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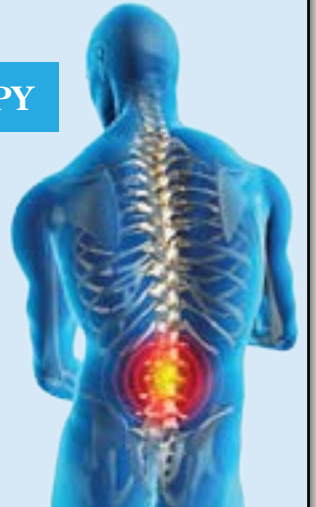
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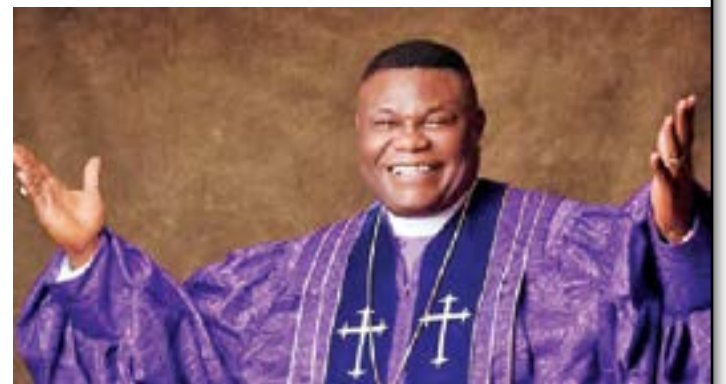


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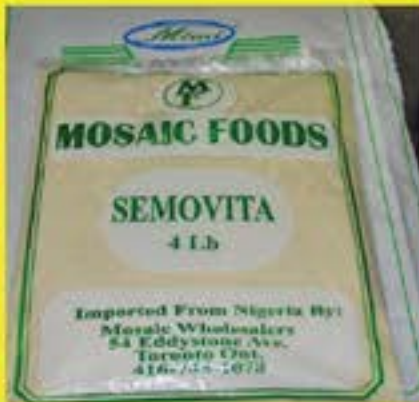
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Editorial

AS BUHARI MEETS TRUMP – STATE VISIT FOR WHO?

President Muhammad Buhari recently made an official visit to the White House at the request of US President, Donald Trump. Top on the agenda of the state visit was issues of security, strengthening trade and bi-lateral ties as well as, fostering democratic ideals which are common grounds in our both country's socio/political experience. The study of state visits by Nigeria's past leaders to other countries outside Africa often leaves much to be desired. On many occasions, Nigerians were shortchanged as a result the greed of those who were supposed to defend and stand for the common good of the masses. No trade deal is balanced and fair. One side gains more than the other and of course, this is the case with many African countries who are always at a disadvantage when making deals and signing agreements.

One particular reference point is the quest by the present administration to fight corruption and the alternative forgone in the process when it made a state visit to the UAE in 2015. African leaders must be transparent when issues of the Commonwealth of the people are being negotiated with the progenitors of Bretton Woods. In this post-colonial era, African leader must be scientific and not be seen as opportunists while accepting the largesse of First World Countries. Any attempt to provide aid or help tackle a growing challenge with the motive to continually rape generations yet unborn is simply not acceptable. A bad deal is a bad deal.

Trump's consistent push for a fair trade deal with Canada, the

EU, NAFTA, and China makes him a model for a leader who is willing to take a risk and allow for concessions where necessary. A move which has since been yielding positive results through re-negotiations and roundtable discussions.

Despite the seemingly evident economic disadvantage or the disparity in technological advancements, African countries can use their huge mineral resources to make a case for fairer trade deals. In this while, it will require leaders whose zeal is locked down only to the pursuit of the prosperity of the people rather than self-gain.

The present security challenges and economic realities must not become a tool to sell out the country's 'birthright' for a morsel of porridge. We hope policy formulators and decision-makers will be more proactive in making a case for a lot of the over 190 million Nigerians and not dance to the tune of any country regardless of the challenges. In a global world, investments and trade deals aren't a cult thing. There can always be better and more reliable deals when one seems to choke and sniff life out of a nation.

The Korea Peace Process, Why Canada Can't Be Indifferent

The news media all over the world beamed their focus on the coming together of the leaders of the North and South in what is going to be a historical reference point in International politics. The Korean Peninsula has been a focal point not only because it has been a war zone since the 50s, but because it has also become a tool for past

and present world leaders in the game of domination and relevance. The division of Korea and its unification if it eventually works out, works either way to the advantage of some and to the disadvantage of some. It may seem, however, that the silent rhetoric and the pursuit to reach a common ground in Korea's peace process can ultimately bring prosperity to the region and open it up for the more interesting power play. The sanctions placed on North Korea by the US has certainly been able to compel Kim to seek peace.

Canada should not be indifferent if it hopes to harness the gains from the peace process. The budget deficit, as well as the rising debt profile of the Government, requires new partnerships and of course, the Korea peninsula creates new options to salvage the existing economic pre-conditions and seek new heights. Canada cannot fold afford to watch the US usurp its privilege in the peace process to sideline the country. Present and future Canadian leaders need to take full responsibilities in fostering peace and providing the much-needed leadership role if it hopes to become a serious player in international politics. The relevance of a nation such as the US with regards to the peace process in Korea is dependent upon an economy so strong that it could wield influence and the military/technological ability that compels dictators to bend their knees and re-think.

These are essential areas Canada must look into if it intends to be a voice to be reck-

oned with and make the most of its already diversified population. Investment in tech and advanced military hardware can be tools that could make leaders like Kim give in if their actions pose a threat to the country. One important thing is we cannot watch and allow dictators make weapons of war that is capable of

wiping out humanity. Saddam Hussein's use of chemical weapons during the Iran/Iraq war and the recent chemical attacks in Syria are sufficient reasons why the custodians of democratic ideals must wake up and strengthen their economic and military arsenal while seeking for more friends on the international stage.

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A beating heart, strong lungs, a healthy liver or functioning kidneys will save the life of someone in the end stages of terminal diseases. Eyes can restore sight; skin can help

burn patients; heart valves can help patients with congenital heart disease; and bones, tendons and ligaments can help people walk and run.

"Registering as an organ and tissue donor is one of the most selfless, altruistic decisions anyone can make," says Ronnie Gavsie, president of Trillium Gift of Life Network, the agency responsible for overseeing organ and tissue donation in Ontario. "Based on the support we know exists for donation, we could put an end to preventable deaths on the waitlist if more people registered."

So, what holds people back? Some believe their age or health prevents them from being an organ donor. In actuality, age does not preclude someone from becoming a donor, and each potential donor is assessed at the time of death for medical suitability.

Others may not have registered under the misguided assumptions of religious restrictions, but the fact is, most major religions support organ and tissue donation and may even encourage it, as it can save a life.

Find out more and register at www.beadonor.ca.

LEMON BALM TEA CAN REDUCE STRESS

You can't possibly do without stress, but you can reduce significantly the production of heart pounding stress hormones. How? Fragrant tea herbs contains terpenes, a stress soothing compound. Stanford University Researchers say sipping 24 oz daily can effectively lower your heart rate by 5 months in two months.

ALMONDS MODERATE BLOOD LEVELS

You've probably not heard of almond miracle;

of course with 1/2 a cup of almond and improve your heart levels by four points. That's possible because 1/2 a cup of almond contains 600 mg, which help open up arteries so that your heart is not overworked when pumping blood.

LUNG CLEANSING WITH BROCCOLI

Your lungs have had to absorb some potentially harmful pollutants, especially when we can't do without breathing in toxic air. Research from Johns Hopkins reveal that Broccoli can expel 61 percent of toxic materials daily from the lungs. Broccoli contains sulforaphane, a compound powerful enough to reduce even the risk of cancer.

EARLY DETECTION OF ORAL CANCER IS KEY

(NC) Most oral cavity cancers can be treated if discovered early. Dental hygienists provide oral cancer screenings at each appointment and will make referrals to specialists if they spot anything unusual.

Between appointments, we all have a role to play by watching for any of the following changes in our mouths:

- Alterations to the colour or texture of gums, cheeks or tongue
- Mouth lumps or sores that do not heal within 14 days

- A Chronic sore throat or cough

- Difficulty swallowing

- Lumps in the neck, including those that aren't bothersome

- Mouth or ear pain

Tobacco use, alcohol consumption, sun exposure to the lips, and the human papillomavirus are all known risk factors for oral cavity cancers. By modifying our lifestyle, ensuring that our children receive the HPV vaccine, examining our mouths for suspicious changes, and



scheduling regular dental hygiene visits, we can reduce our risk of illness. Easy-to-use tools and

tips for a quick visual and tactile examination of the oral cavity are available at www.checkyourmouth.org.

HOW OFTEN SHOULD YOU REPLACE A MATTRESS?

How often you replace your mattress does not really have a timetable. More than anything, it depends on whether you still have a comfortable sleeping surface or not. Many health issues can stem from a mattress that is long past its prime or is not suitable for the sleeper.

If you have been using a good support for the mattress it might last longer. And whether you use a boxspring or a bed frame make sure the mattress is getting enough support.

A center support on a bed frame gives the mattress extra support and helps prevent early sagging.

Durability Guidelines for Innerspring Mattresses

Innerspring mattresses generally last for at least seven to 10 years, but they can and often do last longer. How soon your mattress wears out depends on many factors. Maybe the foremost consideration is the quality of the mattress you bought to begin with.

Better-quality mattresses are made from better materials. The coils are more resilient and the padding is more dense as compared to lesser-quality mattresses. Many innerspring mattresses are two-sided, which means you can flip them over to distribute the wear and tear. If you do that regularly, you can make your mattress last longer.

The weight of those sleeping on the mattress is also a consideration. Heavier users wear out their mattresses sooner.

Durability Guidelines for Foam Mattresses

There are many different types of foam and com-

binations, so as with innerspring mattresses, there are no hard and fast rules.

A good memory foam mattress might last anywhere from 10 to 15 years. Buying a quality foam mattress might let you keep it longer. It helps to check out mattress reviews and to buy a reputable brand.

You don't need to turn over your foam mattress, but you might need to turn it around on the bed, so that the head is where the foot used to be, from time to time to reduce chances of depressions from body weight.

Durability Guidelines for Hybrid Mattresses

Hybrid mattresses are comparatively new to the market so there's not enough information yet to know what their longevity is yet. Most hybrid mattresses have coils in their core with different combinations of foam, latex, and gel in the thick padding that is wrapped around the coils.

It is thought that these will last at least as long or a little longer than innerspring mattresses.

Signs of Wear and Tear

You should not take anyone's word for how



long your mattress should last. Buying a mattress is a big investment, but it is also an investment in your health. A reputable brand might be worth the extra money.

Check your mattress every now and then to see how it feels. You should definitely look into replacing yours when any one of these happens:

- You are uncomfortable when you lie down and wake up tired and achy.

- You see visible signs of wear and tear in your mattress. There is sagging or you notice lumps. You can hear the bed springs when you lie down.

- You've tried rotating it or flipping it, but to no avail. It still doesn't feel

more comfortable.

• You suffer from allergies and have had the mattress for a long time. If you have not been using protective, allergy-reducing covers, dust mites could pose a problem. Even the cleanest of beds can have dust mites. There are other ways of addressing the dust mite problem, but it helps to start with a clean, mite-free mattress.

• You are older than 40 and have been sleeping on the same sleep surface for around 10 years. Your body becomes more sensitive to pressure points with age. Pressure points can lead to tossing and turning and disturbed sleep, which can be bad for your overall health.

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NORTHWOOD NEIGHBOURHOOD SERVICES ANNUAL GENERAL MEETING



Pictures by NCNC

As an organization that provides programs and services within the community that will empower individuals, families and groups to achieve, maintain and enhance a state of physical, mental and social well-being, our Annual General Meeting was held on April 11, 2018. This year's Annual General Meeting was primarily held to allow the shareholders of Northwood Neighbourhood Services to deliberate on the organizations issues and vote for qualified new Board of Directors.

Many community members and clients who

include Newcomer Families, Youth, Children, Women and Seniors were in attendance at the 2018 Annual General Meeting. Also, the newly elected Board of Directors was present at the Annual General Meeting.

Introductory Remarks

Ruth Antwiwaa gave a brief update on the activities the Board engaged in from when the last meeting was held till date. She also updated those in attendance the current status of the organization. She made it known that Northwood Neighbourhood Services still remains a

Center of Excellence in Comprehensive Support Services and Resources to Client from All Communities in North Toronto.

Approval of Previous Meeting's Minute

After the introductory remarks, the next item of business was approval of the minutes of the last Annual General Meeting Board. After a brief discussion, the Board approved the minutes of the meetings, as amended, and the Secretary was directed to prepare and sign amended minutes and file them in the corporation's minute book.

After the last meeting's minute was adopted, the main business of the day took centre stage. A qualified new Board of Directors were introduced from different background to run the affairs of the organization from 2018. The newly introduced Board of Directors revealed their plans for the new financial year and their plans were applauded by clients, community members and members of staff of Northwood Neighbourhood Services

After that, membership fee was looked into and it was resolved that prospec-

tive members can purchase a membership for \$5.00. Only members are allowed to vote.

The new Board reminded clients about the organization's settlement services which are aimed at providing newcomer immigrants and refugees with the necessary resources and information to successfully participate in Canadian society. The board made it known that Northwood Neighbourhood Services settlement counselors provide these immediate and long-term services:

- Individual and Group Counseling

- Information and Referral
- Form Filling
- Workshops
- Advocacy
- Financial Literacy Program
- English Conversation Circles
- Dress for Success
- Private Sponsorship of Refugees

For more information, you can contact 416-748-0788.

Northwood Neighbourhood Services is located at 1860 Wilson Avenue, Suite 400. Toronto, Ontario.

FORD SLAMS HYDRO CEO, CALLS FOR HIS RESIGNATION

By staff

Progressive Conservative Leader, Doug Ford has called for the resignation of the CEO and board of Hydro One over alleged fraud in the multimillion-dollar severance packages for senior executives. Ford says he's going to sack them immediately from office.

"If they don't, let me tell you something, when I'm premier, you better believe I'm kicking each and every one of them out the door," he stated recently.



Investigations reveal that Hydro One president and CEO Mayo Schmidt got a compensation package worth nearly \$6.2 million in 2017, an increase of \$1.7 million over 2016.

"If the CEO and

board at Hydro One have any respect for their customers, any respect for Ontario, any respect for the people, they should resign. They should resign immediately today," he stated while speaking to reporters.

Ford intends to reduce customers' bills if Schmidt is fired, however, documents from Ford suggests that the CEO will go home with \$5million severance package if fired without cause, increasing to \$10.7 million if fired under a "change in control."

GRETCHEN CARLSON CHAIR MISS AMERICA PAGEANT AMIDST SCANDAL

Gretchen Carlson will now be at the helm of affairs at the Miss America Organization. The former fox news anchor will chair the organization at a time when the dust is yet to settle regarding scandals involving demeaning emails sent to organizers and the remarks made on contestants by top figures of the organization including CEO Sam Haskell, former president and COO Josh Randle, and Chairman Lynn Weidner.

In 1989, while representing the state of Minnesota she won the Atlantic City's New Jersey beauty pageant. While expressing her mind on Twitter, Carlson said she was "honored to move this iconic program forward with so many amazing volunteers."

"In the end, we all want a strong, relevant Miss America". Gretchen stated.



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STATEMENT

ONTARIO AND MICHIGAN SIGN MOU TO STRENGTHEN TRADE, MOBILITY, TOURISM AND ENVIRONMENTAL PARTNERSHIPS

Ontario Premier Kathleen Wynne and Michigan Governor Rick Snyder released a joint statement today following their meeting in Detroit:

"Even in a period of rapid economic change and uncertainty over the future of our trade, Ontario and Michigan continue to share a productive partnership. Today, we signed a memorandum of understanding (MOU) that will see Ontario and Michigan work together to create more jobs and economic growth, foster a more competitive business climate, promote and encourage co-operation in tourism, and protect our shared resources for future generations.

The deep integration of our economies is vital to the success of our workers and businesses. We are each other's largest trading partners and share the busiest Canada-U.S. border crossing. In 2017, two-way trade between Ontario and Michigan totalled US\$65 billion (CAD\$84 billion). Much of our trade depends on our closely integrated auto supply chains — to-

gether, Ontario and Michigan account for almost a quarter of North American vehicle production.

Ontario and Michigan have always worked closely to encourage innovation and enhance competitiveness in the auto sector, most notably through two previous MOUs. Our collaboration has already resulted in North America's first national, cross-border automated vehicle test drive through Southern Ontario and Michigan. Despite uncertainty at the national level, states and provinces like Ontario and Michigan continue to protect and deepen our productive, job-creating partnership.

The MOU we are signing today further strengthens our already robust trade and investment relationship and encourages new opportunities for collaboration and growth. It supports enhanced bilateral trade, will help us cooperate more in attracting tourism, pro-



motes the Mid-Continent Trade and Transportation Corridor, and strengthens coordinated activities around the protection and restoration of our shared Great Lakes.

Ontario and Michigan build great things together — from cutting-edge vehicles to sustainable environmental strategies. We know that ongoing regular cooperation to promote trade, economic development and environmental protection is the path to an even better tomorrow. We will not be deterred by protectionists because we know that when we work together, we can achieve our shared goal of creating good opportunities for workers and businesses on both sides of the border."

- newsroom@ontario.ca

MCKENNA SUPPORTS BP CANADA'S PLAN TO DRILL IN NOVA SCOTIA

By R. Njeru

Catherine McKenna, the Federal Minister of Environment and Climate Change has expressed her support for a drill a deep-water exploration plan by BP Canada. It will be done approximately 330 kilometers off the coast of Halifax.

The company, which deals with gas and oil, was given a drilling green light by the Canada-Nova Scotia Offshore Petroleum Board.

Ms. McKenna said that they would monitor the project closely. She also confirmed that the BP project had strict conditions and it underwent an environmental assessment.

In the beginning of the year, the minister said that they had established that the exploration project was not a threat to the environment. Her statement said that the federal government was very mindful of the oceans and that's why it launched a \$1.5-billion oceans protection plan.

The Aspy D-11 exploration well is the first in BP Canada's Scotian Basin Exploration Project. In the next three years, this project



Catherine McKenna, Federal Minister of Environment and Climate Change

could result in the drilling of wells off the southeastern coast of Nova Scotia.

The Council of Canadians has come out to oppose the decision of the offshore petroleum board to allow drilling. They have said that the government should forget about fossil fuels because of the risk of a spill. These spills are not common but it will be remembered that BP's Deep-water Horizon rig explosion resulted in the death of 11 workers. It happened in the Gulf of Mexico and it went down as the biggest offshore spill in the history of the U.S.

Stephen McNeil, the Nova Scotia Premier, said that he fully supported the

exploration plans. He said that the economy of the province would be boosted by this potential discovery; however, he was concerned that the inconsistent nature of gas and oil prices could pose a challenge. He was speaking at a recent convention of the Liberal Party of Canada convention in Halifax.

On the other hand, Gretchen Fitzgerald, the Sierra Club Foundation national program director, said that the announcement was "shocking."

"Mi'kmaq communities are calling for further consultation. They are totally against the Scotian Basin Exploration Project," she said. She added that she was concerned that the government was deaf to environmental concerns and public democratic processes.

Stacy O'Rourke, the CNSOPB spokesperson, said that the board would ensure high regulatory standards by keeping a watchful eye on BP Canada.

The drilling plan has caused a lot of reactions, both positive and negative. It will be interesting to see how this issue turns out.

TAXATION

NEW 2018 CRA ALLOWANCES FOR COMPANY-USE VEHICLES



Dami Okunade B. Comm
(McGill), CPA, CA, CFA

Owner-managers should discuss Canada Revenue Agency (CRA) changes to employee vehicle allowances with their CPAs before announcing any changes to company policy.

To keep up with the rising costs of operating vehicles, Revenue Canada has increased the maximum tax-exempt car allowance deductible for

Use of Personal Vehicle

Because employees and owner-managers alike also use their personal vehicles for business trips, it is important to record the January 1 odometer reading and the December 31 odometer reading of each personal vehicle that may be used for business.

The purpose of the car allowance is to cover all expenses relating to the operation of a vehicle. These expenses include:

- Maintenance and repairs
- Fuel, including gas, oil and propane, and charging cost
- Insurance
- Registration and licence fees
- Leasing costs
- Capital cost allowances (a percentage of

should retain copies of the expense reports submitted for the year as well as all the vehicle expenses incurred during the year. They may wish to categorize them into specific expenses as outlined under "Calculation of allowable motor vehicle expenses" within the CRA form T777. If more than one vehicle is used, a detailed record of expenses should be maintained for each vehicle.

Additionally, the employees must obtain a T2200 Declaration of Condition of Employment form to be prepared and signed by the management. This form provides important information about the conditions of employment including:

- Whether an employee was required to pay

which expenses are deductible.

"Place of work" may soon include off-premises job sites.

Changing Definition of "Place of Work"

Kilometres driven from residence to workplace or office (i.e., home base for use of the vehicle for work) are considered "personal" expenses, not reimbursable costs. Recent changes to tax rules further extend the definition of "place of work" itself to include job sites (i.e., off-premises work places). For instance, if an employee is driving directly from home to a job site such as a construction project (i.e., place of work) on a daily basis for an extended period, that construction site may be considered "home base" and as such, travel to that site would not be considered a reimbursable expense.

HST / ITC

If employees do not receive a vehicle allowance but remit receipts for reimbursement, a business is allowed to reimburse the expense and offset the HST charged on the submitted receipt against the HST collected on sales. Similarly, when employees submit the car allowance expense report, a business should carve out the HST amount and claim it as an input tax credit (ITC). The ability to offset HST collected with ITCs from car allowances paid is another reason for employers to ensure employees submit expense reports on a timely basis.

No Change Since 2001

Despite the increase in the cost of vehicles over the last few years, the allowable ceiling costs for vehicle purchases, leases and interest have not risen accordingly. Unfortunately for the taxpayer, the vehicle cost ceiling has remained at \$30,000, the lease cost ceiling at \$800 per month, and the interest cost ceiling at \$10 per month since January 1, 2001.

Guidance from Your CPA

Vehicle allowances and deductions can be a contentious point between employee, employers and taxation authorities. Owner-managers are encouraged to discuss with their CPA the specific requirements and restrictions that may apply to their workplace and their employees for the 2018 tax year.

PERSONAL FINANCE

3 REASONS TO OPEN YOUR INVESTMENT STATEMENT

(NC) For the second year in a row, investors can expect to receive personalized annual reports in 2018. These reports provide valuable information about your funds and will help guide you on the path to financial success.

Here is some of the important information you will find in your statement:

- The statement will let you know just how much you have paid for the services provided by your advisor and the firm they work for over the past year.
- It will also tell you how your investments have

performed over the last 12 months. This is a personalized rate of return specific to you, as it takes into account the timing of when you deposited and withdrew money.

The information contained in the reports will help you have more informed discussions with your financial advisor.

Take the time to read and understand these reports, and put yourself on the path to being a more knowledgeable investor.

Find more information online at investorcentre.ific.ca

THREE STEPS TO BUILDING A RAINY DAY FUND

(NC) At some point in life, you'll need a new roof. You might need to fix your car brakes. Unforeseen events happen, and when they do, it's important to be financially prepared.

Budgets are an effective way to plan your month-to-month expenses and savings. They can also help you keep money available for the unexpected.

Here are three steps to start building your rainy day fund:

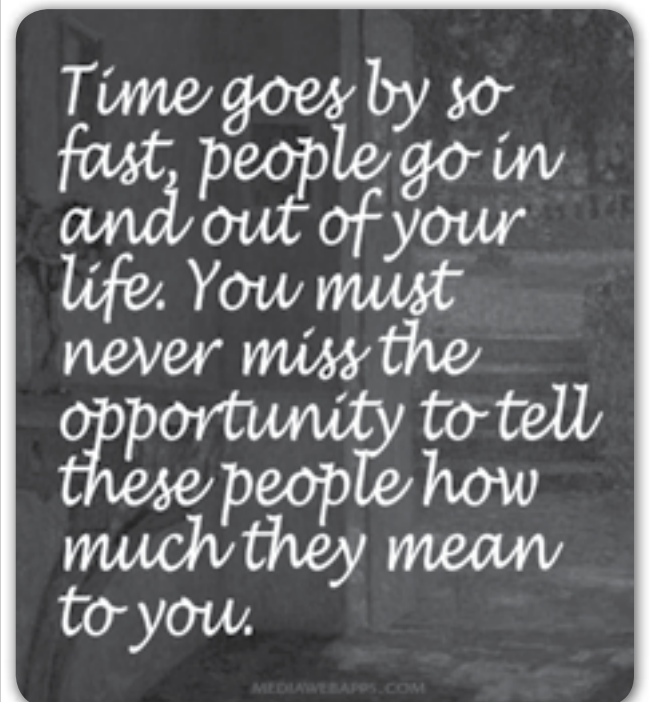
1. Determine the amount you'd like to save. This could be any amount you feel would cover your expenses in the case of an emergency. A common measure is six months of expenses in the case of job loss.
2. Once you've determined an amount, work your rainy day savings into

your budget until you've hit your goal. If you'd like to save \$5,000, for instance, you might want to stash away approximately \$200 per month over two years.

3. Determine where you'd like to save your rainy day fund. It might be appealing to keep your money in investments that earn interest, but watch out for early withdrawal penalties on investments.

If you need guidance in planning your rainy day fund or your savings strategy as a whole, a financial advisor can guide you through the process and be your coach when it comes to finances. It's never too late to become an engaged, informed investor.

Find more information online at investorcentre.ific.ca



employees to 55 cents per kilometre for the first 5,000 kilometres, and to 49 cents per kilometre for distances travelled in excess of 5,000 kilometres.

If you live in the Northwest Territories, Nunavut or the Yukon, the per-kilometre rate has increased to 59 cents for the first 5,000 kilometres and to 53 cents for distances exceeding 5,000 kilometres.

The rates and application are based on a calendar year. As can be expected, any employee claim for the exemption must be supported by documentation. Employees must keep a travel log for each vehicle indicating:

- Date
- Starting point of business trip
- Destination
- Purpose of the trip
- Vehicle starting kilometres
- Vehicle ending kilometres
- Kilometres driven.

Expense reports should be submitted monthly. Management should enforce a policy that travel costs will only be reimbursed after the expense reports are received.

the cost of the vehicle allowed by the cra to be offset against revenue as an expense)

- Interest costs paid on any loan used to buy the vehicle.

None of these expenses should be submitted to the employer if the employees are receiving a vehicle allowance. The allowance paid is not taxable in the hands of the employee only if:

- the allowance is based on the number of kilometres driven for business purposes
- the rate per kilometre is reasonable
- none of the above expenses was reimbursed by the employer.

Allowance Less Than Vehicle Expenses

Sometimes, the allowance paid may be less than the vehicle expenses incurred by the employee while working. In some circumstances, the employees do not get reimbursed for their employment-related expenses at all. If so, employees may claim their out-of-pocket expenses on their personal tax returns.

In order to claim these expenses, the employees

their own expenses while carrying out the duties of employment

- Whether the employee was required to travel away from the employer's place of business in the normal course of employment
- Whether the employee received any fixed allowance or per-kilometre reimbursement

The amounts of allowances/reimbursements received and whether such amounts were included in the employee's t4 slip.

The employees are able to deduct vehicle expenses on their personal tax returns only to the extent they did not receive sufficient allowance/reimbursements from the employer. Also, they can deduct expenses, even if they received sufficient allowance from the employer, if such allowance was included in their T4 income. Because the deductibility of employment expenses is dependent on each employee's unique terms of employment, the T2200 form must be completed for anyone hoping to claim employment expenses. The CRA then uses this information to analyze



185 POWERFUL VERBS THAT WILL MAKE YOUR RESUME AWESOME

Led...
Handled...
Managed...
Responsible for...
Most resume bullet points start with the same words. Frankly, the same tired old words hiring managers have heard over and over—to the point where they've lost a lot of their meaning and don't do much to show off your awesome accomplishments.

So, let's get a little more creative, shall we? Next time you update your resume, switch up a few of those common words and phrases with strong, compelling action verbs that will catch hiring managers' eyes.

No matter what duty or accomplishment you're trying to show off, we've got just the verb for you. Check out the list below, and get ready to make your resume way more exciting.

VERBS 1-12 YOU LED A PROJECT

If you were in charge of a project or initiative from start to finish, skip "led" and instead try:

1. Chaired
2. Controlled
3. Coordinated
4. Executed
5. Headed
6. Operated
7. Orchestrated
8. Organized
9. Oversaw
10. Planned
11. Produced
12. Programmed

VERBS 12-33 YOU ENVISIONED AND BROUGHT A PROJECT TO LIFE

And if you actually

developed, created, or introduced that project into your company? Try:

13. Administered
14. Built
15. Charted
16. Created
17. Designed
18. Developed
19. Devised
20. Founded
21. Engineered
22. Established
23. Formalized
24. Formed
25. Formulated
26. Implemented
27. Incorporated
28. Initiated
29. Instituted
30. Introduced
31. Launched
32. Pioneered
33. Spearheaded

VERBS 34-42 YOU SAVED THE COMPANY TIME OR MONEY

Hiring managers love candidates who've helped a team operate more efficiently or cost-effectively. To show just how much you saved, try:

34. Conserved
35. Consolidated
36. Decreased
37. Deducted
38. Diagnosed
39. Lessened
40. Reconciled
41. Reduced
42. Yielded

YOU INCREASED EFFICIENCY, SALES, REVENUE, OR CUSTOMER SATISFACTION

Along similar lines, if you can show that your work boosted the company's numbers in some way,

you're bound to impress. In these cases, consider:

43. Accelerated
44. Achieved
45. Advanced
46. Amplified
47. Boosted
48. Capitalized
49. Delivered
50. Enhanced
51. Expanded
52. Expedited
53. Furthered
54. Gained
55. Generated
56. Improved
57. Lifted
58. Maximized
59. Outpaced
60. Stimulated
61. Sustained

VERBS 62-87 YOU CHANGED OR IMPROVED SOMETHING

So, you brought your department's invoicing system out of the Stone Age and onto the interwebs? Talk about the amazing changes you made at your office with these words:

62. Centralized
63. Clarified
64. Converted
65. Customized
66. Influenced
67. Integrated
68. Merged
69. Modified
70. Overhauled
71. Redesigned
72. Refined
73. Refocused
74. Rehabilitated
75. Remodeled
76. Reorganized
77. Replaced
78. Restructured
79. Revamped
80. Revitalized
81. Simplified
82. Standardized
83. Streamlined
84. Strengthened
85. Updated

86. Upgraded
87. Transformed

VERBS 88-107 YOU MANAGE A TEAM

Instead of reciting your management duties, like "Led a team..." or "Managed employees..." show what an inspirational leader you were, with terms like:

88. Aligned
89. Cultivated
90. Directed
91. Enabled
92. Facilitated
93. Fostered
94. Guided
95. Hired
96. Inspired
97. Mentored
98. Mobilized
99. Motivated
100. Recruited
101. Regulated
102. Shaped
103. Supervised
104. Taught
105. Trained
106. Unified
107. United

VERBS 108-113 YOU BROUGHT IN PARTNERS, FUNDING, OR RESOURCES

Were you "responsible for" a great new partner, sponsor, or source of funding? Try:

108. Acquired
109. Forged
110. Navigated
111. Negotiated
112. Partnered
113. Secured

VERBS 114-122 YOU SUPPORTED CUSTOMERS

Because manning the phones or answering questions really means you're advising customers and

meeting their needs, use:

114. Advised
115. Advocated
116. Arbitrated
117. Coached
118. Consulted
119. Educated
120. Fielded
121. Informed
122. Resolved

VERBS 123-142 YOU WERE A RESEARCH MACHINE

Did your job include research, analysis, or fact-finding? Mix up your verbiage with these words:

123. Analyzed
124. Assembled
125. Assessed
126. Audited
127. Calculated
128. Discovered
129. Evaluated
130. Examined
131. Explored
132. Forecasted
133. Identified
134. Interpreted
135. Investigated
136. Mapped
137. Measured
138. Qualified
139. Quantified
140. Surveyed
141. Tested
142. Tracked

VERBS 143-161 YOU WROTE OR COMMUNICATED

Was writing, speaking, lobbying, or otherwise communicating part of your gig? You can explain just how compelling you were with words like:

143. Authored
144. Briefed
145. Campaigned
146. Co-authored
147. Composed
148. Conveyed
149. Convinced

150. Corresponded
151. Counseled
152. Critiqued
153. Defined
154. Documented
155. Edited
156. Illustrated
157. Lobbied
158. Persuaded
159. Promoted
160. Publicized
161. Reviewed

VERBS 162-173 YOU OVERSAW OR REGULATED

Whether you enforced protocol or managed your department's requests, describe what you really did, better, with these words:

162. Authorized
163. Blocked
164. Delegated
165. Dispatched
166. Enforced
167. Ensured
168. Inspected
169. Itemized
170. Monitored
171. Screened
172. Scrutinized
173. Verified

VERBS 174-185 YOU ACHIEVED SOMETHING

Did you hit your goals? Win a coveted department award? Don't forget to include that on your resume, with words like:

174. Attained
175. Awarded
176. Completed
177. Demonstrated
178. Earned
179. Exceeded
180. Outperformed
181. Reached
182. Showcased
183. Succeeded
184. Surpassed
185. Targeted

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JANET AUSTIN SWORN IN AS B.C.'S NEWEST LIEUTENANT GOVERNOR



By N.Ugoh

Janet Austin formally took on the role of the Queen's representative in B.C. on April 26, 2018 with a ceremony in Victoria.

Sequel to the event, the new lieutenant governor inspected a 100-person guard of honour and received a 15-gun salute.

Austin at a time worked as the CEO of the Metro Vancouver YWCA. She had also worked as the Executive Director of Big Sisters of B.C. Lower Mainland, and for B.C. Housing.

Premier John Horgan reveals she brings an "extraordinary list of accomplishments and tireless advocacy" to the appointment.

Janet Austin is the province's 30th lieutenant governor and succeeds Judith Guichon, who held the post for six years.

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Share a problem with Auntie Agatha

I CAUGHT HIM IN BED WITH HIS MARRIED EX

Dear Agatha,
My boyfriend and I started dating six years ago, but became very steady two years ago. Our relationship had complications because of his attitude as well as liking for other women. It was during the period of our courtship, he got another woman pregnant.

It happened in the first year which led to our breaking up, but he came back to beg me after the lady in question gave birth. From the disposition of the lady, she wasn't interested in marrying him: just desired him to play the role of a father to her daughter.

At first, I didn't want to take him back into my life but, after making him beg for almost a year, I decided to forgive him and continue with the relationship, believing that he had learnt his lessons.

The first six months after that incident were fantastic. He was all attentive and shunned all members of his vast female fan-club. I was happy at the turn of things and had actually adjusted to his new person when I noticed he had gone back to his former ways.

Again, I took a walk until two years ago when he sent his friends to beg me to return to him. Although I was already in a new relationship but I wasn't really into the guy, because a part of me was still in love with my former boyfriend.

It was such a sweet relief when his friends came on his behalf to beg. After the initial female hide and seek game, I forgave him.

We made plans to marry on his birthday this year, April 1. We had gone as far as agreeing on the colours and venue. We had also informed our pastor to keep that date for us.

Agatha, I thought nothing could go wrong again until I walked into his bedroom three days ago to see him making love to his married ex-girlfriend. What hurt the most; was his reactions when he saw me. Rather than apologize, he asked angrily what I was doing in his house at that time of the day when I was supposed to be at work. The lady didn't even betray any shame instead she was hostile to me and actually ordered me out of the house.

I didn't know how I got back to the office that day. Before I got home that day, he was already in our house to beg. To make matters worse, I discovered I was pregnant this morning.

I don't have anybody to turn, hence my decision



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to share my problem with you. I don't know what to do, but one thing is for sure; I don't want this baby, at least not now. It is so painful and confusing because despite all his many betrayals, I still love him more than any man on earth.

I have done everything for this man. I would have been able to endure the situation if it was with the mother of his child but this one who left him to marry another man? I feel like a fool because, while we were planning our wedding, he was busy frolicking with a married woman. And to treat me as if I meant nothing to him... how can someone you love so much be so cruel, Agatha?

Ayomi.

Dear Ayomi,

Many a time, it is impossible to comprehend the complexity of the human mind, especially when it comes to the story of love. Various experiences have shown that love isn't as simple a chemistry as we have been led to think.

To try to define the chemical composition of love is to exhaust oneself in the quest of defining the many layers of love. This is because no one definition can adequately explain what love really is.

Take your case for instance, under normal circumstances, you shouldn't be feeling love for a man who has betrayed you in every way a man can betray a woman, but you appear incapable of letting him go, because the chemistry between the two of you appears right. That chemistry will never ever make it wrong for you to love him even when reality makes the relationship bad for you. Not even you can decrypt while you are unable to hate him.

The chemical components of love at times make intelligent people look like fools to the audience watching their love story.

This helplessness is what you have to fight against to enable you move

Continued from the last issue.

By Pastor Taiwo Iredele Odubiyi

Grace introduced Albert to her mother, "Albert, this is my mother, Pastor Ibie. Mom, this is Albert Asika. He works with Reflections."

Ibie looked at him. He was about five feet-ten inches tall, a little light-skinned, handsome with a well-set teeth and a smile that would make any man proud.

As he greeted Ibie respectfully, Grace was proud of him. He was smooth and had a way about him that she had noticed and fallen for the first time she met him. She hoped her mother would not ask him questions that could embarrass him.

"I do read your column." Ibie told him.

"Thank you. I'm happy to hear that." He responded with a smile.

"Please sit down." Grace said.

"Thanks." Out of the corner of his eye, Albert noticed Ibie looking at him, probably sizing him up.

She was. Physically speaking, he was okay. But was he truly a Christian as Grace had told her? Ibie wondered. Did he love the Lord and her daughter? Those questions were the most important to her.

When Grace left for the kitchen to get him something to drink, Ibie tackled him.

"So Albert, where do you worship?"

He told her.

"Are you born again?"

"Er, I'm a Christian."

"Born again?" She repeated, not sparing him.

"Er, it depends on what you mean, Ms. James."

Ms. James? Ibie won-

dered. She wasn't sure of what she would have wanted him to call her but Ms. James wasn't what she expected to hear. Ignoring that, she told him, "There's only one meaning to it."

"Yes, I guess you're right. It's just that I don't really like being labeled 'born again'. A Christian is a Christian."

Ibie pressed her lips together. He wasn't a Christian, she concluded.

Just then, Grace returned, carrying a cup and a jug of juice in a tray. She poured juice in the cup and set it before him.

"But did Grace tell you that she's born again?" Ibie went on.

"Er, yes."

Grace sat across from Albert.

"What do you think of it?" Ibie asked him.

He smiled. "It's okay. That's fine. I don't have any problem with it. I'm also a Christian."

"Do you speak in tongues?"

"No."

"Why not?"

"Well, I joined the church not quite long."

"Oh, I see." Ibie said. She was certain he wasn't a Christian.

She got up, excused herself and went into her bedroom with the laptop.

Grace asked Albert, "How was work today?"

"It was hectic as usual." He answered.

"Did you travel to Badagry to interview that woman you talked about?"

"Yes, I did. It was a good thing I set out early. It took me almost three hours to get there. There was traffic."

"How did it go?"

"It went well. I've submitted my report to the editor."

Grace got up. As she came to sit beside him, he looked at her. She was

physically. She becomes far older than her real age and in extreme cases, goes into early menopause.

You don't need a man who will always make you feel less than the woman you really are, just because you happen to love him very much. Learn first to love yourself before thinking of loving this man. Doing this will help you appreciate and value yourself better.

Don't feel like a fool. You don't have the patent for that feeling. At some points in our lives, many of us have felt like you. It is just the way life is. Relationship is a gamble. At times we elect to love those who aren't worth our time and energy, but that doesn't



Pastor Taiwo Odubiyi

slender with soft curves, and was a couple of inches shorter than him.

Albert reached out for the glass cup on the table in front of him and had a sip. He told Grace more about his day.

When he stopped, Grace took his right hand in hers and said quietly, "I'm pregnant, Albert."

He put the cup in his hand down carefully and looked at her. "You're what?!"

She glanced sharply toward her mother's bedroom as she told him, "Lower your voice!"

He did, staring at her. "You're pregnant?"

"Yes." She said, staring back at him, studying his face. He didn't seem pleased.

Pregnant? "How did you know?" He asked as his gaze went from her face to her flat stomach.

"I bought the pregnancy test kit and tested this morning. It was positive."

His eyes went back to her face. "Do you think the kit is reliable?"

"Yes, I think so. Besides, I've missed my period."

"But ... how could you be pregnant?"

"What do you mean?"

"I mean why should you allow that to happen?" He told her. As another thought occurred to him, he added, "It's a joke, right?"

"I wish it were."

"Well, you have to get

rid of it."

She glared at him even though she had already thought of the option.

He didn't flinch. "Are you ready to be a mother now? I mean, that was not supposed to happen."

"I know it wasn't planned but you could at least have shown some feeling. We are talking about a life here."

He shrugged. "Well, I guess I was taken by surprise. I mean ... it was the last thing I was expecting to hear you say. What's on your mind?"

She looked away. "I don't know."

"Well, you have only two options: get rid of it or keep it and I don't think you should go for the second option."

He did not mention the option of marriage, she realised. "Why not? Why can't we keep it?" She ventured to ask.

He gave a look that said have-you-lost-your-mind? "You want to keep it?"

"We could keep it." She flicked her right index finger between them.

"We?" He asked then shook his head. "No. I am not ready for that. Are you?"

She didn't talk. He took her hand. "Abort it. It happens every day. It's one of those things that happen. We'll be more careful, okay?"

She took a deep breath.

"How much will you need to get it done?"

(to be continued)

This story is from the novel - *With This Ring* by Taiwo Iredele Odubiyi

To read the novel, pls visit: <https://www.amazon.com/Taiwo-Odubiyi/e/BOOG6MU03I>

Or: www.okadabooks.com/search?term=odubiyi

to heal by taking one day at a time. By allowing the wounds to heal naturally, you would be giving yourself the freedom to appreciate the innocent life inside you as well as the chance to love again.

There is no medicine or advice for a broken heart that heals better than time. Its healing balm is supreme to everything known to humans. One day, you will smile again. Just trust God whose agenda for a better and happier you caused this to happen so as to get your attention. Learn to trust God more. You will come to thank Him one day for this experience.

Good luck,
agatha.edo@gmail.com



With This Ring

YOU & the LAW

TORONTO RESTAURANT TO PAY THOUSANDS FOR DISCRIMINATION AGAINST BLACK MAN



Emile Wickham just won a discrimination case with the Ontario Human Rights Tribunal against Hong Shing

A Toronto Chinese restaurant is receiving backlash after what it appears to be targeting its Black customers by asking them to pre-pay for their meals. The restaurant now has to pay 10,000 Canadian dollars due to ruling from a 2014 incident according to Blavity.

Emile Wickham a Black man from Trinidad and Tobago went to Hong Shing a Toronto restaurant with friends to celebrate his birthday in May of 2014. Wickham at the time was living in Toronto attending York University.

After placing their orders, a waiter at their table asked them to pay for their meals which Wickham and his friends did.

In a ruling by the Human Rights Tribunal of Ontario, Wickham's testimony states that his group complied with pre-paying for their meals even though they didn't feel comfortable doing it. After paying, Wickham asked other customers in the restaurant, who were not Black, if they were asked to pre-pay for their meals. Several of those people that they asked said they weren't asked to.

Learning this, Wickham went back to the server, according to the testimony, and asked why his group was asked to pre-pay. He says the server didn't give them a reason but offered to refund them.

"The applicant said that it was evident that the waiter simply wanted to end the conversation as quickly as possible, and was being very defensive," explained the ruling.

This incident led

Wickham to file a report with the Human Rights Tribunal of Ontario against the restaurant for racial discrimination.

In its defense, the restaurant stated in the ruling that they have customers who "dine and dash."

"Because of its location, the restaurant attracts something of a transient crowd, and unfortunately it was very common in the past that customers 'dine and dash' – that is, eat their meals, and leave the restaurant without paying," according to the ruling. It continues, "There was never any intent to discriminate against the applicant; all customers who are not known to be regulars are treated the same way."

Esi Codjoe, the vice chair of the Human Rights Tribunal of Ontario ruled that the restaurant use racial discrimination against Wickham based off of "race, colour, and ethnic origin."

The restaurant had to pay Wickham 10,000 Canadian dollars (\$7,805.49) and was ordered to place a Human Rights Commission Code sign in a noticeable place in their restaurant.

Codje wrote in the ruling that the restaurant assumed that Wickham was a thief without evidence to support the assumption.

"His mere presence as a Black man in a restaurant was presumed to be sufficient evidence of his presumed propensity to engage in criminal behavior," wrote Codje. "At its core, racial profiling is a form of shorthand that enables the perpetrator of the behavior to assume certain facts, and ignore others."

blackamericaweb.com

3 WAYS YOU CAN HELP THOSE WRONGFULLY IMPRISONED OVERSEAS

(NC) Imagine the horror of finding yourself imprisoned in a foreign country, without access to a fair trial or with the threat of being tortured.

Every year, millions of Canadians travel abroad for all kinds of reasons — work, business, holidays or to visit family. Most go about their visits without any problems, but a few find themselves trapped in the nightmare scenario of being unjustly arrested and imprisoned.

Several Canadian citizens and residents have been stuck in exactly that predicament for years. Examples include Huseyin Celil, who was imprisoned in China for more than 10 years; Bashir Makhtal, who was imprisoned in Ethiopia for over a decade; and Saeed Malekpour, who was locked up in Iran for over eight years.

All three men have no reasonable hope of access to justice in countries notorious for their use of torture. However, there are some

things you can do to help people like them who are unjustly imprisoned overseas.

Write a letter to authorities demanding their release. When foreign governments imprison people unjustly or subject them to torture and brutal living conditions, it can make them think twice if they know people are paying attention. In many cases, letter-writing campaigns supported by ordinary citizens have been crucial in securing prisoners' releases. Using social media, such as Twitter and Facebook, can also be a good way to make your voice heard. Sending a message loud and clear to those who are responsible for illegal imprisonment and torture can make a real difference.

Reach out to your Member of Parliament. The Canadian government has an important role to play in securing the release



of our citizens, residents and people with strong connections to our country who are unjustly imprisoned overseas. The duty is even more urgent when there is a risk of torture. However, some cases do not always receive the full attention they deserve. Raising your concerns with your local MP is a great way to ensure they understand that you see this as an important issue and want them to take action.

Demand support for Canadians detained abroad. Mohammed Fahmy is an award-winning journalist who spent more

than one year illegally imprisoned in Egypt. In partnership with Amnesty International, he launched an initiative demanding that all Canadians, permanent residents and people with strong Canadian connections who are unjustly detained abroad are able to receive fair and equal support from the government to secure their release. Read about Fahmy's Protection Charter and take action to protect people locked behind bars without access to justice.

Find more information at www.amnesty.ca.

B.C. MAN FILES HUMAN RIGHTS COMPLAINT OVER MANDARIN-ONLY CONDO MEETINGS

A British Columbia condominium owner has filed a complaint with the British Columbia Human Rights Tribunal against his strata council. In B.C., condominium councils are known as strata councils.

Andreas Kargut filed the complaint on behalf of himself and three other owners in his 54-unit townhouse complex in Richmond, B.C.

He claims the all-Chinese council conducted meetings solely in the Mandarin language, and thus excluded English-speaking owners.

The question is: does the council have the right to conduct meetings in Mandarin only?

The British Columbia Strata Property Act states in s. 36 that documents and records must be accessible to all owners, tenants or any person authorized by

an owner of a strata unit. However, the act does not mention in which language access has to be made, just that information has to be accessible and requests by owners have to be accommodated.

Then there is the British Columbia Human Rights Code, which states that people, or a class of persons, must not be denied accommodation, service or facility customarily available to the public, nor can they be discriminated on the same, "because of the race, colour, ancestry, place of origin, religion, marital status, family status, physical or mental disability, sex, sexual orientation or age of that person or class of persons." Unfortunately, no mention is made of language.

However, we also have the federal Official Languages Act, which states in s. 2 (a) and (b)

the purpose of the act is to make sure that English and French are respected and encouraged to be used as the official languages of Canada.

Strata board president Ed Mao told the National Post while it was true "proceedings were held in Mandarin", all official documents, which include minutes of the meeting, are in English.

While it seems that complies in some ways with the B.C. Strata Act, is it enough? After all, the most recent strata meetings are not accommodating English-speaking owners, which would seem to contravene the B.C. Human Rights Act.

The earlier annual general meeting (AGM) was conducted in both English and Mandarin because English-speaking owners asked to be accommodated

through a translator. However, the English-speaking owners later complained the translator wasn't fully qualified.

After the AGM, it seems meetings were conducted in Mandarin only, prompting complaints from English-speaking owners that they were excluded from the decision making process at strata meetings, which is problematic, because every owner has a vote. How can you vote on issues if you don't understand the language being spoken?

Even with the problems owners had with the translator, wouldn't it still be a better idea to hold meetings in both Mandarin and English, and to hire a certified translator for the owners?

After all, accommodation goes both ways. legalblogs.findlaw.ca

LAWSUIT ALLEGES THAT OTTAWA FERTILITY DOCTOR IMPLANTED OWN SPERM IN CLIENTS 11 TIMES

By NCNC Staff

According to a report by CBC News, a fertility clinic in Ottawa is currently embattled with a scandal involving 11 clients and 1 fertility doctor.

11 clients have assembled in a class-action lawsuit with charges that the doctor

carried out insemination on them with his own sperm. At the initial stage in 2016, only 2 women made the claim.

The fertility doctor, Dr. Norman Barwin, applied his own gamete cells, sperm, without the approval from clients coming for insemination treatments.

The class-action law-

suit currently awaits certification by a judge. The plaintiffs counsel, Peter Cronyn, explained how this act was an "immense breach of trust" with the women that went to see Barwin and how it compares to a "violation."

Barwin decided to stop practising in 2012 and had to resign from the Order of



Canada in 2014. The allegations await being tested in court.

continued on p(44)

FAMILY

RETIREMENT HOME VS. LONG-TERM CARE: WHAT'S THE DIFFERENCE?



(NC) Planning for your future or a loved one's can be stressful. There are many factors to consider, like budget, lifestyle and care needs. It's a smart idea to have a plan in place early on, so when the time comes the transition is easier.

In Ontario, you can choose from a variety of options. More than 58,000 people across Ontario are living in licensed retirement homes. Here is some information that can help you make the best decision.

Management. A licensed retirement home is a privately-owned business that gives residents certain rights and privileges and is regulated by the Retirement Homes Regulatory Authority. They are different than long-term care homes, which require residents to meet admission criteria and are government run.

Assistance. People who live in retirement homes are generally more independent. residents may

purchase any of the care services offered by the retirement home, or arrange for external care providers, including private-pay or publicly funded. Whereas, in long-term care facilities residents have their clinical care needs assessed and met through the home.

Funding. Retirement homes do not receive government funding and residents pay the full cost of their accommodation and any care services they purchase from the home directly. They can also arrange to have services provided through the Local Health Integrated Network (LHIN).

Eligibility. There are no specific criteria to be eligible to live in a retirement home and you may look into as many retirement homes as you wish. With a long-term care home, there may be assessment criteria to determine placement and a waitlist for entry.

Find more information at www.rhra.ca.

CRAFTING WITH YOUR KIDS? TIPS FOR PARENTS

(NC) If you ask an average three-year-old what makes slime a good slime, you might expect the response to include words like gooey, sticky, slimy and stretchy. Extra points might be awarded if an older sister considers the slime "totally gross."

But the best slime is free from boric acid. Although it's found in many products and occurs naturally, Health Canada is advising Canadians to take steps to avoid overexposure. One effective way to do this is by not using the substance for kids' arts and crafts projects, such as homemade slime or playdough/modelling clay.

Boric acid, sometimes called boron or borax, is found in the environment naturally. We're exposed to the substance through food like fruit, vegetables and

drinking water.

We can also be exposed to it through common household products like pesticides, cleaning products, cosmetics, and swimming pool and spa chemicals. Small levels of boric acid may also be found in drugs and natural health products.

Since we're already exposed to boric acid naturally, Health Canada is advising that exposure from other sources should be reduced as much as possible, especially for children and pregnant women. This is because it has been found that overexposure to the substance may cause developmental and reproductive health effects.

Fortunately, there are lots of great boric acid-free recipes out there. Consider sitting down with your child to research a few options.

5 HABITS WORKING PARENTS SHOULD ABANDON IMMEDIATELY

Working parents live and die by their routines. It keeps the family functioning and creates structure for the kids. When my routine is unexpectedly altered—when my son gets sick, I have to travel for work, or, heaven forbid, we take a family vacation—my stress reaches DEFCON 1 levels.

A consistent routine helps my family stay organized, but my routine has historically been accompanied by a few bad habits—seemingly insignificant behavior patterns that, over time, turn into big problems. After talking to a few fellow parents, I realized that many of us are ignoring a standard set of bad habits that can sap productivity, distract from savoring our time as a family, and, in some cases, affect our health.

It's not realistic to quit all those bad habits cold turkey, but here are a few you should have given up yesterday.

1. Checking Email Before Bed

It's tempting to scroll through unread emails as you're brushing your teeth or when you're crawling into bed, but doing so can seriously affect your precious sleep. The light emitted by your cell phone or laptop blocks the production of the sleep-inducing hormone melatonin, and

your brain is kicked back into action by reading about tomorrow's to-dos, making it more difficult to fall and stay asleep. There's nothing you can do about it until tomorrow anyhow, so there's no sense in going down the rabbit hole.

2. Cooking Separate Meals

Cooking one meal for you and your partner and another for the kids can seem logical: Kids need to eat earlier, and the adults may enjoy a quiet dinner with less food-flinging and more wine-drinking. But cooking chicken nuggets for the kids and chicken parmesan for the parents sets a dangerous precedent. First, it enables children to be picky eaters, which, in the long run, is a health problem for them and a pain in the butt for you. Cooking two dinners is also time-consuming, and, as a result, you're more likely to rely on processed, pre-made food for one set of eaters (and it's bad for both of you!).

So, make an effort to cook one meal that everyone will eat. You may not always eat it together—for example, the kids may eat leftovers from the meal you made last night while you fix another meal for this evening, or you and your partner may eat after the kids are tucked in bed—but

a single meal with a single cooking time is better for the whole family.

3. Cleaning the Baseboards

Or dusting the light fixtures. Or sweeping leaves off the front porch. Or any other unnecessary cleaning. Working parents have limited time to enjoy each other and their children, so cleaning should focus on the essentials: your bodies, your children's bodies, and the dishes. If you can afford it, outsource the cleaning (worth every penny), and if you can't, make "deep cleaning" a monthly event that involves the whole family.

4. Hanging Out With People You Don't Like

You know those friends you have, the ones whose names are typically part of a sentence like this: "You know, we really should invite [names of friends that you don't really like] over for dinner soon?" Stop hanging out with them, now. Your time is limited—weekends, the blissful hour between your kids' bedtime and your bedtime, and vacations should be spent with people you truly care about and who bring joy to your life. Ditch the downers, the complainers, and the folks who stress you out. Life is

too short for painful social gatherings.

5. Mistaking Activities for Memories

When I was 10, my grandmother chartered two boats and took our entire family for a tour of the Alaskan shorelines. It was amazing—I have incredible pictures of my family standing on glaciers, watching whales, and hiking alongside salmon-choked streams. But what I remember most about the trip is running my sister's bra up the mast to embarrass her and playing cards for hours and hours with my cousins.

My point is that kids just want to spend time with their parents and their families, and the activity is somewhat secondary. Of course once-in-a-lifetime vacations are unforgettable, but there's no reason to plan hundreds of activities every weekend in an effort to fill your children's lives with rich memories. Giving them your undivided attention is the most important element of memory-making.

Abandoning these five maladaptive behaviors will help you and your family feel less stressed and more connected. And who doesn't want that? Don't spend another minute on them!

www.themuse.com

6 MISTAKES NEW DOG OWNERS MAKE

(NC) Getting a new furry friend is very exciting, but the responsibility that comes with it can be overwhelming. Provide your pooch with the best care possible by steering clear of these common mistakes according to PetSmart's learning centre.

Assuming all dogs eat the same food or feeding them human food. Just like people, certain dogs need certain foods to maintain optimum health. It is important to do research on what your dog's specific breed needs in their diet and if they have any sensitivities. Also, popular human food like grapes and chocolate can be extremely harmful for dogs, so make sure to only feed them vet-approved foods.

Not paying attention to their coat for signs of health. A dog's coat is the first sign of good



or poor health — so pay attention. Diet, exercise and regular grooming play important roles in maintaining overall health.

Not brushing their teeth or taking them for dental hygiene appointments. Regular brushing at home, about once a week, helps ward off plaque and tartar build-up as well as bad doggy breath. Regular appointments to your vet for dental check-ups are a vital preventative measure.

Assuming dogs cannot have allergies. If your pup is sneezing or scratching a lot they could

be allergic to certain odours or even suffer from hay fever, depending on the season. Just like humans, dogs can also have certain intolerances or allergies to foods like dairy, corn, soy or wheat products.

Not checking which household plants are poisonous to dogs. A lot of household plants are tox-

ic for dogs if they ingest them. Be sure to research the plants you currently have in your home. Varieties like lilies are toxic to a dog, so make sure you put them out of reach.

Not socializing them with people or other dogs. Although we want to protect our pups from any possible harm, keeping them away from other dogs and humans can lead to behavioural issues down the road.

“THE WEALTH WHICH ENSLAVES THE OWNER ISN'T WEALTH.”

Yoruba

REAL ESTATE

3 TIPS FOR DESIGNING YOUR DREAM KITCHEN ISLAND



(NC) From bold patterns to stand-out pieces, the kitchen is getting a lot of attention from designers this year. Whether you are planning a reno or new build, these tips may inspire you to create the perfect trendy kitchen island you've always wanted.

Make it the focal point

A kitchen island is a natural place for family and guests to congregate, so make it the centerpiece it deserves to be. Not only do marble and granite countertops look luxurious and add significant value to your home, but the natural stone accents also provide a durable workspace that is easy to maintain. Consider completing the aesthetic with a stand-out light fixture to really make a statement.

Make it double-duty

Adding an island to your kitchen is an excellent

solution for creating extra storage and counter space for cooking and food preparation. With a few chairs, it often doubles as a breakfast bar, but why stop there? Add an integrated beverage fridge and shelving to store your cocktail glasses for a built-in bar – convenient for frequent entertainers.

Make it functional

Add more function to your basic kitchen island with the addition of a cooktop, sink or dishwasher. Don't let complicated or expensive plumbing work stand in your way. The Sanivite drain water pump from Saniflo is ideally suited for use anywhere in the home where additional plumbing fixtures are needed. This above-floor pump is small enough to fit conveniently within a cabinet without taking up too much space, making it the perfect plumbing solution for your kitchen island.

5 RED FLAGS YOUR NEW HOME IS BEING BUILT ILLEGALLY

(NC) If you are buying a new home, you trust that it will be built properly, safe to live in and have all the features you've selected. But if the home has been built illegally, you could be at risk for construction defects and financial losses.

Anyone who wants to build and sell a new home in Ontario need to be registered with Tarion and enroll each new home in the new home warranty program. As part of the registration process, builders must demonstrate their technical competence and financial viability. This helps ensure that these builders can fulfill the commitments they make

to homebuyers in their purchase agreements.

When builders aren't registered and homes are not enrolled in the warranty program, there is greater risk of violations of the Ontario Building Code and the Workplace Safety Act, and buyers may be left in the dark about their rights.

The following red flags can help signal that you may be dealing with an illegal builder:

1. "You don't need a Tarion warranty because I offer my own." With only a few exceptions (for example, homes built by owners or apartment buildings

IS THE GTA REAL ESTATE MARKET TUMBLING DOWN? - Steve Ezeude

"Buy land, they're not making it anymore". - Mark Twain

You may think the real estate market in the Greater Toronto Area (GTA) is tumbling down based on what makes the news headline. The Toronto Real Estate Board (TREB) reported in April 4, 2018, that sales were down by 39.5% with 11,954 sales in a March 2017 whereas in March 2018, there were 7,228 sales. The report continued that prices were 14.3% down with average price in March 2017 being \$915,126 whereas it was \$784,558 in March 2018. The number of listings in March 2017 was 16,978 whereas it was 14,866 in March 2018. Listing was also down by 12.4% in comparison.

With these statistics, is the market really tumbling down? To answer this question, we need to look at the status quo ante. The first half of 2017 was a crazy, unseen before, unprecedented market that sent panic every where about the Canadian real estate market especially in the GTA. Supply and demand have always been the determining factor. Early last year, inventory was very low with about one month's supply and that drove prices to the roof top with some neighborhoods recording price increase to the tune of 30 to 37% above the previous years numbers. So, we should see this adjustment as a correction to the market.

converted to condos), every new home in Ontario must be enrolled in the new home warranty program.

2. "I could enroll the home in the warranty program, but it would cost around \$10,000." Depending on the purchase price of the home, enrollment fees range from \$385 to \$1,800 plus applicable taxes.

3. "I built it for myself but decided to sell it instead." Anyone can legally build their own home to live in themselves and it will not be covered by the statutory new home warranties so it does not need to be enrolled in the new home warranty program. But, if the home is being built and will not be occupied before being listed for sale, it will have statutory warranty coverage and it needs to be enrolled in the new home warranty program. It should be enrolled before construction even begins.

Some were of the opinion that prices will fall and it did fall/still falling (depending on the neighbourhood and housing type), thanks to the Liberal Government's measures of April 20, 2017 to cool down the market. So, the cooling down is just what we are witnessing now. However, the numbers are averages of all low-rise house types put together in the GTA and includes detached singles, town houses with the exclusion of condominium discussed below.

The consequences are different depending on the neighborhood and on whether you are on the buying side or the selling side. For intending buyers, there are lots of opportunities out there to strike a good deal. For example, if you want to upgrade from a condominium apartment ownership to town houses/detached or from townhouse/semi to single detached, you have lots of options with the supply now available and the prices that came down is some areas. On the other flip of the coin, if you are selling, you may think if you sell now, you are losing money. Two things. First, look at where prices were in 2015 and 2016 before 2017 and you can see that the trend is same if you assume that 2017 event did not happen. Secondly, if you think you are losing money and you don't want to sell, stay put in your home knowing that real estate is a long term investment and the circle

will repeat itself again and when that time comes, you can sell.

Another consequence is the apathy and the thought that the real estate market will keep going down. I don't think so, people are akin to inaction when changes are introduced or certain events happen. You will notice that in few months' time, people will forget all the recent changes and market will be normal. The expectation is that the market will change in the second half of the year.

The noise is all around the declining detached homes and the numbers. What about the soaring condominium apartments' prices. The year 2017 was dubbed the year of condominium and the market has continued to be very active since January 2018 with multiple offers being the case in recent transactions. Someone in my office was involved in an offer for a Toronto downtown condo mid March 2018 where there were 27 offers. Just a tip of the iceberg on the performance of the condominium market in the first quarter of 2018. TREB reported that the average selling price for condominium apartment was up by 9% year over year. Although prices appreciated averagely against low rise homes that dwindled, condominium sale was down by 29.7%. This quarter saw a record low inventory when compared with the same time last year with listings



Steve Ezeude

being down by 11.1%. No wonder prices are on the increase and TREB's President, Mr. Syrianos puts it succinctly that "seller's market conditions for apartment remained firm in the first quarter of 2018". This market type is very popular now due to affordability and will remain hot. According to Jason Mercer, TREB's Director of Market Analysis "...strong demand relative to supply will see this segment perform well from a pricing standpoint for the remainder of 2018 and beyond".

The way forward is that the market is still very active. It is a great time to buy whether buying for the first time or adding to your real estate portfolio. Keep investing, and like Mark Twain stated, "Buy land, they're not making it anymore".

Steve Ezeude is a Realtor with Royal LePage Signature Realty and a Real Estate Investment Syndicator. For questions and/or feedback, please send email to steveezeude@yahoo.ca or call 6478608304. www.mito-rontohomes.com

BE SMART AND SAFETY CONSCIOUS WHEN PLANTING TREES

(NC) The spring season is one of the best times to begin planting trees. But remember to be mindful of potential hazards in your path. Here are some tips from Hydro One on how to remain safe among trees and power lines:

If you are planting a seedling at home, make sure it is planted at least eight metres away from power lines. Almost a third of power outages in Ontario are caused by tree contact with power lines, so considering tree placement from the beginning will prevent outages in the future.

Low-growing evergreen shrubs that are planted beside basement walls can brighten your home's exterior while providing warmth and insulation for colder months

of the year. Remember to plant shrubs at least 60 centimetres away from your foundation walls.

Plant with a strategy. A good windbreak includes a mixture of coniferous trees, deciduous shrubs, evergreen shrubs and perennial plants. The right combination planted tightly together can shield your home from cold winter gusts. Even a single row of white pine trees can reduce the speed of wind hitting your home by 60 per cent.

Never prune or shear trees that are close to power lines. Using tools such as ladders or long-handled pruning shears near lines could provide a path for electrical current to run through them and potentially cause serious injuries.

FOOD

5 TIPS FOR HEALTHIER GROCERY SHOPPING



(NC) Eating well starts at the grocery store. It's much easier to prepare healthier meals and snacks when your kitchen is stocked with healthier ingredients. But with thousands of products to choose from, buying nutritious foods can be a challenge. Follow these tips to make tasty and nutritious food choices for you and your family:

1. Plan healthy meals and snacks. Think about your family's schedule. Planning quick and easy meals ahead of time could be the answer to a busy week filled with sports and other activities, without falling into the trap of eating unhealthy convenience foods and snacks.

2. Write a grocery list. Writing a grocery list before going to the store will save you time and

money and help you shop only for the foods you need.

3. Think about what goes in your cart. Include a variety of vegetables, fruit, whole grains, and protein-rich foods in your grocery cart.

4. Use the food label. Read the information on the food label to make informed choices. Choose products that are lower in sugars, saturated fats and sodium. Remember, 5 per cent Daily Value is a little, 15 per cent is a lot.

5. Check out serving sizes on the Nutrition Facts table. The nutrition information in the Nutrition Facts table is based on the specific serving size listed. If you're comparing different products to find the healthier choice, be sure that the serving sizes on both products are similar.

COULD SALMONELLA BE LURKING IN YOUR CHICKEN FINGERS?



(NC) Sometimes, when in a hurry to prepare a meal for the kids we may forget some basic safety prep. But recent investigations have linked frozen raw breaded chicken

products to Salmonella outbreaks. That's why it's important to handle this food safely.

While these products may appear to be pre-cooked or browned, they

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INGREDIENTS:

1 tbsp vegetable oil
1 lb boneless, skinless chicken thighs, cubed
1/2 lb mild pork sausages, sliced
1 sweet red pepper, cored and chopped
1 tsp paprika
1 tsp dried thyme leaves
1 can (540 mL) Aylmer® Accents® Italian Chunky Stewed Tomatoes
1 can (284 mL) con-

densed chicken broth, sodium-reduced
1 bag (250 g) frozen okra, thawed and sliced
Cooked long grain rice
2 tbsp chopped parsley

DIRECTIONS:

Heat oil in large non-stick frypan; brown chicken and sausages (in batches, if necessary).
Transfer to slow cooker.
Add red pepper, paprika, and thyme to frypan; cook and stir 2 minutes.
Stir in tomatoes and chicken broth; bring to a boil.
Pour mixture into slow



cooker. Cover and cook on Low 4 hours.
Add okra; cook uncovered 15 minutes.
Serve with cooked rice;

garnish with parsley.
If desired, use a can (398 mL) Del Monte Sweet Peas in place of okra.

QUEBEC TO OUTLAW HIGH SUGAR, HIGH-ALCOHOL DRINKS FROM CONVENIENCE STORES AND GROCERIES

By R.Njeru

The Quebec government is planning on outlawing the sale of sugary, high-alcohol beverages in grocery and convenience stores.

This new ban is aimed at beverages that contain more than seven percent alcohol, it aims to make them available only at Quebec liquor commission outlets.

These alcoholic drinks have created a hot debate after the death of a 14-year-old who allegedly consumed drink called FCKD UP. FCKD UP is a malt-liquor drink that contains 11.9 percent alcohol. The manufacturers of this product have stopped production but the market is still flooded with similar drinks. As it stands, the authorities are still waiting for the release of a toxicol-

ogy report so that they can continue with their investigations regarding the girl's death.

According to Martin Coiteux, the Public Security Minister, these kinds of drinks should be removed from the market because they fool young people with their sweetness; they even don't even feel the alcohol within.

Coiteux is intending to amend the bill that hopes to modernize Quebec's gaming and alcohol legislation. The measure would begin working after the law is adopted by the end of the current parliamentary session in June.

Coiteux said that the province will ensure that the Canadian Food Inspection Agency, Quebec authorities, and Health Canada will work together to guarantee the safety of various products in the

market.

Moving into the future, the Quebec government will embark on a general education and prevention campaign for substance abuse, this is according to Public Health Minister Lucie Charlebois.

In October, the government ordered a report when health officials noticed that the sweet alcoholic drinks were being associated with a spate of intoxication cases among young drinkers. The report was prepared by Quebec's public health institute.

The report revealed that out of 7,055 emergency room visits for intoxication between January and late November last year, 2032 cases involved people between the ages of 12 and 24. It also revealed that 484 of the people involved were underage drinkers.

According to Premier Philippe Couillard, the province is doing everything in its power to ensure that no other person suffers the fate of the girl who died of these high-sugar, alcoholic drinks. He also challenged the federal government to deal with issues of legal authorization, labeling and distribution.

The Quebec government, public-health officials, and scientists say that the drinks are very deceptive because they get users drunk quickly while boosting energy and masking the taste and effect of alcohol. They say that the drinks are meant to entice young people.

The citizens of Quebec will be hoping that their leaders will come up with a permanent solution to ensure that these alcoholic drinks don't cause the death of another person.

FOOD QUIZ

1- Is a slice of bread more nutritious roasted or untoasted?

2- What is bok choy?

3- What is an abattoir?

4- Which is correct, "whisky or Whiskey"?

5- What were originally used to disguise meat spoilage?

(A) Sugar (A) Spices

6- What animal is some-

times called the poor man's cow?

(A) Sheep (B) Goat

7- What are Lamonas, Chantcleers and Dominiques?

(A) Beef (B) Chickens

8- Which part of the body is first affected by onion?

(a) Eyes (B) nose

9- What makes up 96 percent of a cucumber?

(a) Water (B) Seeds

answers on p(44)

contain raw chicken. It's important to handle and cook them properly. Cook all frozen breaded chicken products to an internal temperature of at least 74°C •165°F) to ensure they are safe to eat.

In order to protect yourself from Salmonella bacteria, wash your hands thoroughly with soap and warm water before and after handling these products, follow package cooking instructions and use a separate plate when handling. These are just a few ways to avoid illnesses caused by Salmonella.

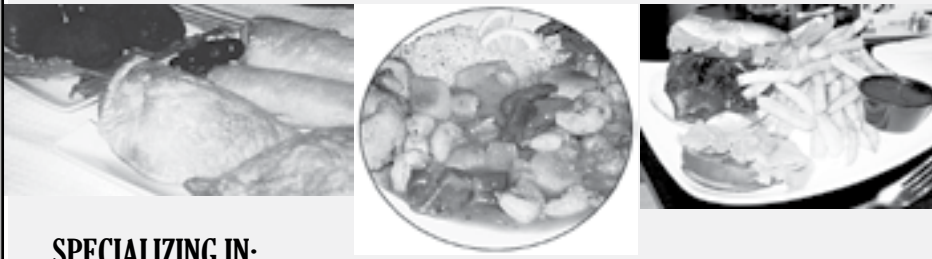
People infected with Salmonella can have a wide range of symptoms, including diarrhea, fever and abdominal cramps. These symptoms usually last for four to seven days. In healthy people, Salmonella infections often clear up without treatment. In some cases, severe illness and hospitalization may occur.

Make sure your breaded chicken is prepared properly so that your whole family stays safe!

Find more information at www.canada.ca/foodsafety.

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SERVE UP NUTRITIOUS CHOCOLATE SMOOTHIES

(NC) Morning, noon or night, this chocolate peanut butter cup smoothie does an excellent job of satisfying your sweet tooth. Packed with fibre and protein, your family will drink up the classic flavour combo in this recipe from Ontario Bean Growers.

Chocolate Peanut Butter Cup Smoothie with Black Beans

Prep time: 4 minutes
Serves: 2
Ingredients:

- 1 cup sweetened almond milk (or 1% milk)
 - 1/2 cup black beans, drained and rinsed
 - 1 tbsp natural peanut butter
 - 1 tbsp chia seeds
 - 1 frozen ripe banana, cut into chunks
 - 2 tbsp cocoa powder
 - 1/2 tsp ground cinnamon
 - 2-4 ice cubes (2-4)
- Directions:
1. Place all ingredients in a high-powered

blender and whirl until smooth, approximately 2 to 3 minutes.

2. Garnish with drizzle of peanut butter and cocoa nibs if desired. Serve immediately.

Nutritional information per serving: Calories 209; protein 7.7 g; fat 7.8 g; carbohydrates 32.4 g; total dietary fibre 9.1 g; sodium 224 mg; vitamin A 53 mg; vitamin C 6 mg; calcium 230 mg; iron 2.7 mg.

Find more recipes online at ontariobeans.on.ca.

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TECHNOLOGY

THE 8 TOP CALL BLOCKING APPS FOR SMARTPHONES

Our picks for apps that allow you to block unwanted calls

When you receive calls you don't want, it's not only annoying, but it's also disturbing and time consuming. To stop this nuisance, you can use a call blocking feature or an app on your smartphone. Call blocking apps do two things. They identify who is calling and they block the call if the number is listed as unknown.

Here are some of the best apps for call blocking. The suitability of these apps depends on your personal needs. Choose the one that fits you best.

TrueCaller Block Calls and Look Up Numbers, Too

Truecaller is a popular app that has a number repository of more than 2 billion records. These numbers are collected from the contact lists of users

throughout the world. It is, therefore, good at identifying numbers, especially for cell phones, and that also makes it good at blocking calls from unfamiliar numbers.

Apps like TrueCaller expose your number once you use them, and if you feel uneasy about that this might not be the right app for you. This is true for many of the other apps of the same kind, especially those offering number lookup service. Truecaller is more of a number lookup app than a call blocker, although it does the latter work well. This app is available for Android, iPhone, Windows Phone, and BlackBerry.

Hiya Offers a Caller ID Service

Hiya (previously White Pages Caller ID and Call Blocker) was once just a reverse number lookup service. Now the app,

which can be downloaded on a mobile phones, also blocks calls and offers caller ID service.

It's accurate with identifying numbers because it analyzes more than 3 billion calls each month to give users context around their incoming calls. It works in the same manner as Truecaller, however, so be aware that once you register, your calls are among those analyzed. Truecaller is available for both Android and iOS phones.

Should I Answer? Categorizes Numbers for Strong Filtering

The question, "Should I answer?" is actually the name of this app. It's a number lookup service that works similarly to those mentioned above and also blocks calls while categorizing numbers into groups for better filtering. Its repository has around half

a billion numbers, and it's available for both Android and iOS phones.

Calls Blacklist Schedules Call Blocking

This app allows call blocking and includes some handy features. For example, you can apply a schedule to your call blocking based on the numbers. You can, for instance, allow a number to ring through during certain hours of the day. You can also filter numbers by prefix (i.e. you can block numbers beginning with a string of numbers).

The app also includes a one-touch toggle button to activate and deactivate call blocking. However, the app is only available for Android.

Call Control Collects Scam Numbers

This free app also provides reverse phone lookup along with call blocking. It

blacklists SMS messages too.

Call Control has an interesting list of features and has an easy and intuitive interface. It works on a community blacklist that collects scam numbers from reports obtained from users. Call Control is available for both Android and iOS.

Safest Call Blocker is Lightweight but Offers Smart Features

With a name that is rather pretentious, this small app does deliver the goods in blocking unwanted calls from telemarketers and robots. It is lightweight yet has interesting features. However, Safest Call Blocker is available only for Android devices.

CallApp Crawler Analyzes Data

This app is principally a number lookup app that offers information about

any caller, allowing you to decide whether to answer or not. This app has a crawler that collects and analyzes data from users to give you information when a call comes. The app is available for Android phones and is in beta testing for iOS phones.

Norton Mobile Security is a Full Security Package

This product is not principally a call blocking app. Norton is well-known for security, so the app is a whole security package, including, among the many features, call blocking.

The app is in this list because it will interest those who want everything related to security within one single app; no need for another app for call blocking. The app is available for Android and iOS and has a comprehensive free version.

www.lifewire.com

MARK ZUKERBERG TAKES RESPONSIBILITY



By Julius Oyekunle

Facebook CEO, Mark Zuckerberg says he is taking full responsibility for the major oversight, and not taking necessary measures in anticipation of major breaches inherent in Facebook connectivity. Mark apologized in his testimony to the House Energy and Commerce Committee recently for not realizing the full scope of his genius. "At the time, I thought I was only making a simple tool to connect people and was completely unaware that my brilliance had the capability of creating something that would so dramatically reshape all of society, and for that I am truly sorry," said Zuckerberg, he added also that he was to blame for not anticipating the incredible depths of his own intellectual power from which his \$500 billion brainchild had grown tremendously transforming all areas of media, communication, business, and politics, globally and forever.

"Were there signs I had the visionary potential to completely change the way humans interact and turn multiple industries on their heads? Sure, but I did not foresee the extent to which my immense skill and talent would make me the most important human being in modern history, and that's on me." Zuckerberg promised the committee that in the future, he would be more careful by assuming that every step he took would have acclaimed, revolutionary consequences.

The Senate hearing allowed the CEO to defend the social network he started in a dorm room after concerns were raised about consumer privacy abuses, foreign election interference and unfair market dominance.

At the hearing which included legislators from both sides of the political divide, Zuckerberg admitted that Facebook didn't notify the Federal Trade Commission in 2015 after it discov-

MOSQUES ASKED TO USE WHATSAPP FOR CALL TO PRAYER

By Julius Oyekunle

Churches and Mosques in Ghana are being asked to use mobile text or WhatsApp messages to call the Muslim community to prayer. Accra has witnessed a surge in places of worship and a significant increase in what environment minister Kwabena Frimpong-Boateng calls noise pollution.

"Why is it that time for prayer cannot be transmitted with text message or WhatsApp? So the imam would send WhatsApp messages to everybody," he said.

"I think that will help to reduce the noise. This may be controversial but it's something that we can think about."

The government says it is hopeful such a change could contribute to a reduction in excessive noise.

For many Muslims

living in the capital, the idea of a mobile call to prayer is more difficult to embrace.

Fadama community mosque imam, Sheik Usan Ahmed, calls Muslims to prayer five times at prescribed times throughout the day. Although he agrees that the level of noise could be reduced, relying on text and WhatsApp messages could also have economic implications. "The imam is not paid monthly. Where would he get the money to be doing that? We try to practice what is possible. So the text message or any other message is not a problem. But I don't think it is necessary," Ahmed said.

Some Ghanaians also reacted to the minister's suggestions. "I don't find anything wrong with Muslims waking up at dawn and using the megaphone to call their people to come worship their god because

continued on p(44)

ered Cambridge Analytica's data violation, despite signing a privacy agreement with the agency four years earlier. The company made a "mistake" in not banning Cambridge Analytica when the company first learned of the incident, he added.

He regretted that Facebook had not taken proactive measures against perceived Russian meddling in elections. "One of

my greatest regrets in running the company is that we were slow in identifying the Russian information operations in 2016."

Sen. Ted Cruz (R-Texas) blasted Zuckerberg for "a pervasive pattern of political bias" against conservatives. Sen. Ed Markey (D-Mass.) tried to pin down his support for tougher privacy rules for internet users, particularly children.

SWEDEN OPENS ROAD THAT CHARGE MOVING CARS

The "eRoad" charges electric vehicles via electrified tracks which are built into the middle of the road. The vehicle connects to the track via a moveable arm that's connected underneath the car or truck. The innovation is being trialled by Sweden's transport administration which is attempting to go fossil fuel free by 2030.

In the first of its kind, the Scandinavian country is trialling the world's first public road which allows electric vehicles to recharge while driving. Similar to a slot-car track, vehicles are able to connect to an electric rail that's embedded into the road.

This eRoadArlanda is an example of a sustainable and cost-effective solution to enable the electrification of existing commercial roads.

In this particular project, 'eRoadArlanda', electricity is transferred via a moveable arm that attaches to the tracks built into the middle of the road. While the system is designed with the capacity to feed heavier vehicles such as trucks, it's also developed to work for cars and buses.

When vehicles approach the track, a sensor from the car or truck detects the electrified rail and the moveable arm lowers from underneath the vehicle and inserts into the rail. The arm has been designed to be flexible, providing the car, or

truck, the freedom to move around the road without disconnecting.

"One of the most important issues of our time is the question of how to make fossil-free road transportation a reality," Hans Säll, chairman of the eRoadArlanda says.

"We now have a solution that will make this possible, which is amazing. Sweden is at the cutting edge of this technology, which we now hope to introduce in other areas of the country and the world."

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Cc: edition.cnn.com

REFLECTIONS ON RELATIONSHIPS

QUESTION

HOW CAN I KNOW THE MIND OF GOD WHEN I'M ALREADY IN LOVE?

Answer: To know the mind of God and make the right decision, the first thing is to realise that the opinion of God matters and that you can't afford to make a mistake even though you're already in love.

Then, you will need to create time to seek God's face, to know His will. There's no short cut to hearing the voice of God to know His will, you must spend some time with Him. Hearing God or seeking His face takes time but it's worth it because at the end of it, He will reveal His mind to you. You can't hear God if you're in a hurry because He speaks in a gentle still small voice.

"Then He said, "Go out, and stand on the mountain before the Lord." And behold, the Lord passed by, and a great and strong wind tore into the mountains and broke the rocks in pieces before the Lord, but the Lord was not in the wind; and after the wind an earthquake, but the Lord was not in the earthquake; 12



Pastor Taiwo Odubiyi

and after the earthquake a fire, but the Lord was not in the fire; and after the fire a still small voice. 13 So it was, when Elijah heard it, that he wrapped his face in his mantle and went out and stood in the entrance of the cave. Suddenly a voice came to him, and said, "What are you doing here, Elijah?"

God still speaks and He desires to speak to His children. In the Bible, He spoke to several people, including, Abraham, Moses, Paul.

While you're waiting on God, tell Him that you'd like to know His opinion and will about the relationship, and you want His guidance. During the time

of waiting, worship Him, read the Bible, and listen for the still small voice.

If you don't hear Him the first day, don't stop. Continue in His presence, and you will eventually hear Him.

Jesus said - My sheep hear my voice, and I know them, and they follow me: (John 10:27)

God can speak through the Bible, He can use people to talk to you, He can speak through the still small voice, He can speak through dreams if He wants, and He can use circumstances to reveal His mind.

In one of my novels Then Came You, Bode was guided by God.

When he was praying much later in bed, and he asked God to guide him concerning whom to marry, his mind went to Fuoma and the fact that she desired to marry a pastor.

He liked her but she couldn't be the one for him, he told himself.

Why not? The question came to his mind.

What?! Where did

that question come from? He wondered with a frown. Was that God trying to talk to him?

He stopped praying to consider the question and find a good answer.

Well, Fuoma couldn't be the one, he thought lamely.

Why can't she be the one if she has returned to God? The question came to him.

Hmm, he took a deep breath as he considered the question. Not having a good answer, he responded with a question - Can she be the one?

(Excerpts from the novel - Then Came You.)

God will find a way to communicate His will to you and whatever He tells you to do, do it. If your mind is made up and you're not prepared to obey Him, you may not hear His voice. I assure you however that God talks and He's waiting for you. Remain blessed.

By: Pastor Taiwo Iredele Odubiyi

Website: www.pastortaiwoodubiyi.org



Mr. & Mrs. Oriuwa

PROTECT YOUR LEGACY WITH A WILL

(NC) The topic of will-writing is fraught with myths and misperceptions. Many people think only the rich, elderly or people in dangerous lines of work need to worry about the subject.

In fact, up to half of Canadians die without a will, leaving their legacy unprotected and friends and family with uncertainty about their estate. That's why legal practitioners recommend every person should have a will that covers these five essential points:

- Determine who you want as your executor — the person who will carry out your wishes in settling your estate.
- Carefully plan for your dependents.
- Name a guardian for young children.
- Detail specific monies or gifts to friends, relatives or charities.
- Put in writing the details of your funeral arrangements.

A will is more than a simple outline of the final distribution of your property and effects. It is an occasion to plan for the financial support of people and projects you have actively supported during your lifetime.

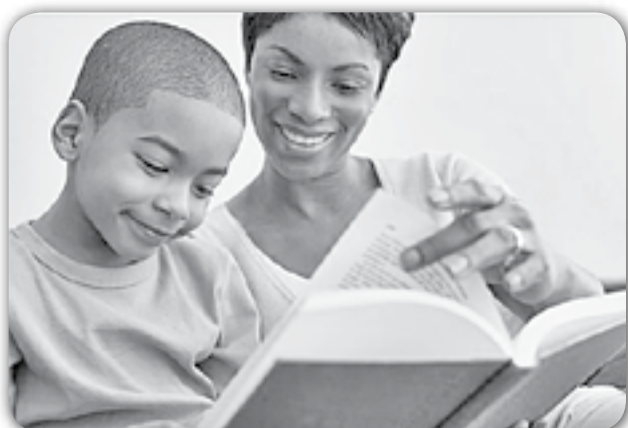
In addition to family and loved ones, many people also consider organizations in their will. A church, charity or favourite organization like Amnesty International are often on this list.

Laws about will-making and taxes vary by province and the specific wording needed to ensure your wishes are carried out may require the help of a lawyer. Experts strongly recommend seeking legal advice on this subject.

A free information package on wills is available from Amnesty International, 312 Laurier Avenue East, Suite #319, Ottawa, Ontario, K1N 1H9.

Find more information at www.amnesty.ca/legacy.

THE DIFFERENT FACES OF MOTHERHOOD



(NC) Even if we have amazing mothers, as the saying goes, it takes a village to raise a child and guidance can come from everyone in the community. This Mother's Day, remember all the different women who have held you up in life. Check out this list of the women who also deserve appreciation at this time of year:

Grandmothers. Our grandmothers are often there for us in ways that our parents can't be. They offer timeless intergenerational wisdom and a more mature perspective on our problems. And we all know that nothing compares to the love our grandmas give us.

Mentors. Mentorship can come from any-

where, but often mentors are teachers or older colleagues. For women, it is immensely helpful to have a strong female role model. Inspiration and encouragement helps women break through the glass ceiling. Women's empowerment organizations like Beautiful World Canada know how important female mentorship is, which is why they provide all their students in sub-Saharan Africa with a mentor.

Friends. Think about the times your friends took care of you. Friends are amazing support systems that we often take for granted. And even when they aren't helping us through tough times, they're there to make us laugh and have fun.

3 REASONS TO THANK YOUR MOTHER

(NC) Mother's Day is a nice time to think about all the ways your mom has been there for you. It is important to let her know all the things you are grateful for, so check out this list to jog your memory of ways she has shown you her love:

Encouraging you. Even when moms give tough love, they are there to urge us to be our best and brightest. When life feels too rough, they never doubt us. Think about a time your mom encouraged you to achieve your dreams when no one else did and let her know how much it meant to you.

Teaching you how to be an adult. You may not realize all the invaluable life skills your mother taught you over the years. From treasured family recipes to cleaning hacks to tips on how to interact with your boss, your mom prepared you for the real world. Moms are often the leaders and teachers of communi-

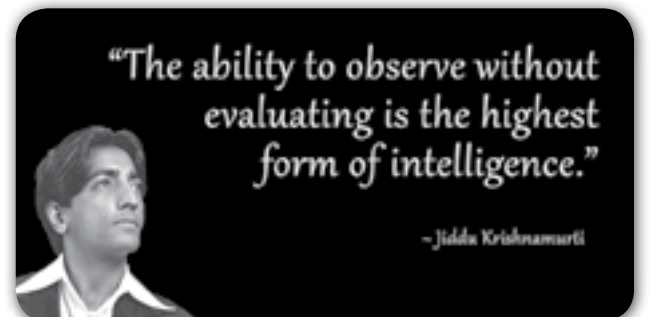
ties. Female empowerment organizations like Beautiful World Canada know how important a mother or grandmother's knowledge is, which is just one of the reasons why they support women's education in sub-Saharan Africa.

Making sacrifices. Part of parenting is making sacrifices for your kids so that they can have the best life



possible. You probably don't even know all the ways that your mom has made sacrifices for you, and you don't need to. Just thank her for the life that she has given you and for all the hard work she put into raising you.

Find out more about amazing things moms around the world accomplish at www.beautiful-worldcanada.org.



AFRICAN NEWS

THREE COMMISSIONERS RESIGN FROM THE KENYAN ELECTORAL COMMISSION



Kenyan commissioners Nkatha Maina (R), Margaret Mwachanya and Paul Kurgat from Kenya's Independent Electoral and Boundaries Commission (IEBC) attend a news conference where they announced their resignation in Nairobi

By R.Njeru

The Kenyan Electoral commission, the Electoral and Boundaries Commission (IEBC), is struggling to stay afloat after the recent resignation of three commissioners.

The resignation of Ms. Connie Nkatha (vice-chairperson), Ms. Margaret Mwachanya and Dr Paul Kurgat means that the IEBC is incapable of conducting any business. The problems of the IEBC have been piling up ever since 2017's botched presidential election that had to be rerun and was then boycotted by the opposition.

These resignations come only a few months after the chairman sent his chief executive on three months' compulsory leave pending an audit on procurement matters. As it stands, the chairman has been left with only two commissioners.

Wafula Chebukati, the IEBC Chairman, has said that he learnt about the resignation of his commissioners through media reports. He said that he would give a full statement after he receives resignation letters.

In October, another commissioner, Roselyn Akombe, quit a week before the rerun, saying she and her staff had been repeatedly threatened.

According to a statement by Senate majority leader Kipchumba Murkomen, the remaining commissioners should resign in order to create room for new members.

In their statement, the three commissioners said that they had quit because of dysfunction in the organization and failure in the commission's

leadership. They said that the body had turned into a venue for brewing mistrust, misinformation and peddling money.

The joint statement alleged that Mr. Chebukati had failed to offer strong leadership when the commission was going through rough times. Instead, he had allowed it to be a space for scrambling for individual glory and credit.

The commission was frequently at the centre of controversy during Kenya's extended election season last year. Around 100 people were killed during this period. A few days before the ballot, a commission official was found dead in unclear circumstances.

Even before the Aug. 8 vote, many Kenyans, including opposition leader Raila Odinga, were questioning the commission's ability to deliver a credible election. The situation was made worse after Mr. Chebukati said that he wasn't sure if IEBC was ready for an election. However, he would later release a statement claiming that the commission had fixed its issues and it was ready to deliver a free and fair election.

Last year's election re-run raised fears of a return to political violence in Kenya where more than 1,200 people were killed after a disputed poll in 2007. However, the main competitors, Raila Odinga and President Uhuru Kenyatta have buried the hatchet after agreeing to work together for the nation's sake.

Only time will tell if Mr. Chebukati and the remaining commissioners will resign or they will make it to the next election in 2022.

MUGABE TO EXPLAIN DIAMOND LOOTING COMMENT IN FRONT OF PARLIAMENT

By D.Forrester

Robert Mugabe, the former president of Zimbabwe, has been summoned by a parliamentary committee to explain on a past comment where he alleged that the nation had lost billions in a diamond looting scheme.

Mugabe's summon is based on a statement he made in 2016. He said that Zimbabwe had lost gems worth \$15bn in the eastern side of the nation. Mugabe was forced to resign in late 2017 after huge protests and a military intervention. He ruled the country for 37 years.

According to Temba Mliswa, the chairman of the parliament's mines and energy committee, the 94-year-old Mugabe will have to explain how he arrived at the figure and how the sum was lost.

This is a historic move since it's the first time a public institution has demanded for an explanation from the former president because of things he said when he was in office.

Global Witness and other non-governmental organizations have previously accused the government and security agencies of human rights abuses and looting. Many citizens have been angry at the diamond looting allegations, especially because the nation's



economy collapsed under Mugabe's dictatorial rule. The situation is really serious since southern African country used to boast of a booming economy.

Zimbabwe security agencies, including the military and police, were involved in a mining partnership with Chinese firms until the government cancelled all diamond mining licenses in the region in 2016. This made way for a monopoly by a government-owned firm.

Former Vice President Joice Mujuru will also be required to provide evidence; this is according to the parliamentary committee.

The committee has already made huge strides towards solving this mystery having hosted mining executives, government officials as well as former and serving top police officers.

Mugabe is in frail health and it remains unclear whether he will agree to appear before the committee.

ENFORCEMENT OF CITIZENSHIP REGULATIONS UNSETTLES YOUNG ZIMBABWEANS LIVING IN BOTSWANA

WASHINGTON — The Botswana government says it will cancel citizenship for all persons above the age of 21, born to a local and a foreigner, who have not renounced citizenship for another country.

A child born to a Motswana and a foreigner has dual citizenship or is considered to assume the nationality of both parents until the age of 21. At 21, the person is expected to choose between the two countries and renounce citizenship of the other.

"When an individual with dual citizenship fails to renounce citizenship at age

21, it will result in the loss of the Botswana citizenship because the law will presume that the citizenship has been renounced as per the Citizenship Act," reads a press statement from the Ministry of Nationality, Immigration and Gender Affairs.

With a number of marriages between Zimbabwe and Botswana, there are children who might be affected by this regulation.

A Zimbabwean man, who married a local woman and the couple have a son, said, "We appreciate the government's efforts to ensure people regularize,

SWAZILAND RENAMED ESWATINI BY KING MSWATI III

By Julius Oyekunle

King Mswati III of Swaziland has changed the name of the country from Swaziland to eSwatini. The king made the announcement as he marked his 50th birthday and the country's 50 years of independence.

Eswatini is one of the world's last remaining absolute monarchies where the king rules by decree over his subjects.

Swaziland got her independence from Britain on September 6, 1968, and operates absolute monarchy, as enshrined by a 1975 constitution.

King Mswati III was born about five months earlier on April 19, 1968. Addressing a large crowd gathered in a stadium in the city of Manzini, 25 miles east of the capital Mbabane, the king said Swaziland was reverting to the original name it had before being colonised by the British.

According to the king, Swaziland had caused confusion "I would like to announce that from today onwards, our country will be known as the Kingdom of eSwatini, "Whenever we go abroad, people refer to us as Switzerland," the king stated.

JACOB ZUMA'S WIFE-TO-BE FORCED TO QUIT HER JOB

By Dele Akintilo

Nonkanyiso Conco, who has a child for former South African President, Jacob Zuma, has been compelled to relinquish her post in an organization that aims to fight the spread of HIV among the girls.

Conco, a twenty-four year old woman, was a national executive committee treasurer and communications officer at She Conquers, an organization that fights the prevalence of HIV among the adolescent and young girls.

The Deputy Chairwoman of She Conquers, Leonora Mathe confirmed in a recent statement that Conco has resigned.

While confirming the resignation, she said, "I can share the media statement that we had sent out recently but can't share the resignation letter. You can say that I have confirmed her resignation."

Conco recently gave birth to a child by Zuma and the two are planning to get married.

According to Mathe,

since some people believe that once they have a Botswana identity card, they automatically become citizens, without renouncing their other nationality once they reach the age of 21."

An affected young man noted that "we are worried that the regulation will have an effect on those who are above 21, but did not renounce the citizenship of their other country, meaning they will lose their



"The relationship of the two is an opposite to the principles that the campaign and the She Conquers stands for. Our primary focus is putting the needs of the young people of this country at the forefront and ensuring that we do not send out contradictory messages. We promote economic empowerment and self-dependency to eliminate the concept of reliance on Blessers."

She Conquers also disclosed that Conco refused to disclose her relationship with Zuma.

She Conquers was established in June 2016 by the former Deputy President of South Africa, Cyril Ramaphosa, to combat the spread of HIV among young girls.

rights as Botswana citizens. My father is a Zimbabwean and my mother is a Botswana citizen."

Department of Immigration officials have urged those affected to visit their offices and ensure compliance.

"The ministry advises those affected to renounce citizenship at the age of 21," the government statement reads.

world.einnews.com

SOUTH AFRICA GOVERNMENT TO CHALLENGE RULING ON BLACK OWNERSHIP OF MINES

By R.Njeru

South Africa's Department of Mineral Resources has announced that the mines minister will challenge a court decision that said that mining companies did not have to maintain at least 26 percent black ownership in perpetuity. The ruling was made by the High Court in Pretoria; it was in the form of a declaratory order.

This development now adds a cloud of uncertainty in the mining sector which has been facing numerous issues like opaque policies, soaring costs and

depressed prices. Gwede Mantashe, the mines minister, has a tough task of fixing the investment climate in the country.

So what does the ruling mean? For starters, it means that mining companies in the world's top platinum producer need only to make the 26 percent threshold once; in case black shareholders decide to sell their stake then they do not need to top up again.

The industry has argued that it will be a problem to continually top up its black ownership levels as such shares are often offered at a discount in ex-

pensive and complicated transactions.

South Africa has numerous mineral deposits that include zinc, iron ore, chrome, gold and coal. The country boasts of having the world's biggest reserves of manganese and platinum. Some of the companies that operate here include South32 Ltd, Anglo American Plc and Glencore Plc. Mining is one of the main sources of export revenue because it contributes around 8 percent of South Africa's GDP.

According to the mines department, the judgment will bring serious

complications in the mining sector and the economic transformation imperatives of the Constitution. It can even extend the policy and regulatory uncertainty.

This is a thorny topic since it involves changing the ownership structure of the South African economy that was controlled by the white minority under apartheid. Although apartheid ended two decades ago, there is still a high inequality of wealth which is mostly controlled by white people.

Many South Africans will be on the look out to see how the appeal turns out.

ENCOMIUMS POUR IN FOR LATE WINNIE MADIKIZELA MANDELA

By NCNC Staff

The Mother of the nation as fondly called and the wife of Nelson Mandela is dead at the age of 81. Her travails and testimonies regarding the trial of her husband during the apartheid struggle cannot be summed up in letters but rather in the many lives that has been liberated from the oppressive apartheid regime which her husband fought against.

She was married to the late former President for 38 years which includes 27 years spent by her husband in prison. However, the couples divorced in 1996 just two years of Mr Mandela's presidency and blessed with two daughters. South Africa's President Cyril Ramaphosa has praised Madikizela-Mandela in a statement as "an advocate for the dispossessed and the marginalized" and "a voice for the voiceless."

"Even at the darkest moments of our struggle for liberation, Mam' Winnie was an abiding symbol of the desire of our people to be free, in the midst of repression, she was a voice of defiance and resistance. In the face of exploitation, she was a champion of justice and equality." The statement reads.

She became the first qualified social worker at Johannesburg's Baragwanath Hospital which was very rare for black women that time.

Winifred was the daughter of a history teacher and was born in 1936 in the Eastern Cape Province. She stood by her husband during his time of his struggles and led an international campaign for his release.

She remained defiant and remained steadfast despite the harassment brought by the racist government and became a voice to the voiceless.

In May 1991, she was sentenced to six years in prison for kidnapping in relation to a kidnapping and murder incident involving her bodyguards but was later reduced to a fine.

In 1993, she was elected president of the ANC's women's league. She was later elected to parliament in 1994 and became deputy arts and science minister in the country's first multi-racial government.

She was convicted of fraudulently taking out bank loans and theft in 2003 for helping the poor, a court verdict which was later overturned after no personal gains were traceable from her actions.

Oscar winning actress, Jennifer Hudson, starred in a Hollywood movie depicting her role as a wife and mother even though she came out to state her dislike for the movie.

"I was not consulted, I am still alive, and I think that it is a total disrespect to come to South Africa, make a movie about my struggle, and call that movie some translation of a romantic life of Winnie Mandela." She told CNN reporter in 2011.

South Africa's parliament in a statement released recently said it was "shocked and saddened" by Madikizela-Mandela's death.

"Today we have indeed lost a great leader, a champion of freedom and development, a people's hero, and a Mother, and a defender of the down-trodden May her soul rest in peace."

OPPOSITION LEADER DISCLOSED HE WAS "DRUGGED AND DEPORTED" FROM KENYA

A vibrant Kenyan opposition figure was hospitalized in the United Arab Emirates last month after he was allegedly drugged by security operatives at Nairobi's international airport and forced on to a Dubai-bound flight.

Prior to the time, he was hospitalized, Miguna Miguna had been deported twice from Kenya in two months, in contravention of many court orders, after a 72-hour stand-off at the airport, much of which he revealed to have spent locked in a lavatory.

In the midst of mounting concerns for the rule of law in one of Africa's most potent democracies, a judge declared Kenya's powerful interior minister, its police chief and its outgoing head of immigration guilty of criminal contempt for refusing to release Mr. Miguna.

But considering the mounting disability of Kenya's judiciary, Justice George Odunga revealed that there was little point in carrying out a threat to jail



the three men.

According to Justice George Odunga, "if they can't obey the orders of this court, I don't see how any of their juniors will execute the warrants against them." A few months back, Mr. Miguna emerged as one of Kenya's most vocal opposition leaders after he helped preside over January's assumed inauguration of Raila Odinga as the "people's president".

Mr. Odinga challenged successfully President Uhuru Kenyatta's re-election last August, but he withdrew from a re-run, declaring it would not be fairer than the first, which

was stained by "irregularities and illegalities" according to the supreme court of Kenya.

Mr. Miguna was apprehended on treason charges last month for the role he played in the parallel inauguration. After disregarding numerous judicial orders to produce him in court, he was secretly deported to Canada, where he holds dual citizenship.

After obtaining a subsequent court ruling allowing him to return, Mr. Miguna flew back to Kenya but was again denied entry despite three more court rulings in his favour.

According to Mr. Miguna, security officers stormed the lavatory where he had been locked for three days, assaulted him and later injected him into various parts of his body with an unknown substance.

He then woke up shortly before he landed in Dubai with Kenyan immigration officers seated by his side.

A close friend of

President Kenyatta, Moses Kuria, was on the same flight and later shared footage of Mr. Miguna slumped in a seat and protesting with officials at Dubai airport. "I am sick... you cannot force me to walk if I cannot walk."

It was discovered that Mr. Kuria called on airport officials to sedate Miguna with tranquilizers and send him back to Toronto.

The tussle threatened to trigger an international incident, with Canadian embassy staff in Dubai stepping in to take Mr. Miguna to hospital.

The opposition lawyers revealed that after Kenyan officials declared that any aircraft conveying Miguna would not be allowed to land, the Emirati government attempted to return Mr Miguna to Nairobi but backed down.

The Kenyan government later revealed that Miguna improperly got his Canadian passport and as a result of that he ceases to be a Kenyan citizen.

MANITOBA HONOURS NIGERIAN ARTIST YISA AKINBOLAJI

By NCNC Staff

Nigerian artist and founder, Creative Foundation, Yisa Akinbolaji was selected for the Premier of Manitoba Volunteer Service Award presented by the Hon. Minister Rochelle Squires on April 19, 2018. It was a well deserved award for the noble gentleman and the ward came at a time Creative Foundation is planning for the 20th anniversary celebration which will flag off next year in Manitoba.

After his recognition at

the Chamber of the Legislative Assembly on April 12, 2018 which was prior to the award, Yisa Abolaji took to his Facebook page to express his gratitude to Hon. Minister Rochelle Squires, his friends and family members. His message of gratitude on Facebook reads:

"My gratitude to Hon. Minister Rochelle Squires for the Private Member's Statement recognition at the Chamber of the Legislative Assembly of Manitoba on April 12. I am truly humbled by this honour, which is

preceding the Premier's Volunteer Service Award to be given to me on April 19th.

"I would also like to extend my profound appreciation to all my friends and family residing in nearly every continent, who continue to offer their heartfelt support of my work and youth engagement activities.

"This recognition and the award have come at a time when the board of Creative Foundation is preparing for the 20th anniversary celebration in Manitoba next year. The celebration

will include performances by cultural groups within our province showcasing



talents from different continents to bring our audience first-class entertainment. We will show our hospitality by seeking support from

hotels that will give you reasonable discounts in sponsorship of our program for anyone that wants to visit our city.

"It is interesting how fast time goes by. I still recall when I first initiated the Creative Foundation in Lagos before immigrating

in their formative years, and they have spoken of the life-long impact that the Creative Foundation has had in their professional and personal lives. Some have gone on to be surgeons, educators, technologists, entrepreneurs, and entertainers who have established themselves

to Canada. I have had the privilege of speaking with some of those that experienced the amazing activities of the Creative Foundation

throughout the globe. This is an encouraging indication that every good seed we sow has the potential of making the world a better place.

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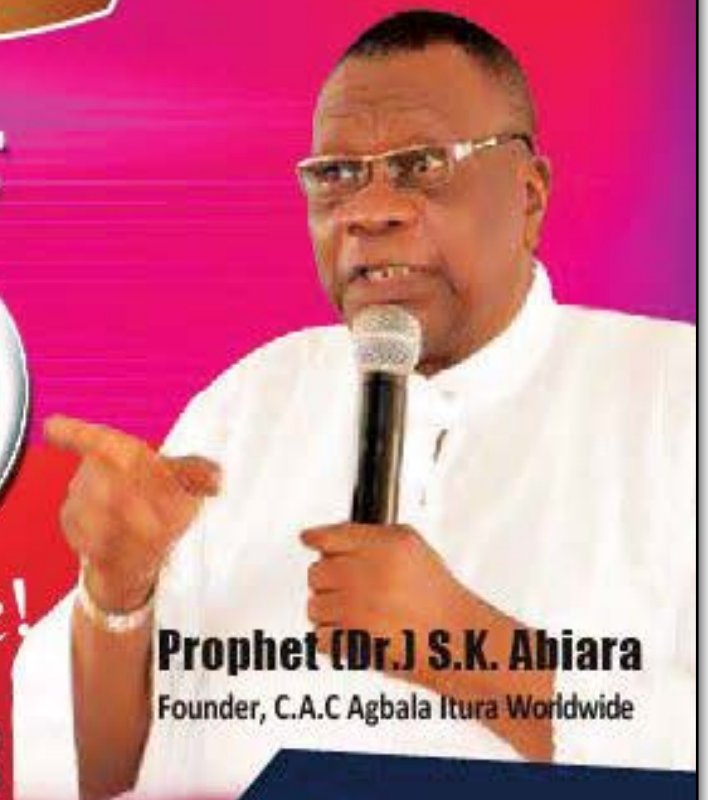
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BENEDICT AKHATOR OKOSUN
 (1938-2018)

BURIAL RITES WILL COMMENCES ACCORDINGLY.

*Signed:
 Children and Grandchildren*

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Itinerary: Dates and venues for July - December:

AT A GLANCE

YEAR:	VENUE: CITY, PROVINCE/STATE	TYPE OF PRESENTATION
2018		
July	Toronto, ON	Bible-based (Seminar)
July	New York City, NY	Conventional (Seminar)
August	London, ON	Conventional (Workshop)
August	Raleigh, NC	Conventional (Workshop)
September	Kingston, ON	Bible-based (Workshop)
September	Antioch, CA	Conventional (Workshop)
October	Edmonton & Calgary, AB	Conventional (Workshop)
October	Dallas, TX	Conventional (Workshop)
November	Ottawa, ON	Bible-based (Workshop)
November	Philadelphia, PA	Conventional (Workshop)
December	Barrie, ON	Conventional (Workshop)
December	Houston, TX	Bible-based (Workshop)

Please register on time – space fills up quickly at each venue. Hope to see you all there.

Signed
Comfort Dapson (PRO)



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IN OUR NETWORK

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EACH & EVERY MONTH!

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SHOWCASE YOUR BUSINESS,
PROFESSION, EVENT,
ETC. - 100'S HAVE & DO!

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BUSINESS IS FOUND
THROUGH NETWORKING

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Friday, May 4th, 2018 @

KIZA Restaurant - 2nd Floor
366 Queen St. E.

From 6:30pm - 11pm

Inspired by television shows such as Dragon's Den and Shark Tank, this event will feature potential investors who determine if a few entrepreneurs have ideas that they would like to invest in.

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To Our



Adult Harvest Thanksgiving Service

Date: Sunday May 27th, 2018. Time: 12:00 pm. Prompt

Preacher: Sp. Ap. Dr. G. I. Akande.
Chairman Chicago District, USA

**Theme: MY YEAR
OF
RESTORATION**



3 DAYS SPECIAL REVIVAL
Wed. 23th May, 2018. 6pm-9pm.
Thurs. 24th May, 2018. 6pm -9pm
Friday 25th May, 2018. 6pm - 9pm

Teacher Sola Otaosebikan Harvest Chairman M/S/Mrs. Kike Ogunkun Choir Mistress M/Mrs. Omolola Kilani-Bala Harvest Chairlady

Sp. Ap. E.O. Akintunde Leader-In-Charge

Sp. Ap. G.O. Kassim Chairman USA/Canada Sub-Conference

His Grace Most Rev. Dr. S. A. Abidoye.
Baba Aladura and Spiritual Head C&S Movement Church World Wide

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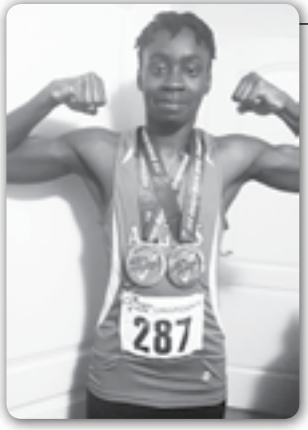
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Whitby, ON L1N 4H3
Tel: 647 872 2790

North York Office

189 Maplehurst Avenue
North York, ON M2N 3C3

YOUTH CORNER



OLUCHI UGOCH

Your children need your presence more than your presents" - Jesse Jackson

HAVE FUN

Please, have fun with the information that I bring you this month. Putting this together has taught me a lot. I hope you learn new things too. Thank you for stopping by and thank you for the support. Please, feel free to send your comments to us - publisher@nigeriancanadiannews.ca.

BE SAFE.

Q&A BY OLUCHI & CHIMSOM UGOCH

- MYCOLOGY is the study of what?
(a) Mushroom (b) Plants
- Where does digestion start?
(a) Mouth (b) Stomach
- What parts of the body account for one-quarter of all its bones?
(a) The hands (b) The feet
- What's the second-most-used vowel in English?
(a) I (b) A
- What do Crocodiles swallow to enable them to dive deeper?
(a) Stone (b) Animal
- Where is 99 per cent of the body's calcium contained?
(a) bones and teeth (b) bones and blood
- What part of the tongue is receptive to a sour taste?
(a) tip (b) the sides
- What's the most spoken word in the English Language
(a): No (b) I
- What are the 3 secondary colours?
(a) green, orange, purple (b) purple, red, green
- Which is heavier - a soccer ball or a volley ball

answers on page (43)

TEXTING ACRONYMS

ISO – In search of	FIL – Father-in-law
NP – No problem	GL – Good luck
PLO – Peace love out	MU – Miss You
RBAY – Right back at you	AMA – Ask me anything.
PM – Private message	OMW – On my way
	JK – Just kidding

COLLECTIVE NOUNS FOR ANIMAL GROUPS

A bed of oysters	A mob of emus
A family of sardine	A colony of gulls
A blessing of unicorns	A pride of lions

WORD SEARCH

BEGINS AND ENDS WITH "E"

J U E T I Q U E T T E P Y L E T Q O
 Z E X U D E E T E N G I N E N E X E
 I J W T L F I X D Z S J E X T S G V
 E U R O P E H A T T N W K A O T E I
 D E I B F E X T R E M E A M U A X D
 J X K E X A M P L E N O G I R T P E
 E A G L E E V O K E U S X N A E L N
 Q E X C E L L E N C E T I E G I O C
 I H C M Z Y J K U I D H S V E J D E
 Z N E M P L O Y E E F Y D G E V E U
 V E R V O W D H M N D D K E Y E G J
 E G C E S T I M A T E E Z S R Q H D

EYE
 EXPLODE
 EVOKE
 EXAMINE
 EXTENSIVE
 EMPLOYEE
 EXUDE
 ESTATE
 ESTIMATE
 EAGLE
 EXAMPLE
 EXTREME
 EUROPE
 EXCELLENCE
 ENGINE
 EVIDENCE
 ENTOURAGE
 ETIQUETTE

answers on page (43)

TELEPHONE SCRAMBLE

By Divine Chimsom Ugoch

a)

2 222 8733 3637 668 9769

4663 2777537

b)

2 26678268 48378 47

63837 9352663

answers on page (43)



6 OTHER WAYS TO SAY SMALL

petite
 tiny
 Mini
 Skimpy
 little
 compact

IF YOU DON'T WANT ANYONE TO FIND OUT, **DON'T DO IT.**

- CHINESE PROVERB

MILITARY TIME CONVERSION

0100	-	1 a.m.
0200	-	2 a.m.
0300	-	3 a.m.
0400	-	4 a.m.
0500	-	5 a.m.
0600	-	6 a.m.
0700	-	7 a.m.
0800	-	8 a.m.
0900	-	9 a.m.
1000	-	10 a.m.
1100	-	11 a.m.
1200	-	12 p.m. (Noon)
1300	-	1 p.m.
1400	-	2 p.m.
1500	-	3 p.m.
1600	-	4 p.m.
1700	-	5 p.m.
1800	-	6 p.m.
1900	-	7 p.m.
2000	-	8 p.m.
2100	-	9 p.m.
2200	-	10 p.m.
2300	-	11 p.m.
2400	-	12 a.m.

FILL IN THE BLANK SPOTS

- 01.00 - _____
- _____ - 4 a.m.
- _____ - 12 a.m.
- 15.00 - _____
- 18.00 - _____
- 21.00 - _____
- _____ - 12 a.m

answers on page (43)

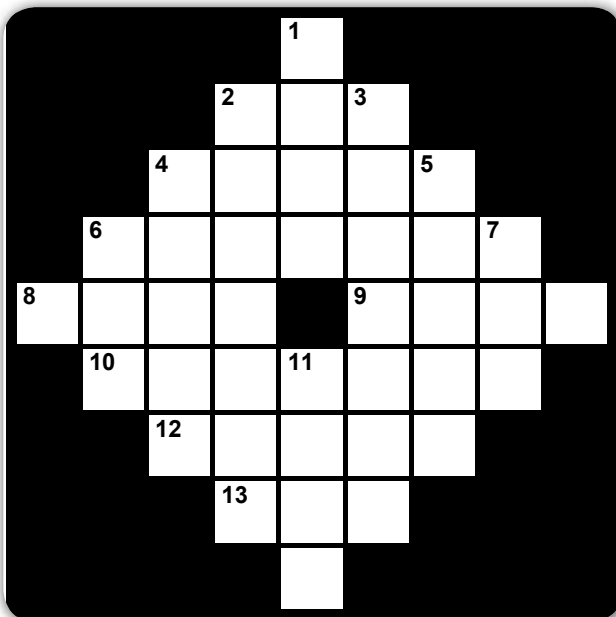
HEIGHT CONVERSIONS

5'7"	-	170cm
5'8"	-	173cm
5'9"	-	175cm
5'10"	-	178cm
5'11"	-	180cm
6'	-	183cm

WEIGHT CONVERSIONS

140	-	64 kg.
145	-	66 kg.
150	-	68 kg.
155	-	70 kg.
160	-	73 kg.
165	-	75 kg.
170	-	77kg.
175	-	79 kg.

BLACK DIAMOND



Across

- 2. Drench
- 4. Adjust
- 6. Hankered for
- 8. Microsoft product
- 9. Day laborer
- 10. Never-ending
- 12. Spills
- 13. Lens locale

Down

- 1. Efficient person
- 2. Blanket a baby
- 3. Wind instrument
- 4. Sea swallows
- 5. Cries for the dead
- 6. "She loves __, yeah yeah yeah" The Beatles
- 7. Beagle or boxer
- 11. It comes easily to hand

answers on p(43)

BOOKS OF THE MONTH

Readers are leaders. Happy reading.

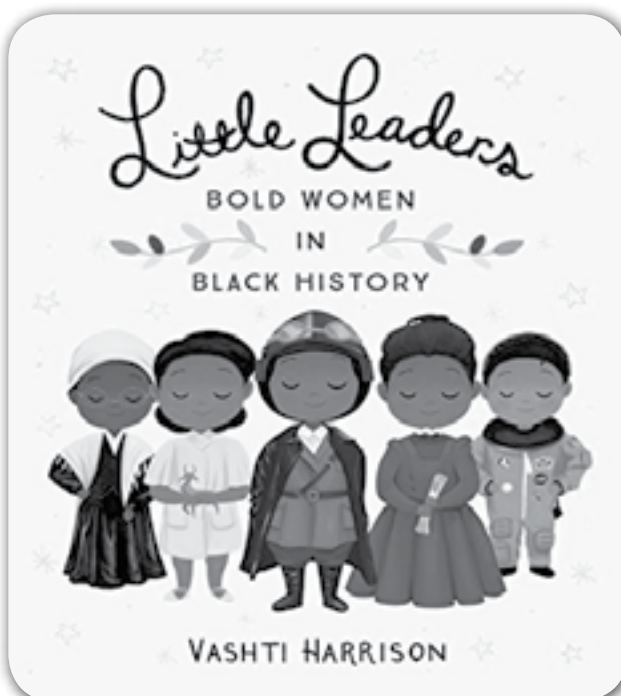
THE GHANAIAN GOLDBLOCKS

By Dr Tamara Pizzoli



Thinking you can get into trouble and walk away? think again. Being at peace with everyone is a mark of future greatness.

This Ghanaian classic set in a familiar modern African tune embraces the African culture with a modern twist. Goldilocks or Kofi is a transformed African boy, who becomes lost in the realm of mixed identity. He'll soon get into trouble just as he had always escaped through sheer luck. Like many of his peers, an experience will teach him a lesson of a lifetime.



DO YOU KNOW YOUR ROAD SIGNS?



NO OVERTAKING



NO ENTRY



NO U-TURN



GIVE WAY



NO LEFT TURN



TWO WAY TRAFFIC AHEAD

HUMBOLDT BRONCOS GOFUNDME REALIZES MORE THAN \$15M



By Dele Akintilo

The largest GoFundMe page in the history of Canada which was dedicated to the Humboldt Broncos, stopped receiving donations on April 18, 2018 as scheduled.

The page raised a final total of \$15,185,700 from over 142,000 contributors within 12 days from across Canada and many countries around the world.

The GoFundMe page (Funds for Humboldt Broncos) was initiated by Humboldt resident Sylvie Kellington following the horrific bus crash on April 6 in which 16 players and staff were killed and 13 others were injured.

The Team president Kevin Garinger revealed earlier that the money real-

ized in the GoFundMe campaign would be forwarded to the new Humboldt Broncos Memorial Fund.

He disclosed that money from the fund would be used to offset the expenses of the victims' families, but added it was too early to provide a more specific analysis of how the money would be allocated.

Garinger said the team was still open to accepting donations through an organization called the Humboldt Strong Community Foundation.

He revealed the donations would "support Humboldt Broncos players, employees, families and volunteers, as well as first responders and emergency services personnel, teams, athletes, related organizations and communities affected by the crash."

LITTLE LEADERS: BOLD WOMEN IN BLACK HISTORY

By Vashti Harrison

Your color and ethnic configuration, gender or status should never hinder you from making impact. Go beyond your boundaries as the world awaits you.

The author tells the stories of women who has made significant impact in history - from nurse Mary Seacole, to politician Diane Abbot, mathematician Katherine Johnson and singer Shirley Bassey.

Among these biographies, readers will find heroes, role models and everyday women who did extraordinary things.

BUSINESS

NOVARTIS RELEASES \$8.7 BILLION TO PURCHASE AVEKIS

By Julius Oyekunle

Novartis has announced that it intends to buy a large stake in AveXis for \$218 per share in a cash deal totaling \$8.7 billion as the Swiss company tries to make huge gains from new products.

The acquisition comes at a time when interest in biotech deal-making and large pharmaceutical companies seek promising new assets to boost their pipelines.

The \$218-per-share cash deal announced recently represents a 72 percent premium to AveXis's 30-day volume-weighted average stock price. The deal should be completed by summer.

Novartis Chief Executive Vas Narasimhan, who on Feb. 1 took over the mantle of leadership is has also agreed to sell his company's stake in a consumer healthcare joint venture to GlaxoSmithKline as he is poised to spend more from recent sales.

Narasimhan's hopes of making huge gains hinges on AveXis's main drug, AVXS-101 for deadly spinal muscular atrophy (SMA),

as well as the Illinois-based company's gene therapy expertise and manufacturing capabilities, to bolster Novartis's neuroscience business, a focus for the Swiss company.

This is Novartis's second notable gene therapy deal this year after it agreed to pay \$105 million up front and up to \$65 million in milestone payments for rights to Spark's blindness treatment Luxturna outside the United States.

"We believe the medicine would have a multi-billion dollar peak sales potential," Narasimhan told reporters of AVXS-101, which has so-called breakthrough therapy designation in the United States and is expected to be submitted to regulators this year.

"It also provides us capabilities in gene therapy," he added. "We have a robust internal portfolio of gene therapies in ophthalmology and neuroscience in Novartis Institutes for Biomedical Research. And we look forward to using AveXis's capabilities and technical development capabilities to be able to advance that portfolio." Narasimhan concluded.

FIRM DEMANDS N2 BILLION FROM ETISALAT OVER COPYRIGHT INFRINGEMENT

A mobile finance technology firm, V-Exchange Ltd has demanded for N2 billion from Etisalat as compensation for an alleged infringement on its product's copyright.

V-Exchange which specializes in providing instant finance solutions to individuals and corporate entities via intelligent data driven platform claimed that the 'Kwik Cash' loan service which Etisalat offers to its customers was allegedly a stolen product.

Speaking at a media conference, co-founder of V-Exchange, Samuel Ajiboyede claimed that on November 23, 2016, he met with representatives of Etisalat regarding his company's product and for the purposes of partnering with the same for mutual commercial benefits.

Ajiboyede stated that at the meeting, the loan service product was showcased to Etisalat officials who upon being impressed by the demonstration asked to be furnished with more details.

He also said he was advised by Etisalat officials to obtain the Nigeria Communications Commission, NCC Short Code being the only thing remaining for a

deal to be sealed between the two entities.

Ajiboyede further stated that subsequently requested for a Memorandum of Understanding from Etisalat to enable his company acquire a Value Added Service (VAS) license to get the Short Code approval from NCC but that the request was never accented to.

The company co-founder said he was however shocked when it heard that Etisalat had gone ahead to launch the instant loan service without its approval.

Also speaking at the media briefing, Chief Executive Officer of the firm, Mrs Kemi Ayinde noted that well wishers had called to congratulate her on the successful launch of the product not knowing that her firm was not involved with the launch.

This publication sighted a letter written by the law firm of Ubani and Co to the Chief Executive Officer of Etisalat Nigeria dated January 10, 2017 demanding N2 billion as compensation for the alleged copyright infringement.

The letter reads in part: "Our client has tested your product on several customers of your company

and confirmed that the said product was the exact product for which it has exclusive right

"that this abysmal unlawful conduct of your company as highlighted above has infringed our client's products for which copyright subsisted despite the caveat by known owners being 'our client' that no part of this shall be reproduced or copied in any material form with its prior authorization.

"Moreover it is arguable that the product reproduced in writing by your company were exact replica of our client's products which were earlier in time protected by the copyright law.

"In conclusion let it be stated that aside the civil action for infringement of our client's copyright, we shall be constrained to simultaneously instigate and initiate a criminal action with its attendant legal consequences against your company for exploiting our client's copyright as provided by the act.

"Therefore your company is hereby warned very sternly to refrain forthwith from further infringement of our client's by itself or through its agents or privies

and monetary restitution in the sums demanded above of its unlawful exploitation of our client's products which copyright subsisted in order to mitigate the loss thus far."

In its response to the demand for compensation, Etisalat via a letter dated February 21, 2017 acknowledge having had discussion with V-Exchange over its product but denied infringement of any patent belonging to the firm.

The letter signed by Vincent Eromosele, Etisalat Head, Legal Operations and Litigation and Chimeka Garricks, Manager, Legal Services claimed that 'KwikCash' is owned and operated by an undisclosed financial institution and that Etisalat followed due process in acquiring the right to use the product on its network.

Etisalat further claimed that KwikCash service was already in existence and operational prior to its meeting with V-Exchange.

The telecoms firm in the letter denied any infringement on V-Exchange's purported patent and insisted it cannot pay compensation for infringement.

www.pmnewsnigeria.com

TIM HORTONS MOVING TO NEW HEADQUARTERS



By Julius Oyekunle

After 50 years or more in Oakville, Tim Hortons is moving its Canadian headquarters to downtown Toronto's Exchange Tower. Its relocation will no doubt affect employees totaling 400 in the head office.

Tim Hortons president Alex Macedo said in a recent chat that the move was part of strategic plan to modernize operations. The company is expected to complete the move before the year ends.

"We want to make sure our company, our brand, remains very contemporary. We want to be a more innovative company

so that we can continue to fuel the growth not only for the brand, but for our restaurant owners," he stated.

While explaining the rationale behind the move, Alex noted, "A number of the professional service firms, the Deloittes, the KPMGs, the PWCs, have consolidated a lot of their operations and moved into the downtown core."

Tim's will occupy about 65,000 sq. ft. on the third floor and fourth floors of the 36-storey Exchange building at King and York Sts.

Oakville Mayor Rob Burton said he was sad to see Tim's leave, but its location there "will be an excellent, strategic opportunity for other businesses."

The company opened its first restaurant in 1964. It is believed that Tim Hortons will retain "a significant presence" at its new location with its Tim's University training centre for franchisees and managers.

NIGERIA LAUNCHES 48-HOUR ONLINE VISA APPLICATION SYSTEM



Nigeria has launched an online system aimed at enabling business executives to apply for a visa online and collect it on arrival 48 hours later.

The move to ease visa rules in the West African country follows complaints from foreign executives that obstructive embassy officials made it difficult to enter the country, Reuters reports.

Under the new system, travellers must register with the Nigeria Immigration Service (NIS) and pro-

vide details including travel document information, after which a letter of approval may be issued and the visa collected on arrival.

Mohammed Babandede, comptroller general of the NIS, said the facility was in line with the government's "policy on creation of a conducive environment to attract foreign high net worth investors and professionals into the economy".

Overseas investors have mainly stayed away from Africa's largest economy after being put off by

WALMART CHANGES DRESS CODE RULES

By Julius Oyedele

Henceforth, there's going to be flexibility in the clothes worn by Walmart employees. Before now, Walmart's 1.5 million employees were compelled to wear a blue or white collared shirt, black or khaki pants, and close-toed shoes.

Although three years ago, the uniform was slightly adjusted following backlash from employees. Khaki-colored denim became acceptable for all employees, and those working in the garden department were permitted to wear t-shirts, while physical laborers at the back of the store were allowed to wear jeans.

Employees will be allowed to wear shirts of any solid color, as well as blue jeans and even joggings in some of the stores. Facial tattoos and other bizarre dressings are however, not accept-



able by the retail store.

Walmart currently employs one in 10 retail workers in the U.S. and has close to 5,000 stores and has since suffered criticism for its labor policies. With increased competition from other retailers, the company has taken more employee-friendly policies in recent times. Earlier this year, it announced an increase to its hourly rate from \$9 to \$11. It has also shown commitment to increase employee bonuses, and other benefits such as parental-leave and adoption benefit.

a gap of around 30 percent between the official rate of the naira currency, controlled by the central bank, and rates on the parallel market.

Nigeria, an OPEC member, is in recession for the first time in 25 years largely due to low oil prices.

www.pmnewsnigeria.com

NESTLÉ LAUNCHES RUBY CHOCOLATE



By Julius Oyekunle

Nestlé has launched a ruby chocolate version of its KitKat brand in Europe and plans to do same in North America after it made its debut this year in Japan and South Korea, the Swiss food group has announced.

This is the first time KitKat will be launching its first consumer brand to the market, especially its new chocolate variety developed by Barry Callebaut.

The world's largest packaged food company moves to push its confectionery creations upmarket with special innovations.

The four finger KitKat made with ruby chocolate is now available exclusively at Tesco stores in Britain.

"Following the UK

launch, the product will be introduced to consumers across Europe and the Americas," it said.

Meanwhile, the product has also been launched in the Netherlands as the food manufacturing giant aims to expand the reach of the new product to more markets.

Last year, Swiss cocoa and chocolate specialist Barry Callebaut unveiled the ruby variety, creating a fourth kind of chocolate in addition to dark, milk and white. After more than 10 years of development, it is the first new kind of chocolate in decades.

Ruby chocolate is made from the ruby cocoa bean. No berries, berry flavour or colour are added this time with a blend of taste that will make it the new big thing.

EFCC CHARGES GLOBACOM TO COURT FOR \$6.7M FRAUD

By Julius Oyekunle

The Economic and Financial Crimes Commission (EFCC) has charged telecommunications company, Globacom Limited and its Head of Marketing Department, Ashok Israni, before the Lagos State Special Offences Court in Ikeja over an alleged \$6,786,674.61 fraud. The anti-graft agency dragged Israni and Globacom to the court presided over by Justice Olusola Williams on a one count.

The one count charge read, "Ashok Israni and Globacom Limited, sometime in 2008 in Lagos, within the Ikeja Judicial Division, with intent to defraud, induced Emitac Mobile Solutions, LLC, Dubai, United Arab Emirates to confer a benefit on you by permitting Emitac Mobile Solutions, LLC to provide you with Blackberry solutions services, valued at USD6,786,674.64 on the understanding that the benefit will be paid for, which pretence you knew

to be false." The EFCC maintained that the firm and Israni acted contrary to Section 1(2)(3) of the Advance Fee Fraud and Other Fraud Related Offences Act No. 14 of 2006. However, the planned arraignment of the defendants could not materialize as they failed to show up.

The prosecutor representing the Dubai based company, A.B.C. Ozioko, told the court that the EFCC was making frantic efforts to produce Israni, who had been granted an administrative bail by the anti-graft agency. "My Lord, we are sorry we are not able to produce the defendants. As part of efforts to ensure that trial commences, we brought the complainants all the way from Dubai. We have no choice but to seek a date for arraignment," Ozioko stated.

Meanwhile, the presiding judge, has adjourned the case till May 15, 2018, for the arraignment of the defendants.

SOUTH AFRICA BANS KPMG AUDIT FIRM

By Julius Oyekunle

South Africa has pulled the trigger by banning KPMG from auditing its government institutions, following series of scandals involving the international auditor in the country.

The decision to terminate KPMG's contracts is with "immediate effect", according to a statement released by the office of the auditor-general.

The cancellation was in "recognition of the signifi-

cant reputational risks associated" with the country's audit report.

The audit firm became a cause for concern in the financial sector after a local bank that it had given a clear audit in 2017 collapsed in March.

Auditor General, Kimi Makwetu said "recent media reports relating to the external audit of VBS Mutual Bank and the conduct of KPMG audit partners are some of the reasons that prompted the decision to

withdraw all KPMG audit mandates with immediate effect."

Makwetu said "recent media reports relating to the external audit of VBS Mutual Bank and the conduct of KPMG audit partners are some of the reasons that prompted the decision to withdraw all KPMG audit mandates with immediate effect."

The firm had also worked on firms linked to the controversial Gupta business family, which is accused of

receiving favourable government deals under former president Jacob Zuma.

The storms and brewing controversy of KPMG dealings was also connected with reports that Zuma had used the Gupta business deals as grounds to fire then finance minister Pravin Gordhan, triggering a collapse in the rand currency and two credit rating downgrades. The firm has since apologized and cleared out its top executive in the country.

29-YEAR-OLD WOMAN RUNS THE LARGEST BLACK OWNED AIRLINE IN THE BAHAMAS

We know women have made leaps and bounds in the work force and aviation is no different. Women have worked as flight attendants, managers, pilots and owners. But over in the Bahamas Black Girl Magic is alive and well.

29-year-old Sherrencia 'Rexy' Rolle is the Vice President of Western Air Bahamas and she is one of the youngest to ever be seated in that position according to Business Women. From baggage handler to VP, Rolle knows the company inside out.

Founded in 2001 by her parents Rex and Shandrice Rolle, Western Air Bahamas is in the league as one of the largest privately owned airline companies in the Bahamas with more than \$90 million in net worth.

Rexy has taken to her job well proving that she can carry on the work and legacy that her parents started in the company. A few of the challenges that the company came up against was time management and delays. With Rexy's direc-



tion, the company was able to find a workable solution saying, "Once my team and I began fine-tuning arrival and departure times, or performance began to improve. Our ticket sales increased also."

She jumped in when the company opened their 28,000 sq. ft private passenger terminal and maintenance facility in Freeport.

The Bahamas have never had anything like it. And the plan for expansion is not over.

In 2018, Rexy has plans for the company on social media and online. Her word for women everywhere is to, "Be confident in what you know and I say that over again." She ends with, "Trust your staff, partners, and most importantly

yourself."

Those strong words of encouragement can go along way for anyone who hears it. If you want to learn more about Western Air Bahamas or want to book a flight head over to their website www.westernairbahamas.com.

Source: blackamericaweb.com

STARBUCKS CEO APOLOGIZES AFTER ARREST OF 2 BLACK MEN BREWED OUTRAGE

By Dele Akintilo

Starbucks CEO revealed he wants to personally tender an unreserved apologize to the two black men who were arrested while having their seats inside one of the chain's coffee shops in Philadelphia waiting for someone. The arrest prompted accusations of racism on social media.

Starbucks "stands firmly against discrimination or racial profiling," CEO Kevin Johnson disclosed in a statement. He made it known he wants to meet with the men to offer a "face-to-face apology."

An online video posted shows police handcuffing the men after having

quiet discussion that lasted several minutes with them.

According to Police Commissioner Richard Ross, Starbucks employees called 911 and said the men

were trespassing. Ross said officers were told the men had breezed in and requested to use the restroom but were not allowed because they hadn't bought any-

thing. He said they then did not want to leave.

Their attorney made it known later that the men didn't leave because they

continued on p(39)

Thank you for reading

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BOOKS - EDITOR'S PICK

FICTION & NON FICTION BOOKS

When was the last time you read a book? Reading is like exercising the mind. If you have not read for a long time then you are missing out on a lot of benefits of reading. Here are some benefits of reading: Mental Stimulation, Stress Reduction, Increases Knowledge, Vocabulary Expansion, Boost brain power, Sharpens your writing skills, Boosts concentration, help to unwind you etc. "The more you read, the more you know." – Dr. Seuss. Never close a book until you finish reading. Happy reading.

LET'S DO IT (JOURNEY'S END #2) BY ANN CHRISTOPHER



The uncertainties of our beginnings are easily eroded by the endless possibilities of a happy end. Readers will learn from this classic that love pays whether or not the mood is right for it.

Reeve Banks had seen it all with regards to disappointments. She needed a break and was not willing to be preyed upon anymore. The appearance of a handsome young man who gave a helping hand could turn the story around to a romantic ending. She's caught again, may be not.

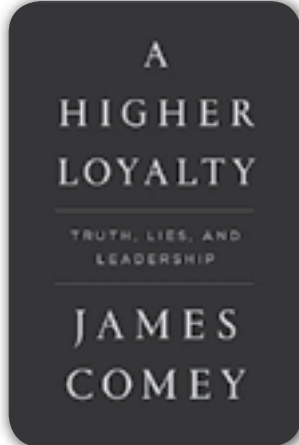
CAPTURED KINDLE EDITION BY BEVERLY JENKINS



A sweet tale of romance from two unlikely people from different socio-economic background can cause ripples. However, as Beverly would have us understand, love ultimately wins.

A period known as the dark ages was apparently filled with so much hate and discrimination that a captured slave girl and her romantic captor had to keep their love life secret on the sea. Steamy, hot romantic play that nullifies social dictates often comes with a cost. Are they willing to pay?

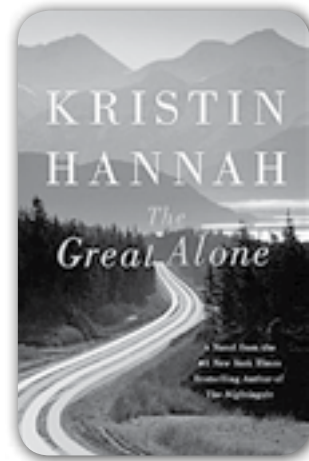
A HIGHER LOYALTY: TRUTH, LIES, AND LEADERSHIP BY JAMES COMEY



The former CIA Chief reveals how loyalty to the institution is far more important than dancing to the tune of an individual, even if it comes at a cost.

Donald Trump's presidency has seen a lot of resignation and firing. As the CIA Chief, Comey explains how difficult it was for him to be loyal to Mr. President without being disloyal to the American populace. At the end, he asserts that integrity pays.

THE GREAT ALONE BY KRISTIN HANNAH



Ernt Allbright, a former POW, comes home from the Vietnam war a changed and volatile man. When he loses yet another job, he makes an impulsive decision: he will move his family north, to Alaska, where they will live off the grid in America's last true frontier.

Thirteen-year-old Leni, a girl coming of age in a tumultuous time, caught in the riptide of her parents' passionate, stormy relationship, dares to hope that a new land will lead to a better future for her family. She is desperate for a place to belong. Her mother, Cora, will do anything and go anywhere for the man she loves, even if means following him into the unknown.

At first, Alaska seems to be the answer to their prayers. In a wild, remote

fragile mental state deteriorates and the family begins to fracture. Soon the perils outside pale in comparison to threats from within. In their small cabin, covered in snow, blanketed in eighteen hours of night, Leni and her mother learn the terrible truth: they are on their own. In the wild, there is no one to save them but themselves.

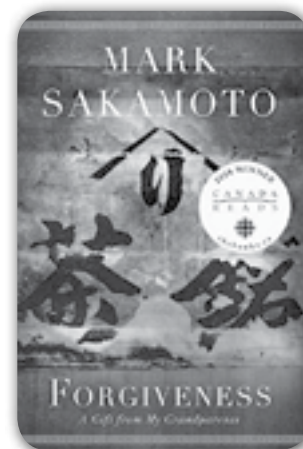
corner of the state, they find a fiercely independent community of strong men and even stronger women. The long, sun lit days and the generosity of the locals make up for the Allbrights' lack of preparation and dwindling resources.

But as winter approaches and darkness descends on Alaska, Ernt's

In this unforgettable portrait of human frailty and resilience, Kristin Hannah reveals the indomitable character of the modern American pioneer and the spirit of a vanishing Alaska—a place of incomparable beauty and danger. The Great Alone is a daring, beautiful, stay-up-all-night story about love and loss, the fight for survival, and the wildness that lives in both man and nature.

FORGIVENESS: A GIFT FROM MY GRANDPARENTS

BY MARK SAKAMOTO



When we hold grudges and fail to forgive, we invariably create a wide gulf that transcends this age - A mark that may not be healed in the minds of generations yet unborn. From this historical best seller, the forgiveness we learn can be a gift from parents as a virtue.

A real-life experience of the Second World War and the capturing of

Canadian soldiers after the attack on Pearl Harbor by the Japanese became a point of reference for the integration of Japanese in Canada. Mitsue Sakamoto and Ralph could not have been engaged if the latter had taken into consideration his sufferings in the hands of the Japanese. A Canadian/Japanese love story that produced the writer, a grandchild is breathtaking.

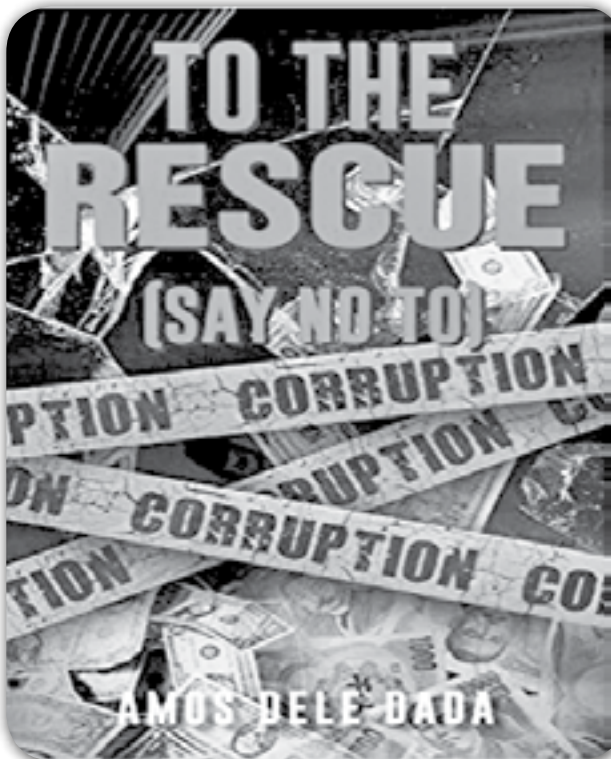
TO THE RESCUE

SAY NO TO CORRUPTION

By Pastor Dele Dada

Continued from the last issue

Pg. 67, 1st Paragraph
"Fine, gentlemen that is what I want to hear." The Minister said beckoning to one of the stewards, he bellowed with a big grin on his cheek "Akpan, Bring a bottle of criminally chilled champagne here, with four glasses, there is cause for celebration, I think there is a Yoruba adage that says 'ba-oku, ise otan' meaning, If we are still alive there is hope." All of them laughed hysterically. The Minister continued, "There is even a better adage, that suits the situation better, 'ibi ti a bati ba aye lati jee' you guys do not understand Yoruba, it literally means 'where we meet life that is where we chop it'. That generated a greater engine of laughter. "Oga" said Mr. Michael "you speak Yoruba pass indigene now a days o". "Yes." affirmed the minister. "I have lived in this Lagos for over forty years; I did my elementary school here and my higher educa-



tion, besides, the language is an easy one to learn. All my children speak Yoruba fluently, But, I am not a bastard, I can still speak Hausa fluently, haba." They all laughed. Mr. Michael popped

the bottle of champagne.

"Yeah" all of them chorused.

The steward served them and they clinked their glasses.

Mr. Harrah said "This

is one thing I enjoy in this country, raising the glass of wine, good wine"

"Are you sure?" The minister mused.

"Well and beautiful women, Nigeria is well endowed with ebony black ladies and they can be generous with their bodies if the price is okay particularly the young ones." Mr. Harrah, added with a chuckle.

"Now you are talking" the three of them said laughing.

While Michael was having a tete a-tete with the minister, Paola was speaking with Mr. Harrah. Then Mr. Michael announced, "Sir we shall be leaving to give our friends some time to start their work."

"When do you people think you can get this money to my account?" The Minister looking straight at Paola

Paola looked at Mr. Harrah,

"Two to three weeks" he said "because of the bank conditions, collateral here and there." "Make it two weeks my friend everything is possible in Nigeria. That is why some of us can never think of living outside this country. What for? Anything is possible here. Get your money, give a little tip here and there to the bank officials they will grant you the loan facilities" just like that tapping his finger, "and give me 24 hours after you have paid and you are out of poverty for the rest of your life." He smiled and shook hands with them and they all left.

"On behalf of our company, His Excellency the minister and the Director, I want to say a big thank you and I promise we shall not let you down." Paola gave an

impromptu vote of thanks. As they approached their car, Michael said to the two "if you people execute this project successfully, I guarantee you of more to come."

Looking in the direction of Mr. Harrah, he continued "by tomorrow two million naira will be in your account as promised. Is that okay? Thank you for your business."

"That is okay. You are always welcome any time, I thought you will add one million though, I did a good job for you, all the same let's keep the good will, I love your country" replied Mr. Harrah as he climbed to the front seat of the car and Paola and Michael climbed to the back and the driver drove off.

To Be Continued

OPINION

FROM THE DOCTOR'S DESK

THE VERBAL EXTREMIST PRESIDENT

By Dr. Ignatius Odianosen Okosun (PhD)
From: Toronto-Canada
Email: odyseries@gmail.com

According to Frederic Bastiat, the State is the great fiction through which everyone endeavours to live at the expense of everyone else. Nigeria's President Muhammadu Buhari is facing a backlash on social media following remarks he made about the nation's youth at a Commonwealth event in London.

The forum was an integral part of the 25th Commonwealth Heads of Government Meeting and had brought together businesses critical to trade and investment and seen leaders from various countries debating the issues facing their countries in 2018 and beyond. Throughout the meeting, which represented the interests of over 2.6 billion people, there were at least 5,000 top leaders from the business, politics and academia, which came together to showcase the Commonwealth's vibrant and diverse network.

According to its joint organizers, the Commonwealth Enterprise and Investment Council, the Government of the United Kingdom and the City of London, the business forum "is a truly unique and historic opportunity to promote and celebrate the very best of the Commonwealth to a global audience." At the very global audience, President Buhari told other world business, political, cultural and academic leaders that Nigeria had a very young population, most of whom were uneducated but wanted everything offered to them on a silver platter, just because the country is an oil-producing one.

His comments have drawn rage from Nigerians on social media but it's not the first time the president has made a major gaffe while speaking off the cuff during foreign trips. In London, two years ago, Buhari blamed Nigeria's troubled global image on the high number of Nigerians in foreign prisons who "made it difficult" for Western countries to accept Nigerians. In Germany, standing next to Angela Merkel, the world's most powerful woman, president Buhari said his wife, who had criticized him a few days before, "belongs" to the kitchen.

However, the venomous comment of President Muhammadu Buhari that sought to put ribbon of Nigerian young ones in the free loading army is deserving of the most puni-

tive disapproval by every right-thinking Nigerian. Regrettably, such a blatant assault on the youth's victims of run-of-the-mill leadership served to them by conscienceless rulers, a reflection of the views slipped within the cancerous breasts of politicians who ride on our boisterous energies to positions of influence and power.

President Buhari, suggestive of his glaring failings and incapacitation as a civilian ruler has since assumption of office found it puzzling, insulting situating himself amidst the basic responsibilities that come with modern-day, representative governance which millions of Nigerian youths use as benchmark to hold him accountable as they did his equally mediocre predecessors in office.

Though, realizing that such massive energies of the youth may no longer be available to be deployed to further his ruinous stay in office beyond 2019, the president wore his usual garb of 'frankness', calling them out as uneducated freeloaders whose existence is tied to a perpetual reliance on nature's benevolence to life.

Such a pejorative account confirms the widely held view of the president being a misfit whose conception of civics portends great danger to the wellbeing of the common man. His acute dumbness within his country which he does well to make up for with perennial gaffes at international fora questions his standing as the chief branding officer of the nation. His remarks in faraway Britain portrays him as a mis educated erudite who although projects the demeanor of ordinariness, harbours great resentments for fellow nationals whose sole sin is their guts to lay claim to an inalienable right to share this space with him and his fellow born-to-rule characters.

Furthermore, for a man who has been on the payroll of the government for over five decades, it is nothing short of two-facedness to hear him speak so lowly of others whose cries revolve around the equitable distribution of the endowments nature put beneath their soil, a fraction of which other nations have deployed to replicate the biblical paradise for themselves to the same extent Nigeria has struggled to tap those rarities not for public good but private advantages.

Upon seeing Buhari on his misspeaking adventure,

Nigerians wondered what his motivations for ruling the country were beyond the free money, the same oil money he so condescendingly condemned the masses for which he presently. Unlike President Buhari and other members of the political class who cannot survive a second outside of government's dole out, the Nigerian youths as a collective unit at no time spurned schooling to embrace mooching. Instead, they've adorned scholarship and hard work to create a path of flourish for themselves to the dismay of persons like the president whose life has been magnified as a complete failure upon situating it within the tortuous strivings of the Nigerian millennial.

President Buhari's words are consequences of a muddled mind, they stand as summonses to the fabled tales of rigor and frankness charlatans ascribe to him. Rolling in misperception, Buhari confused the clamor of nationals for fairness with freeloading, denying them their constitutional rights to healthcare and good living even as they fulfil their part as the fluid that lubricates the nation's wheel.

Though, he had the courage to insult the Nigerian vibrant youths because he knows he would possibly get away with it. When he said we did not go to school, he was inadvertently deriding the nation's education system which he has intentional left for dead only to query why it produces barely educated wards. For a man who belong to the cohort that met the nation as nibbana only to make a hell of it, one cannot help but ask what else he wants from the young ones whose struggles for better living have been met with persevered setbacks planted before them by an elite so bent on exiting the world with the nation's exchequer in their ravenous pouches.

The phony is the most visible species on earth. This is so because each time he opens his mouth, he ejects voices that are indicative of a churlish soul. There are over three million Nigerians, a bulk of them youths studying across the nation. Upon tallying the cart pushers, traders, artisans, teachers, doctors, etcetera, we would arrive at a figure that renders any act of laziness often ascribed to the youths as statistically immaterial.

These did not dissuade the president from plying in erroneous orgy to ascribe damning remarks upon the Nigerian youths. The president is the typical adversary

with a fixed mindset, the more you impress him, the more bile fills his paunch.

President Buhari's words should once again spur the youths to engage in a reflecting exercise aimed at disentangling his person from the mythical one they fell in love with in the build-up to the past elections. Such an exercise would mirror to them the reality of their president as an overvalued, chameleonic element with a perverse sense of judgment who was clad in sanctimonious apparel to further the entrenchment of the same order the masses could not wait to make away with it, what a shame to the Nigerian political elites.

Furthermore, with Buhari narrative, the tradition of the political elite to mound blames on the youths who are nothing but victims of tyranny and mistreatment is alive and kicking. Rewarding him with a second term with the hope that his stone-aged thought processes would in any way have any positive on their wellbeing is an exercise that is tantamount to what Kwame Ture- a prominent organizer in the civil rights movement in the United States, described as "walking down a dream street."

President Buhari's unfortunate statement is a pointer to the urgent need for young minds to see themselves as waifs in their motherland. They must come to terms with the fact that in a space where they hold the majority, a barely lettered minority is being brandished as the face of the nation.

Nigerians should not treat Buhari's ill-mannerism as a secluded incident; on the contrary, they should place it within the proper framework as a bitter voice that echoes the consensus of the ruling elite, one that affords them the escape route to seeing themselves as being deserving of praise for ruining a country of 180 million sleepwalkers.

Finally, President Buhari is a verbal extremist. Each time he opens his mouth, he sends artilleries up in the air to assassinate our character. His words are toxic to the youths as his actions, blasphemous to our collective coexistence. His latest salvo is totally unacceptable and must be condemned by all right-thinking persons to avoid further verbal assault against Nigeria, particularly at international fora.

Dr. Ignatius Okosun is a researcher, prolific writer and a social commentator.

THE FUTILITY OF ELECTION BOYCOTT IN ALA-IGBO

By Charles Ogbu

First, let me make this very clear, I recognize that election boycott is a legitimate tool of civil disobedience. But it is my humble view that Igbo youths boycotting election in Ala-igbo is a move that will further worsen our woes as a people. It will not help our quest for freedom in any way.

Election boycott only works in a civilized clime where leaders have functioning conscience. Or in a world peopled by international community that is not too busy pursuing their selfish interests. The main aim of boycotting election is simply to show that the "boycotter" is angry with the system which will now make the leaders to say, 'Oh, these our people are not happy, let's find out what the issues are'. This will now lead to negotiation where the issues will be resolved.

This is Nigeria, a country presided over by conscience-less Savages. The bigger problem is, we have a United Nation that doesn't care who dies and who lives in any part of the world as long as the key member Nations have nothing to gain by intervening. It's all about interest.

Nigeria is not a country where you use CIVIL DISOBEDIENCE to achieve anything meaningful because there is nothing CIVIL about Nigeria. The only language Nigeria understands is force and sadly, we currently do not have the wherewithal to use force. This is why we must be open-minded and keep all options on the table in our quest for freedom.

Referendum DOES NOT fall from the sky. It has processes and procedures through which it can be secured.

Ndigbo boycotting their own election in their own land is like a financially handicapped husband boycotting his wife's food even when he knew his wife is a very heartless woman who has been looking for a means to starve him to death. If you are married to a reasonable woman and you boycott her food in protest, she will try to find out what the issues are and even beg you to eat but if your wife is not the good type, your food boycott will only hurt you.

Boycotting our local elections will neither give us referendum nor help our quest in any way.

During the 2006 pop-

ulation census, I worked as an adhoc staff of NPC then, Chief Ralph Uwazurike led MASSOB championed the boycott of the census in the Southeast. Today, Ndigbo have almost the least population figure among the six geopolitical Zones in the country. We all know the implication.

No matter how angry we are with the Mis-leaders we have in Igbo land, until we are able to harness these righteous anger and properly channel them towards punishing those leaders, we are simply chasing shadow.

Life does not come to a halt simply because we are seeking for freedom. As long as we are still trapped in Nigeria, using Nigerian passport and currency, boycotting election of men and women who will preside over our affairs on the home front IS NOT a wise move. It will not move Nigeria. It will not move Igbo leaders and most importantly, it will not move the international community. Remember, the world sat and watched Buhari soldiers kill Igbo youths right inside a church and BATH THEM WITH RAW ACID ON MAY 29-30, 2016 IN ONITSHA. THE UN SAT AND WATCHED BUHARI DROWN IGBO YOUTHS IN MOULDY WATERS IN ABIA STATE MONTHS AGO JUST AS THEY SAT AND WATCHED HIM DISAPPEAR THE IPOB LEADER AND HIS PARENTS even when he was still under a legally granted bail. It defies logic to expect this same conscience-less UN to act simply because we boycotted election even when most of us don't even have PVC to really boycott the poll.

Emotion alone won't take us far in this journey. The earlier we realize that the world got no time to attend our pity party, the better for us.

Numerical strength means nothing if it cannot be adequately channeled. With our numberless number as young people and our PVC, even the Army will be too scared to rig our elections. We can control our home front. Every Igbo politician will be struggling to get our support. They will live in constant fear of crossing our red line. With our voting power, we can get them to do our bidding because they know we will come out enmass and vote them out if they fail and seeing as political office is to them what water is to fish,

continued on p(44)

INTERNATIONAL NEWS

VIKTOR ORBAN EMERGES VICTORIOUS IN HUNGARY ELECTIONS



By Julius Oyekunle

For the third consecutive time, Viktor Orban and his Fidesz party have emerged victorious in the Hungarian elections with an overwhelming majority. It was not going to be an easy run for opposition parties as public opinion was much about the plight

and well being of the people and the burden posed by migration.

Although polls had suggested a simple majority for the prime minister and his national-conservative Fidesz party. But most Hungarians were ready for change, and right before election day, a slim minority of voters in the country

tilted to the right.

Not only did Orban and Fidesz win a resounding victory, they will also enjoy a two-thirds majority in parliament. It is Orban's third consecutive election win, and, it seems, also his third victory with a two-thirds majority.

Election Observers have called the vote "free but unfair," 106 were directly elected out of 199, favoring Fidesz. The opposition's only chance against Fidesz, Hungary's lone major party and one with an extremely stable and disciplined camp of voters, was to campaign with joint candidates but failed woefully.

As a result, Fidesz's candidates were able to record victories despite opposition candidates together having received more votes overall. In Budapest, for instance, the opposition

could have won all 18 constituencies, but they only managed to take 12.

The former communist country has recently held referendum which borders on protecting the Hungarian state against uncontrolled immigration. Most of Orban's campaign was geared towards this promise to secure the Hungarian state and ward off aliens.

In the mean time, Gergely Karacsony, the popular mayor of Budapest's 14th district who served as the joint candidate for his Dialogue (Parbeszed) party and the socialist MSZP, could spearhead a future left-wing opposition party. Opposition parties and their candidates have admitted the defeat and will seek to strategize their base for subsequent elections.

FORMER SOUTH KOREAN PRESIDENT INDICTED



By Julius Oyekunle

Prosecutors of the Republic of Korea has successfully indicted former president Lee Myung-bak on corruption charges including bribery, embezzlement and tax evasion.

Lee, who ended his single, five-year presidency in early 2013, was taken into custody in March after being questioned over a series of corruption charges, all of which he has denied. He has denounced the investigation as a "political revenge".

His trial is expected to begin in May this year. He could receive a life sentence if found guilty.

The businessman-turned-politician became the fourth president of the Asian country to be indicted by prosecutors. Former president Park Geun-hye, Lee's successor, was sentenced to 24 years in prison for corruption just recently.

Park was the first ROK leader to be impeached before being arrested about a year ago.

The Seoul Central District Prosecutors' Office said in a statement that it has confirmed that Lee is the real owner of DAS, a local

auto parts manufacturer, through investigations for the past three months.

Through DAS, which Lee allegedly illegally owned under fake names, the former leader embezzled about 34.9 billion won (\$32.7 million) and evaded 3.1 billion won in corporate tax by creating a slush fund through accounting fraud and using business credit cards for personal purposes.

While he was in office for five years to early 2013, Lee instructed senior government officials to actively support DAS's legal action in the United States.

Lee allegedly took about \$5.9 million in bribes from Samsung Group, the country's biggest family-controlled conglomerate, by making Samsung pay the US retaining fee on DAS' behalf. Both Samsung and Lee have denied the allegations as unfounded.

He is also believed to have received millions of dollars in kickbacks from businessmen and politicians in exchange for political and business favors. The kickback included a special operation fund for the National Intelligence Service, the spy agency of the country.

Lee is also accused of illegally leaking and concealing 3,402 classified presidential documents at a building in Seoul, which is believed to be owned by the former president. The leaked documents included major evidence relevant to Lee's illegalities through which prosecutors are relying on.

EULOGIES POUR IN FOR LATE BARBARA BUSH AT 92

By Julius Oyekunle

Former first lady and the matriarch of one of America's most famous families, Barbara Bush died at the ripe age of 92. Bush's health had been failing after being previously hospitalized. Her husband's office in a statement released had earlier indicated that the former first lady had "decided not to seek additional medical treatment and will focus on comfort care."

"It will not surprise those who know her that Barbara Bush has been a rock in the face of her failing health, worrying not for herself — thanks to her abiding faith — but for oth-

ers," the statement read. "She is surrounded by a family she adores, and appreciates the many kind messages and especially the prayers she is receiving."

Barbara and George H.W. Bush had been married for 73 years and are the parents of former President George W. Bush and former Florida Gov. Jeb Bush.

She had championed cause of literacy while in the White House and throughout her life. She also once boasted about the job of being the first lady, saying in a 1994 memoir, "I had the best job in America, "Every single day was interesting, rewarding, and

sometimes just plain fun."

Former president George W. Bush stated in a statement, "Mom kept us on our toes and kept us laughing until the end. I'm a lucky man that Barbara Bush was my mother."

Former Florida Governor did not hide his feelings and delight regarding the life and times of his mother, saying he was "exceptionally privileged to be the son of George Bush and the exceptionally gracious, gregarious, fun, funny, loving, tough, smart, graceful woman who was the force of nature known as Barbara Bush."

House Speaker, Paul Ryan was one of many notable political figures who

sent words of comfort to the Bush family. "Barbara Bush holds a revered place in the hearts of generations of Americans. She so loved her family and our country. She led both with clarity and character. To Mrs. Bush's family, I extend the deepest condolences of the whole House. May she rest in eternal peace."

Canada's PM Justin Trudeau also eulogized the former first lady as a friend of Canada, "Always a friend to Canada, Barbara Bush leaves a legacy of dignity, grace, service and devotion to family. Sophie and I send our deepest condolences to Presidents George H.W. and George W. Bush, their family, and to all Americans."

RAUL CASTRO STEPS DOWN IN CUBA

By Julius Oyekunle

A new political era has emerged in Cuba after a 57-year-old bureaucrat replaced Raul Castro as the president. For six decades, the Castro family had been at the helms if affairs as it tried to maintain the long-term survival of one of the world's last communist states.

Miguel Mario Diaz-Canel Bermudez was approved by the country's National Assembly as the sole candidate for president.

Castro, 86 will remain head of the Communist

Party as laid down in the constitution.

Lawmakers opened the crucial session a day after voting on Diaz-Canel's nomination as the sole candidate for president. The result was clear because the assembly approves all executive branch proposals by margins of 95 percent or higher.

The communist country has been under the absolute rule of one family since the revolution — first by revolutionary leader Fidel Castro and, for the last decade, his younger brother.

"We're building a relationship between the government and the people here," he said then after casting a ballot for members of the National Assembly. "The lives of those who will be elected have to be focused on relating to the people, listening to the people, investigating their problems and encouraging debate." Diaz said. Many Cubans will look forward to a rejuvenated economy under the new president, who until now had maintained a low profile.

After taking over from his ailing brother in 2006,

Castro started a series of reforms that expanded Cuba's private sector to nearly 600,000 people and allowed citizens greater freedom to travel and access to information. He has failed to fix the generally unproductive and highly subsidized state-run businesses that, along with a Soviet-model bureaucracy, employ three of every four Cubans. State salaries average \$30 a month, leaving workers struggling to feed their families, and often dependent on corruption or remittances from relatives overseas.

DUCKWORTH: FIRST US FEMALE SENATOR TO GIVE BIRTH IN OFFICE

By Julius Oyekunle

Illinois Democratic Senator, Tammy Duckworth has become the first US senator to give birth while in office. The Democrat announced that she had given birth to her second daughter, Maile Pearl Bowlsbey.

The family "couldn't be happier to welcome little Maile Pearl as the newest addition to our family", said Duckworth, 49, who is a veteran of the Iraq war.

After sharing the news she was pregnant, Duckworth prompted a conversation about the



powered careers and motherhood. Some welcomed her pregnancy as a sign of progress for female politicians. Others saw it as a reminder of the slow pace of change — and of the gender gap that persists in Congress, especially where

HISTORIC MEETING BRINGS NORTH AND SOUTH KOREA TOGETHER

By Julius Oyekunle

North Korean leader Kim Jong Un and South Korean President Moon Jae-In have both pledged to make peace after decades of hostilities. However, details of the peace deal and the much desired unification is yet to be worked out.

That's because the two leaders may agree on broad principles that can have different interpretations to each, and lead to lengthy negotiations or failure down the road. Negotiators are optimistic though that there's a ray of hope.

Both countries agreed in principle to determine the destiny of the Korean peninsula by affirming that, "South and North Korea affirmed the principle of determining the destiny of the Korean nation on their own accord."

The implication is that both countries want to decide their future without the United States or China imposing it on them. The



problem is that the two superpowers would have to participate in any peace negotiation between North and South, and oversee a complicated and long process that could end up with a U.S. withdrawal from the Korean Peninsula.

This remarkable peace process could help unite families separated by the Korean war. Tens of thousands of North Koreans fled to the South, and left family members in North Korea when the war broke out. Despite the

1953 Korean War Armistice Agreement that ended the fighting, the issues of family unification has continued to linger.

Meanwhile, both parties have agreed to cease all hostilities and forge ahead, "South and North Korea agreed to completely cease all hostile acts against each other in every domain, including land, air and sea."

Another important issue that will determine the fate of the peace deal is about denuclearization. North Korea will seek to

remove perceived nuclear and conventional threat from the United States as an essential ingredient of denuclearization.

"South and North Korea confirmed the common goal of realizing, through complete denuclearization, a nuclear-free Korean Peninsula."

For the U.S., which has nuclear weapons stationed at sea across the region, the goal for North Korea is "complete, verifiable and irreversible denuclearization,"

"For the leaders it's easier to talk about the viability of peace than for the North Koreans and the U.S. to agree on definitions of denuclearization," according to a Korean analyst.

At a scheduled summit between Kim and US President Donald Trump, both leaders will work out modalities for denuclearization and other issues involving US military presence and opening up North Korea's economy through the lifting of sanctions.

31 YEAR-OLD LADY IS BOTSWANA'S YOUNGEST MINISTER



By Julius Oyekunle

31-year-old Bogolo Kenewendo was recently appointed as Botswana's new minister of investment, trade, and industry and the social media is yet to recover from the frenzy especially across the African continent. She seems hellbent to take from her name. Bogolo, a Setswana word, meaning big, old or rich in wisdom is living up to the meaning of her name with her new role.

Kenewendo was born and grew up in Botswana in a village called Motopi in the Boteti area.

Botswana's new president Mokgweetsi Masisi appointed Bogolo to the admiration of most people in the country. It remarkable lift of youthful intelligence of Kenewendo. It will as it is hoped, be the turning point in the ascendancy of youths to major positions in Africa.

Her leadership qualities have been well recog-

nised as she has proven herself in various capacities. She became a member of Botswana's parliament in 2016, making headlines as the youngest.

She had an illustrious career as an economist and obtained her Master's degree from the University of Sussex. This is after she had earned a Bachelor's Degree in Economics from the University of Botswana with a thesis that dealt with "Access to credit to women-owned businesses".

She developed to become a specialist international trade/economics. She then became one of two Botswana youth delegates to the 64th Session of the United Nations General Assembly.

Kenewendo has already served at a high level. Before taking up the Botswana political post she was working as a trade economist in the ministry of trade and industry in Ghana.

OBAMA WRITES DAUGHTER'S BOYFRIEND TO APOLOGIZE FOR FAME



By Dele Akintilo

Barack and Michelle Obama are such a nice couple. It was recently revealed that they've sent a letter to their daughter's new boyfriend, Rory Farquharson, to apologize for being so popular.

Malia, 19, and Rory, 20, have been a force to reckon with since they met in 2017 while studying at Harvard University.

The Obamas are said

to be bothered about the attention their daughter's famous name might fetch Rory (a former head boy at top public school Rugby) and his family.

It was also gathered that Rory's parents, Charles and Catherine (who live in a £1.6 million house in Suffolk) have started telling people about their son's exciting correspondence from the former US President.

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feminism has different versions.

In a recent chat with newsmen on how she feels being the first woman to give birth in office, Duckworth stated, "Well, it's about damn time. I can't believe it took until 2018. It says something about the inequality of representation that exists in our country."

She said her new baby's name had a link to her husband Bryan Bowsbey's family. "Pearl Bowsbey Johnson was Bryan's great aunt, an army officer and a nurse who served during the second world war."

Ms Duckworth is an Iraq war veteran, she rose to the ranks of Lieutenant Colonel in the Illinois National Guard before retiring in 2014. The half Thai, half American Congresswoman also had both her legs amputated as a result of a combat injury.

THOUSANDS PROTEST MURDER OF THREE STUDENTS IN MEXICO

Thousands of Mexicans gathered in Guadalajara, Mexico's second-largest city, on April 26, 2018, to protest the killings of three film students who were kidnapped on March 19, 2018, while carrying out a school project. The Mexican government disclosed recently that the students from Universidad de Medios Audiovisuales were brutally murdered by the Jalisco New Generation Cartel, which thawed the victims' bodies in acid.

Mexico Daily News made it known that Javier Salomón Aceves Gastélum, Marcos Francisco García Ávalos, and Jesús Daniel Díaz García may have been mistaken for members of a

rival gang. They were attacked because they chose to shoot a film at a location where the cartel was expecting the leader of the notorious group Nueva Plaza to arrive. Attorney General Raúl Sánchez Jiménez said that two out of the eight alleged members of the cartel who were suspected of being involved in the murder were arrested.

The deaths of the young men have spurred many people to take action. According to the Associated Press, over 12,000 people converged in Guadalajara and Mexico City to protest the gruesome killings and around two hundred students held a candlelight vigil in front



of the governor of Jalisco's official residence. Many protesters accused Aristóteles Sandoval, and the authorities, of not acting

on time. They requested that he steps down. While responding, he said that the "pain and outrage" over the deaths of the stu-

dents should not be turned into a political issue and gave assurance to the public that an investigation is currently underway.

NIGERIA PAYS \$5.08 MILLION OF UN DUES

By Julius Oyekunle

Nigeria has paid its annual due to the United Nations dues for 2018, making it the 74th out of the 193 Member States of the global international organization to fulfill its financial obligations.

Spokesperson for the UN Secretary-General Stephane Dujarric said in New York that Nigeria paid its annual dues in full. The federal government, according to reports paid over \$5 million

dollars during the month of April.

The records also report that Nigeria became the 10th country in Africa to pay its UN regular budgets in full. As at the month of April, 193 countries were yet to completely meet up with their financial obligation.

Nigeria had in 2016 asked the UN to review its assessed contributions to the organization in view of the economic recession in the country caused by lower

crude oil price in the International market.

The country's scale of assessment for 2013 to 2015 was 0.119 before the re-basing of the country's economy in 2014. However, with the re-basing of the Gross Domestic Product (GDP) to 500 million dollars, the scale of assessment of Nigeria increased to 0.209 for the period 2016 to 2018.

It is due to the need for a review that The Head of the Civil Service of the Federation, Winifred Oyo-

Ita, made the call at the UN Headquarters in New York.

Oyo-Ita stated, "Due to recession, we want something done to review our dues and we want the UN to reconsider our assessment due to the realities of the time."

"What Nigeria is being asked to pay now is on the high side. Nigeria is committed to paying its contributions but we want some considerations. We want something to be done to re-adjust our scale."

G9 REJECTS BUHARI'S SECOND TERM BID

Chief Tola Adeniyi

The umbrella body of all Self Determination groups in Nigeria the G9 has stoutly condemned Buhari's proposed prolongation of his tyrannical dictatorship calling it a sour joke.

In a release signed by the Convener of G9, Akogun Tola Adeniyi, the Jagun Oodua of Yorubaland, the Group 'frowned on any attempt by any party, any body or groups that may want to conspire with Buhari to prolong the sufferings of Nigerians, the unrelenting murderous onslaughts on innocent Nigerians in five out of the six geo-political zones of the country, the arrogant impunity, the unprecedented

crass nepotism, the promotion and encouragement of mediocrity, the lack-luster administration, the insensitivity of the leadership, the humongous corruption and other social and political mishaps that have characterized Buhari's 10th grade junta since inception.'

"We thought it was a grave humour when we first learnt that President Muhammadu, who thinks Nigeria begins and ends in Daura, was interested in extending his entrapment of Nigerians beyond the painful four years" the statement reads, "until we started seeing rented crowds in Kano and even in London crying their voices hoarse that the best thing for them was a continuation of sleep-

lessness, hunger, cluelessness, devastation of the land, ethnic cleansing and the destruction of the future of Nigerians' youths which Buhari's cabal controlled government symbolizes."

"It is our contention that Buhari's government is by far worse than Abacha's in its insensitivity to the quantity and quantum of the weight of murderousness and orgy of brutish and brutal carnage that have pervaded the land."

"Buhari himself continues to exhibit monumental ignorance on world stage and the embarrassment his lack of grasp and frequent gaffs and goofs have caused the image of Nigeria and Africa is beyond words."

"President Buhari has succeeded in dividing Nigeria along ethnic and religious lines and has thus shredded whatever was left of Nigeria's fragile unity while turning blind eye on the ruinous activities of herdsmen."

"Buhari will be remembered the way Adolf Hitler permitted the pogrom of 6 million Jews and the way the infamous Nero was partying while Rome was burning."

"Nigeria cannot afford the craziness of allowing President Buhari, an unrepentant and rabid sectional champion, to stay a day longer in office beyond May 29 next year unless the country is ready for the grave." G9 concluded.

AN EDMONTON MOTHER DIDN'T SEE SOMALI-MUSLIM EXPERIENCES IN CHILDREN'S BOOKS - SO SHE WROTE ONE

Rahma Mohamed's book, 'Muhiima's Quest,' follows a Somali-Muslim child on unique journey

Rahma Mohamed first arrived in Canada from Somalia at eight years old. She learned to read at age 10 and instantly fell in love with it.

But she had a hard time picturing herself in the books she was reading.

"These characters were fascinating to me, but none of them looked like me," Mohamed told CBC's Radio Active. "None of them came from the same country as I did. None of them had my experiences."

Mohamed now has two kids aged three and six, and was hoping to read stories to her kids that they

would more closely relate to.

She searched for children's books featuring Muslim characters of African descent and couldn't find any — so she decided to write her own.

"I wished to find that diversity, and not finding it is what prompted me to actually go ahead and write the story," she said.

Inspired by her kids Mohamed wrote and published her first children's book called Muhiima's Quest, which was inspired by her six-year-old daughter.

"It was important for me for my daughter to start to see herself in the books that she loves," Mohamed



said.

She said Muhiima means "important" in Arabic and it follows a young girl who tries to navigate the world where other children are doing things that are different from her.

Mohamed said one example is birthdays, which some Muslims don't celebrate.

"How do you explain that to a child, when every

day they are celebrating birthdays?" Mohamed said. She's hoping her book can do that.

Mohamed self-published the book under the pen name Rahma Rodaah after about a year's worth of work. She had to self-finance and had no experience in publishing a book.

"I decided to just start the journey and figure it out along the way,"

AGA KHAN TO VISIT TO CANADA



By R.Njeru

His Highness the Aga Khan will be celebrating his Diamond Jubilee by visiting Canada.

According to Global Affairs Canada, His Highness will be hosted at the official residence of the Governor General; the Rideau Hall. He will then visit other parts of Canada, including Calgary and Vancouver.

The Ismaili Imam and Canada have improved the lives of many people around the world thanks to their partnership programs. The partnership has resulted in the birth of several development and humanitarian initiatives that target the world's poorest and most vulnerable, including girls and women.

The Aga Khan and the Government of Canada have also been working together in the Global Centre for Pluralism, which advocates for human rights, respect for diversity as well as inclusive and accountable governance.

This visit comes as Prime Minister Trudeau continues to face criticism over his a vacation to a private island owned by the Aga Khan. It was between Dec. 26, 2016 and Jan. 4, 2017 that Trudeau and his family stayed at the Aga Khan's home on Bell Island in the Bahamas. Trudeau and his wife Sophie Grégoire Trudeau visited the Island together with his wife's friend and their children.

In December, the federal ethics watchdog stated that the prime minister's

trip went against some provisions of the Conflict of Interest Act.

The ethics commissioner also revealed that the prime minister had also accepted a vacation on the island for himself and his family back in December 2014.

Trudeau has already apologized, saying that he would be consulting the commissioner every time he goes for family vacations.

His Highness the Aga Khan is a world-renowned humanitarian who has a passion for helping people in less-developed regions of the world. He is the 49th hereditary Imam of the Shia Ismaili Muslims; a global, multi-ethnic community. The believers come from North America, South Asia, Central Asia, Europe, sub-Saharan Africa and the Middle East; they have different nationalities, languages and cultures. He is the founder and chairman of the Aga Khan Development Network, one of the world's largest private development agencies.

The Aga Khan has been decorated with many awards and honorary degrees that celebrate his global contributions to improving the condition of societies as well as human development. Some of the decorations include: the Order of Canada and honorary Canadian citizenship. In February 2014, His Highness the Aga Khan became the first religious leader to address a joint session of the Canadian Parliament.

As it stands, approximately 100,000 Ismailis are residents of Canada.

she said. But Mohamed is already making a second book called Little Brother For Sale, which is also inspired by her kids.

The story follows an older sister who is jealous of all the attention her newborn brother is getting and how he takes up too much space. She tries to sell him, but in the process realizes just how important her little brother is to her life.

Even if she doesn't sell many books, Mohamed is glad to have produced them. She said there aren't any children's books that feature a main character who is both Muslim and of African descent, and these two books will help fill that gap.

"[My daughter] doesn't have to let go of her faith or her heritage," she said. "It is very well worth it to me."

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CHIEF AKINDOLIE BURIES WIFE

The Vice President of Association of Yorubas In Canada and President of Association of Ondo State Indigenes in Canada, High Chief Oladayo Akindolie buried his wife, Late Dame Emilie Elie Akindolie on April 21, 2018, in Toronto, Canada.

After the remains of Late Dame Emilie Elie Akindolie was laid to rest, entertainment of guests followed at CAC Agbara Itura, Toronto, Canada. The burial was graced by dignitaries from all over the world. While expressing his thanks during the reception,

High Chief Akindolie thanked his friends, associates and family members for their unflinching support when his wife was ill and for standing by his family during the burial preparations. He especially thanked the Executives and mem-

bers of Association of Ondo State Indigenes, Toronto Chapter for organizing the reception and prayed that God in his infinite mercies will reward them abundantly. Late Dame Emilie Elie Akindolie is survived by her husband, children, and grandchildren.



‘OH! SUSANNA’ SONGWRITER’S STATUE PULLED DOWN AMID CRITICISM

By Dele Akintilo

The 118-year-old statue of the "Oh! Susanna" songwriter was eradicated from a Pittsburgh park in April 2018 following criticism that the work is humiliating in the sense that it includes a slave sitting at his feet, playing the banjo.

In October 2017, the Pittsburgh Art Commission voted to evacuate the Stephen Foster sculpture from Schenley Plaza and find it a new location. For now, it will be kept in a storage lot, out of the public view.

Recently, workers through the application of straps and construction equipment lifted

the 10-foot-bronze statue off its base. It was tied to a flatbed truck and taken away.

The Giuseppe Moretti statue was unveiled in 1900 and thousands attended its unveiling.

The shoeless banjo player is centred on "Uncle Ned," a fictional slave and title of a song

by the Stephen Foster. Critics have for a long time described the statue as racist.

According to a hip-hop activist, musician, and writer Paradise Gray, "It's the single most offensive display of public art in Pittsburgh, hands down. It permanently depicts the black man at the white man's feet." Paradise Gray said this while talking to the Post-Gazette in August 2017.

Others people said it points to the fact that Foster was inspired by black spirituals. Some historians maintained that the 1848 song is an early, subtle anti-slavery song.

A statue honoring an African-American woman is said to be put up in its place. Residents have been advised to submit nominations.

Stephen Foster, a native of Pittsburgh, is often referred to as the father of American music and was known for enduring tunes from the 1800s.

Some of his songs are "My Old Kentucky Home," "Camp-town Races," "Beautiful Dreamer" and "Old Folks at Home" (Swanee Song).

He died wretchedly in New York City in 1864 at the age of 37.



continued from p(33) STARBUCKS CEO ...

were waiting for a friend.

One of the videos of the incident shows that the man they were waiting for entered and told the police that the two men were waiting for him. The man they were waiting for (Andrew Yaffe) manages a real estate development firm and wanted to meet the men to table a business investment.

Kevin Johnson's statement didn't exactly address the situation that led to the police call, but a Starbucks spokesman made it clear that the store where the arrests took place has a policy that restrooms were only for paying customers.

Johnson said the company's practices and training brought out a "bad outcome," and why the call that brought police into the shop was made was incorrect.

Kevin Johnson said, "Our store manager never intended for these men to be arrested and this should never have escalated as it did. We also will further train our partners to better know when police assistance is warranted. Additionally, we will host a company-wide meeting next week to share our learnings, discuss some immediate next steps and underscore our long-standing commitment to treating one another with respect and dignity."

Police haven't announced the names of the men who were arrested. However, the District Attorney's office spokesperson said the two were released "because of lack of evidence" that a crime had been committed.

SPORTS

CANADA SHINES IN FED CUP PLAYOFF DESPITE INJURIES

By R. Njeru

Canada's Fed Cup squad brushed off a number of injuries to defeat Ukraine. This win means that the Canadians will be in 2019's World Group II while Ukraine drops to European zone play.

The doubles team comprising of Bianca Andreescu of Mississauga and Gabriela Dabrowski of Ottawa produced a closing victory of 6-3, 4-6, 6-3 to give Canada a 3-2 win. This win came in the best-of-five World Group II playoff where they beat Kateryna Bondarenko and Olga Savchuk.

Canadian staff captain Sylvain Bruneau said that they were happy to beat a team that is ranked higher than them despite the fact that they were facing numerous injuries. The Ukrainians are likely to take solace in the fact that they played without their top player Elina Svitolina.

Eugenie Bouchard of Westmount, Que. made a remarkable comeback to secure a pair of wins after a two-year absence. The teams had split the four singles matches.

Bouchard outlasted Lesia Tsurenko 4-6, 6-2, 7-6 (5); however, the teams tied 2-2 heading into the doubles after Bondarenko beat Dabrowski.

In the third set, Bouchard and Tsuranko could barely stand after a marathon of 2 hours and 39 minutes. Bouchard seemed to be having breathing problems while Tsuranko seemed to be suffering from cramps in the legs. Tsuranko was in a worse physical state and it therefore came as no surprise that Bouchard prevailed in the tiebreak to push the Canadian team forward.

Bouchard, the former world No. 5, said that she was proud of her performance. She revealed that she had come with a concrete plan and she actualized it. She said that she was happy with her tennis and her fighting spirit. She is currently at position 117 in WTA rankings.

Doubles specialist Dabrowski had to compete in singles play after suffering from an injury. She clinched the first set but Bondarenko adjusted and had little trouble the rest of the way for a 3-6, 6-2, 6-1 win. Dabrowski is ranked 364th in singles and an impressive 10th in the world doubles.

Many Canadians have expressed their pride in this tennis team which has delivered great results despite working under a hard situation. We wish them all the best as they proceed in the competition.

MO SALAH BECOMES ENGLISH PFA PLAYER OF THE YEAR



By D. Forrester

The English Profes-

sional Footballers' Association (PFA) has named Egypt and Liverpool star

JOHN CENA AND NIKKI BELLA QUILTS



By Julius Oyekunle

WWE star, John Cena and Nikki Bella broke up just weeks before their wedding, although the couples have had to contend with some disagreements early on in their engagement, it is most certain that Cena was unprepared to tie the knots according to sources close to the couple.

Report has it that Nikki Bella pulled the trigger when she discovered that Cena was unwilling to get married, stressing that he only wanted to tie the knot because Bella wanted to.

Both were scheduled to get married at a Mexico resort on May 5.

The pair had disagreed on topics like marriage and children in the past. In fact, a new teaser for the May 20 premiere of "Total Bellas" reveals that the issue of whether to start a family may have played a part in the breakup.

In the clip, Cena tells Nikki, "I would never force

you not to be a mom." Bella tells him through tears that she isn't sure she can sacrifice becoming a mother.

He responds, "I'm not sure we should go through with this."

The news was announced recently with shocking responses by fans. Nikki's Instagram account reads,

"After much contemplation and 6 years of being together Nikki Bella and John Cena announced today their decision to separate as a couple," the simple statement read. "While this decision was a difficult one, we continue to have a great deal of love and respect for one another. We ask that you respect our privacy during this time in our lives."

John Cena also wrote on his twitter handle, "Hardship, loss, and humility are extremely difficult waters to navigate, but perseverance thru them builds a strength to withstand anything life throws your way."

Mohamed Salah as the best Player of the Year. The "Egyptian King" is now the first Egyptian to clinch the award.

This award comes at a time when Salah has helped Liverpool establish themselves as top-four contenders in the Premier League. He has also helped Liverpool reach the semi-finals of the Champions League. The award ceremony was held at London's Grosvenor House hotel.

Many football fans have gone to twitter to express their approval of Salah's award. His brilliant form has seen him score 41 goals in all competitions. He is enjoying a stellar first season at Liverpool after leaving AS Roma last year.

Salah managed to beat stiff competition from Manchester City's Kevin De Bruyne, David Silva and Leroy Sane. He was the best player in a six-man shortlist. The 25-year-old was also the only African in the 2018 PFA team of the year. The vote is taken by PFA members from the 92 Football League and Premier League teams.

The women's Player of the Year award went to Fran Kirby of Chelsea Ladies. The Young Player of the Year award was clinched by Sane.

The humble Salah was quick to say that his achievements had come with the help of his teammates. He said that he hoped to win silverware

ARMSTRONG REACHES \$5M SETTLEMENT WITH US GOVERNMENT

By Julius Oyekunle

Former world cycling champion, Lance Armstrong has reached a \$5m settlement with the US in a whistleblower lawsuit that could have sought \$100m in damages from the cyclist who was stripped of his record seven Tour de France victories after he admitted taking performance-enhancing drugs throughout much of his now inglorious career.

The deal was announced as the two sides prepared for court proceedings slated for 7th of May in Washington. Floyd Landis, who was Armstrong's former teammate at the US Postal Service filed the lawsuit in 2010 is eligible for 25 percent of the settlement.

Armstrong had in 2013 made a televised confession about using steroids and other performance-enhancing drugs and methods. Although the 47 year old had already retired, the confession has put a dent on the image and legacy of an iconic sports personality in the world.

Armstrong says he's happy to have "made peace with the Postal Service".

"While I believe that their lawsuit against me was meritless and unfair, and while I am spending a lot of money to resolve it, I have since 2013 tried to take full responsibility for my mistakes and in-

with his team.

Luis Suarez was Liverpool's last player to win the award in 2014 and he too couldn't do the double by winning the Football Writers' Association Footballer of the Year award.

Salah has become an instant icon at Anfield thanks to his outstanding performances. Salah has also played for Chelsea and it therefore comes as no surprise that their fans have been left ruing about what could have been.

Salah has also received a congratulatory message from his president, Abdel Fattah al-Sisi. He said that "their son" had shown great character and had helped uphold the name of Egypt. He said that Salah's achievements proved the amazing capabilities of Egyptians in all fields.

Salah also became the



appropriate conduct, and make amends wherever possible," he stated. "I rode my heart out for the Postal cycling team, and was always especially proud to wear the red, white and blue eagle on my chest when competing in the Tour de France. Those memories are very real and mean a lot to me."

Armstrong had made a name for himself throughout the world during his career winning races and fighting cancer.

He recovered from testicular cancer that had spread to his brain, while forcefully denying persistent rumors of doping, which subsequently led him to establish a Lance Armstrong Foundation cancer charity - an NGO worth over \$500 million. The foundation, which removed him from its board and renamed itself Livestrong, has seen donations and revenue plummet since Armstrong's confession.

seventh Liverpool player to win the award in the club's history.

The "Egyptian king" recently became the highest-scoring African player in a single Premier League season after scoring his 30th goal against Bournemouth. He has snatched this record from former Ivory Coast and Chelsea striker Didier Drogba.

Salah's win means that the PFA Player of the Year award has now been won by two Africans having been won in the 2015-16 season by Leicester City and Algerian star Riyad Mahrez.

Salah has emerged as one of the world's best players and many football fans are even comparing him to Cristiano Ronaldo and Lionel Messi. It will be interesting to see who will go on to win the award of the best player in the world.

MANCHESTER CITY LIFTS EPL TROPHY IN RECORD TIME

By Julius Oyekunle

Manchester City lifted the title earlier in April with five games to spare to equal an English record.

City's status as champions was confirmed thanks to Manchester United's 1-0 defeat to West Bromwich Albion.

Having missed the chance to beat their rivals and lift the title last week at the Etihad Stadium, City were able to celebrate thanks to Jay Rodriguez's solitary goal for the Baggies.

And while the outright record for the earliest Premier League finish

slipped through their fingers, the club's campaign still ranks among the most successful in the league's history.

Only three teams have ever won the English top flight with five games to spare, with City entering that exclusive club in 2017-18.

Manchester United have managed the feat on two occasions, in the 1907-08 - in the previous First Division format - and 2000-01 campaigns.

Everton are also part of that exclusive club, having lifted the First Division back in 1984-85 with five games to spare.

COMMONWEALTH GAMES: AUSTRALIA LEADS MEDAL STANDING

By Julius Oyekunle

The 2018 Commonwealth Games came to and with

dramatic victories in Netball and Rugby against this year's hosts, Australia. The host country led the medal's table with 80 gold medals, and a total of 198 medals.

Medal Standings

G S B

1	80	59	59	198	Australia
2	45	45	46	136	England
3	26	20	20	66	India
4	15	40	27	82	Canada
5	15	16	15	46	New Zealand
6	13	11	13	37	South Africa
7	10	12	14	36	Wales
8	9	13	22	44	Scotland
9	9	9	6	24	Nigeria
10	8	1	5	14	Cyprus
11	7	9	11	27	Jamaica
12	7	5	12	24	Malaysia
13	5	2	2	9	Singapore

14	4	7	6	17	Kenya
15	3	1	2	6	Uganda
16	3	1	1	5	Botswana
17	2	3	0	5	Samoa
18	2	1	0	3	Trinidad and Tobago
19	2	0	0	2	Namibia
20	1	7	4	12	Northern Ireland
21	1	3	0	4	The Bahamas
22	1	2	0	3	Papua New Guinea
23	1	1	2	4	Fiji
24	1	0	4	5	Pakistan
25	1	0	1	2	Grenada
26	1	0	0	1	Bermuda
26	1	0	0	1	Guyana
26	1	0	0	1	British Virgin Is.

26	1	0	0	1	Saint Lucia
30	0	2	0	2	Bangladesh
31	0	1	5	6	Sri Lanka
32	0	1	2	3	Cameroon
33	0	1	1	2	Dominica
34	0	1	0	1	Isle of Man
34	0	1	0	1	Mauritius
34	0	1	0	1	Nauru
37	0	0	2	2	Malta
37	0	0	2	2	Vanuatu
39	0	0	1	1	Cook Islands
39	0	0	1	1	Ghana
39	0	0	1	1	Norfolk Island
39	0	0	1	1	Seychelles
39	0	0	1	1	Solomon Islands

RODRIGUE STARS AS CANADA WINS AT THE UNDER-18 WORLD CHAMPIONSHIP



By D.Forester

Canada's Olivier Rodrigue delivered a starring role in a 5-0 demolition of Switzerland at the under-18 men's world championship.

The phenomenal Rodrigue made 17 saves in preliminary play.

Rodrigue wasn't the only one having a great day, the Canadian offence was led by Allan McShane who had a power-play goal and an assist to give his country a (3-0) lead.

The other players who got on the score sheet were Raphael Lavoie, Chase Wouters, Aidan Dudas and Alexis Lafreniere.

Cameron Hillis, one of the players, said that he was glad that his team had shown their strength in scoring since they would need to score more in future games. He has two as-

sists in three games. He revealed that they would use the four-line hockey group to destroy other teams when they notice that they are wearing down.

Hillis revealed that the Canadian team was getting better on the ice because they're getting closer off it. He went ahead to congratulate all his teammates for doing a great job.

Akira Schmid stopped 34 shots for Switzerland (0-3).

As it stands, the tournament has reached the boiling point and only two Canadian skaters remain pointless.

Switzerland was 0 for 6 with the man advantage while Canada was 2 for 8 on the power play.

The Canadians will face Sweden as they close out the preliminary round.

THE IMPORTANCE OF SPORT AND PLAY FOR KIDS

(NC) Whether your child participates in baseball, dance, soccer, golf or hockey, including sport and play in their lives is important. The lessons they learn can stay with them for the rest of their lives. Here are just some of the benefits of sport:

Develop important life skills. Sport helps to teach children teamwork, leadership skills and the value of hard work. These are all important life skills that can be implemented in school and in their professional careers.

Increase self-esteem. A recent study from The Sport Journal has linked playing sports to gaining self-esteem and confidence, two important qualities for children to have now and as

they grow up.

Encourage life-long physical activity. Registering your kids in sport at an early age will help foster a love of physical activity through to adulthood, leading to a healthier lifestyle.

Create lasting friendships. Being part of a team gives kids the opportunity to travel, problem-solve, win, and lose alongside their peers. The resulting bond leads to lasting friendships.

For parents concerned about the expenses associated with getting kids into sport and play, Canadian Tire Jumpstart Charities can help by assisting with the costs of registration, equipment and even transportation.



You can support this cause by donating at your local store and know that 100 per cent of customer donations stay in the commu-

nity. If you know a kid who wants to play but is unable to because of costs, find help online at jumpstart.canadiantire.ca.

AUTO

CAR TROUBLE? WHAT TO DO

(NC) If your vehicle isn't as smooth to drive after a few years, it probably has something to do with its suspension system. This is called ride control. It's really a combination of all the factors that determine how well your car, truck or SUV navigates the road while it's in motion.

Many believe ride comfort is the main reason shocks or struts may need replacing. However, ride control is especially important with today's antilock brake and stability control systems, as well as electronic suspensions and self-leveling suspensions.

With all these variables, however, the vehicle's suspension system — including the shocks, struts, and springs — must be in good condition. Worn suspension components may reduce the

stability of the vehicle and passenger comfort. Even more concerning, it can reduce your braking distance.

Worn out shock absorbers not only affect your ride, they will impact wear and tear on your tires, because when shocks get bad enough, they will affect how well your tires contact the road. Bad shocks often cause what's known as "cupping," where you can see small patches of heavy wear created when a tire bounces as it rolls. Steering stability and control will be improved and excessive wear on tires will be reduced by eliminating excessive bounce or vibration.

"You should replace your shock absorbers if your car keeps on bouncing well past a bump. Another indicator is if oil can be seen leaking out of them," says Dar-

ryl Croft, automotive expert at OK Tire. "You shouldn't ignore these signs. It's possible you could lose control in certain situations, such as if your vehicle hits a bump and bounces when you're trying to negotiate a curve or make a lane change. Your ride quality will immediately improve when you install new shock absorbers."

It only takes a few minutes to conduct an electronic shock or bounce test to en-

sure your shock absorbers and suspension systems are operating efficiently. Preventive maintenance is the key to avoiding more expensive repairs down the road and keeping you and your passengers safe. If your vehicle's suspension system is telling you it needs to be checked and new shocks are needed, don't hesitate to replace them.

Find more information at www.oktire.com.

If you wish to move mountains tomorrow, you must start by lifting stones today.

~African Proverb~

ARTS & ENTERTAINMENT

KENDRICK LAMAR MAKES HISTORY, WINS PULITZER PRIZE



By Julius Oyekunle

History was made on Monday (April 16), as the Pulitzer Prize Board awarded Kendrick Lamar the Pulitzer Prize for Music for his 2017 masterpiece DAMN. Not only is this a first for hip-hop, but it's a first for popular music in general. Kendrick's DAMN is the first non-classical, non-jazz album to win the award in its 75-year history.

The Pulitzer board calls the album "a virtuosic song collection unified by its vernacular authenticity and rhythmic dynamism that offers affecting vignettes capturing the complexity of modern African-American life." Punch, the head of Lamar's label Top Dawg Entertainment, tweeted: "Pulitzer Prize winner Kdot from Compton. I [better] not ever hear one of you n—as speak with anything less than respect in your mouth for Kendrick Lamar. #TDE." The rapper had made two guest appearances at Coachella, in

California recently without making any comments regarding the award.

Dana Canedy, the event host did not hide her delight, "We are very proud of this selection. It means that the jury and the board judging system worked as it's supposed to — the best work was awarded a Pulitzer Prize. It shines a light on hip-hop in a completely different way. This is a big moment for hip-hop music and a big moment for the Pulitzers."

Other winners outside of the journalism categories were Andrew Sean Greer's *Less*, for fiction; *Cost of Living*, for drama; *The Gulf: The Making of An American Sea* for US history and *Prairie Fires: The American Dreams of Laura Ingalls Wilder*, for biography.

Poet Frank Bidart won the award for his collection *Half-Light* and the nonfiction award went to James Forman Jr for *Locking Up Our Own: Crime and Punishment in Black America*.

NIGERIAN RUTI OLAJUGBAGBE WINS THE VOICE UK

Nigerian teen, Ruti Olajugbagbe has been declared the winner of this year's UK singing competition - *The Voice UK*. The 18-year-old has bagged herself a record deal with Polydor, and her first single – a cover of *Dreams* by The Cranberries is now available for online streaming.

Ruti could not hold her tears when her name was called out and looked completely stunned.

"Totally lost for words", Ruti said of her

debut single: 'I wasn't expecting it to be so soon, I didn't expect to get the final. I didn't expect the coaches to turn.'

On the final day of the show, Ruti performed a duet with Tom – a beautiful version of *What A Wonderful World* by Louis Armstrong. She also performed Daniel Bedingfield's *If You're Not The One*. The last four contestants on the night battled it out for the £100,000 prize, as well as a deal with Republic Records.

GOODBYE D.O. FAGUNWA'S WIDOW DIES AT 85

By Julius Oyekunle

The widow of one of Nigeria's earliest writing exploits and pioneer writer, Daniel Olorunfemi Fagunwa, Chief Elizabeth Adebanke Fagunwa is dead. Mama Fagunwa died on Saturday 7 April, 2018, at a Lagos hospital at the age of 85.

The deceased had lived in Oke Igbo, Ondo State, ever since her husband died 55 years ago.

In "Celebrating D.O. Fagunwa: Aspects of Africa and World Literary History", a definitive book on Fagunwa, edited by Adeleke Adeeko and Akin Adesokan, Chief Elizabeth Fagunwa spoke on the true story of her husband's death which was until then shrouded in mystery and having different versions.

Fagunwa died on December 7th 1963 in a river

in Niger State. His body was said to have been retrieved from the river by local divers a few days after, intact, with his Yoruba traditional attire still on, his shoes and even his glasses on his face.

Mama Fagunwa, who became widowed at 31, was her husband's apple eye whom he fondly called *Sayoade* (Joy of my Crown).

Fagunwa, known as the father of Yoruba magical realism, his writings could have made it to the top of the box office easily. He was the author of 'Ireke Onibudo', 'Aditu Olodumare', 'Igbo Olodumare', 'Ogboju Ode Ninu Igbo Irunmole', 'Adiitu Olodumare', which he wrote in a mythical manner and deep but concise Yoruba language. His last manuscript, 'Ireola Olodumare', is still missing till this day, perhaps lost in the river.

TIFF APPOINTS CAMERON BAILEY AS NEW CO-HEAD

By Staff

The Toronto International Film Festival (TIFF) has appointed Cameron Bailey as the artistic director and co head of the organization. Cameron has held the position of artistic director since 2012 and the new position as co-head is an expansion of role according to TIFF, despite having held the role from 2008-2012.

Piers Handling, the current director and CEO steps down later this year as Bailey takes over on

October 1st. He joined the TIFF as a programmer in 1990 and has since grown steadily.

In the mean time, a two-headed structure will become effective according to TIFF as the two roles closely knit together. While one focuses on the artistic direction of the organization, the managerial role is all about business and revenue optimization.

While expressing his appreciation, Bailey said, "I am honored to be entrusted with guiding the TIFF."

SAUDI ARABIA'S 35- YEAR CINEMA BAN TO END WITH "BLACK PANTHER"

By N.Ugoh

Following the country's 35-year cinema ban end, the Hollywood blockbuster movie "Black Panther" opened the first movie theatre in Saudi Arabia.

The Hollywood Reporter made it known recently that the movie was given a gala premiere on April 18

in Riyadh at the first AMC-branded cinema, a 620-seater theatre situated in the King Abdullah Financial District.

Black Panther was shown for five days followed by *Avengers: Infinity War* on April 26.

Saudi Arabia announced in December 2017, that it had lifted the ban on public cinemas.

CHIMAMANDA HONORED WITH AWARD



By Julius Oyekunle

One of Nigeria's illustrious writer and feminist crusader, Chimamanda Ngozi Adichie has received the 2018 Barnes & Noble Writers for Writers Awards together with Steve Cannon, and Richard Russo.

The Award was first organized by Poets & Writers in 1996 to recognize authors who have given generously to other writers or to the broader literary community.

The Writers for Writers Award was organized simultaneously with a din-

ner event marked annually, where Poets and Writers were present in New York City on the 28th of March.

Poets & Writers stated in a press release;

"The three writers we honor this year have not only expanded our horizons through their own writing, they are dedicated to supporting other writers and to bringing diverse voices into the literary conversation."

The "Wear Nigerian" campaigner wore a gorgeous black and yellow outfit from Nigerian brand Muse Factory.

WHY WE DIDN'T RENEW CHIDINMA'S CONTRACT – ILL BLISS

By Dele Akintilo

Ever since she parted ways with her former record label (Capital Hill records), Nigerian singer, Chidinma Ekile, seems not to have gotten her grip. One of the co-founders of the label, Ill Bliss has however revealed the reason why the label decided not to renew her contract.

Many music followers were shocked to learn of Chidinma's exit from the label that made her. A lot of people felt she was going to establish her own label or better still connect with another mainstream label.

While chatting with Sunday Scoop, co-owner of Capital Hill Records, Ill Bliss, disclosed that it was the decision of the record company not to renew Chidinma's contract when it expired. Ill Bliss said, "Chidinma didn't just wake up one morning and leave the record label. Didn't you guys see that the relationship degenerated? Her contract expired with Capital Hill and we did not want to renew it. We are the record

company; so, we decide what to do with an artiste we create."

He stated further that when they commenced Capital Hill Records, there was no plan to keep artistes for a long time:

He said, "From the start, Clarence Peters and I didn't plan to keep artistes for too long. Phyno stayed for a year too. There is always a problem when you start to keep an artiste for too long because you want to recoup all the money you invested in him or her and make a huge profit too. We made some good money from these artistes; we made enough money to break even and cover all our expenses."

He added that when Chidinma's contract elapsed after seven years with the company, they had the belief she needed to build her own team:

"Chidinma knows where to find us and she knows we will always help her if she needs our help. We only have me and Mz Kiss on the label at the moment," he added.

YOUR CABINET COMPRISES LAZY, UNPRODUCTIVE PEOPLE, YPP BLASTS BUHARI

By Dele Akintilo

Nigeria's newly-registered political party, Young Progressive Party, YPP, has labeled President Muhammadu Buhari's comments, describing Nigerian youths of wanting to sit down and do nothing, as the 'most unkind' statement ever made about Nigerian youths by any President either living or dead.

YPP made this known recently in a statement signed by National Publicity Secretary of the YPP, Comrade Egbeola Martins in Abuja. The YPP also revealed that if the president is looking for "sit and do nothing", mentally lazy and unproductive people, he should not look any further as they are all in his cabinet." In view of President Buhari's statement, Martins demanded that the President should immediately withdraw the statement and tender a sincere apology to the teeming youths



naijgflakes.com of Nigeria.

According to Martins, "Mr. President should be reminded that his unproductive economic team not too long ago led the nation in and out of recession, helped to multiply poverty, increased inflation and unemployment and only recently presented to the nation a flawed Economic Recovery and Growth Plan

(ERGP) that places less premium on human capital development which is the future." He remarked that despite the obvious challenges and the harsh socio-economic environment caused by the misgovernance of the country's leaders, Nigerian youths happen to be the most productive when compared to their contemporaries around the world who are under better conducive environment to thrive and maximize their full potentials.

According to him, if a country ranks 152 out of 188 countries in the Human Development Index (HDI), which is a yardstick for measuring how citizens are faring in the areas of education, per capita income and life expectancy, it is a taboo for a President who in the past three years has done virtually nothing to improve on this rating to be publicly berating same set of people who are only victims of his inaction. He said, "Also, the statement that 'a lot of our youths haven't been to school and they are claiming that Nigeria is an oil producing country, therefore, they should sit and do nothing and

get housing, healthcare, education for free is hypocritical and an admission of failure from a President who only recently allocated a paltry 7.04 percent and 3.96 percent of the 2018 budget to education and health respectively.

"It is a very sad commentary when foreigners such as Bill Gates and Mark Zuckerberg who have both invested in excess of \$1.6 billion in Nigeria, developing human capital understands, appreciates and believe so much in the enormous potentials of the Nigerian youths far and above their President."

Martins stressed further by saying that if the current APC government cannot add value to the Nigerian youth, they should at least try and leave the youth in a condition where they met them rather than further downgrading, demeaning and insulting the youth at every given opportunity before the international community. He said, "May we on behalf of the teeming hardworking, resilient, vibrant and tolerant Nigerian youths tell Mr. President and members of the international community that his opinion is not a true reflection of the character of majority of the very hardworking youths of Nigeria who despite all odds have continued to add value to the nation. "All Nigerian youth should see this latest unguided statement and many more made in time past as an affront on our collective will, which must be challenged with our Permanent Voters card, PVC, come 2019, by being a part of the Young Progressive Party, a movement that places premium on our rich and youthful human capital resource above all other resources."

SHAME! HARVARD UNIVERSITY USES NIGERIA AS A CASE STUDY OF A FAILED NATION



By Dele Akintilo

Nigeria once again has been 'disgraced' internationally after Harvard University gave its students an assignment in which Nigeria was used as a case study of a failed nation in Africa.

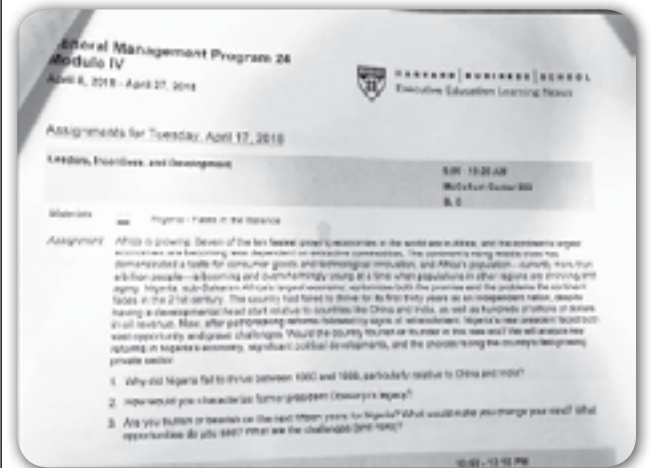
The question Harvard University gave its students reads;

Africa is growing. Seven of the ten fastest growing economies in the world are in Africa, and the continent's largest econo-

China and India, as well as hundreds of billions of dollars in oil revenue. Now, after path-breaking reforms followed by signs of retrenchment, Nigeria's new President faced both vast opportunity and grave challenges.

Would the country flourish or founder in this new era? We will analyze key reforms in Nigeria's economy, significant political developments, and the choices facing the country's fast-growing private sector.

Why did Nigeria fail



nairaland.com

mies are becoming less dependent on extractive commodities. The continent's rising middle class has demonstrated a taste for consumer goods and technological innovation, and Africa's population—currently more than a billion people—is booming and overwhelmingly young at a time when populations in other regions are shrinking and aging.

Nigeria, sub-Saharan Africa's largest economy, epitomizes both the promise and the problems the continent faces in the 21st century. The country had failed to thrive for its first thirty years as an independent nation, despite having a developmental head start relative to countries like

to thrive between 1960 and 1999, particularly relative to China and India?

How would you characterize former President Obasanjo's legacy?

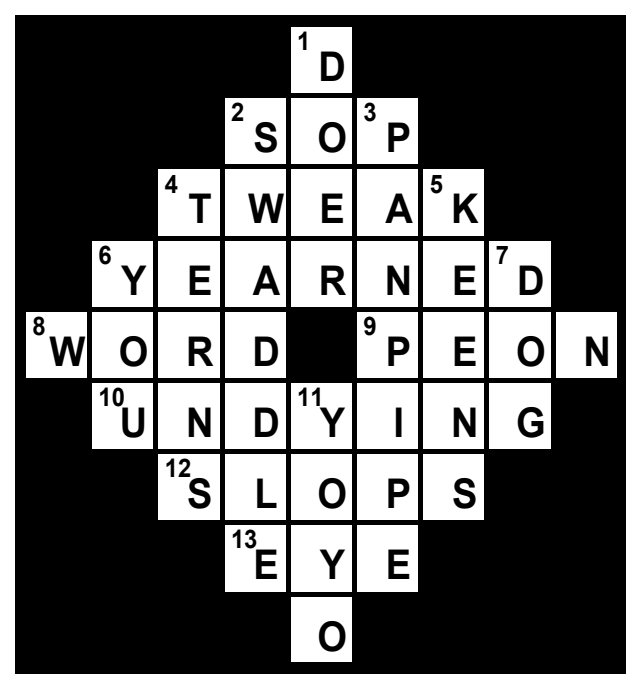
Are you bullish or bearish on the next fifteen years for Nigeria? What would make you change your mind? What opportunities do you see? What are the challenges (and risks)?

It should be recalled that Bill Gates slammed Nigeria some weeks back as the worst country to give birth on earth.

In view of the above, we hope this serves as a wakeup call to those at the helm of affairs in Nigeria.

God bless Nigeria.

continued from p(31) BLACK DIAMOND



continued from p(30) TELEPHONE

A constant guest is never welcome

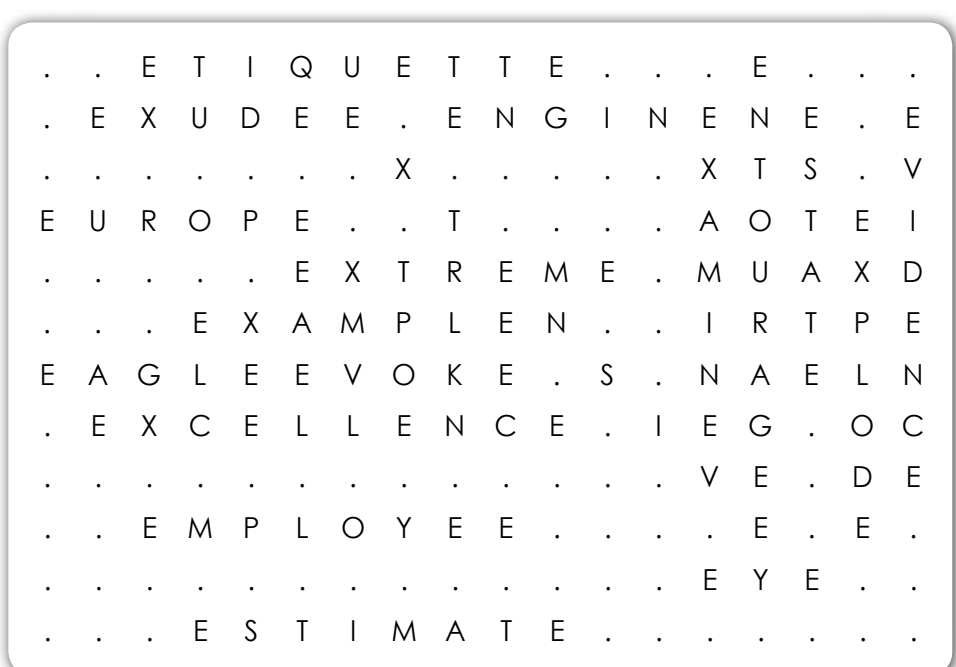
continued from p(30) Q/A

1- (a); 2- (a); 3- (b); 4- (b); 5- (a); 6- (a); 7- (b); 8- (b); 9- (a); 10- Soccer

continued from p(31) MILITARY..

0100 - 1 a.m.
0400 - 4 a.m.
1200 - 12 a.m.
1500 - 3 p.m.
1800 - 6 p.m.
2100 - 9 p.m.
2400 - 12 a.m.

continued from p(30) WORD SEARCH ANSWERS



RELIGION

MY MONTH OF WALKING IN WISDOM

By Pastor Amos Dada PhD;
P.Eng



Pastor Amos Dada
amos.dada@gmail.com

It is with delight and joy that I welcome you to the month of May, our month of walking in wisdom. One of the specific attributes of life that God clearly requested and commanded we should get is wisdom. "Wisdom is the principal thing; therefore, get wisdom: and with all thy getting get understanding". I think the reason for this is clear - one of the most successful and wealthiest King in history requested for wisdom and the trajectory of his life changed forever. The world belongs to people of knowledge no doubt but knowledge without wisdom is what is called foolishness. This month I pray that God who granted Solomon wisdom will grant you wisdom.

What is wisdom?

Online dictionary defines wisdom as the quality of having experience, knowledge, and good judgment; the quality of being wise. Wisdom is synonymous with sagacity, sageness, intelligence, understanding, insight, perception, perceptiveness, perspicuity, acuity, discernment and good sense. Wisdom is the capacity to have soundness with respect to an action or decision with regard to the application of experience, knowledge, and good judgment. Wisdom is the ability to discern or judge what is true, right, or lasting.

Wisdom is applied knowledge or knowledge put into action. There are people who have more degrees than a thermometer but can not put their knowledge into action. Real wisdom knows what to do, when to do it, how to do it and gets right down and does it. You cannot flourish in any human endeavour acquiring knowledge, without applying it. Right action

at the right time is called wisdom and that produces great results.

What is the difference between, knowledge, understanding and wisdom.

Until you understand the difference between knowledge, understanding and wisdom you will not appreciate the importance of wisdom. Wisdom and knowledge, both recurring themes in the Bible, are related but not synonymous. Knowledge is information gained through experience, reasoning, or acquaintance. Knowledge has to do with facts, information, and skills acquired by a person through experience or education; the theoretical or practical understanding of a subject. There is a scripture passage that actually helps to elucidate on these three vocabularies. "Through wisdom is a house builded; and by understanding it is established. And by knowledge shall the chambers be filled with all precious and pleasant riches." (Prov 24:3-4) From here we understand that knowledge has to do with accumulation of information, but when information is not understood it becomes a problem. Understanding however has to do with comprehension. I always remember my Secondary school days when the English teacher will give a passage and ask the students to read and answer some questions to demonstrate comprehension. If a student happen not to understand

the passage and cannot get the answer correctly, the teacher will encourage such to make further effort by using the information presented to make an informed decision and thus manifest wisdom. That is why it is a laughable situation whereby a Medical Doctor comes up with an X-Ray to teach a patient the danger of smoking. The Doctor stated "You see, this is an X-Ray of a non-smoker, his heart, is clean. You see, this other X-Ray is of a smoker, it is dark and black, meaning it has the potential of leading the smoker to have heart related diseases." Few minutes later, the MD goes out to smoke. This implies that the man has knowledge (information), he also has understanding (comprehension) but lacks wisdom. It stands to reason therefore that knowledge can exist without wisdom, but not the other way around. One can be knowledgeable without being wise. Knowledge is knowing how to use a gun; wisdom is knowing when to use it and when to keep it holstered. Knowledge is what is gathered over time through the study of the Scriptures. It can be said that wisdom, in turn acts properly upon that knowledge. Wisdom is the fitting application of knowledge. Knowledge knows when the light has turned red; wisdom applies the brakes. Knowledge sees the quicksand; wisdom walks around it. Knowledge memorizes the Ten Commandments; wisdom obeys them. Knowledge learns of God; wisdom loves Him.

The Importance of Wisdom.

Recently I shared a video clip of one of my teachings on social media why we study the bible, which was delivered during the International Gathering of Eagles Conference in Abidjan, Cote D'ivoire. One of the reasons I stated

was that God wants us to have knowledge of Him and what He expects of us. I further postulated that one of the advantages of studying the word of God is to help us make informed decisions in life as we daily face challenges and situations that demand us to make decisions. For example, the scripture says "Study this Book of Instruction continually. Meditate on it day and night so you will be sure to obey everything written in it. Only then will you prosper and succeed in all you do" Joshua 1:8 (NLT) God is saying here that your success and prosperity is predicated on accurate, sound judgment and application of the knowledge acquired through the study of the word of God. Again, God is saying that it is important to have knowledge but it is equally important to have wisdom which is the right application of knowledge.

How do we get wisdom?

Wisdom is a gift from God. James 1:5 states, "If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you." God blesses us with wisdom for us to glorify Him and use the knowledge we have for Him. We can pray to God to give us wisdom and he will answer. It's hard to gain wisdom when you stay on one spot and do the same thing day after day. Rather, try new things! Step out of your comfort zone! If you're afraid to do something, perhaps that's the very thing you should try to do. Read! By reading you are tapping into the experience of people - living or dead. Read the bible! Read biographies and autobiographies! Since knowledge is a prerequisite for applying wisdom, the more you acquire knowledge the better your possibility of making sound judgment. To get wisdom,

learn to listen to audio messages and watch video messages. People teach through these media. Tap to their wisdom and experience. After all, it is often said that it is better to learn from the mistakes of others than from your own. All the testimonies shared in your church and other places are to help you to acquire wisdom. To acquire wisdom, think through issues before you act. Process the information you have, ensure understanding and apply the knowledge gained.

The following acronym of T-H-I-N-K may be of help.

- T- is it true - what I am hearing is it true?

- H- is it helpful- What I want to do is it helpful to my career, my marriage, ministry,

- I - Is it inspiring- what I want say is it inspiring?

- N- is it needful- Do you have to rape a person to satisfy your sexual urge. Do you have to smoke Indian hem to cool your nerves or get high? Do you have to have sex before you marry that person? Do you have to bribe before you can get that contract?

- K- is it kind?

The bible says as a man thinketh so is he or she. The book of Proverbs is perhaps the best place in the Bible to learn biblical wisdom. Proverbs 1:7 speaks of both biblical knowledge and wisdom: "The fear of the LORD is the beginning of knowledge, but fools despise wisdom and instruction." To fear the Lord is to start on the path to knowledge, and God can then begin to provide us with wisdom through Christ, whom the Bible calls the wisdom of God: "It is because of him that you are in Christ Jesus, who has become for us wisdom from God—that is, our righteousness, holiness and redemption" (1 Corinthians 1:30).

Conclusion. Though the issue of resolution is despised, because people most times don't keep it, nevertheless, the failure of some never to keep to their resolution(s) does not nullify the concept of resolution. Therefore, resolve in your heart and in your life to walk in wisdom from this day. "Therefore, be careful how you walk, not as unwise men but as wise, making the most of your time, because the days are evil." Eph 5:15-16. Resolve to walk closely with Jesus. I believe this is the most important step in walking in wisdom. Walking closely with Jesus is an attitude of the heart, not just an outward action. Walking with Jesus involves Bible Study and prayer, but Bible Study and prayer do not equate to being surrendered to and following Jesus. Jesus is the source of all wisdom. I have offered you wise counsel in this article follow it. "For by wise guidance you will wage war, and in abundance of counselors there is victory." Proverbs 24:6. I pray that wisdom shall be your portion from this day in Jesus name.

Pastor Amos Dada is an author and a notable conference speaker, he is the Senior Pastor and District Superintendent Christ Apostolic Church Bethel Toronto. He is the Convener of International Gathering of Eagles (IGOE) Conferences and President of the Canadian Institute of Leadership and Development. Invite him to your next event and do your best to attend IGOE 2018 from September 13-16. Save August 11, 2018 for Canada Return to Your Maker Prayer Summit, in Toronto, Canada. You can also subscribe to his channel on YouTube, join him on Facebook and follow him on Twitter. @amos_dada

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THE FUTILITY OF ELECTION

they will be our puppets for as long as they are there.

When we boycott election, we make ourselves irrelevant. We deprive ourselves of the only bargaining power to control our own politicians. We give our Politicians the powers to treat us like political trash because in truth, that's what we are. Politics is about interests. When you control a large voting population, politicians will eat from your hands. And they will do your bidding.

Let me add that just one elected Igbo governor or Senator talking about the Igbo plight ei-

ther before local or foreign Press carries more weight than street protest.

We are not Northerners. We are Ndigbo and we are Republican to the core. Self Determination movement is not a secret cult that does not tolerate contrary opinion. And Biafra agitation is not a vendetta against anyone. It is a quest for justice. A quest for freedom. To succeed, we need all our people on board. Above all, we must learn to tolerate dissenting views and listen to advise.

'Eze onye agwanam' is not a good Eze.

continued from p(15)

LAWSUIT ALLEGES ...

The allegations against Barwin, who stopped practising in 2012 and resigned from the Order of Canada in 2014, have not been tested in court. The claim is Barwin's DNA matches the 11 clients who had parents that patronized the fertility clinic.

50 more people and parents are included in the class action lawsuit. The DNA matches neither Barwin's nor the intended sperm donor. Cronyn remarked that the parents were deprived of the oppor-

tunity to raise the family that they always dreamed of raising in their lives.

At the time the treatments took place, Barwin owned of the fertility clinic, Broadview Fertility Clinic. Barwin's time at Ottawa Hospital General campus dates back into the 1970s with cases that are as recent as the 2000s.

There is now emergence of many half-sisters with the same father, Barwin, owing to the successful impregnation of the women that attended the fertility clinic.

continued from p(20)

MOSQUES ASKED TO USE

we have Christian churches who use megaphones as well and they also preach at dawn," said Nora Nsiah, a resident of Accra.

"Not everyone is on social media, and not everyone is as literate as he is." The Muslim call to prayer is traditionally supposed to reach

as far as possible, Habiba Ali, added.

The World Trade Organization (WTO) lists cardiovascular disease, sleep disturbances and cognitive impairment among some of the short and long-term problems people could develop as a result of exposure to noise.

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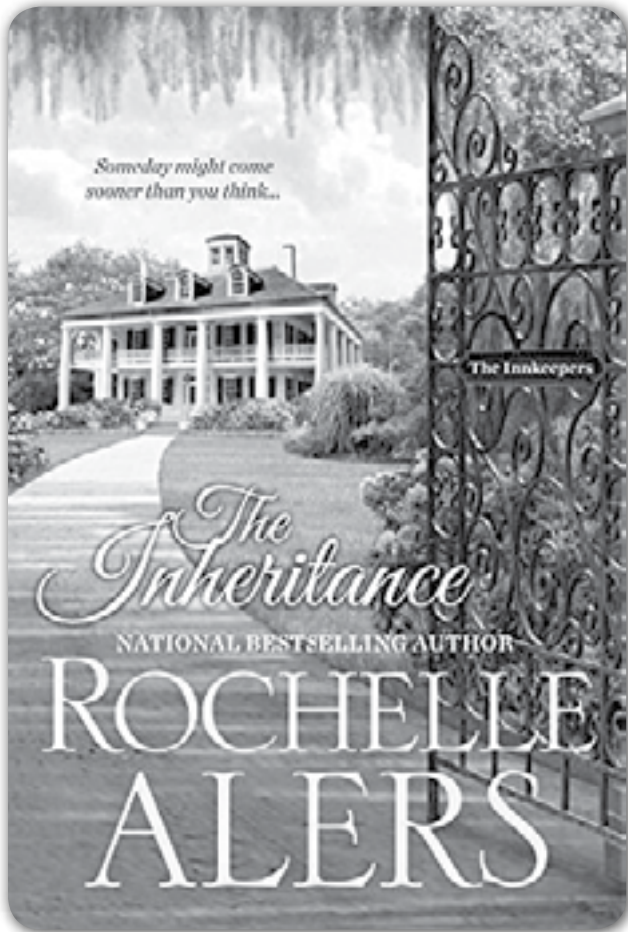
FOOD QUIZ

1- Answer: untoasted; 2- Answer: Chinese cabbage; 3- Answer: Slaughterhouse; 4- Both; 5- Answer: Spices; 6- Answer: The goat; 7- Answer: b; 8- Answer: b; 9- Answer: a;

**RELIGIOUS BOOKS
EDITOR'S PICK
FICTION & NON FICTION BOOKS**

In this month's issue, we sincerely hope readers will fine tune their zeal, their love and more insights into the amazing bond that exists through love - the best gift ever. Read from the list of books and have an amazing month.

**THE INHERITANCE
(THE INNKEEPERS)
BY ROCHELLE ALERS**



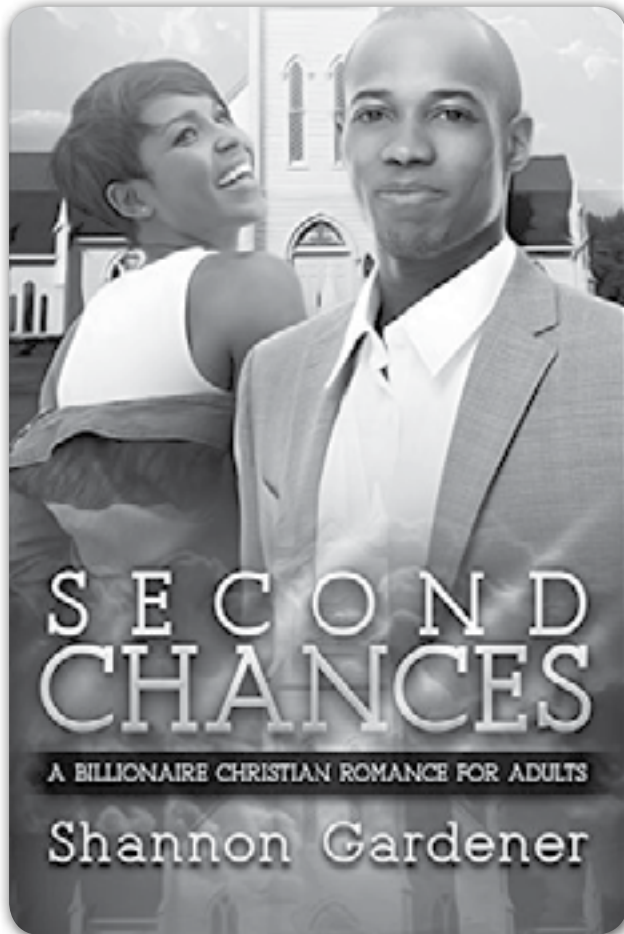
Discover how we tend to attract despite coming from different backgrounds. An amazing twist to the power of unity and love in a wonderful manner.

Hannah's life is about to take a major twist as her law firm seeks to cut cost by laying off staff. Her home, a plantation-styled porch is well suited for a guest inn. Her friends and former colleagues, Tonya, Jasmine, and Nydia must be willing to cooperate with her to set up a simple but exquisite inn.

Meanwhile, love is brewing up between College Professor St. John McNair and

Corporate attorney Hannah DuPont-Lowell and a perfectly romantic union could just be the spark that others need for some romantic affair inside the inn.

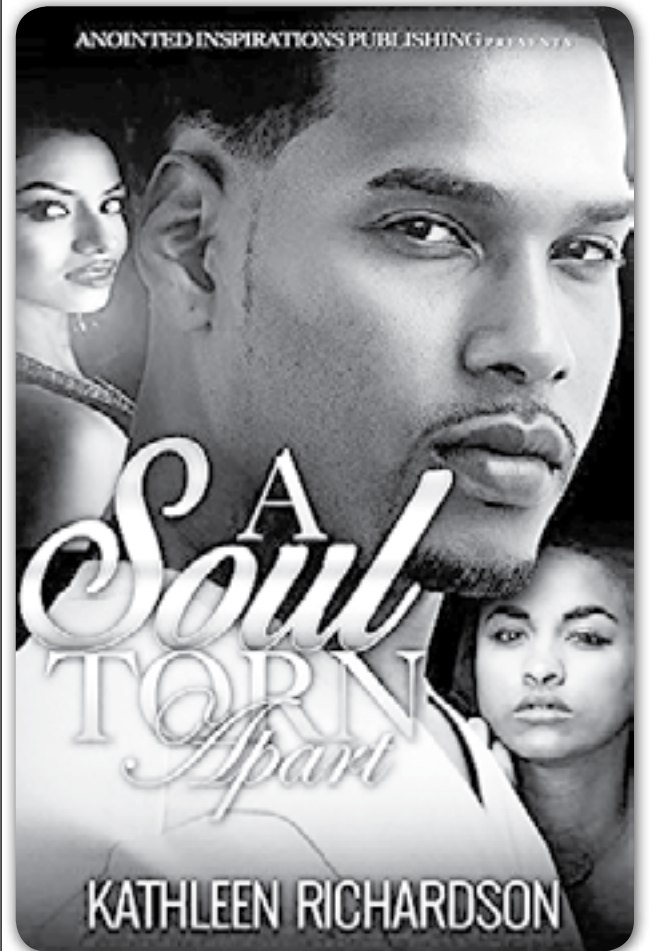
**SECOND CHANCES:
A BILLIONAIRE CHRISTIAN AFRICAN
AMERICAN ROMANCE FOR ADULTS
BY SHANNON GARDENER AND AFRICAN
AMERICAN CLUB**



Learning to trust can prove difficult especially when we've had to survive the emotional pains caused by disappointments. In this thriller, you will realize that learning to forgive oneself is a great deal.

Donna couldn't seem to trust any man after she discovered that her late fiancé was involved in a fatal crash. She discovered on her sick bed how the late fiancé had sexual affairs with other ladies.. She will have to pick her pieces and of course, she never wished to love again until the arrival of a handsome billionaire, Marcus. Will she take the risk or not?

**A SOUL TORN APART
BY KATHLEEN RICHARDSON**

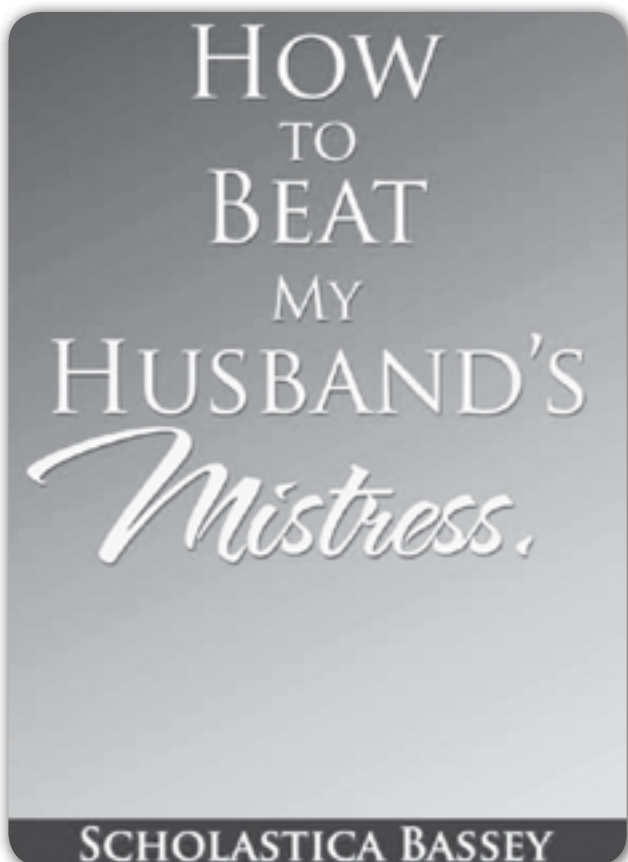


We often begin relationships on a high, trust is built and love is in the air. However, as Kathleen's story suggests in this epic novel, weathering the storm is part of our existence.

Daniel and Jasmine's home seem perfect and most desirable, until Jasmine realized his husband wasn't the trusted man she had married for ten years. Despite having a semblance of godliness as a church worker, it appears that infidelity and unforgiveness are the couple's test of faith. Will they survive or not?

**THE SABBATH
(FSG CLASSICS)**

BY ABRAHAM JOSHUA HESCHEL



**HOW TO
BEAT MY
HUSBAND'S
MISTRESS
BY SCHOLASTICA
BASSEY**

This is a book every woman should read, especially when a man's infidelity threatens the marriage. Rather than quit, Scholastica offers the wisdom that is essential for every woman to 'fight'.... and win.

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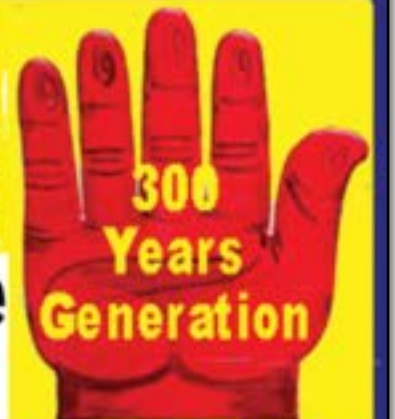
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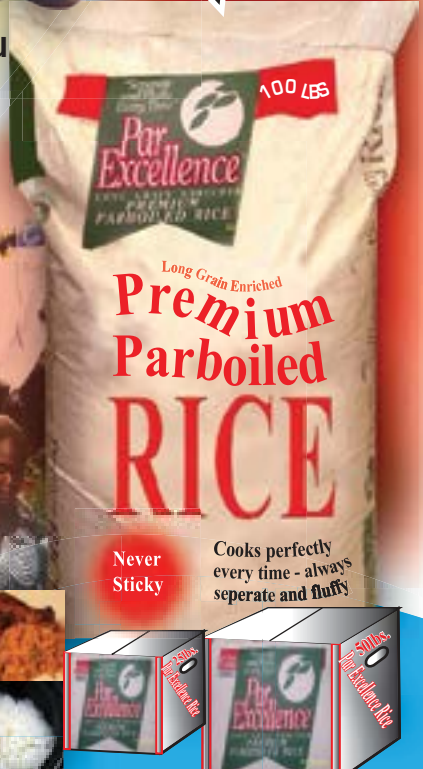
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