No. 1 rea- sity in 2009 found that ety. Talk about your fison couples argue, and couples who disagreed nancial priorities. If one about finances once a of you want to save for week were more than retirement and the oth-

Was Shakespeare versity study last year reported disagreeing

The best way not risk of divorce, what- to join their ranks is plating a major relationto your partner about

Talk about your attitudes, your culture, 30% more likely to di- er wants a speed boat,



By Ajay Oberoi

you'll need all the open communication you can get. Disagreeing doesn't mean your relationship is doomed, but it will take continued nonjudgmental communication and regularly revisiting the issue to keep from developing resent-

Financial tensions down the road. Talk continued on p(47)

ments and creation.

# **NEW CANADA PENSION PLAN CHANGES TO** RETIREMENT

(NC) In Janu- cheques as they have | stressful! ary 2019, the Canada in the past. If you file Pension Plan (CPP) enhancement will take cally there will be no cooked turkey and tan-debt. In 2015, averits first step toward extra work for you to improving retirement do at tax time. If you benefits for all working file on paper, Cana- Gift giving is expensive, income, a significant Canadians.

ary, you and your you through calcula- pressure of hosting per- 20% of their disposable employer will begin tions needed to claim a fect meals and buying income, according to making higher contri- tax credit on the base everyone just the right Statistics Canada. butions to the CPP. In CPP contributions and | thing? It all adds up. 2019, the contribution a tax deduction on the rate will increase from enhanced CPP contri- through the festivities ing their money in gen-4.95% to 5.1%. Contribution rates will rise gradually from 2019 to are eligible to receive to be prepared.

Your employer tions from your pay- ment-employees.

your taxes electronida Revenue Agency butions.

2025, so you have time resources and tools to important way of reto readjust your yearly help you understand ducing stress at holiday to teach your children This we know: budget. By increas- the enhancement, how time. trade and investment ing your contributions, the enhancement will you'll receive more affect you, and what from the CPP when you you need to do in order

creased CPP contribu- ada.ca/cpp-enhance-

# TAKE THE STRESS OUT OF THE HOLIDAYS: **ENHANCE YOUR** MANAGE YOUR DEBT

(NC) Yes, the holi-

Here are some tips:

- Pay off your credit what you "want." card in full to avoid costly credit card interest.
- of managing your debt. literacy-month.

It seems intuitive days are a wonderful to spend within your time of the year. But the means. But the reality festivities can also be is Canadians are saving less and spending more, It's not just the last- which has led to reminute shopping, over- cord rates of household gled lights that take the age household savings fun out of the holidays. were 4% of disposable especially for families. drop from the 1980s Starting this Janu- (CRA) forms will guide | Who doesn't feel the when Canadians saved

> Canadians are fall-So how do you get ing behind on managwith minimal financial eral. The holidays are stress? Being in control a good time to revisit The CRA offers of your spending is one your finances. They're also a good opportunity about saving, smart spending and budget-• Have a realistic ing—knowing what budget - and stick to it! vou "need" versus

> > You can find more • Cut back your *tips and resources at* shopping list as a way canada.ca/financial-

## **DETAINEE SUES CANADIAN GOVERNMENT AFTER SUFFERING MENTAL BREAKDOWN**

Prosper Niyonzima, an immigration detainee convicted of a string of crimes, filed a complaint against Canadian government for suffering inhumane conditions while under solitary confinement.

He was sentenced of four years imprisonment due to his involvement in break and enter crimes, drug trafficking and theft. According to the 36-year old detainee, he was placed on solitary confinement for straight two years which caused of his mental breakdown in 2013 resulting to being catatonic for three years.

On October 29, 2018, Niyonzima filed a \$65 million lawsuit in Ontario Superior Court

nied of his basic needs such as proper food, medical care, clothing and vard time. He alof daughter who was Centre. placed under adoption.

ernment since he was already assessed of suffering childhood trauma genocide. After their deaths, he acquired per-

claiming that he was de- Canada in 1995 but lost it after his conviction. In 2012, he was sent to a number of immigration detentions while waiting leged that he was only for his deportation such allowed to take a bath as St. Lawrence Valley thrice in one year and he Correctional and Treatunderwent violent elec- ment Centre and Central troconvulsive therapy. East Correctional Centre Also, he was deprived of both in Ontario and in his right to gain custody Toronto West Detention

Subodh Bharati, Ni-Prior to the deten- yonzima's legal counsel, tion, Niyonzima has averred that the Canadimental issues which an government must be were known to the gov- responsible for the horrendous treatment done to his client.

As of press time, after witnessing the mas- the government has not sacre of his parents and issued a statement yet siblings in the Rwandan in relation to the allegations. However, no allegations in the lawsuit manent residence in has been proven in court.

Prime Minister Justin

Navdeep Bains said that Otta-

## TRYING TO SAVE GM PLANT **HOPELESS — POLITICIANS PROMISE AID FOR WORKERS**

By Sandra Beagan

eneral Motors announced on Nov. 26 that it is closing its plant in Oshawa, Ontario, as well as two plants in Michigan, one in Ohio, and one in Maryland

The plants that are being closed make cars that are no longer popular, including the Cadillac XTS and CT6, the Buick LaCrosse, and the Chevrolet Cruze, Impala, and Volt, GM plans to discontinue those vehicles.

one in South Korea.

The closures are part of a global reorganization transform GM's manufacturing process and prodcompany plans to focus the dock. more on autonomous vehicles and electric cars.

GM says the restructuring will save the company US\$6 billion by the year will lose their jobs or be reassigned to other plants.

The Oshawa plant alone employs more than Trudeau tweeted that he 2,900 people.

current GM plant – which is equipped to make just about every model GM sells – was built in 1953. The auto-

a major economic blow to help the affected employees. Ontario and to Canada.

the Oshawa facility.

Recalling his discus-

"To say we're disappointed is an understatement." Ford added.

employees, their families, ity for the affected workers. and the city.

told GM CEO Mary Bara that he is deeply disap-

Chevrolet has been pointed about the closure. making cars in Oshawa for He added in the tweet that over 100 years, and the the government would do everything possible to help the people directly affected. Social Development maker is Oshawa's biggest Minister Jean-Yves Duclos and Federal Industry Minister

The closure will be wa is looking into how it can

Duclos told reporters, Since the announce- "We're very disappointed ment, Ontario's Premier and very surprised by GM's GM also plans to Doug Ford and leaders in announcement... It's an close three plants outside Ottawa have conceded that announcement that's disanof North America, including it would be futile to try to pointing because...it affects convince GM not to close thousands of families in a cruel manner.'

Bains described the intended to cut costs and sion with Stephen Carlisle, closure as "incredibly dev-CEO of GM Canada, Premier astating," and said that all Ford said, "The first thing options are under considuct line. In order to meet I said was, 'What can we eration, though he did not changing demand in the do?'" Carlisle's reply was, give specifics about what transportation industry, the "The ship has already left kind of support the government might come up with

Premier Ford said Ontario will bolster retraining measures and employment Instead, Ford and na- help immediately and called 2020. About 6,000 hourly tional leaders have vowed on Ottawa to extend emand 8,000 salaried workers to work together to help the ployment insurance eligibil-

for the workers.

"I can't teach you how to do your job but if you're writing continued on p(32)

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# \* V>PASSION & V \*\*

## With This Ring

Continued from the last issue

When Grace entered the restaurant in the evening, she saw that Albert had already been seated at a table. A waitress was with him and Grace could hear her laughter. When she reached the table, Albert stood up to welcome her. There was a full cup of Chapman cocktail drink in front of him.

As he looked at her, his eyes twinkled. He liked what she wore. The pink dress with V-neck flattered her shape well.

When they were seated, he told the waitress, "Could you get her a cup of Chapman as well?" "Yes. I'll bring it right away."

She said. She handed them a menu each and left. "What were you talking about that was so funny to her?" Grace

wanted to know. "Oh, I was just chatting with her. She wants me to help her get a better job."

"To help her get a better job?" Grace repeated. She looked in the direction of where the waitress went and saw her coming back. She kept quiet and glanced around the room. Potted palms were in every corner.

As the lady set the cup in front of Grace, Grace looked at her and guessed she could not be older than twenty two years.

The lady asked Albert, "Will vou like to order now?"

As he ordered for both of them, Grace noticed the way the waitress was smiling and responding to him. If this had happened some days ago. Grace could have felt some jealousy but right now, she didn't think she felt anything. The lady could have him as far as

she was concerned. When the lady left, Albert told Grace that he had asked the lady

to get her CV across to him. "She obviously likes you." Grace said with a false smile. He smiled. "There's not much I can do about that."

"I think you should let her know that you're not ready for commitment before she gets

The smile on his face disappeared. "What's that supposed to mean?" He asked with a frown.

"What do you think it means?" Just then, the waitress returned with their appetizer which was mushroom sauce soup with crusty bread As soon as she left, Grace

asked Albert, "So, why were you calling my line yesterday?" She took a spoon and began to take Even though there was no one "If I didn't have a say in it, you leaned forward

sitting near them, he lowered would not be sitting here with "Why shouldn't I call you?" He answered with a question of his own. "Were you not supposed to go somewhere?" He took his own "So, you wanted to know if I'd

gone." She said with a frown as she buttered the bread. "What's biting you this eve-

She didn't talk. His phone began to ring. It was one of his friends.

"Excuse me." He told Grace From his end of the conversation. Grace gathered that a pastor

had been found to be involved in fraud. It was obvious that Albert was interested in the story. When the call ended, she asked him, "Was that about a pastor?"

"This doesn't make sense, Grace!" He snapped. "You should get rid of it!" He insisted.

about it, be careful." With raised eyebrows, he "Because this is about a pas-

He couldn't understand her

have you done it?"

"No." She finished her soup and set the bowl aside. Surprised, he tossed her a dis-

vour office, vou were not there and your phone was switched off. Did your secretary tell you

"Where were you?"

"And you didn't go for it today.

have it done, when you're three or six months along?"

She didn't respond. "Grace. I'm talking to vou."

looked at her as if she had suddenly developed two heads. He almost couldn't believe that he'd heard her

blinking or moving. Was she se-

cided to keep the baby?" She didn't talk. Putting the spoon in his hand

"It's the right thing for me to

What's she talking about?! "Well, if I am truly the father, you

my body. You don't have a say in it." She said with a sway of her

spoke again, "You want to raise it without a father, all by yourself? You want to become a single mother like your mother?" He questioned and slouched back on

"I will cope if it comes to that." "That's what it will come to because it's your decision. I'm not going to be a part of it."

family members ask who the fa-"Of course they will ask." She

"And?" He arched an eyebrow. "I'll let them know the father is



Google search. It's from your past: you declared bankruptcy years ago, or you have a decades-old drinking and driving conviction. The information is no longer relevant

The question of

whether an employer can

compel female employ-

ees to wear a brassiere

to work has been opened

once more. In British Co-

lumbia, an employee of the

Osoyoos Golf Club is filing

a Human Rights complaint

after being fired for refusing

Losielle, working at an

East Side Mario's in Sud-

bury, wouldn't wear a bra

when asked to do so. The

restaurant manager told

Loiselle that two custom-

ers and a co-worker had

complained about her going

braless. Loiselle responded

that that if heavy-set male

employees, many with big-

ger breasts than her, didn't

Last year, Genevieve

to wear a bra on the job.

here may be in- you ask search engines such search results about Canadi-"right to be forgotten?"

Canada's Privacy Commissioner, Daniel Therrien, is asking the Federal Court be forgotten'? of Canada to determine if – you've paid your debts, or Google falls under Canadian

**CLAIMS OVER BRAS IN THE WORKPLACE** 

a bra until the story went

viral nationally, and the

restaurant owner backed

the right to compel women to

pational requirement' or

workplace discrimina-

Rights Code. discrimination

happens if a person is ad-

versely treated based on a

ground listed in the Code.

Sex is one of these grounds.

prove discrimination if

they show any negative

treatment they are receiv-

wear a bra on the job?

Does an employer have

A 'bona fide occu-

Under the Human

A complainant can

down in the face of the bad

formation about as Google to remove old and ans. If the Federal Court finds ▲ you online that embarrassing links about that Google does, it might you'd rather not appear in a your past that could affect have to remove links to outyour future? Do you have a dated information when requested to do so.

What is the 'right to

in online searches and affects

Under the "right to be forgotten," a person can request that a search engine "de-list" websites with this type of information from the results of a search about them. This

continued on p(47

# **AFTER 6 MONTHS AWARDED 6 MONTHS' PAY IN LIEU OF NOTICE**

**BC WORKER FIRED** 

By Sandra Beagan

he British Columbia Supreme Court has ruled in favour of a man who was fired six months into a new job after being induced to leave his previous

employment. While there is no official rule of thumb for severance, it's understood to be one month's pay per vear of service

The BC Court awarded James Greenlees six months' pay plus court costs, which amounts to one month's pay per month

Greenlees, 44, was making \$100,000 per year as a sales rep for a landscaping company when

Robert Parkinson, a sales manager at Starline Windows, contacted him with an offer of employment. Starline designs and installs windows for residential properties in Surrey,

meet with Parkinson.

and leave his previous employment.

to understand about and position with new conwhat the sales manager struction projects told Greenlees:

would be higher when dealing with new construction than when dealing with renovations.

• He would primarily be working with new construction and only occasionally with renovations.

 His commission percentage would go up after a three-month probation period.

A couple of weeks into his new job, Greenlees was assigned to working on renos rather than new construction until the end of his probation period. Re-

member, his commissions on renos were lower than what they would be on new construction.

But, after the three month probation, he remained on renos and his commissions did not go up as Parkinson had promised. Parkinson told him to be patient.

Two months later, Parkinson was fired. A month after that (we're up to six months now) Greenlees was fired without cause. He had never gotten off the reno gig and into new construction as promised.

Upon his termination, Greenlees received one week's pay, one week's commission (based on the previous six months), and no reference letter.

Greenlees undertook a job search that resulted in eight interviews. He turned down three of those jobs based on insufficient compensation or the product. The other five did not result

After seven months searching, he found an appropriate job with a building products company at \$70,000 a year plus commission.

Greenlees Starline for wrongful dismissal. He claimed damages for:

• Reasonable notice Inducement from

• Bad-faith promises Three crucial points regarding compensation

> Here are some things that courts normally take into account in a short-term dismissal without cause case (besides length of ser-

sition, and job responsibil-

 Availability of similar employment

Here are some of the factors the Court

#### have to wear a bra, why ing falls under one of the **tion?** should she? In almost all situagrounds in the Code. An **BOSS'S SEXUAL ADVANCES:**

\$52 K AWARDED TO WAITRESS

By Sandra Beagan

The Quebec labour relations tribunal has awarded \$52,000 to Anissa Berrad, a waitress who was harassed after rejecting her

boss's sexual advances. The judge concluded that Berrad had been humiliated and suffered psychological harassment at her workplace, Montreal's

Blanche Neige restaurant. when Nick Triandos first bunal's decision, Berrad hired her he seemed like a kept going to the job even decent boss. But she soon noticed that he was groping and kissing his waitresses.

When Triandos groped her in a car while driving her to work, she told him to stop and he began insulting Blanche Neige waitress and screaming at her.

What would God want him

She confronted him andos insulting Berrad and about his behaviour, ask- added that she was subjecting what would happen to a waitress who refused his advances. He told her he months until she found anwould harass the worker other job. until she quit, according to

the tribunal's ruling. After that, Berrad endured daily insults and harassment, with Triandos calling her "stupid" and "crazy" and swearing at

According to the trithough she felt "humiliated, terrorized, and fearful" because she had to send money to her family in Morocco

and pay her own bills. rant that wasn't as busy as for lost wages and \$30,000 Another former her section as an overflow, testified that she heard Tri-

happen. He had to do what would work for him. God, I'm sorry, he

muttered under his breath. He would make sure he changed Grace's mind tomorrow Grace. He would begin by apoloopinion would be any different no matter the cost and every- gising to her. That should calm from Donald's. He would have thing would be back to normal. her down and make her become They would continue going to reasonable enough to listen to he would be messed up and he their churches, living their lives, him. couldn't afford to allow that to and no one would know any-

thing. He felt a little relieved. In the morning, while he

making sure that customers

dressed, he thought about the conversation he would have with

(to be continued) This story is from the novel With This Ring by Taiwo Iredele To read the novel, pls visit:

https://www.amazon.com/Taiwo-Odubiyi/e/BOOG6MU03I Or: www.okadabooks.com/ search?term=odubivi

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point and he said, "Because he's "Who gives a flip that it's about a pastor? I'm a reporter and I report news." He said and dismissed her advice. "Back to our discussion,

> approving look. "No? You mean you didn't go for it yesterday?"

"So, where were you? I called that I called?" He leaned forward and rested his elbows on the

"I told you I wasn't feeling

I already gave you the money. What's causing the delay?" When she didn't talk, he spoke again, "When do you intend to

"Albert, I have decided to keep the baby." She stated flatly. He almost stopped breathing. He

She looked away He stared at her without

The waitress came back with the main meal. The moment she left, Albert asked, "You have de-

down, he asked, "Why?" do. I have already made one major mistake; and I don't want to make another."

can't make such a major decision without my consent!" She drew a deep breath before she said, "You want me to get rid of it but I don't want to. I have to make the best decision in this case. It's about me, my life, and

When she didn't respond, he

"It's okay. You don't have to." He sat forward. "Won't your

took her cutleries and prepared

"If during the abortion, some-



Pastor Taiwo Odubiyi

thing goes wrong with me, won't you go on with your life?"

"This doesn't make sense unless you planned it from the be-Her mouth fell open. She put

the cutleries in her hand down as she said. "Excuse me?" "Yes, vou heard me, I'm begin ning to suspect that you allowed

this thing to happen to trap me." She blinked at him. "What? To trap you? For what?" Then with eyes blazing, she told him, "Do I look like someone who is desperate? And by saying that, you must consider yourself a prime catch but let me tell you, you are not! You are nothing but a spoil

She scooted her chair back and got to her feet. Taking her handbag, she slammed her chair up under the table and turned away. She stopped and looked at him. "And ... forget about me, about the baby! We would be fine without any help from you!" With that, she left.

petite as well. Some people were openly looking at him now. He signalled at the waitress for the bill. When it was brought, he settled it and asked for the food to be packed for him. That was

He didn't try to stop her as she

walked out. He had lost his ap-

done and brought to him and he

left immediately He sat in his car and thought of what Grace had just told him. She was about to turn his life upside down. He had to do something . but what? He wasn't certain. He took his cell phone and called his friend, Chike. Albert knew that he would understand his predicament and probably know a way out for him. Chike, an Accountant wasn't a Christian and his girlfriend aborted a two-

month old pregnancy recently. "Hey, what's up?" Chike called "I'm in a big mess!" Albert said without wasting time. There was

"What happened?" "Grace is pregnant and she has just told me she's keeping it." "Oh oh!" Chike uttered. He explained the whole situ

tion to Chike. "Well, you just have to find a way to convince her to change her mind. Pet her, buy her an expensive gift, and offer her more money or something." Chike advised. "Try to see her unfailingly tomorrow and make her see rea-

no time to waste anyway.

son with you." Albert eventually started the car and drove away from the restaurant. As he joined the flow of traffic, he pushed in the CD of Michael Jackson and listened as he sang 'I'm bad!' At home, it occurred to him to

call his immediate elder brother,

Donald, who influenced him to

ioin the church where he had

been worshipping and become a

Christian, but somehow, he could

almost predict what Donald's re-

sponse would be – Albert should

do the right thing by keeping the

pregnancy. But Albert wasn't

ready to do that. to do? The question crossed his mind. No. he didn't want to think about that. He didn't think God's loved to obey God but if he did,

## Online information never goes away. Is it fair to you've paid your fine. Can privacy laws when it shows you if irrelevant and outdat-FEMALE EMPLOYEES BRING NEW DISCRIMINATION

An employer can

show they are not discrimi-

based on a bona fide oc-

a certain skill or character-

istic is needed to do a job.

For example, an airplane

pilot must be able to see, so

a policy saying that blind

people cannot become pilots

would discriminate against

blind people who wanted to

become pilots. But the dis-

crimination is permissible

it workplace discrimina-

ed to the same treatment.

She put up with it for a few

diagnosed with serious

depression and prescribed

sion goes on to say that

other staff not to speak with

her. He gave slices of a New

Then Triandos assigned

body but Berrad.

In 2014, Berrad was

The tribunal's deci-

as it's a BFOR.

#### The manager still in- employer is discriminating sisted that Loiselle wear if it forces a female server to An employer may wear a revealing top while only require employees to letting a male server wear a wear specific clothing – including underwear – if

criminatory reason they nating only if its policy is must do so and the clothing requirement doesn't demean anycupational requirement (BFOR). A BFOR occurs if

• there is a non-dis-

It is not discrimination to insist that construction workers wear helmets, as this is a necessary safety precaution and a BFOR. This holds true even for employees whose religious beliefs require them to wear a head covering.

It is not likely that any clothing policy requiring **Mandatory bras – is** women to wear bras could be exempted from discrimination as a BFOR. Asking

talk to them.

hunger."

when Berrad asked Trian- showed up, Triandos

dos to stop yelling at her, claimed that Berrad had

his abuse escalated. He told hit him. He fired her on the

Years' Day cake to every- about a month later. Berrad

her to a section of the restauto Berrad includes \$19,500

other sections. He treated for moral and exemplary

damages.

continued on p(47)

Working in that sec-

tion, Berrad was not mak-

ing enough tips. She testi-

fied that Triandos said her

mother would "starve of

to show up for work on Jan.

24. He said he was just re-

ducing her hours, not firing

her. They argued, Triandos

became aggressive, and

spot. Triandos filed an as-

sault complaint against her

was acquitted of the charge.

The \$52,000 award

When the police

Berrad called the cops.

Triandos told her not

were not seated there unless necessary. If she attempted to greet customers, he would yell at her and tell her not to

> Greenlees had no experience with windows and he wasn't even looking for new job. But he agreed to

During their two meetings, Parkinson's offer in terms of salary, commission, job position and responsibility, career growth, and increased freedom were sufficient to convince Greenlees to sign a contract

secure employment

• Employee's age, po-

 Inducement to leave prior secure employment

continued on p(47)

WHAT'S ACTUALLY COVERED?

that enters the home from

dry land through the doors

or banks of snow overflow-

ing or sewer back up. Speak

with your insurance provid-

er to make sure you have

the coverage you need, as

policy. Basically, there is

no such thing as an "Act

of God" policy — at least

not in the insurance world.

Most home insurance poli-

cies already cover wildfires,

hailstorm damages, light-

The "Act of God"

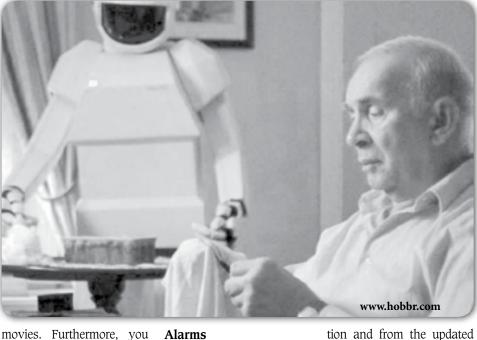
**HOME INSURANCE:** 

## **GADGETS THAT ARE USEFUL FOR THE ELDERLY**

Iders generally need a lot of domestic help and in most cases, members of the family may not be physically present to help them at home. A normal household does not always possess a hired nurse, as such, assisting the elders automatically becomes the duty of the owner of the house.

Elders need tance with walking, getting an item, washing and so on. Solutions to the needs of the elders can be either be achieved entirely within the sphere of practicality or parting with cash. The most glaring and cost effective solution is leaving their entire personal assets downstairs if they reside in houses with stairs. Doing this will mitigate against occurrences like slipping down the stairs, dizziness and so on. To make this happen as caregivers, you must put in place a lot of necessities in sensitive areas like the bathroom. To do this, spread a slip repellant material inside the tub and showers. Also, place bath mats outside the tub. This method is relatively inexpensive and minimizes injuries.

Parting with cash means exposing the elders to technology, as such, you can connect a wireless headset to the television for elders' use. Through this connection, several adjustments can be made to the television without elders leaving where they are while they disturb no one. You can also activate subtitles and captions for



movies. Furthermore, you can consider auto reminders which remind elders of specific tasks at due time via pre recorded messages. When you feel they are bored, buy handheld portable games like crossword puzzles and other games that boost coority and produce alerts when dination and critical thinking their elders' routine is interfor them. These games can be accessed on Nintendo's DS Lite.

As artificial intelligence gains more prominence, the use of robots for household As a matter of fact, many domestic robots have helped the elderly ones live longer than expected.

Some of the helpful robotic gadgets are dolls, vacuum cleaners, lawnmowers, and washing machines.

A noticeable improvement has been witnessed in the home alarm system and mobile phone security apps for elders. There are now advanced gadgets that can monitor patterns of activrupted. Wireless alarms that can be installed around the house to guide elders are now available as well.

GPS shoes are shoes and soles that contain devicchores has also increased. es that are wearable. These devices track people's movements and inform contacts remotely regarding their location. Elders who roam around as a result of dementia or Alzheimer's can enjoy GPS shoes. These shoes periodically update informainformation, caregivers can get real-time update concerning the elders' location with frequencies that range up to every 10 minutes.

#### Memories' treasures

There are gadgets which refresh memories of elders and make them enjoy their later years by boosting their happiness and well being. Example of these gadgets is a digital photo frame which displays thousands of photos. The digital photo frame displays audio and video content as well. These memories' treasure gadgets help the elderly ones by offering them companionship and they can be updated from the mobile phones and computers of the relatives of the elders.

# **BLOCKED, DISTANCED AND BETRAYED**

who keeps calling her son, only to continually be routed to voicemail. Is her son that busy? She decides to follow him. When she sees him sitting alone in a restaurant.

painful reality for many parents. They chase after their be rejected or blocked out. humiliated by their criticism, to show interest and listen Young children, teenagers, told how to dress, think, non-judgmentally, a child and even adult children can choose to distance themselves from their parents, After hearing "not-good- bonding, not just to his parclaiming they are too busy enough" messages from his ents but to people in general. to talk on the phone, or answering questions with you?" "Fine."

about a mother to share your love and wis- that early bonding, a child

# TANCE THEMSELVES? ANSWERS MAY

Unfortunately, this is a child may feel that he cannot test go? Do you need a Band-He no longer wants to feel bully bother you today?"

As a parent, you may used to being distant from can I relate to you now? You feel humiliated, insulted and parents because there was are strangers. I don't even feels like a knife turning in during their formative years. don't know who I am." your heart. It's even worse if Babies who get lots of cud-

produces fear hormones, adrenaline and cortisol. If **WHY DO SOME CHILDREN DIS-** parents are absent for many hours, the reach-out reflex shrivels up and dies. A lov-• Excess monitor- ing bond is built by endless ents have violent tantrums, she calls him. She watches as *ing and criticism*. When mini-interactions, which lie, and are so unpredictable parents are overly critical or occur when children are that it is impossible to build overly enmeshed with a child touched frequently, given a trust. Children learn to pro- so that your children know during his formative years, a hug or asked, "How did the tect themselves by disengag- they are always welcome in wait to escape their clutches. Aid for your knee? Did that button cannot be turned on if a child reconnects, smile children's attention, only to stifled by their advice and If parents do not take time go there.

Children cannot feel respectspeak and behave, or told feels unloved and unimport- ful towards parents who that his decisions are wrong. ant. He may have difficulty do not respect each other. Imagine a child hearing, "Your father/mother is cra- Put your energy into projects parents, he has become "al- Later, when parents seek a zy/lazy/stupid. That's why where your love and concern lergic" to them and creates relationship, the foundation I'm so miserable." A child is will be appreciated. There your own sense of self. monosyllables: "How are distance to avoid more pain. is missing. Many children ashamed to be connected to are thousands of organiza-LACK OF BONDING IN EARLY feel, "You didn't have time parents who cause him so tions in need of devoted peo-**CHILDHOOD.** Many children get when I needed you, so how much confusion and shame.

On the other hand, betrayed. The emptiness so little interaction with them know who you are, and you there are many parents who did their best to be loving • Lack of trust. Par- and attentive, but the chilvou've also been locked out dling produce more oxytocin ents who have addictions dren suffer from addictions of the lives of your grand- and vasopressin, the social- or emotional illnesses are so or emotional problems which

children, just when you long bonding hormones. Without self-absorbed that there is no emotional space for a child. If a parent is narcissistic, depressed, dysfunctional, obsessive or addicted, the child feels isolated, neglected and unwanted. Borderline paring. For many, the "connect" your heart and home. And

the world. 3. Take care of your**self.** Make sure you exercise daily and eat right. Become

ily needs help sometimes, verifying the harness so and grandparents are a straps are at the appropriwonderful resource for ate height, whether rear or forward-facing. after-school pickup or take

WHAT GRANDPARENTS

**NEED TO KNOW ABOUT** 

(NC) Every fam- the level indicator and;

**CAR SEATS** 

many. Despite their en-

thusiasm to help with

the kids for a day of fun, a

lot has changed from the

time they were transport-

found that four out of 10

parents are concerned that

secondary caregivers will

not install or buckle the

car seat correctly. Follow

these tips when selecting

a car seat for grandparents

tion. Ensure grandparents

know how to check for a

proper install. Key check-

points include: removing

excess slack in the har-

ness straps and at the belt-

path; ensuring the base of

the car seat is a minimum

of 80 per cent on the ve-

hicle; positioning the chest

clip at armpit level; using

Proper installa-

A 2018 survey

ing children.

Always use the manufacturer's installation directions to install the seat safely and properly. When in doubt, find a local certified car seat technician or car seat clinic to have your installation verified. Longevity is a pri-

ority. Make grandparents' lives easier by selecting a car seat that will grow with your child, like Graco's Extend2Fit Convertible Car Seat. It features a four-position extension panel that provides five inches of extra legroom. The seat also makes switching from rear facing to front facing super easy so parents and grandparents can feel confident that children are comfortable and safe for all the car rides ahead.

have created distance. Narcissistic types are interested only in their own looks, pleasures and accomplishments. Manipulative types make contact only when they want something. Disturbed types cannot give; they want only to take.

So, how do you deal with the pain? First, realize that nothing will take away the awful ache in your heart, that empty place where your children or grandchildren should" be. But the follow-

1. Stop fighting to connect. Do not pursue, hound, threaten ("You won't get any money from me") or guilt-trip ("How can you be so selfish and cruel to me?"). Pressure tactics create resentment, rebelliousness and resistance. However, keep the lines of communication open again. It's just too painful to and act happy! Do not act bitter and angry, even if that • Parental strife. is how you feel. Do not criticize, blame or scold, or he

will disengage again. **2. Get active!** You have time on your hands. ple like you. Or go back to school. People in their eighties are getting degrees today! Be interested and involved in

a person your children would be proud to connect to-if they decide to do so.

4. Turn it around. Give yourself whatever you're not getting from others—appreciation, respect, understanding and forgiveness. You weren't the perfect parent, and don't have perfect children. Forgiveness keeps your heart open, in case they return.

5. Examine your re**lationship with G d.** To love G d is to love whatever reality He gives us from moment to moment. So, use the "turn around" idea to examine your relationship with G d. Ask yourself: "When did I last call out to G d? Do I ignore Him and act like He is an intrusive bother or not part of my life? Have I become so self-pitying and embittered that I block Him out and refuse to accept His love? Do I distance Him with my anger and resentment instead of taking posi-

6. Strengthen the other relationships in your life. Your children may have blocked you out, but you can focus on other family members and friends. Knowing that you can still give and receive love will strengthen

None of these exercises or activities will erase the pain, but they will bring you a sense of self-respect and open your mind to new possibilities of how you can grow spiritually and contribute to the world.

www.chabad.org

#### REAL ESTATE

## **ANALYZING YOUR REAL ESTATE INVESTMENT**

"YOUR HOME IS NOT AN ASSET. IT IS A LIABILITY" - RUSSEL

he discuss for

this last month

of the year is taking a different dimension looking at what happened in the real estate market especially with the rising interest rate over the past year. Although it is obvious that the cost of borrowing and stress test are preventing investors from continuing to invest, the fact remains that there are properties out there that remain good investments regardless of the market conditions. All that is required is that every investor should understand help you decide if the inthe principles of having an investment objective and a sound knowledge of investment analysis to ensure that what she is going into ried out. will yield good return.

Real estate investment analysis is about study of what an investasking relevant and decision-making questions to Using Keyspire's '4-Ways help you understand your investment objective and how to realize it. The ques- a living room, kitchen, tions that every investor dining and one washroom should be asking in this regard will include: what is the property worth?, does ments of a return on init break even?, what is the vestment (ROI): Cashflow, payback?, what return will get?, how does it compare with another property? what about cashflow?, give the investor an idea

what kind of risk is associated with this property?, can you provide a detailed discounted cash flow analysis from before tax and after tax perspectives?, what is the after tax yield, including operations and sales proceeds cash flows?, if I capitalized the return, and

what should I pay today? Getting answers to the questions above is the reason for carrying out the investment analysis. The answers will help you determine the relationship between price of purchase and the returns at the time you want to sell the property (OREA Real Estate Investment Analysis, p.5). Establishing this relationship will vestment will be beneficial or not. In other words, an evaluation of the property in question needs to be car-With that said,

let's take the 234 Albion Road property as a case ment analysis looks like. To Win' worksheet, this 2-bedroom apartment with situated in a residential complex shows three ele-Appreciation and Principal Recapture. The summation of these three elements will

BLISTERING & FLAKING

grease.

Check for the presence of the surface, which impair

surface - powder on your ment of the substrate, such

hand indicates a problem. as joints, imposing stress

This may be due to any of on the paint film which can

beneath the surface of the mately resulting in a flaking

paint film.

• Surface contamina-

Excessive move-

tion such as dirt, oil, and

the adhesion of the paint.

result in cracking which in

Resins present in

turn lets in moisture, ulti-

knots causing light coloured

paints to discolour or even

CAUSE

laking is likely

to be caused by

ing, powdery old coatings

powdery coating by rub-

bing your hand over the

Moisture trapped

• If the paint is applied

over a powdery or friable

the following factors:

paint film.

poorly adher-



vestment. As you can see, the property with purchase price of \$240,000 required \$54,100 (20% downpayment and closing costs) has a 43% return on the first year based on the assumptions made (provided all things are equal). As part of the analysis, look at the property sale price, determine the income, expenses, mortgage amount, cost of acquisition and then work out the returns. This will be a good guide on the next step to take.

If you have not started real estate investment and you are thinking about it, here is how. Have an objective, have a plan on how to achieve this objective, engage the right team and work the plan.

Steve Ezeude is a Realtor with Royal LePage Signature Realty and a Real Estate Investment Syndicator. For questions and/or feedback, please send email to steveezeude@yahoo.ca or call 6478608304. www. mitorontohomes.com

flake. Resin bleed and flaking

is a common problem where

dark colours are used on

south facing elevations. This

is because dark colours absorb

more heat than light colours.

Putting it right

flaking and poorly adher-

ing coating, and wash off

the powdery material with

clean water. The surface

should then be suitable for

painting when dry. If the

piaster is exposed in ar-

eas, prime these areas first

and then follow with your

Gloss Vs. Sheen

a 60-degree gloss meter

(60 degrees from the verti-

surface). The sheen is mea-

sured with an 85-degree

gloss meter (85 degrees

from the vertical — 5 de-

grees from the surface). An

alkyd eggshell, for instance

can have a gloss of 15 and

a sheen of 35.

The gloss and sheen

Source:Dulux

choice of top coat.

• Polish residues on The gloss is measured with

Scrape off any loose



Protecting your most valuable asset. For starters, insurance will protect the dwelling (if owned), such as a house. Home insurance also provides you with liability insurance, which ensures you are covered in the event someone is injured at your home. But for condos, the condo corporation insures the building and your policy will work with theirs to make sure your contents

are covered.

**Flooding.** Your home insurance policy most likely ning, etc. You can always will protect you against inquire about whether or belairdirect.com.

can be hard to understand

(NC) We all know we sudden accidental flooding not the type of policy you need home insurance, but it or water in your home, like are interested in covers from a burst pipe. However, more, such as earthquakes what exactly is included a standard home insurance or landslides. in the price you're paying. policy doesn't usually cov-Here's what you need to er you against "overland

What's not covered. There are a number of sceflooding," which is water narios or claims your insurance won't cover. These usually include personal liand windows due to rivers ability due to a home business, general wear and tear, damage caused by pests (rodents, insects, termites). damage caused by landslides and damage caused they can add coverage if by destruction due to intenonal or criminal acts.

> Do your research beforehand and look around at a few different options. Insurance providers such as Belairdirect will work with you to make sure you have the appropriate protection. Find more information at

### **TOP 4 BARRIERS TO HOME OWNERSHIP**

of Ontario's aspiring home first-time buyers. Post-secbuyers, the dream of home ondary graduates owe on ownership is getting harder to achieve.

The Ontario Real Estate Association (OREA) partnered with Nanos Research to learn more about the challenges facing young Ontarians and future homeowners trying to get into the market. Here's what they found:

1. Close to 50 per cent of buyers can't save enough for a down payment. Housing prices are increasing, but household income is not growing at the same rate. The average price of an Ontario home in 2017 was \$585,290, yet the average Millennial income is just \$32,000.

2. Debt is hindering average over \$20,000 in student debt, which typically takes 10 years to pay off. Couple that with rental fees and other expenses like transportation, healthcare and prescription drugs, and owning a home slips further out of reach.

mortgage approval. The new OSFI stress-test rules combined with higher interest rates have reduced buying power by approximately 20 cents on the dollar. This not only impedes first-time buyers, but also deters seniors from right-sizing and growing families from upsizing.

find the right type of hous-

ing. More people are chasing after fewer and fewer homes. Without increased supply and more housing options — specifically "missing middle" housing, such as townhouses. stacked flats and mid-rise buildings — many will be forced to leave the province altogether, robbing the Ontario economy of potentially skilled workers.

3. It's difficult to get Ontario's home buyers are counting on governments at all levels to keep the dream of home ownership alive. To ensure affordable home ownership remains a top priority for policy makers, OREA has launched the Keep the Dream Alive campaign. Find 4. Many struggle to more information at www.

## PREPARE FOR CLOSING COSTS WHEN **BUYING A HOME**

OREA – Buying a only financial responsibility you'll encounter. Your home buying budget needs of a paint are not the same. | costs associated with a real estate transaction.

When you are buying a home, ask your Realtor cal — 30 degree from the to explain all of these additional costs so there will be no surprises. He or she will be able to help you understand all aspects of the Realtor. real estate process including determining how much you can and what afford and what you will need to set ally loan a percentage of aside for extras.

are all legally required pay- the home buyer. ments in buying a property. To understand what extra fees you will need to pay, of the Ontario Real Estate Association and your local

#### **Appraisal fee**

Mortgage lenders usuthe home's purchase price

Some of these addi- or the market appraisal of home is probably one of tional costs will be related the property, whichever is the biggest purchases most to obtaining a mortgage and lower. The appraisal is eipeople make. However, the insurance for your home ther done by someone on cost of the home is not the while others include things the lender's staff or by an like legal fees and taxes. The outside professional apvarious charges involved in proved by the lender. The buying a house can add up, cost of the appraisal is most to include the various other and for the most part, they often the responsibility of

keepthedreamalive.ca.

Find out whether or here is a list of some of the not your lending institumajor closing costs courtesy tion charges to process your mortgage application. In many cases, if you are dealing with a bank that you have other accounts with, they will waive the applica-

continued on p(47)

#### **FOOD**

## FISH SELLERS LAMENT AS US **BANS NIGERIA'S PROCESSED FISH**



is dual: one caused by our

#### By N.Ugoh

ish Sellers lament as the US to go through the United Bans Processed Fish

The Catfish and Allied Fish Farmers Association of Nigeria (CAFFAN) has said since February this year, processed fish from Nigeria has been denied access to the United States of Amer-

National President of CAFFAN, Mr. Oloye O. Rotimi, said this after the inauguration of the newly elected executive of the Abuja Chapter of the association in Abuja

"The problem with us servants," Mr. Oloye said.

riculture that was requested for three times, they refused to comply so America banned our processed fish. That has been since Februthat up till November, this problem is still there. "A lot of the fish

destroyed. This is serious, I know a farmer who exported fish worth \$55,000 and he lost it to this careless-

He said other people civil servants. There is a around Africa are taking documentation they needed advantage of Nigeria, adding that "they will come States Department for Aghere, take our products packaged it as the products of Ghana and Kenya and send it to this same America. I have been there and at least I have studied some of ary. And you won't believe the African shops in America, the fish that comes from Nigeria is the best."

Also speaking after people had on the way to the inauguration, the new-America were seized and ly elected chairman of the Abuja chapter of the association, Alhaji Mundu H. Mohammed, promised to put a structure in place that will ness on the part of the civil make farmers make a profit

## ROMAINE LETTUCE CAUSING E COLI OUTBREAK – FDA

By D.Forrester

tuce contamicoli is making people sick according to the Food and Drug Administraworking over Thanksgiving traced the tainted lettuce back to the Central Coast growing region of Cali-

E. coli is mostly found in animal guts and many strains aren't harmful to people when ingested. But the strain involved in this latest outbreak, E. coli O157:H7, produces dangerous toxins and can cause kidney failure. So far, 43 people in the US and 22 people in Canada are sick, an FDA statement the lettuce industry has

According to a statement from FDA Commissioner Dr. Scott Gottlieb. maine lettuce associated

over the summer months and that the outbreak appears to be related to 'end harvested from

> "If consumers, retailareas.

volved arinclude the Coast growing regions of central and northern California."

A task force within also been established to determine better solutions for or bloody diarrhea, fever, labeling long-term in order to help with tracing.

"Based on discussions point suggests that ro- distributors, romaine lettuce entering the market will with the outbreak comes now be labeled with a har- of E. coli tends to cause from areas of California vest location and a harvest more severe illness.

that grow romaine lettuce date," Gottlieb said. "Romaine lettuce entering the market can also be labeled as being hydroponically of season' romaine lettuce or greenhouse grown. If it does not have this information, you should not eat or

> ers and food service facilities are unable to identify that romaine lettuce products are not affected -- which means determining that the products were grown outside the California regions

that appear to be implicated in the current outbreak investigation -- we urge that these products not be purchased, or if purchased, be discarded or returned to the place of purchase."

Symptoms of E. coli infection, which usually begin about three or four days after consuming the bacteria, can include watery abdominal cramps, nausea and vomiting, according to the CDC. Most people infect-"Our investigation at this with major producers and ed by the bacteria get better within five to seven days, though this particular strain

## PLANT-BASED HOLIDAY **SMOOTHIES**

(NC) Whether you're ooking to indulge in a festive holiday treat or need a quick solution to fill up before a late-night dinner party, holiday smoothies are a great option that can be whipped up in no time. Check out the recipes and enefits below.

Plant-based nog" smoothie. Enjoy the same taste as conventional eggnog without the added sugars. This version is made fresh with spices, fruit and vegetables to provide you with an extra boost. Simply blend together and sip away.

- *Ingredients:* • 2 cups water
- ½ cup raw cashews • 1 tsp vanilla extract

• 1 tsp cinnamon • 4 medjool dates, pitted • ½ cup spinach Fruit of choice and any other spices preferred,

Plant-based gingerbread smoothie. Adding dried ginger powder or root can give your digestion the kick it needs to reduce inflammation from all the

*Ingredients:* 

holiday fair.

sprinkled on top.

- 1 cup of almond milk • ½ tsp freshly grated
- ginger or the dry equivalent
- ½ tsp cardamom • ½ tsp turmeric powder
- 1 banana
- 1 tbsp coconut oil • 3 tbsp hemp hearts

Plant-based pumpkin pie smoothie. Pumpkins aren't just for the fall. Indulge in this delicious treat full of antioxidants to support your immune system

• 1 cup organic pumpkin puree (from can or a pie

- 1 cup almond milk • ½ tsp cinnamon
- ½ tsp nutmeg
- 1 banana • 1 tsp local honey
- Squeeze of ½ lemon Visit your local Canadi-

an Health Food Association member store to find a variety of ingredients to give your smoothies an extra kick of nutrition. Find your nearest location at chfa.ca.



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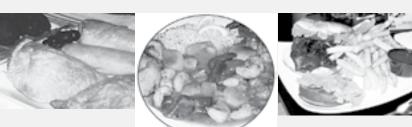




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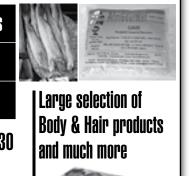
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# REDUCE BLOOD SUGAR **LEVELS WITHOUT DRUGS**

By N.Ugoh

You don't necessarily have to begin a new round of medications when you can lower blood sugar and avoid Type 2 Diabetics and other health concerns. According to David Friedman, author of food sanity, apple cider vinegar can lower sugar levels by half and reduce insulin sensitivity. Sipping 1 1/2 tablespoon of added with 1/4 cup of water before dinner can reduce sugar levels especially for those prediabetic.

# DAVID ESHO

# **ASPIRE TO BE A PARLIAMENTARIAN**

nation in ETOBICOKE NORTH. A graduate in Economics and Administrative Studies from York University respectively. He also ciation holds a Diploma in marketing from Seneca college of Applied Arts GRESSIVE ASSOCIA- if you are a member of the Economy. and Technology where TION OF CANADA he later worked as an Economics Professor.

A Member of In- DIASPORA stitute of Marketing, The Economics profes- OFFICE OF REGIONsor turned Realtor is AL COUNCILLOR IN signing for member- obvious reasons inalso an ordained Min- WARDS 2 AND 6 IN ship is only the first dicate ESHO but unister with an honorary BRAMPTON, 2006.

Doctorate in Divinity.

David Esho held COKE NORTH to fill

lation Officer of Nige-

Former PRESI-DENT of IJESHA PRO-

PRESIDENT OF NIGE-

RAN FOR THE

to residents of ETOBI-

some positions in out a Federal Consercommunity notable as vative Party member- ther indicate that Con-Former Public Re- only Ten Dollars pro- versatile in fixing Econand Atkinson college rian Canadian Asso- registered member of budget which is good

a political party at the FORMER VICE provincial level, you

the Federal level.

ESHO is appealing come and vote on Nomination day.

DAVID ESHO furship form which costs servative Party are vided you are not a omy and balancing the another Federal politi- for everyone while recal party. The beauty ducing taxes due to efof this is the fact that fective management of

BLACKS can sign Conservative OVER REPRESENTED RIAN-CANADIANS IN party membership at IN OTHER POLITICAL PARTIES BUT UNDER ESHO said that" conservative party for step but you must known to most people



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party because politics HE CAN BE REACHED you have the numbers hodavid44@yahoo.ca

# **OLOBA OF OBA-ILE EULOGIZES** AREGBESOLA, PRAYS FOR **OYETOLA**

By N.Ugoh

State, Oba Adekunle elevation of the Oloba Oyeyemi has called on indigenes of the ancient town, the Oloba-ile in-Council and members of the Oba-Ile Descendants Union (ODU) to appreciate the efforts of the erstwhile governor, Ogbeni Rauf Aregbesola for his unparalleled achievement in his

eight years in office.

Oba-Ile, 2018, the former gov-O s u n ernor had approved the of Oba-Ile to the position of Deputy Chairin his future endeavors. biesi stated.

> "By itself this act of elevating Oloba-ile within my two years on the throne is significant and the position to which the elevation

In a statement places Oloba-ile on the signed and released on Osun State Council of of the 5th of November, Obas is not only significant and huge but it also attest to the level of good working relationships we mainman of Osun State tained with Aregbe-Council of Obas. Oba sola's government and Oyeyemi prayed for our traditional institu-Aregbesola to succeed tion in the State." Ka-

> He also released a statement congratulating the newly swornin governor of Osun State, Gboyega Oye-



tola, stating that Oba-Ile will support him as he takes the mantle of taking Osun State to the Next Level, while wishing him success. "Oba-ile, o'k orire

o. Obedu Oba, o'seun o. Eledumare a'dupe o. Olorun loke; Oba awon gbogbo Oba aafi ogo fun e o." Olo-



HRH OBA ADEKUNLE OYEYEMI

OLOBA OF OBA-ILE

#### REFLECTIONS ON RELATIONSHIPS

# **IS IT POSSIBLE TO HAVE A CHRISTIAN RELATIONSHIP WITHOUT SEXP**

to me and l am beginmean that a Christian nothing. relationship can't work without sex?

## DELE ODUBIYI

A Christian relationship can work and should work without sex, because the word of God makes it clear that there should be no sex before marriage. This is God's will.

For this is the will of God, your sanctification: that you abstain from sexual immorality; that each one of you know how to control his own body in holiness and honor, not in the passion of lust like the Gentiles who do not know God; that's no one transgress and wrong his brother in this matter, because the Lord is an avenger in all these things, as we told you beforehand and solemnly warned you. For God has not called us for impurity, but in holiness. Therefore whoever disregards this, disregards not man but God, who gives his Holy Spirit to you.

1 Thessalonians 4:3-

A so-called Christian man who wants sex before marriage, and who ends a relationship because the lady says no to sex, is obviously the wrong man. He clearly has no regard for the word of God, has not encountered God, and lacks self control.

A Christian lady who knows her identity and purpose in Christ should not be upset but rejoice that such a man is out of her life, so that the right man who will encourage her to please God and fulfill her destiny can come into her life.

brothers, when you discovered that he was she played her card well. meet trials of various having an affair. She he might marry her. She ner that no sex before kinds, for you know told his parents but they justified her actions and marriage, and the next that the testing of your blamed her and told her they continued their rething you know, he ends faith produces steadfast- to let him have peace. ness. And let steadfasthas happened twice ness have its full effect, that you may be perfect ning to wonder, does it and complete, lacking in

James 1:2-4 ESV

What does the Bible say **ANSWER BY PASTOR TAIWO IRE-** about a Christian's identity and purpose in life?



Pastor Taiwo Odubiyi

But you are a chosen race, a royal priesthood, a holy nation, a people for his (God's) own possession, that you may proclaim the excellencies of Him who called you out of darkness into His marvelous light. 1 Peter 2:9 ESV

wants sex before marriage will be a big struggle, and a problem, because some things are clearly not in place in his life.

knew that, as a Chris- She agreed to that. tian, she shouldn't have sex before marriage but Wrong again ... She got kept him at an arm's some of the books, e.g, joy to her and Yemi ... as Fred that having sex YOU FOUND ME, THE Blessing and her hus- was only a matter of FOREVER KIND OF

riage drew her closer to God and she rededicated her life to Jesus. As she grew spiritually, she realised that choosa mistake on her part, and she should have said no and risk losing him when he asked for now knew that sleeping sex before marriage. Because she was already married to him however, she knew that she would have to trust God to heal and save her marriage, which she was willing to do. She believed that nothing was impossible for God to do. She began

MY PILLOW, Moni make the same mistake of giving in to sex before in your relationship, marriage, and getting married to a man who claimed to be a Christian but had not surrendered Marriage to a man who his life to Jesus. Night after night, there were tears on her pillow as she realised that she should have said no to sin.

And in TEARS ON

One for Me)

Fred visited Moni the In one of my novels, following day in her par- bad company. Do not be THE ONE FOR ME, I ents' house and went to deceived: "Bad company her office twice during ruins good morals." the week. When she re- For some have no knowl-Blessing met Yemi turned the visit on Satthe following year, urday, he tried to take thians 15:33-34 ESV) prayed about him and her to bed. She resisted, 5) Surround yourself when she didn't seem claiming to be a Chris- with godly people who to hear anything negatian. He feigned surprise will encourage you to tive from God, she took and simply smiled. That do the right things and the silence to mean yes was fine but could they make the right decibut she was wrong. She kiss and hug? He asked.

quarreled a lot. A year had changed. Well, they YOU, etc.

Count it all joy, my into the marriage, she liked each other and if

... Coming back to the present, Moni shook her head in regret. Her brain must have shut down at the time she met Fred. She now knew that the foundation of their relationship was wrong. She in his house and getting riage were wrong. She shouldn't have married a man who did not have the fear of God.

But she had asked God for forgiveness several times! Would there be no end to her punto attend church more ishment and sorrow? while he went to church Would her tears never less. (Excerpts from The end? She continued weeping. (Excerpts from Tears on my pillow)

> To glorify God and make the right decisions here are some of the things you should do.

1) Remain focused on

2) Don't be distracted, 3) Read the Bible and meditate on God's words.

4) Stay away from wrong influences and edge of God ... (1 Corin-

sions. Walk with the wise and you shall be wise. (Proverbs 13:20)

They continued see- 6) You should also because Yemi wanted it ing each other and also read my novels as I and she didn't want to continued with the kiss- have dealt with the issue lose him, she agreed. ing and hugging. She of sex before marriage in married to Yemi a year length but saying no to TO LOVE AGAIN, IN after, conceived almost sex became more difficult LOVE FOR US, LOVE immediately, and gave every time they were to- ON THE PULPIT, SHADbirth to Olu, a bundle of gether. She knew as well OWS FROM THE PAST, band began to have time. By the third week, LOVE, MY FIRST LOVE, misunderstandings and her decision about no sex SHIPWRECKED WITH





Mr. Felix and Mrs. Franca Udoh

# TRUDEAU APOLOGIZES **TO JEWS FOR TURNING DOWN SHIP IN WWII**

anada's Prime Minister Justin Trudeau says he was sorry for his country's refusal to provide shelter to a ship carrying more than 900 Jewish refugees almost 80 years ago.

In May 1939, German ocean liner MS St Louis left Hamburg with more than 900 Jews fleeing the horrors of Nazi persecution in search of a safe haven for them-

selves and their families. When Cuba, the United States and Canada turned the ship away, it returned to Europe where several countries took the refugees in and, according to historians and the American Jewish Joint Distribution Committee (JDC), 255 of them were later killed in World War II, most of them in concentra-

907 German Jews on board parliamentary sitting early for Jewish institutions.

November.

passed since we turned our release.

time has by no means absolved Canada of its guilt or lessened the weight or our

The apology came following the October 27 Pittsburgh synagogue shooting, where 11 people were killed, including a Canadian

Trudeau admitted tha Jewish Canadians "are understandably feeling unwel come and uncomfortable of all Canadian hate crimes target Jewish people and lence against Jewish people in Canada and around the world continues at an alarming rate".

"And I pledge to you all now, we will do more,

head of the Centre for Israel "We apologise to the and Jewish Affairs (CIJA), applauded Trudeau's "his families," Trudeau said in a to expand security measures

"We are sorry for the ments in our history when callousness of Canada's re- Canada failed our ideals will sponse. We are sorry for not help us remain vigilant in upholding those values to-"While decades have day," CIJA said in a press



VOLUME 13 • ISSUE 11 • NOVEMBER 2018 VOLUME 13 • ISSUE 11 • NOVEMBER 2018

#### **AFRICAN NEWS**

# ETHIOPIA OPENS VISA-ON-**ARRIVAL TO AFRICAN TRAVELERS**

visa-on-arrival service **L**is launched in Ethopia this November. All African travelers, including the open borders of Kenya and Mozambique will take advantage of the convenient innovation.

In a speech during the launching ceremo-

ny, Ethiopia Airlines Group CEO Tewolde Gebremariam emphasized the benefits of the visa-free and visa online services. He said the services will help fellow African brothers and sisters improve investment, trade and tourism across the borders as well as strengthen African integration.

Meanwhile, Kenyan President Uhuru Kenyatta and Mozambican President Filipe Nyusi signed an agreement waiving visa for travelers in their respective countries. The bilateral agreement came into existence to eliminate visa requirements and to make trade and travel more convenient both in Kenya and Mozambique.

# **AFRICA'S FASTEST TRAIN OPENS** IN MOROCCO

hours 10 minutes in-

stead of the hitherto 4

try of Transport says,

fifty percent of the

project was financed

by France through

ed at €2 billion, almost

initial estimates, but

**BUHARI CUTS COSTS** 

**OF JAMB, NECO FORMS** 

Moroccan Minis-

hours 45 minutes.

By N.Ugoh

The train was inaugurated on the 15th of November in the renovated station of Tangiers by King Mohammed VI in the company of French president Emmanuel Macron.

They were on board the first trip from Tangiers to Rabat, the administrative capital. Tangiers is a city various loans, estimatof northern Morocco at the west end of 15% more than the the Strait of Gibraltar. Known as the Tangier- well below the average

**By NCNC Staff** 

Buhari adminis-tration

announced the re-

duction of the costs

of the JAMB UTME,

NECO SSCE and Ba-

sic Education Cer-

tificate Examination

forms in the Federal

Executive Council

(FEC) meeting this

President Mu-

November.

Casablanca line, it has European costs. a total length of 350 km, which is set to

The high-speed train is projected to run at 320km (198 miles) connect the two most dynamic regions of the per hour, cutting the kingdom in about 2 Casablanca-Tangier journey to over half the normal time 2:10 from 4:45. The distance is 200km (124 miles).

> It is around twice the speed of the second fasted train. South Africa's high-speed Gautrain linking Johannesburg's international airport to the city's financial district Sandton.

# **BOTSWANA ADOPTS VISA FREE POLICY FOR AFRICANS**

By N.Ugoh

otswana has joined Dist of African countries who have adopted the visa-onarrival policy for Africans. Among other things, this will boost tourism and business around African countries. The free flow of was made by President Africans around the Mokgweetsi Masisi, continent has always who is expected to atbeen a worthy point of tend the extraordinary

African unity and de- can Union (AU) has velopment arises.

model is a welcome development as the African countries. continent seeks regional integration.

The policy takes ef-2018.

The announcement a solution that arises African Union summit whenever the issue of in Ethiopia. The Afri-

However, with less than 45 days to the end of the year, only fect on November 24, 22% of African countries have complied.

> recently Ethiopia, are some of the African nations that relaxed visa requirements for all African citizens this year.

# **COURT ORDERS GABONESE VP TO** TAKE OVER IN BONGO'S ABSENCE

By N.Ugoh

has been given approval to oversee the Council of Ministers so as to enable him attend has made no explana- the right to know to urgent matters that tion as to why Presi- the whereabouts and has been at a stand- dent Ali Bongo is no health conditions of still and remained un- where to be found. their president. The attended for the past There has been specu- only information prothree weeks while the lations on the matter vided by the presipresident has been with a media house in dency so far is that Ali away on what many the country going as Bongo has been hospisuspect to be health far as announcing that talized in Riyadh, Saurelated issues.

became mandatory to A news for which orders due to stress.

government.'

the president had died di Arabia since October

take the decision 'in they received a length order to ensure the ban from the country's he suffering for.

The government The people have The court said it in the Saudi hospital. 24 following doctor's forms will be low-

set a 2018 deadline for the removal of visa integration requirements for all African citizens in all

Rwanda, Benin and

hammadu Buhari was on official travel to Borno State, nonetheless, Vice President Yemi Osinbajo

ered to N3,500, on

Examination Council decreased to N9,850.

tificate, under NECO.

demanded citizens lation Board (JAMB) application forms.

Adamu, of N14.7 billion.

the other hand, the Minister of Educaprevious N11,350 tion, told journalists cost of the National in a briefing after the meeting that he called (NECO) forms will be for the fee reduction through a memo in answer to the pleas President Buhari of the parents. The also approved the re- president tried to find duction of the cost of ways of cutting the Basic Education Cer- charges including the establishment of a It was lowered to prudent management N4,000 from the pre- in JAMB. This way vious cost of N5,500. the agency was able to avoid the possible Many Nigerian corruption cases.

Moreover, during for the reduction of the meeting the counthe forms after the cil also established House of Representa- ecological intervenccording to continuity of the State media watchdog; but if presided the meeting tives contended that tion projects and apthe ruling, and the public service, President Bongo isn't and New Media Aide JAMB turned into a proved ECOWAS bio-A Pierre Claver as well as the regu-dead, then where is he Bashnir Ahmad made revenue generating metric cards. Eleven Maganga Moussavou lar functioning of the and/or what illness is the first announce- entity having earned ecological projects ment via Twitter after hundreds of millions were put in place in the council decided of naira profits since Abuja, Kaduna, Lato cut the cost for the the assumption of of- gos, Ondo, Oyo, Abu final year secondary fice of Ishaq Oloyede. Zaria, Jigawa, Bauand post-secondary In 2017, the federal chi, Adamawa and school examination government received Cross River worth proceeds amounting N9.6 billion. On the Effective January to N7.8 million from other hand, the bio-2019, the N5,000 JAMB from the sale of metric cards were cost of the Joint Ad- Unified Tertiary Ex- made as replacement mission and Matricu- amination (UTME) to the present ECOW-AS travel certificate with estimated cost

# **TEENS DEVELOP ROBOT THAT** FIGHTS FIRES

of water.

By N.Ugoh

Two South Afritransform smoke from can students has been awarded the HIP2B2 3M Innovation Challenge for students established by Billionaire Businessman, Mark Shuttleworth in 2002 to promote the study of Maths, Science and Technologyrelated subjects.

Trevor Simelane, 16, and Joseph Mdluli, 17, invented a prototype of a fire fighting robot and will now go home with a grand prize of \$100 each, iPad and other great

Simelane said after the event, "We decided to tackle the problem of fires because it is one of the Mlauzi invented a top three [problematic] issues in the coun-

"The robot is meant to detect people in the building and extinguish class A to F fires. It uses dry powder and wet chemicals to stop the fire instead

green environment challenge. Other young inventors who presented

"This robot can

the fire into carbon

dioxide, which then

extinguished the fire.

It must be controlled

by a firefighter who is

made from readily

available recycled ma-

terials and passes the

The robot was

away from danger."

novel innovations include; Ledwaba sisters - Nomvula, 16, and Elizabeth, 15 who invented a solar bookcase that lights up desks for pupils with-

Hudson Mashaninga and Thokozani backpack for storing litter, which prevents people from dropping litter in their environment in areas where there are no waste bins, ultimately solvenvironmental

pollution and health

out electricity.

## **DENMARK CUTS AIDS TO** TANZANIA OVER GAY RIGHTS

Denmark is cut- nors to the country ting about \$10 million East African country.

eration, said on Twit- federal government. ter she was "deeply statements."

rights record. Denmark nents. is one of the largest do- www.news24.com

Most recently the in aid to the govern- commissioner for the ment of Tanzania over country's commercial what it called "nega- capital, Dar es Salaam, tive developments" in urged Tanzanians to human rights in the "report" suspected homosexuals, comments | page, the President our human capital and, Tornaes, widely criticized by Denmark's minister for rights groups and disdevelopment co-op- avowed by Tanzania's | beginning this aca- tion," Weah said.

concerned" by de- Watch says Tanzania's | pay tuition at the Uni- beria, he is fully aware velopments such as government under versity of Liberia. That of the challenges facing a Tanzanian official's President John Ma-"completely unac- gufuli "has restricted ceptable homophobic basic rights through repressive laws and Tanzania is in- decrees" targeting creasingly under the journalists, activists, spotlight over its human and perceived oppo-

# TWO SOUTH AFRICAN | **SOUTH AFRICAN TWINS WHO MARRIED** ONE MAN, PLANS A TV REALITY SHOW

outh African sisters twin who are married to the same man want to make a reality show about their life.

Owami and Olwethu Mzazi (28) from Roodepoort in Joburg told Daily Sun a lot of people asked how their marriage to Mzukiseni Mzazi (54) worked and they believed a TV show would answer these questions.

Speaking to the Sun-Team during a visit to Durban over the weekend, Owami said: "We would appreciate support and funding to make the show a reality."

She said they had made a calm home life for their husband and it," she said.



faceofmalawi.com

two daughters.

"We grew up doing everything together and we were never separated. Some people even told us we would marry the same

man and this ended up happening. While some people find this strange, we love and enjoy every minute of

Owami said they met their husband in

"Our husband was our mentor at the time but he fell in love with us. We got married in 2012 and started living together. We got pregnant at the same time." she said.

Olwethu said they married the same man

because their souls were joined.

"We would not have wanted another life. We grew up not wanting anything or anyone to separate us. If we had different husbands, we would not be happy."

Olwethu said most people were shocked when they heard about their life.

Their husband said he supported the idea

"I've submitted a proposal and one big broadcaster is interested. If it all goes well, we might start shooting in January," said Mzukiseni.

# **JUDGE WEAH MAKES UNIVERSITY EDUCATION TUITION FREE**

sage of free educa-

tion at the university

during his campaign

University education

free in the country and

make Liberia an exam-

around the continent.

successful, as a gov-

Announcing the place more emphasis

ernment, if we do not

"We will never be

He said as a visitor

By N.Ugoh

Liberian President, George Manneh Weah has declared all government-owned universities in the country tuition-free. The football legend turned politician made the declaration when he visited the University of Liberia recently.

said, "students of the as such, we have to in-University of Liberia, vest in quality educademic semester 2018, Human Rights | will no longer have to to the University of Liportion of the financial the university and now obligation would now is the right time for the be borne out by the government to turn its Government of Libe- attention to the devel- people and the govern- programs," Mr. Weah ria, meaning only fees opment of the counment, therefore declare concluded. those enrolled would try's manpower needs. free tuition at the Uninow pay."

the saga of an 11-year- contenders, Patrick deold boy who, with the help of the owner's kinder brother, escapes slavery at a Barbados sugar

plantation. The Giller Prize jury praised Washington level. The President Black as "a supremely engrossing novel about had promised to make friendship and love and the way identity is sometimes a far more vital act of imagination than the ple to African nations

age in which one lives." Edugyan is based in Victoria, BC. She was raised in Calgary and her parents are immigrants

from Ghana. During her accepmove on his Facebook on the development of tance speech she said, feels like a really wonderful and important celebration of words."

While being interviewed after the awards ceremony, Edugyan thanked her fellow Giller

Witt, Eric Dupont, Sheila Heti, and Thea Lim.

continued from p(1)

GHANIAN-CANADIAN....

She said that this year's finalists have bonded during a recent multi-city reading tour.

Edugyan said that she thought she might be taking a risk with the new subject matter in Washington Black: "I sort of feel maybe that it's opened me to writing about anything...to be able to go out there and just choose any topic."

Edugyan said she "In a climate in which so \$100,000 prize on pracmany forms of truth tell-tical concerns such as ing are under siege, this taking care of her father, household debt, and supporting her literary ventures.

> But she's not saying what the next story will be about.

Sierra Leone is President versity of Liberia and also in the process of This move is in George M. Weah, on other public universi- implementing free prifulfillment of his mes- behalf of the Liberian ties for undergraduate mary education.

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salvation, restoration, deliverance, healing, impartation and more. O taste and see that that the Lord is good. Join me to toste him. Amos Dada

# INVITE **WORSHIP WITH US** CHRIST APOSTOLIC CHURCH BETHEL TORONTO SPECIAL SUNDAY Miracle service 10:00am - 1:00pm Wednesday - Digging Deep - 7:30pm Friday - Night Vigil- 10:00pm THIS INVITATION IS FOR YOUR HONOUR 22-94 Kenhar Drive, Toronto, ON, M9L 1N2 647-430-8936 / 416-616-2425 Prayer conference line: 647-848-3378 Access Code Every Monday 10pm - 11 pm - Access code 1234567891 # Bus Direction: Finch West 36B, Weston 165 (Major intersection Weston Rd & Finch Ave W CAC Bethel Toronto.... The church where the Lord answers prayer, come and experience the Lord is good.(Psalm 34:8). I have tasted and found that the Lord is good. I do testify

#### **OPINION**

FROM THE DOCTOR'S DESK

# **CHANGE AND EL DORADO**

By Dr. Ignatius Odianosen Okosun (PhD) From: Toronto-Canada Email: odyseries@gmail.com

hange management readoption of an idea, procedure, process or behavior that is new to an organization (Pierce & Delbecq, 1977). Berger (1994) defined change management as the continuous process of aligning an organization with its marketplace and doing it more responsively and effectively than competitors. Lichtenstein (2000) opined that organizational change is a transformative change through a complex adaptive system model of change, which consists of three stages: increased organizing, tension and a threshold and newly emerging configuration. It a movement of an organization from the exciency and effective- eryone must come

According experiment and adapta-

isting plateau towards process of urbaniza- and prospects of com- brings exceptionally a desired future state tion in the contem- municating develop- hard choices in trying judicious to wash with to be able to increase porary world is quite ment in the context of to plot the graph of organizational effi- an inevitable that ev- evolving smart cities. living in a bid to make ness (George & Jones, to grips with. This is stantly stated that ensure that they at-2002; Cummings & more so in outlying Africa's largest con- tain life more plentiful societies where the urbation; Lagos, Cairo for their teeming mil- ing conditions of the to average lifespan is and Johannesburg are lions. Many are faced people. The task of

Bumes (2000) change not increasing, infant indeed no El Dorado, with a losing battle as autonomous observis a multi-level, cross- mortality and maternal plagued as they are victims of the lottery ers especially scientific organizational process morbidity, unemploy- by the contradictions of life with little or no students of society is that unveils a disorga- ment and penury are of mass poverty in chances. nized and incompetent on the rise so much midst of plenty, oases trend and comprises a so that the misery in- of great affluence in exponential growth in on the improvement of series of interlocking dex has been exerting a desert of want and GDP and other indices people's lives through projects. He also con- a tremendous push on squalor, awful traffic of production, distri- tangible empirical data sidered organizational rural-urban migration jams and endless lines bution and exchange in the hope that things change management as and the quest of ma- of commuters wait- does not necessarily would really get better, a continuous process of jority for a better life. ing at bus stops. This decipher into devel- not in the long run,

process or an action. of living resulting in

They define organi- larger towns and cit- with this situation, whitewash. According However zational change as "a ies. The global inclina- policy makers would to Josef Stalin, there a government promanaged system, pro- tion is toward massive seem to have their jobs are statistics and damn gramme can be, the cess and/or behavioral populations inhabiting cut out for them. The lies. The battle for sur- mass media can make response over time to a large cities. Accord- stark reality of these vival makes a mockery or mutilate it. As is ingly, it is intended to illogicalities of growth of the proclamations of commonly said, the Forthrightly the explore the problems against development official statistics.

However, it is appalling situation opment or factual im- when Keynes remindtion intended to match within this scenario which people have provement in the ex- ed us we would all be an organization's ca- that we are being called found themselves ren- istential circumstances dead, but in the immepabilities to the needs upon to cross-examine der them so upset that of preponderant major- diate future. of a volatile environ- the spectacle of mass they are compelled ity of the people. The ment. Also, Struckman movement toward a to fling caution to the gap between growth ears of the people, the and Yammarino (2003) meaningful existence winds in their bid to and development is mass media show a consider change as a and better standards shelter a better future. so wide that no vol- critical role in the de-

Also, confronted ume of statistics can velopment

cynical acid whatever figures of growth are It should be in- life worth living and thrown in the public realm regarding betterment in the livto strip and lay bare As is well-known, claims of governments

continued on p(45)

# WHY TRUMP'S PROPOSED EO ENDING BIRTHRIGHT CITIZENSHIP IS BAD NEWS TO NIGERIANS

so-called "birthright that would mark a ma- U.S. citizen. jor overhaul of immi-

goes ahead with this the world "where a immigrant – is consid- ars would argue such – meaning you're the coming in."

Birthright citizen-

interpretation of the lous" and said that "it reside." Many migrants 14th Amendment, has to end." and indeed Nigerians has given rise to what have hid under the Trump considers abuse policy, anyone born in tive order, would face

President policy, it's simply bad person comes in and ered a citizen. The in-a change requires a child of citizens or trump said news for many Nigehas a baby, and the terpretation has been constitutional amendthe child of legal imbaby is essentially a blamed for so-called ment. But some conmigrants, then you released interview he terested in the freebies citizen of the United 'birth tourism' and servatives argue the are entitled to citizenplans to sign an ex- enjoyed by children States ... with all of chain migration.

Fact Check: The ment states: "All per- pretation. citizenship" for babies ship allows any baby U.S. is not the only sons born or natuof non-citizens born born on U.S. soil to nation to have birth- ralized in the United former national secu- to a foreign nation, if on U.S. soil -- a move automatically be a right citizenship, but States and subject to rity adviser for Trump, you're the citizen of a the policy is rare out- the jurisdiction there- pointed out in July that foreign country, that The policy, which side of the Americas. of, are citizens of the "there's a clause in the clause does not apply gration policy and trig-stems from a disputed Trump called birthright United States and of middle of the amend-to you." ger an almost-certain but long-recognized citizenship "ridicu- the State wherein they ment that people ig-

Under current he pursue the execu- jurisdiction thereof."

existing amendment ship," Anton said in ecutive order ending born in the US. those benefits." The 14th Amend-holds room for inter-a July interview. "If you are here illegally, Michael Anton, a if you owe allegiance

The interview was nore or they misinter- released after Trump had Trump, should pret – subject to the told reporters that Central American migrants "What they are who are approaching birthright citizenship of the immigration the U.S. - regardless court challenges, and saying is, if you are the U.S.-Mexico border to travel to the US system. Trump told re- of whether they are it remains unclear born on U.S. soil sub- in caravans are "wastfor what is known as porters "that the U.S. delivered by a non-cit- whether he could pre- ject to the jurisdiction ing their time" and birth tourism. If Trump is the only country in izen or undocumented vail. Many legal schol- of the United States vowed, "they are not

Disclaimer: The opinions, beliefs, and views expressed by writers on the opinion page of Nigerian Canadian Newspapers and its website or on its social media page do not reflect the opinions, beliefs and viewpoints of the publisher of the Nigerian Canadian Newspapers and its online publications. It is solely the author's contribution.

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1 Thessalonians 5:12

"Now we ask you, brothers and sisters, to give recognition to those who labor among you and lead you in the Lord and admonish you."





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# THE MEANING OF DESERT

By NCNC Staff

desert is out any vegetation. A desert can be defined as a landscape region with little or no precipitation. A piece of land can be classified as a desert if it receives less than 250 mm of precipitation annually. Deserts support little areas of life because of their low precipitation. Having said that, if we examine deserts critically, we will discover that some animals still live in deserts. These regions and the exanimals hide during the day to conserve tion's sparseness and that were exposed by erts, by implication, moisture.

Approximately, a third of the world's popular deserts in the total land mass is des- world include Sahara ert. Most deserts of the desert, Namib Desworld exhibit similar ert, Kalahari Desert, characteristics. Sand Dunes are often pres- Sandy Desert, Simpent in deserts because son Desert, Taklamthe soil of desert is akan Desert, Sturt's made up of sand. Nor- Stony Desert, Little



is exposed in some gipo Desert. posure reveal vegeta-

soil development. Some of the most Judean Desert, Great mally, rocky terrain Desert, and the Ran-

erosion or locations the deserts are heated that were formed in by sunlight that emathe arid environment nates from cloud cover have an abundant deposit of valuable min- An example of this is eral. Also, deserts are Sahara desert in North perfect locations for Africa. Sahara desert preserving fossils and is a trade wind desert human artifacts and that has encountered fossils due to their dry temperatures that are

Majority of the world's major deserts Deserts in areas are trade wind desthat wind dissipates. higher than 56°C.

# POSTAL CODE DISCRIMINATION **EXISTS IN ONTARIO BUT IS IT FAIR?**

ers in Ontario, it's not last year alone, my the province, annu- the Financial Services | and substituted with how old you are or if community of Bramp- ally averaging \$2,268 Commission of Ontario | monthly passes. you are a good driver, ton has seen premi- per year, according to (FSCO), which regubut where you live that ums increase at a rate Kanetix.ca, an online lates insurance in the matters most in deter- nearly five times higher insurance quote mar- province, to consider mining your premiums. than the provincial av- ketplace.

region, for no good rea-

"Drivers in the erage, and the aver-

or some auto son," said NDP MPP which is northeast of on Oct. 15 that would

parts of the GTA pay annual premiums are ton East MPP in On- it would prohibit insurthan others in the same in much of Toronto." in the Conservative- type of category. Drivers in the city, dominated legislature

insurance Gurratan Singh in a Toronto, face the high-end the practice. It L consum - press release. "In the est insurance rates in would have compelled will be discontinued the Greater Toronto To combat this Area (GTA) as one Peel region and other age Brampton driver's disparity, the Bramp- single postal area and significantly higher nearly \$1,000 more tario introduced a ance companies from auto insurance rates than the average driver private member's bill basing pricing on this

continued on p(37)

SENATE APPROVES BACK-TO-WORK LEGISLATION FOR CANADA POST



**Bv NCNC Staff** 

tion to bring of Canada Post back to work has officially been passed, as such, rotating strikes has been Workers (CUPW) are on forcefully ended.

The Senate voted to pass Bill C-89 initially during the proceeding but it obtained royal consent that same day.

In a statement issued by Minister for Employment, Work-

force and Labour, Patty Haidu, he said that the legislation became "last resort" after the government expended "over a year" trying to ensure Canada Post and the Canadian Union of Postal the same page regarding new collective bargaining agreement.

Patty's statement revealed further that government's efforts included support from

continued on p(37)

# TTC METROPASSES WILL SOON BE ABOLISHED



By N.Ugoh

tropasses

According what Nigerian Cana- and online. dian Newspaper, Canada gathered from TTC monthly pass on PRES- 23 until Dec. 5. TO and a Metropass is that you need to tap

of showing it to a collector, operator, Transit **7**ery soon, Fare Inspector, or swip-TTC Me- ing it on a fare gate."

Monthly passes can be bought at selectTTC subway, Shoppers Drug Mart locations, PRESTO to Fare Vending Machines

Monthly passes website, "The only dif- will always be availference between a TTC able for sale from Nov.

Metropasses will your PRESTO card on be abolished officially a card reader instead on December 31, 2018.

# **2018 RBC CANADIAN WOMEN ENTREPRENEUR AWARD FINALISTS**



TORONTO, NOVEMBER 22nd, 2018 - The 26th annual RBC Canadian Women Entrepreneur Awards, presented by Women of Influence, have named seven winners of this year's prestigious awards. They join the six recipients of the new up-and-coming entrepreneur 'Ones to Watch' category, announced earlier in September. This year's winners and recipients span sectors that include innovative apparel solutions, trailblazing food conservation, next-generation fertility treatment, progressive childcare and much more.

"RBC is honoured to celebrate the achievements of Canadian women entrepreneurs who have been instrumental in driving business success in Canada," says Greg Grice, Executive Vice President, Business Financial Services, RBC. "We're proud to put a spotlight on this year's winners who are exceptional leaders, innovators and rising stars. Their leadership, passion and entrepreneurial spirit serve as an inspiration for the next generation of Canadian entrepreneurs to pursue their aspirations and be part of Canada's thriving business community."

Now in their 26th year, the awards recognize the country's leading female entrepreneurs who have made impressive and substantial contributions to the local, Canadian or global economy. We are honoured to have a panel of 12 judges that is comprised of some of Canada's top business leaders, including: Karen Greve Young, CEO Futurpreneur; Bonnie Foley-Wong, Chief Investment Innovator, Pique Ventures & Founding Investor, Pique Fund; Paulette Senior, President & CEO, Canadian Women's Foundation and Karen Brookman, Partner and Chief Innovation Office West Canadian Digital Imaging.

The announcement was made at a gala reception on November 21st, hosted by Marcia MacMillan, National TV News Anchor, Host and Reporter, CTV News Channel.

Following yet another record-breaking 7,400 nominees, this year's winners are:

- Glain Roberts-McCabe, The Roundtable, Toronto, ON, Micro-Business Award presented by Diversity Institute & **Magnet Export Business Portal**
- Joanna Griffiths, Knix Wear Inc., Toronto, ON, Staples Start-Up Award
- Dr. Marjorie Dixon, Anova Fertility and Reproductive Health, Toronto, ON, RBC Momentum Award
- Latha Sukumar, MCIS Language Solutions, Toronto, ON, Social Change Award
- Toni Desrosiers, Abeego, Victoria, BC, TELUS Trailblazer Award
- Victoria Sopik & Jennifer Nashmi, Kids & Company, Toronto, ON, Excellence in Entrepreneurship Award

The Gala also honoured the recipients of the Ones to Watch Award, Presented by Freshco.ca: Kate Latos, Ecofence and Decking Ltd.; Jessica Ching, Eve Medical; Humera Malik, Canvass Analytics; Thao Nguyen, Bonbon Collections Inc.; Sonja Mills & Alicia MacDonald, Port Rexton Brewing Company Ltd.

Alicia Skalin, Co-CEO and Head of Events and Programming, Women of Influence Inc., congratulated the winners for their incredible achievements, and for inspiring future generations of female entrepreneurs. "The incredible growth of our program reflects the increasing number of successful women-owned businesses in our country and the growing diversity in industries across Canada. The 2018 winners have turned their personal passions - from art and fashion to development to medicine - into thriving businesses. They have earned the esteem of their peers and their communities and are truly paving the way for future female entrepreneurs." explained Ms. Skalin.

> For more information on this year's award winners, visit www.womenofinfluence.ca/rbc-cwea About the RBC Canadian Women Entrepreneur Awards

The RBC Canadian Women Entrepreneur Awards are the pre-eminent national business awards recognizing the country's leading female entrepreneurs. The awards are an initiative of Women ofInfluence, an award-winning organization dedicated to advancing women globally.

About Women of Influence Worldwide Inc. Women of Influence, now in its 24th year, is one of North America's leading organizations working towards gender equality in the workplace - by empowering individuals. Through our events, content, awards, courses and coaching, Women of Influence annually reaches a community of over 300,000 professional women and men across Canada and internationally. Providing insights and inspiration, sharing the stories of extraordinary women, and creating opportunities to connect - we are making change happen for women, today. For more information, please visitwww.womenofinfluence.com

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**KERRY DIOTTE SUES** 

Kurtis

and contempt."

ist. He has not followed

included those tweets.

EDMONTON MP

#### YOUTH CORNER

Your Children need your PRESENCE more than your PRESENTS"- Jesse Jackson

Have fun with my page. We have interesting information to keep you busy as always. Thank you for your support of this page. Have a safe winter.

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Ţ	K	W	Y	T	Е	Z	U	S	Α	T	Μ	Z	F	Α	Α	T	Н
W	K	Q	Q	٧	G	Μ	Μ	S	Е	U	Н	W	Ν	0	Ν	Μ	K
G	Н	С	Α	Ν	D	L	Е	S	Α	Р	Χ	L	Р	Μ	G	Ν	G
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Р	G	Χ	T	F	K	D	Ο	Q	Y	K	Z	Н	Ο	٧	T	Μ	G
Р	D	Α	D	٧	Е	Ν	T	Y	В	Ν	R	T	Υ	S	R	Н	G
S	J	Е	S	U	S	I	1	С	С	Y	T	1	Р	U	Y	Y	Q

**ADVENT ANGEL BELLS BETHLEHEM BIRTH** WISE MEN DASHER **GIFT** CANDLES **IERUSALEM JESUS** JINGLE BELLS **JOLLY JOSEPH** IOY **HOLIDAY** 



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FOR TEENS: DISCOVERING YOURSELF

**DEFINING YOUR FUTURE** 

BY RICHARD NELSON BOLLES AND CAROL CHRISTEN

yuletide. We've got you a perfect shot.

Tts really much about flying high in life and not the vanity of trying adventur-Lous stunts in mid-air. As teens, get a skill and fly with it. That's the essence of reading this insightful book.

You will perhaps become an outstanding contributor to novel innovations by leveraging on your favorite skills and then apply that knowledge to finding perfect college major or job. A book that will inspire every youth for explorations and visibility.

#### 5 WAVE TO SAV "VEDV"

5 WAIS IU SAI	VEKI
Avoid saying very	Instead say
loved	adored
big	immense
poor	destitute
weak	feeble
clever	brilliant

#### CANADIAN PRIME MINISTERS MATCH THE YEAR

2) 7:00 p.m. to 3:26 a.m. <sub>-</sub> 3) 3:00 p.m. to 10:50 p.m 4) 11:00 p.m. to 2:59 a.m 5) 2:30 a.m. to 6:20 a.m.	1891-1892 1930-1935 1896-1911 1979-1980
a	1873-1878 1984-1993
	1080 1084

1963-1968 1993-1993

answers on page (39)

#### **HOW MUCH TIME HAS ELAPSED**

1) 1:00 a.m. to 3:22 a.m.
2) 7:00 p.m. to 3:26 a.m
3) 3:00 p.m. to 10:50 p.m.
4) 11.00 n m to 2.59 a m

answers on page (39)

WORD OF THE MONTH **SAGACIOUS - WISE** 

## TELEPHONE SCRAMBLI BY DIVINE CHIMSOM UGO

WITH THE NAMES

Lester B.Pearson

Alexander Mackenzie

Pierre Tradeau

Kim Campbell

Brian Mulroney

Wilfred Laurier

R.B. Bennett

John Abbott

Joe Clark

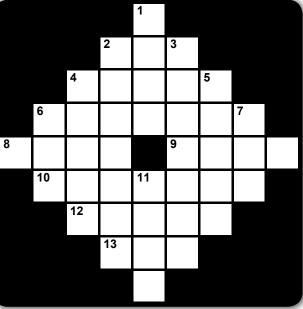
3666	9248	843	8463
63837	$\frac{1}{2}$ $\frac{1}{3}$	5878	74778
b)			
464253	843	3888	 3 7 3

464253	843	388873
394253	843	7278

answers on page (39)



## **DIAMOND CROSSWORDS**



**DOWN** 

1. Bud holder

3. Began

4. Dreads

5. Pricey

7. Ate

6. Lay odds

11. Steeped drinks

answers on page (39)

2. Look out points

#### **ACROSS** 2. "And She \_\_\_\_" (Talking

8. Not working

9. Go through

10. Stepped lively

12. Tidy the floor

13. Dispirited

Heads tune) 4. Symbols of aggression 6. Below

answers on page (39)

#### TRUE OR FALSE

- 1. Dogs are colour blind. T/F
- 2. St. Patrick was Irish. T/F
- 3. Camels store water in their humps. T/F
- 4. Bats are blind. T/F
- 5. Toads can give you warts. T/F
- 6. The British invented baseball. T/F

answers on page (39)

## **SUDOKU**

#### by Myles Mellor and Susan Flanagan

Each Sudoku puzzle consists of a 9X9 grid that has been subdivided into nine smaller grids of 3X3 squares. To solve the puzzle each row, column and box must contain each of the numbers 1 to 9. Puzzles come in three grades: easy, medium and difficult.

#### Level: Medium

			7	2				
		5	1		8			
8	2	6	3				9	7
5		4				2		
			9		5			
		1				3		6
6	3				2	9	1	5
			6		9	7		
				3	1			

answers on page (39)

## **MATH**

#### **ROMAN NUMERALS**

1 = OneV = Five

X = TenL= Fifty

C= One hundred

#### **FILL IN THE BLANK SPOTS WITH THE RIGHT ANSWERS**

1. L1= \_\_\_\_\_ University of Alberta's 2. XL = \_\_\_\_ student newspaper, The 3. XXV111 = \_\_\_\_\_ Gateway, published an online editorial and a 4. XXXV= news story that criticized 5. LV= Diotte for supporting Faith Goldy, a far-right 6. LXV= political 7. XCIV= and white nationalist. 8. XCV= with The Rebel Media,

9. LXXX=

answers on page (39)

10.XLV=

a far-right political website, after her sympathetic coverage of white supremacists at the 2017 Charlottesville rally.

dmonton MP Kerry Diotte is seeking

\$150,000 in damages

from a student newspaper

In November, the

commentator

Goldy lost her job

for calling him a racist.

Diotte's defamation lawsuit claims the articles made "unfounded and defamatory comments" about him. He says he will donate the money to charity if he wins.

Almost two weeks before filing the lawsuit against The Gateway, Diotte had threatened legal action against some Twitter users.

In response to the articles, Diotte posted a statement on Facebook. "I find racism and racists abhorrent," he said in the statement.

er was an indigenous woman and my family has been on the receiving end of deplorable and racist comments. My constituency of Edmonton Griesbach is made up of very ethnically diverse communities and I'm proud and happy to Gold for "Making the responsible journalism. serve them."

When The Gate-

statement said.

## STUDENT NEWSPAPER publications, Canadian the courts to protect their University Press (CUP), reputation is not the best said that the paper's ac- way for politicians to

tions were an appropriate deal with criticism. "Anytime you resort to courts, it sends Rideout, the message criticism is communications offigoing to result in punish cer of CUP told HuffPost ment in court," she said. "People should have the Canada, "Mr. Diotte's choice to continue in his opportunity to express pursuit of legal action against The Gateway without fear they'll end shows that his intentions up in court.'

go beyond protecting his Zwibel own reputation and ex-"counter speech" as an tend onto the dangerous alternative. For example, territory of stifling and a politician could request financially devastating a publication to apologize an independent student and issue corrections or they could respond to

Despite the paper's criticism on social media. attempts to remedy the Alberta has no situation, Diotte went laws to protect citizens ahead with filing the from strategic lawsuits lawsuit. The Gateway against public participadid not "fully retract and tion (known as SLAPP) - lawsuits filed for the apologize for the damaging articles," he said. purpose of intimidating

Diotte filed his stateor censoring critics. ment of claim on Nov. According to Hil 19. In part, the statement ary Young, a defamation said, "Kerry Diotte has expert and law professor, been injured in his perthis case would fit the sonal credit, character and definition if Alberta did reputation as a citizen, in have such legislation. the practice of his profes-

"It's important polision and has been brought ticians have a thicker into public scandal, odium skin than the rest of us, she said. "The concern is A week and a half that people with demoearlier, Diotte threatened cratic power can silence criticism by threatening legal action against several Twitters users for aclawsuits, and that's a recusing him of being rac- ally big problem."

up on that threat so far. According to Young The articles that Diotte is while calling someone suing The Gateway over a racist is defamatory, there are defenses The One of those tweets Gateway can use in court referenced a tweet from to prove the statements Diotte that praised Faith are true or a product of

Media Great Again." She said they Diotte denies sup- have to show that they way received notice of porting Goldy. "The most checked their facts, that the lawsuit, the paper dangerous and disturb- they gave Diotte an opretracted the offending ing comment was that I portunity to respond, and statements from the ar- was referred to as 'a rac- that the editorial meets ticles. They also added ist' in not one, but two the definition of a fair an editor's note and an articles," he said. "It was comment of opinion. also falsely alleged I sup-

Diotte, a former "The Gateway is in ported candidate Faith journalist (Edmonton the process of reviewing Goldy in her campaign to Sun, Calgary Sun, Althe statement of claim, and be mayor of Toronto." berta Report, Maclean's will be filing a statement of According to Cara CBC) and a former direcdefence in due course," the Zwibel, director of fun- tor with the Canadian damental freedoms at Association of Journal-The organization of the Canadian Civil Lib- ists, says he is "a strong post-secondary school erties Association, using defender of free speech."

IKEA PLANS

## **BUSINESS**

# 27 RONA STORES 'TIS THE SEASON' **CLOSING SOON**

By Sandra Beagan

he American company that bought Canada's Rona stores for CAD \$3.2 billion in 2016, is closing 27 and many more. The ing stores, and moni-Rona stores in early stores they are clostor the investment re-2019. Lowes is also ing in Canada amount closing a block plant to about 3% of the in Kamloops, a truss company's total retail plant in St. John's, and the regional support centres in St. John's and Mississauga.

wants to put its focus marketing, said "They Bay South (Killigrews) on the more profitable parts of its business.

Lowe's Canada, Syl- further to find a Lowe's (O'Leary) vain Prud'homme, or a Rona store." said the changes will allow the company to provide its customers Lowe's has been facing with better service, but competition from other did not say how many employees will be affected by the closures.

In a statement, Prud'homme said: "Everything will be done to ensure a smooth tran- that online retailers • RONA Kingston sition until the stores such as Amazon are (Bath Road) are closed. And Lowe's not much competition Canada will support because many DIY and • Lowe's North York – the Progressive Con- the House of Comimpacted employees, construction products Centerpoint including by transfer- are heavy and bulky - • Lowe's Sault Ste. ring eligible employees costing a lot to ship and Marie to other locations with- "not things that are in our network when- suited to online retail." ever possible."

US stores.

based in Boucherville, Que., has more than 630 corporate share price was not • Reno-Depot Calgary and independent af- changed by the an- West filiate dealer stores in nouncement. Canada, including 430 Rona stores and 68 Lowes's stores.

**L** provement provement locations. Lumber, square footage.

a University of Toronto professor who specompany cializes in retail and • RONA Conception probably had too many locations...Now, this will mean people The president of will have to drive a bit

> He added that • RONA Bay Roberts home improvement businesses such as Canadian Tire, Home Depot, and even (to some extent) Walmart and Costco.

Soberman said

Marvin Ellison, • RONA Iberville The company is the new President of • RONA L'Assomption closing one store in Lowe's as of July, has • RONA Granby Moeller BC, two in Alberta, six begun a restructuring • RONA Ste-Rose in Newfoundland and of the company. He • RONA Rivière-des-Labrador, nine in On-said that he will put Prairies tario, and nine in Que- a stop to unsuccessful • RONA Rouyn-Noranda bec. It's also killing 20 venture by removing • RONA Ange-Gardien slow-selling products • RONA Saint-Elzéar and reviewing the real Lowe's Canada, estate portfolio.

The company's (Douglasdale)

Credit Suisse ana- • RONA Columbia lyst Seth Sigman said, Square

The company's "We view this as a total North American positive step towards footprint is a network improving productivof 2,390 home im- ity of the chain... That said, we continue to Those include Ace, look for additional Contractor First, Dick's progress in driving Pierceys, higher sales in existquired to do that."

> Here is the list of stores that will be closed in Canada by David Soberman, February:

- RONA Goulds
- RONA St. John's (Topsail)
- RONA St. John's

- RONA Mississauga (Westdale Mall)
- RONA Mississauga (Lakeshore)
- RONA Sault Ste. Marie

#### Québec

- RONA Calgary

# British Columbia

#### Newfoundland

- RONA St. John's
- (Torbay)

#### Ontario

- RONA Sudbury RONA Peterborough
- RONA Lakefield
- RONA Ste-Clotilde

#### Alberta

# PROMO AT TIM HORTONS

By N.Ugoh

im Hortons have recently ▲ announced the return of their famous holiday cups with a new design.

cups will be in circulation for a limited time. In addition to the holiday cups an-

These holiday

nouncement, Tim Horton announced their new holiday treats. According to the management of Tim Hortons, this year's

clude a raspberry va-

holiday donut.

holiday treats will innilla jelly roll and a produced with frost-

Furthermore, the ing in the center and revealed wrapped with white that their popular filled and blue snowflake sugar cookie that is shaped sprinkles is

ALWAYS FRESH

Tim Hottens

CAFE & BAKE SHOP

#### continued from p(14)TRYING TO SAVE....

jobs in Ontario. He

liament, criticized the

government's plans to

cially if major compa-

"I support the people said that Trudeau's try's changing needs. out there and we're Liberals should exgoing to do everything plain immediately how we can to make sure they will help the GM they get back on their workers and protect Andrea Horwath, said feet," he said. other manufacturing

servative Ontario gov- mons hold an emer- of being in this house ernment and the Liberal federal government - which have had frequent public clashes – will work together on NDP Member of Par- this province," she said. the GM matter.

Bains backed him a political issue. This is not about pointing fingers. This is about tomotive sector. This is about standing up for their Canadian emthe auto workers."

But opposition pol-

iticians at both levels Trudeau's government for, the union that are applying pressure. to create a national represents more than Andrew Scheer, leader of the Federal lines meet the indus- without "t. Conservative party,

ployees.

Ontario's Leader of the Opposition, NDP that Ford did not try hard enough to save Ford also said that also demanded that Oshawa's car-making industry. "In 14 years gence debate on the I've never seen a government roll over so quickly and throw in the Brian Masse, an towel on good jobs in

John Fraser, the provide tax incentives province's Liberal up saying, "This is not worth \$14 billion to Leader, said that GM's corporations over the closure of the Oshanext five years, espe- wa plant will be the "worst economic castanding up for the au- nies such as GM are tastrophe" to hit the planning to abandon province since 2008's Global Financial Crisis.

> Greg Moffatt, a Masse also urged representative of Uniauto strategy to ensure 2,500 Oshawa autothat manufacturing workers, said that the processes and product plant is not closing

# DISGRUNTLED **FRANCHISEES SUING SECOND CUP**

By Sandra Beagan

s Second Cup strug-**A**gles to remake itself to fight off competition, several of its franchisees are suing the Canadian coffee chain.

The franchisees, past and current, filed franchisor in Quebec's Superior Court early in November. The suit includes a long list of allegations the franchisees say have been detrimental to them.

Spokesperson Ali not Second Cup's prac-further in debt." tice to comment on matters that are active ularly when, as in this proceedings."

According to documents filed in court, franchisees continue to suffer although the company itself has three years franchise revenues have continued to decline.

Allegedly, company misused an their sales to the fund: "Second Cup does not use this money in an adequate manner to Second Cup has arligations to that end."

own bottom end, such able to be tried at the

as machines needed to same time and determake Pinkberry vogurt mined on the same evismoothies.

Second Cup tested at four locations in the summer of 2017 and signed an exclusive agreement with the company later that year to roll out the brand. As of November a lawsuit against their of this year, 84 Second Cup locations are serving Pinkberry and the company says it has added considerably to overall sales.

However, according to the lawsuit, franchisees that were Azzopardi wrote in an already "swimming in email statement, "It is debt suddenly went

"Not only was the before the court, partic- increase in franchise sales disappointing, it instance, they are at a turned out that Second very early stage of the Cup customers were either having coffee or a Pinkberry smoothie, but not both," court documents say.

The franchisees also claim that there sanctioned franchisee seen positive change as are product problems, it has tried to win back including "problemcustomers over the past atic" food quality, three years: "On the stock shortages due contrary, during these to supplier changes, and being required to buy products at a "far higher" price than their market value.

advertising reserve that when one franchisee is funded by franchi- made a claim against sees who contribute the the company and eight equivalent of 2-3% of other franchisees later asked to join it.

In a court filing,

advertise and fails to gued that the addifulfill its contractual ob- tional plaintiffs should be treated as separate claims: "Each claim is The suit also extremely fact-specific claims that Second in connection with a Cup forced franchisees given franchisee locato go into debt to buy tion and a given plainequipment that has tiff-franchisee relationfailed to improve their ship and would not be dence."

Second Cup has the Pinkberry concept been struggling with increased competition from both high-end coffee chains and fastfood chains offering better caffeine products than they used to. In light of its problems, the company re-

cently initiated a strategic review. As a result, it has recently embarked on a joint venture with a cannabis firm and is converting two of its Alberta stores to sell recreational marijuana. It has plans to do the same with several Ontario outlets.

Second Cup is not the only coffee company dealing with unhappy franchisees. For over a year, Tim Hortons' parent company, Restaurant Brands International (RBI), has been fighting with an outspoken and un-

The Great White North Franchisee Association (GWNFA) was formed in an effort to remedy the alleged mismanagement of the brand. It claims to represent more than half The suit originated of Canada's Tim Hortons franchisees.

> **GWNFA** has launched lawsuits against the RBI, its subsidiaries, and several executives. Like the Second Cup franchisees, GWNFA has alleged mismanagement of the chain's advertising fund (among other

RBI has also initiated lawsuits against GWNFA and some of its members

# TO CUT 100 **JOBS**

wedish affordable to many **U**nishings In a recent release,

outfit, Ikea has revealed that up to 100 jobs in Canada could years as the company adapts to changing customer behaviour.

The retailer is ex- as a company." pected to cut 7,500 jobs globally in an effort to address urban- will be founded across ization, digitalization the Canadian network, and new technology ikea says few jobs will that are affecting the be "relocated, changed way customers live or removed." and spend.

the cutbacks of jobs ployees to be wedged, the moment. will allow the compa- up to 50 employees at ny to focus "on its e- its Canadian national better meet the needs redundant of its customers and be more convenient and

the company said, "In the business, including works. how we are structured

Ikea disclosed that out of the 100 em-

The retailer re-

vealed further that it will make use of new store formats, advance the in-store experience, make investaddition, to ensure we ment in its digital exbe wedged over two are fit for long-term perience, ameliorate its growth, we're looking service and maximize closely at all areas of its distribution net-

> The plan includes opening stores in city Though new roles centres to complement the existing larger locations. Ikea opening stores in not less than 30 major city centres around the world to expand its reach, but The company said Canadian plans are not under consideration at

Ikea Canada curcommerce platform, to service office may be rently has 6,300 employees all over the country.

# Shank you for reading

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VOLUME 13 • ISSUE 11 • NOVEMBER 2018

CAA South Central

1. You have the right

2. A permission to

3. The towing compa-

4. The fi¬nal bill can-

ny must provide you with

an itemized invoice, before

not be more than 10%

above the quoted price.

receiving payment.

# BOOKS - EDITOR'S PICK

## **FICTION & NON FICTION BOOKS**

There's more to be grateful for as the year rolls by, notwithstanding there's substantially more to cover. Check out from our collection of books for your reading pleasure for the holidays. There's something for everyone to tap from. Remember no knowledge is wasted. Happy Holidays.

#### **SO YOU WANT TO TALK ABOUT RACE**

BY IJEOMA OLUO

he issue of race resonates in our world. Systematic discrimination even in the West which prides itself as an abode of tolerance is getting torn by the cancer of race. How do we deal with it? Iieoma provides answers.

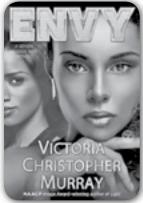


The book set out to address the racial landscape in America, addressing head-on such issues as privilege, police brutality, intersectionality, micro-aggressions, the Black Lives Matter movement, and the "N" word. Americans are struggling with race complexities, white privilege and of course, there are daring questions answered to these hyper-charged issues. Oluo answers the questions readers dtive, hyper-charged issues in America.

#### **ENVY: A SEVEN DEADLY SINS NOVEL (THE SEVEN DEADLY** SINS BOOK 2)

BY VICTORIA CHRISTOPHER MURRAY

IT IS MORE POTENT THAN WITCHCRAFT, IT LOATHES WHEN OTHERS SUCCEED AND CAN BE THE CATALYST FOR ULTIMATE **DESTRUCTION – ENVY.** 



poised to have everything she has always envied, and nothing can stand in her way, espe cially from Wilson who's got a nearly perfect life. Will she get the most of Gabrielle in her rage

unchecked? Let's see what can pacify envy.

#### FINDING HAPPINESS IN SIMPLICITY: **EVERYDAY JOYS FOR SIMPLE** LIVING THROUGHOUT THE YEAR

BY GAIL FRASER

here are everyday joys to be realized and that these small things can bring us closer to a more fulfilling life. Gail reveals the bandwagon effect of urban life in contrast to the peace and tranquility of finding happiness in simplicity.

Gail Fraser and her artisthusband Art Poulin combines his landscape paintings and Gail's thoughtful words, Finding Happiness in Simplicity pro-



but deeply compelling message that there are everyday joys to be realized and that these small things can bring us closer to a more ful-

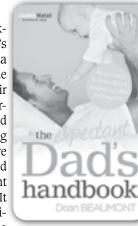
### THE EXPECTANT DAD'S HANDBOOK: ALL YOU NEED TO KNOW **ABOUT PREGNANCY, BIRTH AND BEYOND**

BY DEAN BEAUMONT

very intending Dad can expect the relevant info that will make parenting blissful and without stress. It's not only about women, it's a collective responsibility. From pregnancy, birth and growing up, Dads don't quit.

This book no doubt prepares men for their new roles – as both birth partners and

The Expectant Dad's Handbook is a perfect guide for men on their path to fatherhood. No need panicking when you are fully loaded with the right information. provides practi-



cal answers to all the questions on the mind of a dad-tobe - from what to expect at each stage of pregnancy to how to cope with any worries and fears about becoming a dad and dealing with stress.

#### YOU NEED A BUDGET: THE PROVEN SYSTEM FOR BREAKING THE PAYCHECK-TO-PAYCHECK CYCLE, GETTING **OUT OF DEBT. AND LIVING** THE LIFE YOU WANT

BY JESSE MECHAM



we need to turn around our financial burdens.

The book provides simple down to earth rules to help you stop living paycheck to paycheck, get out of debt, and save more money and take up the next business challenge. The You Need A Budget (YNAB) Method has indeed repositioned tens of thousands of people for the next big thing in life, away from stagnation. YNAB will most definitely work for you if you're will- | corruption in this nation." Tosin continues,"

#### THE OUTSIDE CHILD BY TIFFANY L. WARREN

ove doesn't quit. Regardless of the prevailing circumstances, it always rises to conquer disappointments if we're willing to persist. The Outside Child is a compelling story of acceptance in the most unlikely circumstances. Amazing story.

Chenille Abrams' world centered around her family. She sacrificed a lot to balance her marriage with a blistering career. Brayden on the other hand is just the perfect kind of guy for any lady or maybe not. Their first child

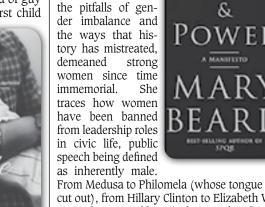
was crippled and that certainly changed Brayden. Brayden starts putting his career above everything else. And when tragedy strikes, Chenille struggles and the union

is about to be

shattered. Will

survive

they



speech being defined as inherently male. From Medusa to Philomela (whose tongue was cut out), from Hillary Clinton to Elizabeth Warren (who was told to sit down), also through her own experiences, she reflects on the pow-

erful voice that can help resist men's template.

**WOMEN & POWER:** 

**A MANIFESTO** 

BY MARY BEARD

Mary Beards explores the past, the present

and predicts what the future holds if women

Women and WOMEN

Power

"nevertheless persist".

examines

omen have battled to survive misogyny throughout history. The fight isn't over as yet as

## TO THE RESCUE **SAY NO TO CORRUPTION**

IFFANY L. WARRE

By Pastor Dele Dada

CHAPTER FOUR

is double blessing. Okay I just came in and wagon of thought I should cheek an array Y thought I should check on you. I have a evil men to couple of things to catch up with this evening. And I guess you have the best of this nation, ning. And I guess you have the best of this nation, company, because two is a company three selling fake is a crowd. Bye" Bola said as she was going currency? towards the door waving her hand.

while and I need to go." "By the way Tosin, That is why at times I question the fact and Something happened today, Bola please wait and hear this, take a seat," indicat- to corruption. I think it is spiritual; there is ing the seat to take. "It is very interesting." a demon of corruption in this county that

Bola sat on the only chair in the room. Kola narrated his experience with Harrison something about corruption in this nation. briefly. That is what happened and Harrison and the junior brother who introduced us pray that the boys, sorry men, will come him to the business will be coming to the and they will give their lives to Christ." Toservice tonight. Bola and Tosin shouted sin said. Kola and Bola joined Tosin by the 'Praise God" simultaneously excitedly

"I guess it was Robert H. Schuller that said 'What appears to be the end of the lead us in the prayer." He prayed briefly road may simply be a bend in the road.' I binding any demon that will prevent Harripray they will come tonight and give their son and his brother from attending the prolives to Christ." Bola said rejoicing.

able to go, because of her tooth ache." Kola seemed to be lamenting. Tosin respondprayer and I am healed. Do not be an unbelieving believer or is it a skeptic? Skepticism has never founded empires, established principles, or changed the world's heart. The great doers in history have always been people of faith. Kola you have started with faith let's keep believing.

"But what amazes me is the level of How can such a boy with such a promising

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are wealthy, "No! No!! No!!!, I have been here for a educated, highly placed, and influential? notoriety that it is poverty that leads people our pastors and ministers need to deal with. It is the spirit of greed, selfishness and avarice. God giving me the grace I will do Just let us all join our hands together and let side of the bed.

Bola said "Kola you are the man here gram and that may prevent them from accepting Jesus Christ as Lord and Saviour he "My concern is whether Tosin will be concluded that God would also give Pastor Charles utterance as he ministers tonight.

Taking a look at her wrist watch "I ing "I am coming, God has answered your have to run. See you guys later" Bola concluded as she quickly ran out of the room.

"Okay Tosin, I have to go too. We shall meet later." He took her left hand in his two hands, bowed and kissed the back of her hand. "I love you very much" Looking straight at her face avoiding the temptation of kissing her mouth. He said and left, closing the door gently behind himself after stealing a final look at her.

TO BE CONTINUED

## **AUTO**

## 5 WAYS TO WINTERIZE YOUR VEHICLE **TOWING BILL OF RIGHTS**

important to practice able compound, winter ing the winter months slippery surfaces. when weather is un-

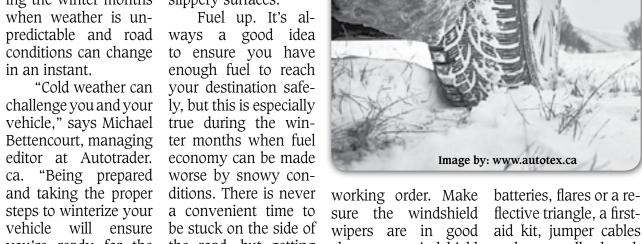
in an instant. vehicle," says Michael cold roads ahead."

seem like an unnecticularly if your ve- take the time to propall-wheel drive, but hicle. Visibility is very they are well worth important in colder

(NC) While proper terns and composed vehicle maintenance is of a softer, more pliall year, it's particu- tires provide improved larly important dur- traction on cold and

predictable and road ways a good idea conditions can change to ensure you have enough fuel to reach "Cold weather can your destination safechallenge you and your ly, but this is especially true during the win-Bettencourt, managing ter months when fuel editor at Autotrader. economy can be made ca. "Being prepared worse by snowy consteps to winterize your a convenient time to you're ready for the the road, but getting shape, stranded in the winter Invest in winter may not only be frustires. Winter tires may trating, but dangerous.

Inspect your ve-



decent snow brush.

essary expense, par- hicle. It's important to semble a winter emerhicle is equipped with erly inspect your ve- become stranded in an charger on hand. isolated area. Include the initial investment. months, so ensure clothing and blankets, Designed with more the defrost function non-perishable food aggressive tread pat- and headlights are in items, a flash light and

advise you on what to do.

6. Call for roadside

- If you are a CAA

assistance and tell the

Member, your Membership

where you can be reached.

- Your location.

- The phone number

- A description of your

- Describe any circum-

stances that may require

special towing or transport

considerations, such as an

gers, infants, medical needs

- Advise the road ser-

7. Know your rights

It's your responsibility

to understand what services

or whether your vehicle re-

vice operator that you have

and responsibilities.

quires special fuel.

called 911.

unusual or rare vehicle,

flective triangle, a firstwindshield and a small shovel. washer fluid is topped It's a good idea to keep up, and you have a your cell phone fully charged in the event Be prepared. As- you need to call for assistance. At the very gency kit in case you least have a portable

essentials like warm Find more tips at www.autotrader.ca/ newsfeatures.

#### Ontario (CAA SCO) encourages all Ontario motorists and consumers to familiarize themselves with the specific terms of the Towing Bill of Rights: to decide who can tow your vehicle and to what location unless otherwise directed by police. tow form must be signed before towing starts, unless you have an auto club membership.

# **INSURANCE**

ome boat owninsurance because they think nothing will happen to their boat. This thought is wrong because bad

> the vessel. As a boat owner, you

to acquire comprehensive One of the problems you are likely to encounter ism. This is rampant among is parked at home or at a surance covers you in the

- Keep the windows and

- Don't leave the engine

your roadside assistance or insurance policy will cover. If you CHOOSE TO EXIT

- When exiting the vehicle, stay away from oncoming traffic and exit through the side of the vehicle fac-

roundings. Carry a flashlight with you if possible, especially in nighttime situ-

- The nature of your when you expect to return.

running for extended periods – this could put you at risk of carbon monoxide poisoning.

attention of other motorists. | fact, it is way easier to steal

Download and print CAA's

need to insure your boat. As a matter of fact, a lot of states have made it com-

pulsory for boat owners to acquire Watercraft Liability insurance before transporting or operating their boats. If you acquire your boat through a loan, your bank or lender will mandate you boat insurance.

as a boat owner is vandalboats that are docked in marinas. Also, vandalism hotel

When you are insurinsurance policy covers vandalism. In most cases, insurance companies will only offer Watercraft Liability to you as a boat owner

Watercraft Liability insurcars are stolen, boats are

a boat than to steal a car.

can pay by credit card. 6. During business

5. If you choose, you

hours, you can access your vehicle to get your personal items, while it's stored at a towing facility.

7. A tow operator must notify you where your vehicle will be towed.

8. Tow operators must disclose if they are receiving a fi-nancial incentive for towing your vehicle to a particular vehicle storage facility or repair shop.

The Towing Bill of Rights is based on specific rules and regulations set by the Government of Ontario through the Fighting Fraud and Reducing Automobile Insurance Rates Act.

lision, an explosion. In ad-

# WHY BOAT INSURANCE IS GOOD FOR YOU

By N.Ugoh

dition to that, the insurance ers don't give a policy should offer coverage damn about boat to the boat, the motor and the trailer used in transporting the boat. The boat must be covered irrespective of who operates the boat in as hings happen to boats and much as the operators are legally backed to operate

The boat insurance policy will normally give you cover you against malfunction. If your motor develops a fault or you need to tow your boat to the shore, your policy should get you covered.

The type of coverage you get depends on the type of policy you acquire via your insurance agent. So it is paramount to know the type of coverage available. Insurance companies don't offer all forms of coverage but they all offer Watercraft Medical payments and Watercraft Liability.

Watercraft liability inevent of an accident that is caused by you while Mediing your boat, ensure your cal payments insurance covers medical expenses vou and vour boat occupants incur when there is an accident.

Alternative insurance but you need more than includes reasonable repairs insurance, emergency services insurance, motor or Another problem you boat trailer insurance and can encounter as a boat wreck removal insurance. owner is theft. The way Wreck removal policy is a very useful policy you must

To insure your boat, visit your insurance agent Your boat insurance and discuss your needs your insurance needs with

# WHAT TO DO IF YOUR VEHICLE BREAKS DOWN

location.

general guidegeneral guide-lines to follow if your vehicle breaks down on a highway.

1. Pull off the road.

Pull onto the highway shoulder as quickly and safely as possible. Remember to signal, and try to remain on level ground. Alternatively, if you need to of your vehicle to assess pull onto the left shoulder, ensure that you are as far away from moving traffic

If you CANNOT pull off the side away from traffic. the road, turn on your hazjury by attempting to push your car to a safe location. If you are uncertain about your safety and think your vehicle may be struck from behind, do not stay in your vehicle. Leave your vehicle only if there is a safer area to move to, away from the flashers, especially at night

## location.

Look for a major exit. rants, shopping centres window. and business complexes. Do you remember the last exit name or any numbered signs near your location?

when calling for assistance. tion, call 911. They will

3. Assess your vehicle's operating problem. Did you hear any unusual noises, experience any out-of-the-ordinary

car responses, or note any

steam or smoke coming

from under the hood?

If you MUST GET OUT the situation:

- Watch carefully for oncoming traffic, especially at night or in bad weather. - Exit the vehicle from

- Never stand behind ard lights. Do not risk in- or directly in front of your vehicle, as you risk being struck by drivers who might not see you.

#### 4. Alert other motorists by making your velarge number of passenhicle visible.

- Turn on emergency or in bad weather. Raise your vehicle's

**2. Note your vehicle's** hood. If you have a bright handkerchief, scarf, or light jacket, tie it to the antenna Note landmarks such as or door handle, or hold it service stations, restau- in place by closing it in a

#### 5. Call 911- Communicate your situation.

Once you and your pas-This will be useful to know sengers are in a safe loca- your vehicle:

After calling emergency services, call a family member or friend and advise ing away from traffic. them of your situation and - Be aware of your sur-

- If relying on the help of a friendly motorist, ask for identification before accepting assistance. Write this information down and leave it with another person or in the vehicle explaining where you are going and can occur when your boat

If you CHOOSE TO STAY in your vehicle:

doors locked.

- If you are threatened by a stranger while waiting in your car, call 911. Honk the horn repeatedly and flash the lights to attract the | stolen and as a matter of

Stranded Driver tips to policy should give you with him. He will match keep in your glove box and | cover over theft, strandkeep family and friends ing, vandalism, sinking, the policy that best suits safe by sharing these tips. | storms, fire, capsizing, col- your needs.

rough sleeping and re-

spond to the causes of

support for councils and

those working on the

frontline are helping to

get people off the street

as we enter the colder

winter months. But we

we're committed to

working with Shelter and

others to make a positive

shadow housing minister,

said: "It is appalling that

enough people to fill a

city the size of Newcastle

mas without a home.

eight years of austerity

tions say was designed to

duction Act came into

effect May this year and

seeks to eliminate home-

hurt the poor."

lessness by 2027.

that even the United Na-

Homelessness Re-

Melanie Onn, the

know that there is more

He added: "Our

homelessness.'

# ONE IN 200 PEOPLE HOMELESS PILOT FALLS ASLEEP, IN THE UK

By Julius Oyekunle

At least 320,000 people are homeless in Britain, according to research by an housing for the less privileged organization, Shelter.

This amounts to a year-on-year increase of 13,000, a 4% rise, despite government pledges to tackle the crisis. The estimate suggests that nationally one in 200 people are homeless.

Shelter says its figures, which include rough sleepers and people in temporary accommodation, are likely to be an underestimate of the problem as they do not capture people who experience "hidden" homelessness, such as sofa-surfers, and others living insecurely in sheds or cars, for example and have had to run from metropolitan police and

immigration officials. Newham in east London is ranked as England's number one homelessness hotspot, with at least one in every 24 people in housing insecurity. More than

14,500 people were in affected, 295,000, are in "No one should be left temporary accommoda- forms of temporary ac- without a roof over their tion in the borough, and commodation after being head, which is why we 76 were sleeping rough.

whole, 170,000 people – equivalent to one in 52 – have no home. Westminster had the most rough sleepers, 217, followed by Camden, with 127. In Kensington and figure it subsequently Chelsea, the UK's richest adjusted to 294,000 borough, there were over for Britain. This rose to and into accommodation 5,000 homeless people – 307,000 in 2017. equivalent to one in every 29 residents.

were recorded in Birmingham, Luton, Brighand Coventry. Regionally, home-

side, which saw 12% increases, followed by

accepted as homeless by are determined to end In the capital as a their local authority.

> It is Shelter's third annual analysis of homelessness. In 2016, it estimated there were rough-sleeping strategy, 255,000 homeless people in England alone, a

Polly Neate, Shelter's chief executive, Outside the capital, said: "Due to the perfect that we need to do and high homelessness rates storm of spiralling rents, welfare cuts and a total lack of social houston & Hove, Slough, ing, record numbers of Dartford, Milton Keynes, people are sleeping out Harlow, Watford, Epsom, on the streets or stuck in Reading, Broxbourne, the cramped confines of Basildon, Peterborough a hostel room. We desperately need action now to change tomorrow for will wake up this Christlessness grew fastest in the hundreds of thouthe West Midlands and sands whose lives will This is the outcome of Yorkshire and Humber- be blighted by homeless-

the north-west with an communities secretary, 11% rise. Homelessness James Brokenshire, said fell in the north-east and the government was desouth-west regions of termined to end homelessness but conceded The bulk of those more could be done.

**OVERSHOTS DESTINATION** IN AUSTRALIA

By D.Forrester

beyond it's destination in Australia by almost 50km (30 miles) after its pilot fell asleep in the cockpit, air safety officials say.

Thankfully, there was no injury as the pilot was the only person on board the freight flight from Devonport to King Island in Tasmania on 8

The incident, classified as a case of "incapacitation", is being investigated by the Australian Transport Safety Bureau (ATSB). Officials have not said

how the pilot awoke before landing the plane safely.

The Piper PA-31 aircraft, operated by Vortex Air, had been due to complete the 240km trip at 07:15 local time.

"During the cruise, the pilot fell asleep, resulting in the aircraft overflying King Island by 46 kilometres," the ATSB said in a brief statement.

Aviation expert Neil Hansford said that Australia had strict rules relating to pilot fatigue.

the world that someone should've taken on that flight fatigued," he told the Australian Broadcasting Corporation.

# PHILIPPINE COURT **CONVICTS IMELDA** MARCOS OF GRAFT

By N.uaoh

ormer first lady ■ Imelda Marcos was sentenced to serve 6 to 11 years in prison after the special anti-graft Sandiganbayan court found her guilty of graft. A warrant of arrest was issued against Marcos who is currently serving as Ilocos Norte

The 89 year old law late husband. Ferdinand regime.

tion for reconsideration. government.

Marcos is considered as long overdue to human rights victims and activists after years of fighting for a favorable decision. However, the present conviction is rare among the several corruption cases she faced because she remained holding her office in Congress while her appeal is

The conviction of

Marcos activists and former Commission on Human Rights chairperson Loretta Ann Rosales jumped with joy after the court rendered its judg-Swiss foundations dur- the issues that arise during the presidency of her ing and after the Marcos

Imelda Marcos is Marcos did not ap- still eyeing the gubernapear during the court torial seat in the upcomhearing, nor did anyone ing local election on May represent her. Neverthe- 2019. In an interview less, one of her lawyers with Aquilino Pimenis already studying the tel Ir., a former senator court's decision in the and one of those who hope of avoiding impris- were locked up during onment and losing her the Marcos dictatorship, Congressional seat. In a he said it is the Filipino statement through the voters who will decide if office of her daughter they will choose a can-Imee, Marcos said that didate with a bad name program is intended to be a regulations from different | flights CA173/CA174 start- Australia, Oatar Airways | her lawyer will file a mo- to represent them in the

# **UKRAINE INSTITUTES MARTIAL LAW AS TENSIONS WITH RUSSIA RISE**

ensions between . Russia are coming to a boil again. On Nov. 25, during a standoff in a disputed part of the Black Sea, Russia fired on and seized three Ukrainian naval vessels, imprisoned the sailors, and wounded sev-

As a result, the parliament of Ukraine voted on Nov. 26 to impose martial law to combat what Ukraine's President Petro Poroshenko calls "growing aggression" from Moscow. Ukraine did not im-

pose martial law even during the worst of the fighting in the eastern part of the country during which 10,000 people were killed.

The European Union, NATO, and individual Western leaders called on both sides to de-escalate the conflict and for Russia to restore Ukraine's access to the narrow Kerch Strait.

(which Russia annexed Russia to release the defrom Ukraine in 2014) tained ships and crew and from the Russian mainland to refrain from impeding and allows ships to reach lawful passage through the Kerch Strait.

NATO's Canada's Prime Min-General Iens Stoltenberg ister Justin Trudeau told reexpressed the military alporters that, at the request liance's "full support for of Ukrainian officials, he Ukraine's territorial integpersonally pressed Russian President Vladimir Purity and sovereignty, intin during the G20 about cluding its full navigational Russia's actions and the rights in its territorial waters under international need to release the Ukrainian soldiers. Trudeau said In a statement to the there was no opportunity

Ukrainian ports.

UN, the US called Russia's for Putin to respond to the conduct "unlawful." Dmi-"For me, it is obvious try Polyanskiy, Russia's that this is an issue that deputy permanent representative to the UN, said concerns not just Canada the incident was another but a number of our NATO example of Ukrainian leadallies," Trudeau told reporters. "We are all very much ers trying to provoke Russia for political purposes. hoping that there will be At the G20 summit de-escalation and a release

in Buenos Aires, the G7 of those prisoners.' countries (Canada, the EU, The dispute between Germany, Italy, Japan, UK, Ukraine and Russia stems US) issued a statement from when Moscow annexed Crimea from Ukraine urging restraint, respect for international law, and in 2014 – and then began no further escalation. That providing clandestine supstatement also called on port, including weapons

and troops, to separatists in eastern Ukraine.

Ukraine and Russia blame each other for this most recent incident in the

 Russia: Ukrainian vessels made an unauthorized passage through Russian territorial

• Ukraine: Our tugboat, traveling with two gunboats, was rammed by a Russian coast guard vessel even though we had given Russia advance notice that the vessels would be moving through the

• Russia: There is "irrefutable evidence that Kiev prepared and orchestrated provocations...in the Black Sea. These materials will soon be made public."

"carried out openly aggressive actions against Ukrainian navy ships.' Russian Foreign

sian coast guard vessels

Minister Sergey Lavrov:

In B.C., the province

purchase auto insurance

from a public auto insur-

er, the Insurance Corpo-

ration of British Columbia

(ICBC) and its rates are

highest in Canada, said

LowestRates.ca, quot-

ing Insurance Bureau of

mandates

• Ukraine: The Rus-

"Ukraine had undoubtedly hoped to get additional benefits from the situation, expecting the US and Europe to blindly take the provocateurs' side."

mean declaring a war."

sures include strength-

the coasts of the Azov

and Black Seas, along part

of the Moldova-Ukraine

border where Russian

are located, and along the

tains vaguely worded steps

and "information security"

that could mean any num

ber of things, including

curtailing certain rights and

Poroshenko's critics

The decree also con-

Russia-Ukraine border.

troops

"peace-keeping"

sponse when others have not, and why his original Ukrainian Foreign request was for a 60-day Minister Pavlo Klimkin: The period of martial law. dispute was not an accident and Russia engaged in "deliberately planned hostili-

Because his approval ratings have been going down, critics were concerned that he was setting up a pretext to postpone Ukraine's parliament the presidential election debated President Poroscheduled for March. shenko's proposal for five

were suspicious about his

call for martial law, won-

dering why this particular

incident merited such a re-

Oksana Syroid, a hours before overwhelmmember of parliament, said that a state of emergency ingly approving his request to impose martial law for 30 "would present a wonder ful chance to manipulate Poroshenko said the the presidential elections, noting that martial law was imposition of martial law was necessary because not introduced in 2014 or of intelligence about "a 2015 despite large-scale highly serious threat of a fighting in the east.

ground operation against Hundreds of protest ers from the far-right Na-"It is introduced with tional Corps party waved the sole purpose of boostflares outside parliament ing Ukraine's defense in and accused Poroshenko the light of a growing agof using martial law to his gression from Russia," he own political ends. said. "Martial law doesn't

Just before the parliament's vote on the measure, Poroshenko issued a statement revising his proening the country's air posal to 30 days in order to 'do away with the pretexts defense and a partial mobilization. The decree covfor political speculation." ers 10 regions located on Poroshenko insisted

that martial law was necessary because the incident in the Kerch Strait "was no accident," and that "this was not the culmination of

The incident was the first open military confrontation between the two countries since Russia annexed Crimea in 2014.

The incident was the first open military confrontation between the two countries since Russia annexed Crimea in 2014.

#### continued from p(28) POSTAL CODE...

The bill was defeated (even though the PCs themselves promised to end the practice in 2017) but Singh vowed to continue the fight.

Auto insurance has long been a political hot potato and it could use some serious overhaul to reduce high rates. Ending postal code discrimination might help some, but others could be harmed.

"Where you live just doesn't factor in your personal address but also includes the number of intersections, traffic lights and signs, auto theft and auto fraud statistics. If you live in a highly populated area with more vehicles on the road and busier intersections, you Association (OTLA), the policy each year.

have a higher probability companies are more than of being involved in an profitable and they could auto accident than if you afford to better serve cusresided in a less populated area," writes eastern Ontario-based McDonell Levert Insurance on its

The broker argues the bill was passed. Clearly, the insur-

ance companies are stuck between a rock and a hard place: they in accidents." must find a way to offer their products and make a profit, but when people who live in certain areas constitute a greater risk, from the Schulich School who pays for this?

Ontario Trial Lawyers

tomers by spreading out the risk more equitably. "Insurers are not required to be transparent

and clear in their auto

profit reporting," said that rural residents in OTLA president Ronald Ontario would suffer a 20 Bohm to the Globe and to 30 per cent increase is Mail. "(They) have been crying poor and getting (the) government to allow them to cut benefits to those seriously injured

According to an updated OTLA report (prepared by Fred Lazar, associate professor, economics of Business at York Uni-According to the versity), Ontario consumers overpay by \$143 per in a high-rate area.

didn't do that. I thought

valuable and was a demon-

Canada numbers. B.C. residents pay an average of \$1,680 per year, compared to the second-highest, which is Ontario at \$1,445 per year.

Postal code is just one of many factors that go into determining your auto insurance rate, and your best bet is to shop around and get the best rate. But be prepared to bite the bullet if you live Source:Findlaw.com

Negotiations have dependent Senator Frances the tussle aggravated when Lankin revealed she was CUPW members started ro-"disappointed for the work-

the story's over because the cel and mail deliveries at relationship, workplace re- Crown corporation's main lationship between these sorting centres in Toronto,

the extra time we took was services and placement of a mediation team to settle the stration of how the Senate discrepancy between Crown Corporation and CUPW.

> been on for some time but tating strikes on Oct. 22.

The rotating strike has led to backlogs of par-Vancouver and Montreal.

bill was necessary owing to vealed that the backlog of Taco Bell has restaurants in the negative economic impact parcels and mail has led to Lakeside Shopping Centre, of persistent mail interruptions delay in delivery and it is other areas in Essex localikely that these delivery de- | tions and many parts of the The bill demands for lays linger till January 2019. | country, one can conclude

# **TACO BELL OPENS** IN LONDON



www.londonist.com

By Nicole Anozie

aco Bell recently opened its first London branch for over 20 years.

Taco Bell London branches all in the 1990s. London has been left with no Canada Post has re- | branch of Tac Bell. Though

they intentionally decided not to operate in London for many years.

Taco Bell's first branch in London now operates at 100 King Street, Hammer-

Taco Bell's menu includes eponymous tacos, burritos and quesadillas, veggies, rice nachos, fries, and refried beans.

> Other branches will be opened at Fulham, Croydon and before Christmas.

# STATE GOVERNMENT BECOMES FIRST TO ACCEPT BITCOIN AS TAX | FLIGHTS

By Julius Oyekunle

usinesses now pay their taxes in bit-bus, Ohio, home to one of coin — making the state the largest venture capithat's high in the middle tal funds in the midwest, and round on both ends Drive Capital . And Clevethe first in the nation to land (the city once called accept cryptocurrency of- "the mistake on the lake") ficially. Companies who is trying to remake itself want to take part in the in cryptocurrency's image program simply need to with a new drive to rebrand go to OhioCrypto.com the city as "Blockland". and register to pay whathearts desire in crypto.

Cigarette sales taxes to employee withholding taxes first initiated the move.

signal of the state's broader countries.

ambitions to remake itself in a more tech-friendly image.

Already, Ohio has Starting in No-vember, can ogy hub forming in Columogy hub forming in Colum-

ever taxes their corporate look to take advantage of | which usually plies this China revealed the all-Ohio's newfound embrace of digital currencies is debatable.

The cryptocurrency market is currently in the | to a fully lie-flat bed. The brain child of curkind of free-fall as comrent Ohio state treasurer, petitors engage in a battle Josh Mandel, the bitcoin of ego and dominance and

ir China will **▲** Sydney-Beiber plans for high demand

**Bv NCNC Staff** 

The flagship jet levels one another). up the travel experience Whether anyone will | from the Airbus A330 route, with eight private new business class seats and spacious first class of its factory-fresh Airsuites and 42 business bus A350 fleet, choosing class seats which convert the same well-regarded

777-300ER in early 2019 Gold-grade frequent flyer | neled \$200 million to the history by refuting all as the Star Alliance mem-status can relax before across the southern sum- in either the Air New Zeamer holidays and Chinese land or Singapore Airlines

VOLUME 13 • ISSUE 11 • NOVEMBER 2018

AIR CHINA UPGRADES

**BEIJING-SYDNEY** 

As a member of the Star Alliance group, Air China business class passengers and traveltheir flight from Sydney both (they're next door to

Earlier this year Air Rockwell Collins (former-The Boeing 777- ly B/E Aerospace) Super 300ER will be seen on Air Diamond model as seen China's Sydney-Beijing on airlines such as Virgin ing January 1 2019 through and American Airlines.

representative following her conviction this Nomaker is facing seven counts of anti-corruption law violations which included a perpetual disqualification from public ment against Marcos. office after the court de- The Marcoses had exertlers holding Star Alliance | termined that she fun- ed much effort to change

Marcos.

One of the anti-

#### continued from p(28)SENATE APPROVES....

tion, mediators and a spe- by a 53-25 margin. cial mediator.

An amendment proof seven days after it ob- to Monday. tains royal assent was vot-

that the legislation is illegal as it does not conform with the provisions of the constitake the matter to court.

officers of federal concilia- Commons and was passed

Independent Senator

Senators were presented the bill initially so posed by Independent Sen- they could deliberate upon ator Murray Sinclair to stall it and possibly pass it but the implementation of the the vote was delayed for legislation for a minimum some days delayed the vote

ed against by the Senators. Yuen Pau Woo while justi-The CUPW upholds fying the delay said the additional time to examine the bill was essential. He said. "We were

tution and has promised to asked to go to third reading on Saturday night. That The bill was speedily would have been a hastily reviewed by the House of organized debate, and we

should be reviewing government bills.' In the meantime, In-

ers in this situation." She said, "I don't think two parties is so poisoned."

According to the government, the passage of the during the holiday season.

# TORONTO EX-COP SENTENCED **AFTER EATING POT ON DUTY**

By Sandra Beagan

tice Mary Misener of nelli became extremethe Ontario Court of ly intoxicated within take the cannabis was Justice sentenced a former Toronto police officer to a nine-month conditional sentence was going to die and ing outside in a haze. case," Misener said. for attempting to obstruct justice, saying his actions could not go unpunished.

torio Dominelli, plead- head injury after she ed guilty earlier in No-slipped on the ice and knowledge that Domi- a pair of woolly comvember. As part of his fell. Ten months later, nelli was not a corrupt fortable socks that he sentence, Dominelli will have to serve 60 to return to work and act for nefarious pur- feet. It's interfering hours of community has "significant dif- poses." service and spend six ficulties with speech months under house and vision.'

signed from the police the pot edibles), the from the public and department in Novem- charges against people his supervisors, and ber after serving for 13 arrested in the marithat he had suffered as years. During a January raid on Commu-dropped. nity Cannabis Clinic, an illegal cannabis dispensary, he stole said that Dominelli been humiliated," she for him is to get some several pot-oil-infused

While conducting surveillance at another later, Dominelli and

chocolate bars.

another officer ate one ly in order to satisfy his actions degraded of the chocolate bars his curiosity about pot. trust in the police and On Nov. 26, Jus- out of curiosity. Domiabout 20 minutes.

dioing for help.

cers responded, one of obvious." The ex-cop, Vit- them suffered a severe

Dominelli, 36, re- li's actions (stealing ly received accolades juana shop raid were a result of his actions.

> was a "complete idiot" said. "The unforgiving closure, because it's for tampering with ev- nature of the internet been hanging over his

She also said that for the rest of his life." location several hours Dominelli put others at risk by acting reckless-

"His decision to both impetuous and tions of his evidence immature," Misener tampering go well be-He thought he said. "He was wander- yound the immediate ran down the street ra- That is the state he put "Evidence tampering" himself in while armed even of a minor nature with a handgun...the strikes at the heart of When other offi- danger to the public is the justice system."

she has not been able officer and "did not wanted to try on his

She also noted that he had no prior Due to Dominel- record, had previous-

shame of his actions

But she added that bility for it."

# BENIN BRONZE, ARTIFACTS TO BE RETURNED TO AFRICA

By Julius Oyekunle

agreed to return 26 cul-

tural artefacts to Benin

Republic "without de-

lay". The move could put

pressure on other former

colonial powers to return

looted African artworks

to their countries of orig-

inality including Nige-

ria's Olokun Bronze and

several others stocked in

which Macron said

should not be seen as an

isolated or symbolic case

— came as the president

received the findings of a

study he commissioned

on repatriating African

treasures held by French

return the 26 works,

mainly royal statues

Abomey — formerly the

capital of the kingdom

of Dahomey — taken by

the French army during

a war in 1892 and now

in Paris' Quai Branly

posed gathering African

in Paris next year to de-

"exchange policy" for

sible circulation of these

African artworks.

In addition, he pro-

Macron agreed to

The decision —

British museums.

endangered others. "The ramifica-

"He might have The judge did ac- taken cough syrup or with evidence," she

> Dominelli's lawyer, Peter Brauti, said he was disappointed with the judge's deci-

Brauti told reporters: "He's pretty dis-"Mr. Dominelli traught, but I think the | museum. Justice Misener has lost his career and most important thing means he will bear the head... He knew he made a terrible mistake and he was prepared to take responsi-

works are considered: returns but also exhibi-French President tions, loans, further co-Emmanuel Macron has operation", the Elysee palace said.

Ousmane Aledji, director of the Benin cultural centre Artisttik Africa, said he was pleased to see "a new form of cultural exchange" with

Britain has also faced calls to return artefacts, including the Elgin Marbles to Greece and the Benin Bronzes to Nigeria, while museums in Belgium and Austria house tens of thousands of African pieces.

Calls have been growing in Africa for restitution of artworks, but French law strictly forbids the government from ceding state property, even in well-documented cases of pillagfrom the Palaces of ing.

> In 2016 Benin demanded France return items including statues, artworks, carvings, sceptres and sacred doors.

While that request was initially denied, in November 2016 Macron raised hopes in a speech and European partners in Burkina Faso, pledging to "return African fine a framework for an heritage to Africa".

Following speech, Macron asked president French art historian "hopes that all pos-Benedicte Savoy and continued on p(45)

thev need volunteers. Also, you others in life, your you will discover rying their luggage can team up with life becomes better. what their needs and so on. The schools that spe- Your life becomes are. After discov- helping hand you cialize in offering brand new and you ering their needs, render today will help to troubled live your life in a you get to know the be rendered back to children. You can new way. There is areas where they you in the near fueven try to discover a great reward in need help and you ture. Note that. hospitals that need helping others. You can plan towards people who can will discover your helping them. For help them cater to body gets healthier instance, if you can be in form of are being added. As we troubled children. whenever you help discover some- offering a listening There are hospitals someone. that request volun-

that specialize in

bid to find out if Improvement.

continued from p(11)

**WORKING WITH....** 

visiting them. You people?

you pay him a visit. qualities/skills. help him. Another way of The qualities that helping the needy will develop your without them put-skills are in you ting the burden and you need to on you is by find- discover them. For ing employment as example, every innurses' aides if you dividual has the are qualified to be ability to observe humans through

NO MATTER HOW HOT YOUR ANGER IS,

NIGERIA

IT CANNOT COOK YAMS.

If there is an elself-awareness, providing help to Working With or observational derly person around troubled kids in a People And Life equipment. By tak- you, you can offer ing time to study help by walking When you help people around you, them upstairs, car-

Helping others one close to you is ear. A lot of people struggling to carry encounter challengteers that will work How to develop some items inside es and need help in with the elderly by qualities to help his house, you are overcoming their an observant per- challenges. If you can imagine how a To help other son who just dis- hear these people lonely elderly per- people, you need covered someone out, you can offer son would feel if to develop some in need. You must them solutions to their predicaments.

continued from p(31)

**CROSSWORDS** 

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Ε

continued from p(10)FEW COUNTRIES....

gigantic researches into He said three among the biggest technology alternative fuels, which include the use of cheap, companies, including Google and Apple, had common algae. made attempts at electric continued from p(30) cars to replace petrol and **TELEPHONE** of Tesla taking the world

Ladan said, "Not only did the first two releases of Tesla outsell sales forecasts, they were actually oversubscribed, and the demand keeps rising while new models speak, some of the big international oil companies

here seated are funding

continued from p(31)

**MATH** 

just right. b) Inhale the future, exhale the past.

a) Don't wait the

time will never be

SCRAMBLE.

continued from p(31) TRUE OR FALSE...

2. False 3. False

1. True

5. LV=55 6. LXV=65

3. XXV111=28

4. XXXV=35

7. XCIV=94

1. L1=51

2. XL=40

8. XCV=95 9. LXXX=80

10. XLV=45

continued from p(30 **HOW MUCH** TIME....

1)1:00 a.m. to 3:22 a.m. 2 hours and 22 minutes 2) 7:00 p.m. to 3:26 a.m - 8 hours and 26 minutes 3) 3:00 p.m. to

10.50 p.m = 7 hoursand 50 minutes 4) 11:00 p.m. to 2:59 a.m. = 3 hoursand 59 minutes 5) 2:30 a.m. to 6:20 a.m. = 3 hours and 32 minutes

4. False 5. False 6. True

**CANADIAN** PRIME....

continued from p(30

Alexander Mackenzie 1873-1878

John Abbott 1891-1892

Wilfred Laurier 1896-1911

R.B. Bennett 1930-1935

Joe Clark 1979-1980

Lester B.Pearson 1963-1968

Pierre Tradeau 1980-1984

Brian Mulroney 1984-1993

Kim Campbell 1993-1993

# THEY'RE USING US TO MAKE MONEY, WE'RE DYING LIKE CHICKENS - SOLDIERS LAMENT IN VIDEO

By Julius Oyekunle

Soldiers lament in video November 18.

Nigerian troops claiming dozens had putes the death toll. died in a recent attack ment.

tanks and vehicles in relief. hey're using the Metele base, which

fighting Boko Haram were killed in the attack which was obtained have released a video though the army dis- its authenticity.

cent casualties, a sol- front in the remote Lake background shows the ing Boko Haram jihad- not working. They just homes.

to be found," said the

"See the weapons guri. The release of they bring here. These and deploring the poor the video underscores are not working," he people are thought to under a bright blue sky. state of their equip- growing desperation said as the footage re- have been killed in among troops, who in vealed the charred re- the nine-year Islamist killed "more than 40"

burnt shells of several ists for years without keep them here for for-

dying like chickens - West Africa Province on tion, they are nowhere is getting worse." At least 43 soldiers soldier in the video, the sprawling camp in and the Islamic terror according to military by AFP from a military 260 kilometres (161 affiliate in West Africa and civilian sources, source who confirmed miles) from the Borno and cooking pots lay afterwards to confirm

In the five-minute June protested being mains of tanks and oth- insurgency that has Nigerian soldiers" in video posted after re- redeployed to a battle- er military equipment. triggered a humanitar-"These are out- ian crisis and left 1.8 dier narrating in the Chad region after fight- dated vehicles, they are million people without

mality," said the soldier. public glimpse of the

the middle of the desert, respond on the video.

More than 27,000

The video, the first vember.

move around the debris

ISWAP said it had

"No less than 100 "Imagine, they are base since it was at-claimed that its fightus to make was attacked by the IS- plus soldiers died here. killing us every day," tacked, shows piles of ers killed 118 Nigerian L money, we're affiliated Islamic State Many are missing in ac- he said. "The situation blackened zinc sheets soldiers in five attacks that were the living on military bases across The video shows quarters of the troops. the northeast in the The army is yet to past week.

The Nigerian mili-Personal effects tary broke its silence state capital of Maidu- scattered across the that the Metele base ground as soldiers had been attacked.

It said in a statement that while it is "true" there was an attack, it observed that Metele and carted away print and online publi-"four tanks" along with cations have been branother vehicles and am- dishing false casualty munition late in No- figures."

#### continued from p(30)**WORD SEARCH**

. . . I . E J . B D A S H E R . . . S . R O . E . B E L L S . . . . . . E . U S . T . . . A . . . . . . . M . S E . H . . . N . . . . C A N D L E S A P . L . . G . . G J O L L Y . . N . L H B JINGLEBELLSE.IHL.. . . . T . . . O . . . . . . T M . . . A D V E N T Y . . . . . . . . . . . . J E S U S . . . . . . . . . . .

#### continued from p(31)SUDOKU SOLUTIONS

9 | 7 5 9 5 | 1 8 6 6 3 5 6 4 | 8 2 3 9 6 5 4 3 8 1 I 9 8 5 2 8 9 5 8 9 3

# NFF NAMES MEMBERS OF REFORM COMMITTEE PANEL TO COMPLETE ASSIGNMENT WITHIN 3 MONTHS

By Tunde Ajiboye

ria Football **▲** Federation on recently released names of its Reform Committee, which constitution was endorsed by the NFF Congress at the 74th Annual General Assembly of Nigerian Football in Asaba, Delta State on Wednesday last week.

Headed by the 1st Vice President of NFF, Barrsiter Seyi Akinwunmi, the membership straddles the NFF Executive Committee, NFF Congress, technocrats, legal practitioners, political office holders, leading journalists and football stakeholders.

NFF 2nd Vice President/LMC Chairman Shehu Dikko will serve as Vice Chairman, with other Board members Ibrahim Musa Gusau and Chidi Ofo Okenwa also in, as well as NFF General Secretary, Dr. Mohammed Sanusi.

Chief Taiwo Ogunjobi (Chairman, Osun State FA), Rt. Hon. Margaret Icheen (Chairman, Benue State FA), Porbeni Ogun (Chairman, Bayelsa State FA), Nasiru Saidu (Chairman, Sokoto State FA). Alh. Garba Mohammed (Chairman, Yobe State FA), Dr. Kweku Tandoh (Executive Chairman, Lagos State Sports Commission), Barrister Godwin Dudu

Adamu (Commissionment, Gombe State), wu Onyedinma (Director of Sports, FCT), Alh. Abba Yola (Chairman. NFF Technical Study Group) and Barrister Isaac Danladi, Chairman of NPFL Club Owners).

Others are Alh. Shuaib Gara-Gombe, business mogul Yemi Idowu, Barrister Sampson Ebomhe and foremost journalists Tony Ubani, Felix Awogu, Osasu Obayiuwana, Godwin Enakhena and Chisom Ezeoke, as well as one representative each of the Nigeria Football Coaches Association, Nigeria Referees Association and the National Association of Nigeria Professional Footballers.

mittee has appointed George Etomi and Partners as independent Secretary/Legal Adviser (with liberty to seek other legal advice). The law firm will do all the collation and categorization of data. The Chairman, Barrister Akinwunmi has also appointed leading journalist Mr. Colin Udoh as his Special try on a retainer basis Assistant with specific (ultimately, materials responsibilities for rewould be produced and search and social mearchived for posterity). dia enablement.

Already, the com-

The panel has three months to con-(Executive clude its assignment.

Akinwunmi Said Sports Commission), that the committee will Alh. Farouk Yarma have a dedicated website and relevant email er for Youth Empower- addresses (@Nigeriafootballreforms), "for Chief (Mrs) Dilichuk- people in every nook and cranny in Nigeria and also in the diaspora to be able to contribute to this debate and reform, as we will post all and any relevant

document for review and general discussions. There could even be scheduled Q and A session on particular topics to be handled by specific persons. "In line with FIFA

and CAF best practice, of these members shall be selected a 9 (nine) - Member Bureau that will serve as the engine room to drive the committee work and manage the day to day activities of the committee. There will be a minimum of six meetings (twice a month)

All other interactions would be done online." committee modern game. will visit each of the geopolitical zones (not all the members) to have town hall discussions amd meet specific groups, as well as engage a permanent media team to cover every meeting and interaction across the coun-

the end of the exercise.

The first-of-itskind NFF Reform Committee was approved by the NFF Congress

at the General Assembly in Asaba last week with the following terms of reference:

a) Provide the most stable and sustainable foundations for football in Nigeria.

b) Ensure a commitment to the principles of good governance, inclusion and transparency in all areas of its operations which also requires its member associations, officials and employees to meet the high standards set in this regard.

c) Adapt to the latest development in the world of football to ensure that its operations and values adhere to the best governance standards possible.

d) Progressively adopt a wide range of reforms that reflect and a 2-3 Day retreat at the views of the Nigerian and International Football Community in order to meet the evolving needs of the

> e) Ensure that the principles enunciated by the Committee and its recommendations which are accepted by the Executive Committee are incorporated into an amended version of the NFF Statutes and pave the way for further significant and much-needed changes to NFF's governance structure, procedures electoral and dispute resolution

# **IGALI CALLS FOR BETTER** FUNDING OF WRESTLING, OTHER SPORTS

President of the Nigeria Wree tling Federation (NWF) Hon. Daniel Igali has made a clarion call to all relevant sporting authorities in the country as well as the governments, private and corporate sector to engage in the funding of wrestling and other

Over the years, wrestling and other sports in the country have been under-funded leading to the failure of some sporting federations to send their athletes to major tournaments abroad.

The World and Olympic wrestling champion said proper funding of sports in Nigeria will aid in the enhancement of the country's image the face value, but to look before the International Community and also help the athletes realize their full potentials, which among other things include producing Olympic

The vice president of the Commonwealth Wrestling Board also warned that wrestling might just be a 'recreational sports' if it is not properly funded.

the funding issues; as one of the premier sports in the country, funding is becoming a major impediment," the Bayelsa State continue at this rate, we global level.

may as well just be doing recreational sports.

"It is very frustrating to see athletes who can win medals at the Olympics but their goal is being retarded because of funding. In a country as rich as this, in a country that has people who proffer to be sports lovers, to see that we probably just need very little (funding) from the individuals in that capacity to get these our athletes to be firing from all cylinders, and it is not happening is very

"And I really want

to use this opportunity to appeal to Local governments, State governments, the Federal government, private individuals and corporations to look at sports beyond at sports as a veritable tool to enhance our status as a country because we don't have the best public relations as a country."

The NWF boss also believes wrestling; if well-funded, will help boost the image of Nige-

"Sports, arts, music are the only things people know outside of Nigeria "I will still harp on about Nigeria, and let's try as much as we can to project sports. And wrestling is probably that sports that we need to put funds into to give us the Lawmaker said. "If we needed awareness at the

## FLOYD MAYWEATHER CHARGED BY SEC OVER 'TOKEN OFFERINGS'

By NCNC Staff

weather Jr. and a music producer known as "DJ Khaled" failed to disclose payments they received for promoting investments in initial coin offerings, the U.S. Securities and Exchange Commission (SEC) said in a recent

Neither Mayweather nor Khaled Mohamed Khaled admitted or denied the regulator's charges, but as initial coin offerings agreed to pay a combined (ICOs) on Nov. 1 last year.

\$767,500 in fines and penalties, the SEC said in a

It was reported late last month on the rise media personalities who charge thousands of dollars for positive reviews of cryptocurrencies without disclosing their investments in the asset. The SEC issued a

warning about promotion of online fundraisers known

# **SUPERSAND EAGLES TO CAMP IN LAGOS FOR BEACH SOCCER AFCON**

By Tunde Ajiboye

The Beach Soccer National Team, otherwise known as Supersand Eagles, will camp at the Aivoji Beach, Badagry outside Lagos ahead of next month's Beach Soccer Africa Cup of Nations taking place in Egypt.

Two -time African champions Nigeria will join Cote d'Ivoire, Libya, Madagascar, Morocco, Senegal, Tanzania and hosts Egypt at the continental finals slated for 8th – 14th December in Cairo.

Head Coach of the Supersand Eagles, Audu Eio Adamu said that he has called to camp 20 players he believes will compete keenly to make the final list of 12 players that would do Nigeria proud at the championship.

in beach soccer on the African continent and that means any team we send to the continental championship must be able to live up to the high expectation of Nigerians.

"We will make the best use of the camping program and pick players who would fight for the pride of the country when the championship starts on December 8."

2007 and 2009 African Beach Soccer Championships, and finished as runners –up in 2008, 2010, 2011 and 2016.

The last edition of the Beach Soccer Africa Cup of Nations was held in Lagos, Nigeria in De-

cember 2016 and also served as the qualifying tournament for the 2017 FIFA Beach Soccer World Cup in The Bahamas. Senegal won the tournament, with Nigeria finishing as runners -up. Both teams represented Africa in The Bahamas.

Coach Adamu has called usual suspects Paul Dami Danjuma (Katsina United), Emeka Ogbonna (Leeds United, Lagos), Abu Aziz (Rangers International), Suleiman Ogodo (Nasarawa United), Victor Tale (Kogi United) and Emmanuel Ohweferia (Owibeseb FC, Lagos), but there are also Ioshua Enaholo (former Flying Eagles' goalkeeper, now with Abia Warriors FC), Arome Isah (Kogi Confluence), Clement Ogosi (Leeds United, Lagos), Michael Tyson (Iganmu FC, Lagos) Kabiru Balogun (Nasara-

"Nigeria is a force wa United), Godwin Zaki (Rangers International) Eric Dufegha (Katsian United), Nwagua Nyima (Kano Pillars), Taiwo Adams (Owibeseb FC, Lagos), Hammed Kareem (Owibeseb FC, Lagos), Pascal Eze (Delta Force), Ayomide Iluyomade (Abia Comet), Haruna Sanusi (NYSC FC, Sokoto) and Femi Friday

(SEC FC, Abuja).

The finals in Egypt will serve as the qualify-Nigeria won the ing tournament for the 2019 FIFA Beach Soccer World Cup scheduled for Paraguay. The Supersand Eagles came within a place in the semi finals of the 2011 FIFA Beach Soccer World Cup in Ravenna, Italy before losing in extra time to yebuchi (76kg), who

# WRESTLING: IGALI PLEASED WITH TEAM NIGERIA OUTING AT WORLD CHAMPIONSHIPS -LAMENTS POOR PREPARATION



By Tunde Ajiboye

President of the Nigeria Wrestling Federation (NWF) Hon. Daniel Igali has said he is satisfied with the performance of Team Nigeria at the just-concluded Senior World Wrestling Championships in Budapest, Hungary, despite the inability of any of the athletes to win a medal at the tournament.

World silver medalist (in 2017) Odunayo (57kg), Adekuoroye Commonwealth gold-Blessing medalists Oborududu (68kg) and Aminat Adeniyi (63kg), as well as Blessing Onclaimed a silver medal at

the last Commonwealth Games in Gold Coast earlier this year, all faltered in Budapest in their attempt to repeat or even surpass their historic 2017 performance at the Championships in Paris.

you look at the effort everybody put into it, and you look at the draws and the circumstances that led to our not coming back with any medal, for me, I am not disappointed at all," the Olympic champion said.

are not that clear cut, In terms of effort everybody put into it, they did what they could do; they are

(at the World Championships), Russia that has a budget of about \$18m per year for their wrestling team could not win a single medal in the freestyle events, but this year, they 3 gold medals."

Lawmaker stated that the team would have done better in Budapest if they had prepared ad-

"I think if they had competed a bit more (before the tournament), definitely, (Adekuoroye) wouldn't have lost, preparing the

"Remember last year means you've put them at par with others. It doesn't mean you have done anything extraordinary for your people.

> "So what we need to do is to prepare to our optimum and hope that next time, we are not going to look at draws anymore because if we are going to win tournaments, we have to beat everybody," Igali informed.

Team Nigeria won medals at the last two World Championships, with Adekuoroye winning bronze in 2015 (in Las Vegas) and silver in 2017 (in Paris), becom-"And if you do ev- ing the first Nigerian to

# CAMEROON STRIPPED OF AFCON HOSTING RIGHTS

**Bv D. Forrester** 

tion of African ♣ Football has stripped Cameroon of the 2019 Africa Cup of Nations hosting rights in light of ongoing concerns about the country's security and infrastructure.

The decision, according to a statement

site was taken at an Central African nation is that they have the infraimpromptu Exceptional not in a position to host structure to host an ex- concerns about security General Meeting in Acthe tournament. cra, where the confederation's executive combidding for the tournament, which is due to kick off in June 2019.

Inspections undertaken by CAF and independent auditor Roland to host a 16-team tour- as per preparation and are still wanting and yet the biennial continental Berger -- have prompted nament, they have been there are good changes, there is little time left.

Cameroon's hosting of the 2019 tournament issue for CAF since African football's governing African football." body opted for 24 teams

panded event.

mad Ahmad said it was ca's reigning champions, other continents, to play mittee opted to re-open has been a contentious "a crucial and decisive being stripped of their moment for the good of hosting rights.

as against 16 in 2017. showing some of the de- AFCON," he stated. "There While Cameroon bid velopments in Cameroon are many things which

released on CAF web- the conclusion that the unable to convince CAF but not enough vet."

Ahmad hinted that and infrastructure could CAF president Ah- lead to Cameroon, Afri-

"I am not sure Cam-"We watched a video eroon is ready to host the

players, especially the their trade in Europe and

The 2019 event would have been Cam-

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**DEAR GOD:** 

HEAR MY PRAYER

BY LAKISHA JOHNSON

Then individuals we depend on take

advantage of our ignorance, hold-

ing on to the past isn't the path

to freedom. Regardless of our attitude towards

same mouth he used to defraud a 14 year old

damsel. He was a man of God who had turned

her away from the same God he told people they

self needing God yet she doesn't know how to

reach Him. She longs for God but isn't sure He

can hear a sinner's prayer until she starts to pray

textured implants re- these conditions.

moved because of pain.

become increasingly con-

cerned about the Biocell

made by Allergan, be-

cause their patients are

reporting debilitating pain

and other symptoms in-

cluding irritable bowel

syndrome, memory fog,

tured implants form

fluid around them at the

implant site, but doc-

tors are saying that the

because their texturing

ness and fatigue.

Canada asserts that

there is no scientific

Though all tex-

Other doctors have

Now, 14 years and a son later, she finds her-

Pastor James Madison glorified God with the

God, He listens when we call in distress.

come to repentance." 2 Pet 3:8- 9. What

is the assurance that

he is coming back? I

guess this is the second most difficult part

for many people. The

first being how are we

## **RELIGION**

# MY MONTH OF PREPARING FOR HIS COMING

month tendom and beyond to of presee how ready we are thing about this subtoday. The scriptures ject is that, some peofor the coming of the today. The scriptures ject is that, some peo-Lord It is with delight are full of how he will ple argue, these words and great joy that I come. At the tail end are written some 2000 welcome you to the of his exit from this years ago, and yet Jemonth of November, world, they asked Je- sus is yet to come. The our month of Prepar- sus, "When they there- bible warns God does So, the issue is not ing for the coming fore were come togeth- not count time the way when He will come, of the Lord. Are you er, they asked of him, we count time -"But the issue is the period ready for the coming of saying, Lord, wilt thou do not forget this one of preparation. The isthe Lord? "The voice of at this time restore thing, dear friends: him that crieth in the again the kingdom to With the Lord a day is than corporate. wilderness, Prepare ve Israel? 7 And he said like a thousand years, the way of the LORD, unto them, it is not for and a thousand years make straight in the you to know the times are like a day.2 Pet Jesus second coming? desert a highway for or the seasons, which 3:8" For a thousand I am amused when our God." Isaiah 40:3. the Father hath put in years in thy sight are individuals, There is a voice cry- his own power." Act but as yesterday when lies, groups of people ing from the heaven- 1:6 "For you your- it is past, and as a or nations are going lies saying 'prepare selves are fully aware watch in the night" through rough and diffor the coming of the that the day of the Psalm 90:4 People ficult times and they Lord.' The coming of Lord will come like trivialize, jovialize, blurt out, 'Let Jesus the Lord Jesus Christ is a thief in the night.3 simplify, derogate, ig-come now, so that the in two phases, he first While people are say- nore, argue and make world will just end and came as a lamb to save ing, "There is peace jest, about the coming everybody will just go mankind (fulfilled), and security," then of the Lord. One thing to where they wish to the second phase, he sudden destruction will those people with that spend eternity!' Re- is not slow in keeping will come as a lion to come upon them as la-school of thought for-ally! Maybe such a his promises, as some harvest souls and give bor pains come upon a get is that delay is person is in Etobicoke understand slowness. the Spirit of the Lord they will not escape." 1 those who share those there are some people not wanting anyone to is periscoping Chris- Thes 5:1-2.

old are no more on planet earth, meaning he will either come while you are alive or when you are dead. Whichever one comes who are having the first, terminates the period of preparation. sue is more personal

pregnant woman, and not denial, also that like me, forgetting He is patient with you, thoughts like them of in Beijing, Columbus, perish, but everyone to TO BE CONTINUED.



sure Jesus is the only amos.dada@gmail.com way? Some people just cannot deal with Ibadan, El-Salvador that powerful declaration: "Jesus saith unto him, I am the way, the wishing that the world truth, and the life: no should not end! That man cometh unto the is why the coming of Father, but by me" the Lord is not nar-John 14:6. Are there rowed down to indinot many roads to the vidual whims and camarket, to a school, to prices. Jesus is focused and strategic. He gave a city, to this and to two reasons why he that, what happens to is delaying and once all the religions? Nowe are through with body can answer these those he will show questions for you, you up. The first reason have to search them is given as: "And this out. The vehicle plate gospel of the kingdom number in Ontario is designated 'yours to whole world as a tesdiscover'! I discovered timony to all nations, both myself. Let me share my personal experience, that buttress-Secondly, "The Lord es my conviction that he is the only way and he is coming back; you may need to get yours.

# **BIOCELL TEXTURED BREAST IMPLANTS**

A number of studies have looked into the herence and keep the longevity and possible implant in place more of breast implants, particularly textured breast implants.

One such study by Vancouver-based plastic surgeon Dr. Nicholas Carr was recently published in the journal he said. Plastic and Reconstructive Surgery.

539 implants he had cell textured implants years. had the shortest "shelf

The texturing on tients wanted

this type of implant is

"The Biocell imis so aggressive. plants came out sooner than other types of implants we looked at... sooner than saline implants, sooner than smooth gel implants," Carr found that sa-

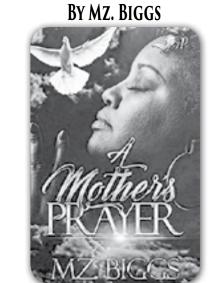
line implants lasted the Dr. Carr analyzed longest, being removed after seven years on removed from patients average, while textured and, of all the different implants were removed types he removed, Bio- after an average of four

#### It's about that time of the year when we anticipate Christmas. God's love is revealed in many ways and here are some books that can help us get the best of God this season. Happy reading!! A MOTHER'S PRAYER

**RELIGIOUS BOOKS** 

**EDITOR'S PICK** 

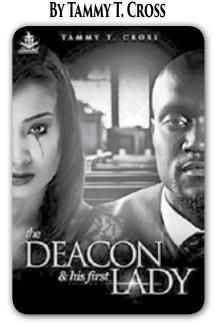
FICTION & NON FICTION BOOKS



That we sometimes run away from in our ignorance holds the most potent tool for victory - Prayer. Readers are going to be delighted with this epic that dwells on our rage and solace in grace.

Esther's faith was called to test at a time of great distress as Levi and Zechariah moved away from home, hoping to escape the world they were familiar with. The familiar setting haunted them daily and they had to escape. Zech gave up on God as a whole and became closely knit with wrong people. Life's lessons soon hit hard, yet prayer was never going to be the answer. Can the brothers reconcile. Esther tries hard to protect her children by asking God to hear A Mother's Prayer....

# THE DEACON AND HIS FIRST LADY



Ts God's work really a personal thing? Or rather should couple's agenda for mar-**⊥**riage exclude things related to God? When you marry wrong, it's easy to guess the

Bentley, a deacon at Kingdom Cometh Baptist Church. His beautiful wife Glinda was busy working and taking care of their only son Benny. She was a caring woman until Bentley becomes a deacon. All hell breaks loose, leading Glinda on a straight path to heartache. Is Glinda able to weather yet another storm or will this be the final run for this deacon and his first lady? What really went wrong is anyone's guess.

In 1992, Health

Canada banned silicone implants because of concerns that ruptured implants could cause connective tissue diseases and autoimmune diseases. But subsequent research did not bear They allowed a

new generation of silicone implants back on the market in 2006 and scientists have continued to study them.

Dr. Carr says that Biocell implants are the between 2005 and 2012 soon after she began worst and believe it is as many as 3,000 procedures per year were with BIA-ALCL, a rare struction and for cos- that had the swelling, and Health Canada. form of cancer, though metic reasons.

cases reported in North vents the implants from double capsule forma- required to flag injuries reporting of medical de- don't think that [wom-America is actually very sliding on the chest wall. tion. Instead of a single and complications, but if vice incidents, includlow. And some women Doctors also saw them as capsule, there was one they do report problems ing those for breast have them removed if report other illnesses a way to reduce capsular around the implant and to Health Canada the re- implants, to be an im- everything is going fine. such as muscle weak- contracture, a tightening one attached to the pa- sponses go directly back portant part of our post- They just need to know of scar tissue that forms tient," she said. However, Health around the incision.

plants became available surgeons were seeing ports from Health Cana- central registry, Health plants, to go see a plasevidence that breast in Canada in 2006. Doc- the same problems and da, we don't get reports Canada said that regis- tic surgeon and get them

tice problems, including swelling and pain. Banff-based plastic

surgeon Dr. Elizabeth Hall-Findlay published a study in 2011 in which she looked at the number of patients who had formed two distinct layers of scar tissue around the implant, known as "double capsules."

She had used the Biocell implants on up to 100 patients and stopped using them tracking the results.

had the fluid buildup

Dr. Hall-Findlay

colleagues disputed her ing. The only way we claims (two of them Al- find that out is by comlergan employees and municating directly with three of them Allergan our colleagues.'

by three plastic surgeons, all of whom were on the payroll of Allergan, who ing the surgery properly," of Allergan's breast im-

Dr. Carr, Dr. Hall-Findlay, and other say it device testing, more of the issues because of wide clinical use, as among plastic surgeons. "I started seeing a lack of transparency well as a large number have been associated for mastectomy recon- other plastic surgeons other medical devices) statement said.

The texturing pre- and had what looks like geons are not legally ment that it "considers to the manufacturer.

According to Dr. tivities." The Biocell im- said that other plastic Carr: "We don't get reimplants cause and of tors soon began to no- supported her findings. from industry as to what tries "do not necessar- checked out."

Allergan said in a "In our journal, there statement to CBC that was a letter to the editor the company fully supports informed consent and provides patients with information leafimplied that I wasn't do- lets. "The safety profile plants is supported by extensive pre-clinical

Hospitals and sur- said to CBC in a state- the recent concern.

However, five of her our colleagues are find- ily provide useful safety mation...due in part to bias in the pool of patients who are generally willing to participate."

> Based on his own research, Dr. Carr estimates that about 20% of patients have had their Biocell textured implants there are no firm numbers due to the lack of

But they have is difficult to keep track than a decade of world-fallen off in popularity

done in Canada using some of my own pa- between the companies of peer-reviewed and and Dr. Carr caution that Breast implants textured implants, both tients and patients from that make implants (and published studies," the it is not necessary for ev-And Health Canada plants removed because of

> Dr. Hall Findlay: "I en] actually have to market surveillance ac- that if they get swelling, or they get a problem Amid calls for a with their breast im-

#### By N.Ugoh overseer Of L Dunamis international Gospel center Abuja, Dr. Pastor Paul Enenche has reportedly set the record for the world Largest

**WORLD'S LARGEST CHURCH** 

**AUDITORIUM OPENS IN ABUJA** 

## church auditorium as the Lord's Garden (The Glory Dome) was dedicated today by Bishop David Oyedepo. The building which has a 100,000 seating capacity is located along the Umaru Musa Yar' adua Express way, in Abuja.

# **WOMEN COMPLAIN OF** PAIN ASSOCIATED WITH

intended to promote ad-

the actual number of

that 25% of his pa-

SOURCE: AMAZON.COM BOOKS AVAILABLE AT THE TORONTO & MISSISSAUGA PUBLIC LIBRARIES

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#### **ARTS & ENTERTAINMENT**

## P. DIDDY'S EX. KIM PORTER FOUND DEAD IN HER ROOM

Popular American Rapper, P Did-dy's ex-partner and mother of his three children Kim Porter has been reported dead.

She died at the age of 47. According to information gathered by Nigerian Canadian Newspaper, Kim who dated Diddy for 13 years was recently found dead in a room in her Los Angeles apartment.

What led to her death has not been confirmed but information from a reliable source has it that she was treating pneumonia prior to her death.

The news of Kim's death has also been confirmed by Diddy's representative. While confirming the ask that you give the fami-



news, the representative lies privacy at this time." said, "Sadly, I can confirm the passing of Kim Porter. I and Diddy produced three and Jessie James.

Doe explained that

Also, Jane Doe ac-

cused Nelly and his

other disorders as a re-

The union between Kim children. They are 20-year

old Christian Combs and 12-year old twin girls D'Lila

# **NELLY CHARGED FOR SEXUAL ASSAULT**



By N.Ugoh

she celebrated her birthamous Ameriday with friends by at-**¬** can rapper, tending Nelly's concert ▲ Nelly has been at Cliffs Pavilion. At the end of the concert, she charged to court for defamation and sexual assault took pictures with Nelly by a woman who alleged and thereafter, Nelly inthat Nelly wanked in her vited her to a room adresence and attempted jacent to Nelly's dress forcing her to engage in ing room. The alleged oral sex backstage after sexual assault happened a concert that took place in that room. in Essex, England in De-

cember 2017. The accuser's name partner, Shantel Chrisis Jane Doe. Jane had pretine Jackson, of defamaviously brought up the altion for denying allegalegation during an earlier tions made by Monique lawsuit filed by Monique Greene and other Nelly Greene against Nelly. accusers via public state-Monique Greene accused ments earlier in 2018. Nelly of rape at that time Doe, however, claims but she later opted to set- she suffered PTSD and ing service works. This is that from January 31, he will soon be offering tle out of court.

in the new lawsuit are public statements issued similar to those tendered by Nelly and Shantel. in Greene's case as proof She presses for damages watching Netflix. of a "pattern of conduct." and a jury trial.

## **MAYORKUN'S DEBUT ALBUM 15TH ON BILLBOARD CHART**

By Julius Oyekunle

Mayorkun's debut album 'The Mayor of billboardcharts #TMOL Lagos' (TMOL) hit number 15 on The Billboard World Album Chart for the week of Nov 15, 2018. Billboard magazine released the list of its most recent Billboard Hot 100 on its official website just before mid-

night on Nov 30, 2018. The Billboard Hot 100 is the music industry standard record chart songs published weekly by Billboard magazine.

The fast rising star, who is signed to Davido Music Worldwide (DMW), confirmed his inclusion on the list for this week on his social

He wrote @Iam-MayorKun "Too Grateful. "We made it to @

Charts." TMOL consists of 15 tracks and features some famous Nigerian and African artistes including D'banj, Davido, Patoranking and Sarkodie.

is #15 on World Album

Prior to the release of this album on Nov 16, 2018, Mayorkun had dropped some hit singles including his debut in the United States, for single Eleko, Mama and Che Che.

Mayorkun will hold his album launch and first major concert since the release of TMOL, on Dec 14, 2018 at the Balmoral Event Centre, Federal Palace Hotel in Lagos.

## **SOME USERS OF NETFLIX MAY NOT BE HAPPY TO HEAR THIS**

By N.Uaoh

make some changes re- of the past. garding how its stream-

As from January their favourite games.

31, 2019, the partneretflix in its Wii (a famous gaming u p g r a d e console manufactured by looks set to Nintendo) will be a thing

What this means imminent change might 2019, users of Netflix | up new material for fans, The facts tendered sult of the assault and not be pleasing to some may no longer be able who have been eager users of Netflix as it elim- to watch their favorite to hear more countryinates a particular way of shows or movies using tinged tracks from the Wii but they can still play | music great.

## **GOODBYE**

## **OPRAH WINFREY'S MOTHER. VERNITA LEE DIES AT 83**

By N.Ugoh

prah Winfrey's mother, Vernita Lee has passed on at the age of 83. Winfrey released a statement on her mom's death, saying, "Thank you all for your kind words and condolences regarding my mother Vernita Lee's passing. It gives our family great comfort knowing she lived a good life and is now at Peace." Oprah

Oprah's niece, Alisha Hayes, posted that Vernita Lee died on Thanksgiving Day which was later confirmed by the family.

Vernita was born in 1935 in segregated Mississippi. She met Vernon Winfrey and they gave birth to Oprah in 1954. She couldn't raise Oprah because she moved to Milwaukee where she worked as a housemaid.

## **WINNER OF N37M NLNG** PRIZE. IKEOGU OKE IS DEAD

By N.Ugoh

a book of epic poetry.

The deceased was

collection

orld renowned presented with a cheque of \$100,000 (N37m) poet and by the Nigeria Liquefied winner of the 2017 Natural Gas Company NLNG Prize for Literature, Ikeogu Oke, is dead. Oke, it was learnt,

Oke's died in Abuja on the 24th of poems, entitled, The of November after an un-Heresiad, beat Ogaga Ifdisclosed ailment. The owodo's A Good Mournpoet gained nationwide ing and Tanure Ojaide's fame last year when he Songs of Myself: Quarwon the 2017 Nigeria tet, to claim the prize af-Prize for Literature for ter an intensive adjudicahis book, The Heresiad, tion process.

# **LIONEL RICHIE** HINTS ABOUT **HIS NEW ALBUM**

By N.Ugoh

oul and R&B legend, Lionel Richie has hinted his fans about his sensational return music by revealing he is currently working on 'something surprising."

Lionel icon shook the music industry in 2012 when he dropped Tuskegee. Tuskegee alship between Netflix and bum revamped some of Lionel's biggest hit tracks upgrade console manufactured by while featuring Blake Shelton, Willie Nelson and Darius Rucker.

Now Lionel reveals



www.allmusic.com

fans about his upcoming project, he said, "They keep asking me over and over again... A lot of times, people try to make up something (rumors) to make it happen. But I'm getting it from country radio: 'When are you gonna do it?'

"So let's (not) play around. Keep your ears open. It's gonna be something surprising." While hinting his

#### continued from p(25)CHANGE AND EL...

mass media are charged with the task of educating, informing and entertain ing the people. Their task in circulating information and availing government of a feedback mechanism ensures their crucial role in good governance, sociopolitical accountability and propriety. Wise political leaders should learn from Napoleon Bonaparte who once opined that a newspaper is to be feared more than a hundred bayonets.

Moreover, develop-

ment is not a one-way street but a dual carriage way running between the government and the governed. There needs to be a thorough clench of the input-output model such that the intentions of policy makers are accurately relayed to intended legatees, to enhance prospects for the realization of benefits of actions, programmes and policies of the thinking of the powers-that-be. The social contract between the government and the governed becomes worthless and ineffectual proclamation except it brings about

the desired positive impact. To the extent that development is never a onedimensional course, the media be harnessed as agents of progress and utilitarian impulses and interests as the saying goes, the medium is the message. Government needs to appreciate the communication services of journalists and seek their collaboration to ensure effective understanding by the people and their co-operation toward realization of government's aims, policies and programmes. A complicated and ambiguous policy rial sustenance to make is as good as dead hence the ordinary people appreciate necessity for a break-down the benefits of sojourn in and disaggregation of lofty plans and programmes to facilitate optimal effectua-Furthermore, different

dishonest prophets and protagonists of transformation, both social, social or political have extolled the virtues of change within the polity. However, the effort toward the end of radical change in infrastructure and other aspects of life cannot be more palpable than the realism of the projected policies and A mega-city, metropo-

lis must evince the characteristics of a modern city in terms of infrastructure such as high-rise buildings, competent transport system like a mass transit underground or metro system, network of buses, trolley buses, taxis, well laid-out lanes for cyclists, sidewalks for pedestrians and well-coordinated traffic lights. Such a city must meet the standards of living in the 21st century. Before a mega-city can be transformed into a smart city, there must be profuse evidence of the employment of hi-tech especially, information communication technology and a population sold on digital existence and attitudes as well as ability to navigate their way in the

brave new world of contem-Though, there must be in place a certain level of serenity among the people based on the availability of basic needs and mate- social commentator.

the smart city and megacity. The excesses of a social Darwinist social order would have to be whittled down to make living meaningful and worthwhile In an age of the

knowledge industry, practitioners of the mass media can hardly be disregarded. Any government that proposes to score successes in its plans, policies and programmes would be failing in its duty if it does not capture the necessity to solicit the support and partnership of the mass media, especially in relation to a project as massive as the socio-economic and political transformation from a mega-city to that of a smart city.

Finally, this is an intimidating task requiring all hands to be on deck if the desiderata of transformation are to be realized. While it is axiomatic that change is the only thing constant, purveyors of change must be on top of their game by ensuring that nothing is left to fortuitous in their endeavour. The push for change breeds resistance from adherents of the status quo. Although the on-going effort is a long way off, practitioners of the mass media have a special role to play in guaranteeing the success and realization of this epochal resolve.

Dr. Ignatius Okosun is a researcher, prolific writer and a

#### continued from p(38)BENIN BRONZE....

Senegalese writer Felwine that museums will be in- slow to ratify the conven-Sarr to study the matter.

Their report, a copy of which has been seen by AFP, has been welcomed by advocates of the restitution of works which were collections". bought, bartered, or in

It proposes legislation be developed to return thousands of African artefacts taken during the co-comparable circumstances". lonial period to nations that request them.

some cases simply stolen.

There are conditions, however, including a request from the relevant cultural property taken from country, precise information a country but it did not adabout the works' origins, and the existence of proper ing from the colonial era. facilities such as museums to house the works back in ing they could be forced their home country.

Macron's office said colonial powers have been and Asian art.

vited to "identify African tion: France only did so partners and organise pos-1997, Britain in 2002, Gersible returns" and should many in 2007 and Belgium quickly establish "an online in 2009. inventory of their African Recently, the gover-

nor of Easter Island in the The president also Pacific tearfully begged the called for "in-depth work British Museum to return with other European states one of its famous statues. that retain collections of the The London musame nature acquired in

seum has held the Hoa Hakananai'a, one of the A UNESCO convention most spiritually important against the export of illicit of the Chilean island's stone cultural goods adopted in monoliths, for 150 years. 1970 called for the return of Of the estimated

90,000 African artworks in French museums, around dress historic cases, includ-70,000 are at the Quai Branly museum, created by With museums fearex-president Jacques Chirac, to return artefacts, former a keen admirer of African incidents and more vid-charges are absolutely ap-

I've struggled with the right one."

Trudeau added that "I hope he receives the support he needs."

continued from p(6)

LIBERAL MP RAJ....

the Trudeau government will have to schedule another byelection. Nigerian Canadian Newspaper can confirm that the government plans in Burnaby, Outremont, South by election

Grewal's exit means

and York-Simcoe early next year.

The leader of NDP, Jagmeet Singh, who controls Brampton riding at the provincial level, had revealed earlier that he wanted to contest in the riding at the federal level also. Singh has now been nominated to contest in to conduct by-elections the forthcoming Burnaby

#### continued from p(6)PREMIER DOUG....

cabinet as the Minister of Government and Consumer Services.

for some time now and

one I made with great

difficulty and real sad-

ness. But I feel I need

this time to focus on my

Grewal's announcement.

Prime Minister Iustin

Trudeau explained via

his Twitter handle that

"while it may have been

a difficult decision, it was

While reacting to

health and family."

The Premier also announced that Lorne rial, Parliamentary As-Coe, MPP for Whitby, is appointed Government Caucus Whip and Doug roles remain unchanged. Downey, MPP for Barrie-Springwater-Oro-Medo-

nte, is appointed Deputy Government All other Ministe-

sistant, and Government Caucus and Committee "After four months of unprecedented action, we are taking this opportunity to calibrate our cabinet assignments to ensure we continue to deliver on our commitments to the people,' said Ford. "We have the best team in politics and a plan that is working."

#### continued from p(10) NS CABINET MINISTER....

Though he believes ment and bullying. We ini a full and successful the province is moving in the right direction when it comes to race relations, he said, "I've seen it over a number of years. However, there is still a lot of work we have to do...you can't expect those types of mentalities and issues to be gone in a couple of years when they've been so prevalent for hundreds of years."

The property developer said in a statement that it takes its employees' safety very seriously: "PQ Properties Ltd. has policies in place respecting workplace safety as well as harass-

denounce any discriminatory behaviour of any kind in the strongest

The company's lawyer, Craig Clarke, said in a media release, "We have been forced to shut down job sites due to ongoing threats and our employees have suffered as a result.'

"No report was made to PQ Properties by Mr. Dlamini alleging unsafe working conditions and/or harassment and/ or bullying prior to the incident on September 19," the statement said. "We wish Mr. Dlam-

the due process of our justice system." Nova Scotia has a reputation for being welcoming and friendly, but there is actually plenty of

ism in the province.

recovery and ask that

the public please respect

According to Sunday Miller, executive director of the Africville Heritage Trust, "A lot of African Nova Scotians do not walk with their heads up...They walk with their head down, or with a sense of hesitan-

cy as to whether I belong

#### continued from p(11)SIX CATHOLIC SCHOOL....

ed to circulate last week, sex crimes unit, while but the Toronto police in- calling on any other vicspector Dominic Sinopoli tim to come forward. said on Monday that the school failed to notify ers he was concerned police, who first learned that the graphic video

from news reports. expelled or suspended the video that they could in relation to the video, face charges for possesswhich allegedly shows ing and distributing child members of the school's abuse images. football team sexually assaulting a fellow student nouncement by the po-

believe there are more the charges. "We believe port the assault to police eos," said Sinopoli, head propriate in these circum- the video days earlier.

Sinopoli told reportof the alleged assault of the assault remained online. Last week, police Eight students were advised anyone sharing

Following the anwith a broom handle. lice, the school issued "We have reason to a statement supporting

"The incidents of

sexualized assault that happened to our students and on our school grounds are simply horrific," the school said.

"These incidents are clearly indicative we have a problem. We need to do much better at our culture and our students' ability to talk to us."

The school's principal, Greg Reeves, has come under severe criticism for failing to immediately reafter he received a copy of

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#### continued from p(15)

#### A 'RIGHT TO BE.. removes the search en- als; that could require right to be forgotten.

gine's links to the web- them to delete links to site. The information is outdated information still available – but it's if asked to do so. more difficult to find.

# **be forgotten already** was contravening

Union (EU), a court yer, who had declared bankruptcy ten years before but had long about him to articles since paid his debts, had the right to ask Google to remove links to that information him. The lawyer suc- had caused him direct cessfully argued that the outdated information was adversely affecting his livelihood.

ruling, the EU introduced the right in its new General Data Protection Regulation if PIPEDA does pro-(GDPR) privacy legislation in 2018.

# Canada?

The right to be forgotten is not spe-Canadian privacy leg-Companies must keep accurate tion about individu-

Canada's Personal In the European Information Protection and Electronfound a Spanish law- ic Documents Act that reveal sensitive medical condition and sexual orientation.

harm and requested the articles be de-listed as they are outdated After the 2014 Privacy Commissioner stated that PIPEDA gave him this right.

Google argued that vide Canadians with the right to be forgotten and forces Google **Does the right to** to de-list the websites, be forgotten exist in this would be uncon-

#### Does the right to cifically included in *be forgotten endan- who's de-listed?* ger the right to free-

dom of expression? Critics have raised

In 2018, an indi- speech and media or- of private companies, Does the right to vidual alleged Google ganizations, argue this and casts doubt on the right of freedom of expression. They fear individuals will try to hide past indiscretions (PIPEDA) by display- by requesting search this information.

> from private individuand irrelevant. The als, 41,000 requests came from celebrities and 34,000 came from politicians. In response, the EU created a "public interest" exemption to forbid old news stories about public figures from being de-listed. So far, it's not clear if this has

# Who

been effective.

Another major con*speech advocates* is other concerns about that the search engine's the EU experience. giving Canadians the administrators decide Source:Findlaw.com

if a de-listing request Google's global pri-should be granted. This

vacy lawyer, along puts the public's right with several free to know in the hands right conflicts with the transparency and impartiality of the decision-making. The GDPR legislation permits judicial

appeal of a search ing links in searches engines delete links to engine's decisions. In 2018, a British man Google recently an- took Google's refusal information about his nounced that it had to de-list information received more than about his prison sen-650,000 de-listing re- tence for "conspiracy He argued Google quests in the EU be- to intercept communitween 2014 and the cations" to court. The end of 2017. While 89 judge ordered Google per cent of them came to de-list the references because the information was now outdated and irrelevant.

> If the Federal Court of Canada decides that Canadians do have the right to be forgotten, it may help people whose futures are affected by long-past indiscretions they have long since paid for. But governments, courts decides and search engine administrators will have to wrestle with ways to cern of freedom of enforce the right to be forgotten, based upon | if employees shared cloth-

#### PREPARE FOR CLOSING COSTS...

#### include title insurance Land transfer tax This tax is pay-

continued from p(17)

#### **Home inspection fee**

Many homebuyers and life insurance. choose to have a home inspection done prior to finalizing their offer to purchase. Some lenders require a professional home inspection

may be required when buying your home. If (less than 25% downpayment) you will need to purchase mortgage insurance. Mortgage carry fire and extended may want to consider mortgage.

#### Land survey fee

Lenders require a plot plan or survey of the property you intend to buy. On properties located in subdivisions in urban areas, lenders will often accept There are several an existing survey, types of insurance that depending on when it was done. However, if there is no existing suryou are arranging a vey, be prepared to pay "high-ratio" mortgage a substantial fee for a new survey.

lenders require you to pay your lawyer to arrange your mortgage as coverage insurance that well as for "disburseexceeds the amount of ments" such as title Other insurance you ing and registering the you need to make along

able by anyone who purchases property in Ontario. A Realtor or lawyer can help you calculate how much tax you will pay on your

#### Other costs

You will likely have to make property tax adjustments and interest adjustments on utility bills, heating oil etc. Finally, be sure to budget for heating, electricity, water and any immediate renovations you You will need to may have planned. It's a good idea to put aside any spare cash and contribute regularly to a maintenance fund so the outstanding bal- search, drawing up the you will be prepared for ance of the buildings. title deed and prepar- any repairs or upgrades

the way.

option for many people - even with these additional costs. Knowing what to expect will help you to be financially prepared so talk to a Realtor before you decide to buy. To learn more about the various stages of the home buying process, OREA has a free publication called How to Buy Your Home – to obtain your copy call 1-800-563-HOME or ask your local Realtor.

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This article is provided by local REAL-TORS® and the Ontario Real Estate Association for the benefit of consumers in the real estate market.

#### continued from p(15)BC WORKER FIRED...

 Through his meetings with Parkinson, Greenlees had a "reasonable expectation" of what his income and responsibilities would be with Starline – even though those were not guarantees

• Starline induced Greenlees to leave his secure employment

 Parkinson's representations were "bait" but they weren't in the actual contract, so they were not a breach of contract

 Bad-faith conduct by Starline by not putting him in

the new construction position · Greenlees' age and how long it took him to find

 His efforts to find another job may have been hampered by Starline's refusal to provide him with a

job search was "reasonable

The Court concluded that Greenlees was entitled to six months' notice, primarily because of the inducement and the limited availability of alternative employment.

### What can we learn

For employers:

· Courts are willing to award longer notice when it is hard to find a new job.

 Inducing and baiting someone to leave their old job can increase the amount of notice owing.

For employees:

• If the contract has a valid termination clause in it, then inducement and having a tough time finding a new job do not matter.

 If you are lured away careful when agreeing to val-• **The main factor**: His id termination clauses – you might be giving up security.

#### continued from p(15) FEMALE EMPLOYEES....

women to wear revealing clothing or a bra is not likely a health or safety issue, so such requirements almost certainly discriminate against female em-

The only conceivable situation which might create a BFOR for such a dress policy would likely be *ing*. If different employees wore the same protective clothing, or the same suit to dress up as a mascot, an employer could probpolicy would have to apply to both females and males so that it would not be dis-

reduce discrimination Employees, especial-

Dress codes may

ly female employees, will continue to claim discrimination unless employers can show that their company's dress code is not

Employers can do their best to reduce accusations of discrimination by preparing a clear, written dress code. They should explain why the code makes requirements ably insist that employees of employees, and how wear proper underwear for these dress requirements sanitary reasons. But the are necessary for doing the job and for employee

Source:Findlaw.com

#### continued from p(12)HOW DEBT....

specifically about the necessarily mean both

If you're in a relationship with someone whose debts far outstrip yours, or who seems to constantly be accruing more, consider waiting before making a longterm commitment. Give straighten out their financial difficulties, or at least take the right steps If you've got concerns you walk down the aisle.

If you're already cial trouble, it doesn't www.gtacredit.com

debts you bring to the partners are in the same relationship, and be ab- boat. A debt that is yours alone (for which thev did not co-sign) does not affect your spouse's credit, and a bankruptcy affects only the insolvent spouse. Joint debts can be a different story, and can even your ex-spouse's (or one from whom you are legally separated) behim or her chance to haviour can affect you

towards doing so, before about your financial future, or that of your prospective spouse, talk to a qualified Credit Counselmarried and you or lor at GTA Credit today. your spouse is in finan- (Call 416-650-5800 / Looking to place an order?

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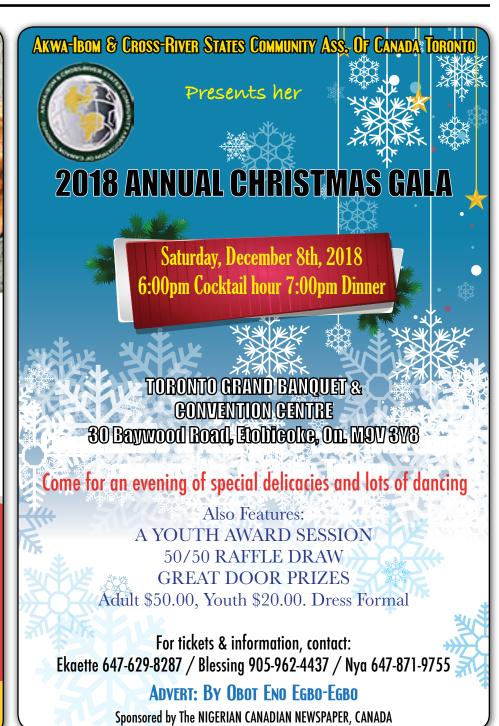
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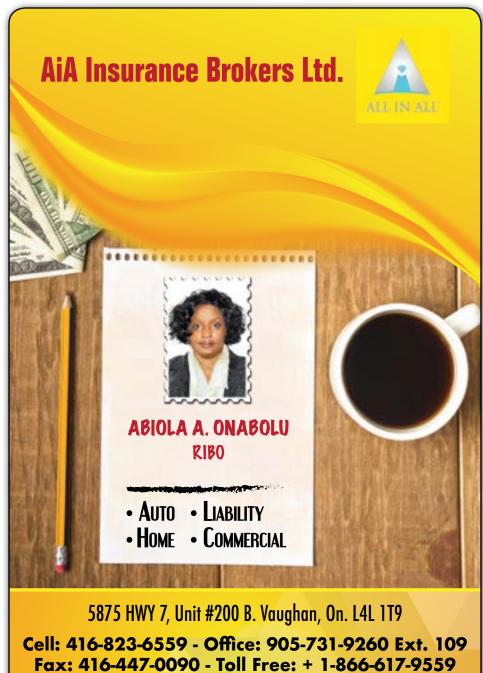
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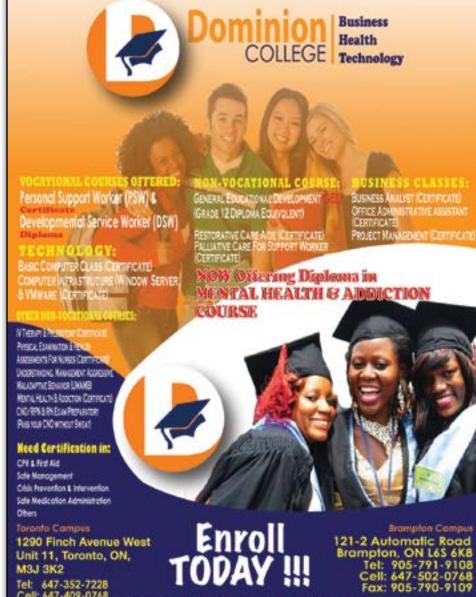
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